

COMMUNITY NEWS

No. 864 Ph: 4374 1039 Mo: 0412 669 649 Email: cnews@k3s.com.au Web: www.k3s.com.au/cnews.htm 6th November 2020

COMMUNITY FEEDBACK WORKSHOP TO SHARE YOUR BUSHFIRE EXPERIENCES AND OBSERVATIONS

Last summer NSW was impacted by the worst bushfires on record. As you would all be well aware, here on the Central Coast we also experienced significant fires. While these fires caused damage across large areas of the Coast, we were relatively lucky compared to other areas.

In order to improve your emergency preparedness and ensure you are well placed to deal with any future events, Central Coast Council would like to meet with you to discuss implementation of a range of our preparedness initiatives.

Having experienced bushfires first hand, Council would like to learn from you, listen to the challenges faced and capture your feedback and ideas. This will help shape the actions and

initiatives that the Council is looking to deliver over the coming months as we all prepare for the coming and future fire seasons.

A Community Feedback Workshop is being held at the Mangrove Mountain Hall from 7pm – 9pm on Wednesday 11th November 2020. We would like to see you there to share ideas. You don't have to be an 'expert' – just hold an interest in contributing to the safety of the community.

We hope you will be able to attend the meeting and please feel free to bring anyone else along with you who may be interested.

*Corey Shackleton
Blackash Bushfire Consultants
David Lemcke
Central Coast Council*

Mangrove Mountain Hall Open Day and fundraiser Sunday 15th of November

Come and join us for a great day at the historic Mangrove Mountain Hall's open day on Sunday the 15th of November!

There will be live music, hall fundraiser stalls, including plants, locally grown fruit and veg, flowers, books and gifts (perfect for finding some Christmas gifts early!) Plus local CWA stalls too.

Come along and check out new and upcoming projects/ideas for the hall and let us know what you would like to see at your local community hall. Perhaps you'd like to see a small community library, or maybe you have an idea for a workshop, class or event at the hall. We look forward to hearing your ideas and feedback on the day.

And don't forget the wonderful Mangrove Mountain Hall raffle being run and drawn on the day featuring some great prizes including a lovely hamper donated by the Mangrove Mountain Evening Branch of the CWA, and a double pass to the December Blues on the Mountain event with all funds raised going directly to the upkeep and maintenance of the community hall.

All Covid safe measures will be in place and entry is free. Saturday the 15th of November at Mangrove Mountain Public Hall. 9am to 2pm.

Ryan Howard



The Band's are Back!

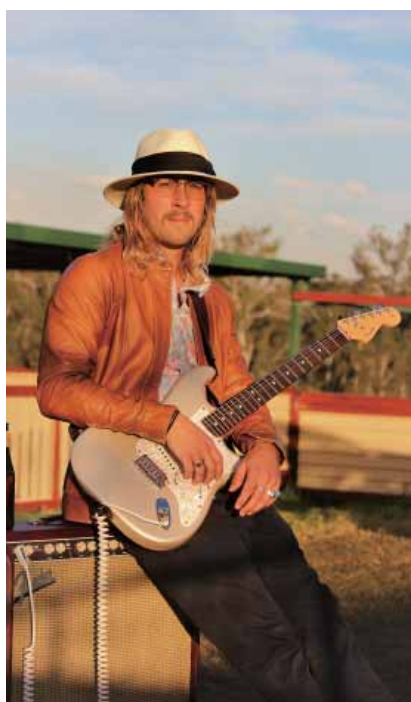
Well, it's been 12 months since we last got to enjoy a great band performing live at our historic halls, but the wait is finally over! With chart topping Blues band, The Nathan Beretta Band performing at the historic Yarramalong School of Arts Hall on Saturday the 21st of November.

The event features two separate seated shows and follows all Covid safe measures to keep everyone safe. Both shows are limited capacity, and pre booking is required.

Great food will be available for purchase on the night, or BYO. So come and join us for a fantastic evening of music at either the early 5pm show or late 8pm show. Tickets cost \$30 and are selling fast! To book visit www.trybooking.com/589500

Nathan Beretta band

The Nathan Beretta band have quickly become a favourite amongst the Blues scene with their authentic Blues boogie sound reminiscent of the greats of the 50's and '60's. With their debut album, "Where I Belong" reaching number 1 on the Australian Blues and Roots airplay chart and spending three months in the top 5, the band are once again wowing the festival circuit, with performances at



the Bendigo Blues and Roots festival, Mornington Peninsula festival and St Kilda Blues festival. This is the Nathan Beretta band's exclusive Central Coast show!

Valley Folk is a not for profit all ages family friendly event. All funds raised after costs goes towards the upkeep of the historic Yarramalong School of Arts Hall.

Ryan Howard

STOP !

Next issue Published
20th November 2020
**** DEADLINE ****
**** 13th November '20 ****
Send adverts & copy by
email or post.
Email or phone for
enquiries

Central Coast Councillors Suspended

The NSW Government has suspended the Central Coast Council for three months and an interim administrator has been appointed.

Since Central Coast Council's \$89 million deficit and structural financial issues were brought to light councillors and staff have been working tirelessly to find solutions.

Requests from Council to the NSW Government's Office of Local Government for independent advice and support have fallen on deaf ears with the Minister walking away from her commitment to assist Council and instead eagerly pointing fingers.

Despite the Minister for Local Government Shelly Hancock promising two weeks ago that she'd appoint an independent financial expert and human resources advisor as soon as possible our community is still waiting.

Liesl Tesch MP, Member for Gosford says the people of the Central Coast are seeking transparency and truth.

"The residents of the Central Coast need to be assured that our day to day Council operations continue, with the Government working with Council

not against it.”

"We are tired of the illegitimate accusations being thrown out by politicians trying to get political gain out of the very real dire situation rather than trying to get to the bottom of the issue, and create solutions so this never happens again."

"Despite the Liberal NSW Government finding both Wyong and Gosford Councils not fit for the future, their Government still pushed the amalgamation to go ahead instead of first identifying and fixing the structural problems at hand."

"If the NSW Government had our best interests at heart they would have at first instance addressed these structural issues so they wouldn't be carried over to Central Coast Council."

Ms Tesch says this feels like déjà vu.

“We are sick and tired of financial failure and the NSW Government turning their backs on the Central Coast without meaningful change.”

"If we investigated and acted on the financial concerns that have occurred over the years we wouldn't be in the situation we are in today."

Ms Tesch says this decision will have ramifications for years to come.

"The community has had the carpet ripped up from underneath them and I've already received calls from community members who do not know how to have their issues represented

WHAT CAUSES TEETH SENSITIVITY, AND WHAT CAN YOU DO ABOUT IT?

Teeth Sensitivity ('dentine hypersensitivity') is a common problem for many people. It can occur when eating cold, hot, acidic or sweet foods, or when teeth are exposed to air

What causes teeth sensitivity?

The outer layer of your tooth is called enamel. It is hard (the hardest substance in your body, even stronger than bone), has no sensation, and is designed to protect the inner teeth. Underneath the enamel is a layer of dentine, which is softer, porous and

now that they can no longer contact their local councillors.”

"This takes away our community's voice and threatens the future of our democracy."

Ms Tesch will continue to be the voice of concerned ratepayers in NSW Parliament, keeping pressure on the Minister for Local Government to deliver for the people of the Central Coast.

Media Release

Liesl Tesch MP
Member for Gosford

sensitive. The dentine links directly to the pulp (nerve) of the tooth through small tubules. In a normal situation the dentine is protected by the gum and enamel, but if it becomes exposed it can transmit stimuli through to the pulp (the nerve of your tooth) and cause pain.

How does the dentine become exposed?

A number of causes can wear away the enamel and expose dentine, including:

- Tooth decay
- Gum disease (which can be prevented, or reversed in its early stages)
- Enamel erosion (which can be caused by acidic or sugary food and drinks, or conditions such as gastro-oesophageal reflux disease).
- Gum recession (which can be

caused by brushing too hard with a firm toothbrush).

- Teeth grinding (this can occur at night and you might not even be aware you are doing it).
- Incorrect tooth brushing technique, and selecting a toothbrush that is too hard.

What is the solution?

The solution will depend on the causation. We recommend you visit your dentist to make sure there isn't a more serious underlying condition, as if there is and it isn't treated, it could continue to become worse. Treatments can include improved oral hygiene (a dental clean followed up with consistent brushing and flossing), diet changes, a soft-bristled toothbrush, a night-guard mouthguard to protect teeth from grinding, or bonding or dental sealants.

For patients with sensitive teeth, we generally also recommend the use of a short-acting desensitising toothpaste. They provide immediate relief and work by blocking up the tubules in the dentine. Examples of this type of sensitive toothpaste are “Colgate Sensitive Pro-Relief” and “Sensodyne Rapid Relief”. You may wish to try one of these toothpastes for relief, until you can book an appointment to see your dentist.

Article by VC Dental
At VC Dental, we bulk bill the Medicare Child Dental Benefits Schedule. Eligible children aged 2-17 years receive up to \$1,000 worth of dental treatment over each two calendar-year period. Services include examinations (check-ups), professional cleans, x-rays, fissure sealants and tooth coloured dental fillings.



* Post & Rail
* Fence
Painting
* Repairs
* Bobcat Hire

**Ricks
Rural
Fencing**

* Chain Wire
* Wire Stock
* All types of
rural
fencing

*Servicing the Mountain
for over 30 Years*

Phone Rick 43731155

THE GRASS CUTTERS

- SLASHING
- ROCK PICKING
- FARM CLEANING & CLEARING
- CULTIVATION & MORE



PAT 0419 412 993

Dr. S. ANANDASIVAM
(ANAND)
MBBS, FRACGP, AMCC

For Doctor Appointments:
Monday - Friday 9am- 5pm

Laverty Pathology Service
Available:
Monday to Friday 8:00 till 3:30
Saturday 8:30 till 12

Medicare Bulk Billing

1639 Nurses Road
Central Mangrove, 2250
02 4373 1914

Mangrove Mountain

Dental Centre

Shop 2, 1 Waratah Rd, Mangrove Mountain 2250

Dr Michael Kotis BDS Syd. Uni.

- ◆ Family dental care
- ◆ Dental emergencies
- ◆ Preventive care
- ◆ Orthodontics - teeth straightening
- ◆ Dentures
- ◆ Dental crowns & bridges
- ◆ Wisdom teeth removal
- ◆ Oral hygiene & dental care products

4374 1100

info@mangrovedental.com.au

Medicare childcare benefits bulk-billed
Veterans affairs cardholders accepted
We accept Dental Vouchers issued by NSW Government Health

 **HICAPS**  available

* Huge Moving Sale *

Vehicles / Machinery:

- Rodeo Ute
- Ford 351 car parts including virgin block and heads for Cleveland and Windsor
- Tractor
- 4x4 forklift
- Vehicle and oil collectables

Household / Workshop:

- Furniture
- Mowers
- Lego collectables
- Tools

Plus much more!!

Sat 7th Sun 8th November

8am-4pm

1126 Peats Ridge Rd. Peats Ridge

For more information call

0408028908

Bushfire Preparedness

Community Feedback Workshop
Mangrove Mountain Hall
7pm – 9pm
Wednesday 11th November 2020



- Improve your emergency preparedness
- Discuss of a range of preparedness initiatives
- Share your experiences
- Give your feedback and ideas

Council will be able to use this information to help shape future the actions and initiatives

You don't have to be an 'expert' – just hold an interest in contributing to the safety of the community.

We hope you will be able to attend the meeting and please feel free to bring anyone else along with you who may be interested.



JEREMY AOUN
PLUMBER | GAS FITTER | ROOFER

OVER 30 YEARS EXPERIENCE
SUPPLIER OF RAPIDPLAS TANKS

Mobile: 0424 894 225
Licence: 134701C
Email: aussieplumbing1@gmail.com

Making Strong Bones

As a Chiropractor and Nutritionist, I am often asked about what can be done to improve bone health. Strong, healthy bones are not only vital for good health, but for the ability to stay active as we age.

Up until the age of about 25, our bodies lay down bone, causing an increase in density. From ages 25-30, until about 40-50 years of age, our bone density remains stable. Once older than this however, our bone density starts to decline. For women, this is particularly true around the age of menopause.

To create strong bones with a healthy bone density, we should be encouraging

our kids to eat healthy, get plenty of sunshine, and it is recommended that our children also get at least one hour of physical activity every day. Both the stress that physical activity puts on our skeleton and the vitamin D that is absorbed by being in the sun contribute to increased bone deposition.

We all know that dairy products are a good source of calcium, but dairy can be problematic for a number of people. Luckily, there are plenty of other sources of calcium that are readily available.

Seafood such as sardines, mussels, king prawns, and canned salmon are great sources. Dark green, leafy vegetables also contain plenty of calcium, however, some types are also high in oxalic

acid that can block the absorption of calcium. Try choosing okra, broccoli, cabbage, or kale instead of spinach to

minimise the oxalic acid effect. Other plant-based sources include tofu, edamame, dried figs, almonds, and chia and sesame seeds. Soy beans and chick peas also have good amounts of calcium.

Consuming sugary drinks leads to calcium being pulled out of our bones as our bodies attempt to balance the acidic effect from the huge rush of sugar going into our system. Therefore, minimising sugary drinks is really important for our teens so they can build strong bones, and for adults so we can maintain our bone strength as we age.

Osteoporosis Australia recommends that we consume between 1,000-1,300mg of calcium per day. It is much better to get your daily calcium intake from your diet than to rely on a supplement. Whole-food, plant-based diets such as the Mediterranean Diet

CNS Electrical
Lic No. 214132C



Your local Electrical Contractors on the mountain, specialising in Rural, Domestic, Commercial and Industrial works.

Call Cameron for a quote on: 0438 695 600
Office: 02 9157 7646
Email: admin@cnsindustries.com.au



**Somersby Public School
KINDERGARTEN 2021
TRANSITION TO SCHOOL**

Somersby Public School offers quality educational opportunities. A dedicated team of teachers enthusiastically plan a range of exciting and individualised learning experiences for students. Our school has a strong focus on success, connections and belonging and enjoys the benefits of a friendly rural environment.

Enrolments are now being accepted for students starting Kindergarten in 2021.

Transition program for 2021 Kindergarten students:

Monday 2 November	Children will spend each morning getting to know each other and participating in a variety of activities including literacy, numeracy, art and play.
Monday 9 November	
Monday 16 November	
Parent Information session:	
Monday 16 November via video link	We will share detailed information about education at Somersby Public School, including the Kindergarten curriculum, our approach to student wellbeing and preparing your child for school.

To enquire about enrolling, please phone the school office on 4372 1233.

"Worthy Daily Living"




provide plenty of sources of calcium.

It is also important to look at our vitamin D status as we age. 15-20 minutes of sun exposure daily is often enough for our bodies to produce enough vitamin D. If you are concerned about your vitamin D levels, they can easily be checked through a blood

test. This should ideally be done at the end of winter when your levels will be at their lowest. Levels at this time of year should be around 50nmol/L. To increase your vitamin D levels it is important to increase your sun exposure and dietary calcium, as well as your physical activity. If this fails to

increase your levels, supplementation may be appropriate.

For further information about bone health, you can contact: Better Health Practices, 4340 5154. Better Health Practices are located in Kariang and are open 6 days a week for your convenience.

UPCOMING CATTLE AUCTIONS

Maitland Regional Saleyards

- Weekly Monday Liveweight Cattle Sales 9am
- Monthly 3rd Saturday Store Cattle Sales 12pm

Gloucester Saleyards

- Fortnightly Thursday Store Cattle Sales 11am 12th November / 26th November

Wollombi Saleyards

- Bi Monthly Saturday Store Cattle Sales 12pm Held on the 2nd Saturday into every 2nd month 12th December

Feedlots - Abattoirs - Paddock to Paddock Sales
Clearing Sales - Rural Property Sales

Follow us on Facebook or join our list on www.bowelidbury.com.au



Bowe & Lidbury Pty Ltd
(02) 49 327 066



BRIGHTPOINT PLUMBING LIC. NO. 165015C

Plumber, Gasfitter and Drainer

- Specialising in maintenance & small jobs
- Guttering and Downpipes
- Hot Water heater replacement
- No Call-out fee
- Rooftop Sprinklers

Local tradesman

Phone Kerry for friendly, reliable service
4374 1927 or 0403 752 282

MANGROVE MOUNTAIN PHARMACY



Monday – Friday: 8:30am-6pm
Saturday: 9am-2pm Sunday: Closed

Flu vaccine available

- Free webster packing and all your pharmacy needs
- Household goods and gifts
- Milk, cold drinks
- Return and Earn collection
- Parcel point outlet



3/1 Waratah Road, Mangrove Mountain, NSW 2250
Phone: (02) 4374 1457 Fax: (02) 4374 1479
Email: mangrovemtparmacy@gmail.com



Mountain Medicine

Providing the local community with a collaborative approach to multidisciplinary healthcare.

Dr Christine Wade
B.Med (Hons) FRACGP

Pathology – Douglass Hanly Moir
Ph: 43741942

Ricky Li
Mangrove Mountain Physiotherapy and Sports Injuries

Torin O' Grady
Podiatry (Foot Care)

For Appointments call 43741252
40 Niclins Rd, Mangrove Mountain NSW 2250

All Allied Health Professionals are EPC accredited. Medicare rebates are available if you have a GP Management Plan with Team Care arrangements. Please enquire for more details.

Mangrove Creek Dam picnic area reopens after bushfire

Mangrove Creek Dam picnic area and Dubbo Gully have reopened to visitors after a bushfire tore through the drinking water catchment last year.

The area has been closed to allow for the demolition of burnt structures at the picnic area, removal of hazardous trees and natural bush regeneration.

The picnic area is open 9am-5pm each day except Christmas Day. It will also be closed when a Total Fire Ban is in place.

Barbecues and picnic tables are available and temporary toilet facilities have been placed at the picnic area.

Bushwalkers can now also access the Dubbo Gully area in the Mangrove Creek Weir catchment.

All visitors and bushwalkers are reminded to remain COVID safe by maintaining social distancing and having



less than 30 people in a group.

Before visiting, check whether a Total Fire Ban is in place at rfs.nsw.gov.au/fire-information/fdr-and-tobans

Rebecca Ius, Senior Communication Officer
Communication and Engagement, Central Coast Council



**Kulnura Computers
Supplies & Services**

4373 1237

- Custom Built Computer Systems for the Home - Office - Extreme Gaming
- Computer Repairs - Virus removal Upgrades
- Software - Accessories
- Electronic components



SRC Fencing - est. 1999
Now local to the Mountain

Our services include:

- Rural contracting, Fencing, Clearing
- Driveways, Tracks, Shed sites etc
- Gate automation, Bespoke fencing
- Bogie tipper & Bobcat services
- Bulk haulage

Email – sean@srcfencing.com.au
Web – www.srcfencing.com.au
Phone – 0402 070 083

MANGROVE PRODUCE AND HARDWARE

1668 Wisemans Ferry Rd, Central Mangrove (just 1km from the Crossroads)

TIME TO GET OUT INTO THE GARDEN!

WE HAVE EVERYTHING YOU NEED.

- POTTING MIX • FERTILISER • SEEDS
- HOSES & SPRINKLERS • POTS
- AND EVEN GREENHOUSES!





◆ Horse Feed	◆ Fertiliser	◆ Paint
◆ Pet Food	◆ Timber	◆ Plumbing
◆ Bird Seed	◆ Hardware	◆ Fencing
◆ Vet Supplies	◆ Hand Tools	◆ Electric
◆ Chemicals	◆ Power Tools	Fencing

Mon-Fri: 7:30am -5:00pm
Sat: 8:00am -2:00pm
Ph: 43731259

SHOP ONLINE AT
www.tuckersstore.com.au
or shop.truevalue.com.au

COMMUNITY FORUM

With Senator Deborah O'Neill & Liesl Tesch MP

LUCY WICKS HAS FAILED THE NEEDS OF THE MANGROVE MOUNTAIN COMMUNITY, PARTICULARLY WITH THE NBN.

Your local Senator Deborah O'Neill and local State MP Liesl Tesch would like to invite you to a community forum to hear directly from you about what other infrastructure and essential services aren't being delivered.

WHEN: Saturday November 14TH 1-2.30PM

WHERE: Mangrove Mountain Community Hall

RSVP: By email liam.o'callaghan@aph.gov.au or phone 02 4367 4565

Refreshments will be provided.



Senator Deborah O'Neill

Suite 3.12
The Platinum Building
4 Ilya Avenue Erina, NSW, 2250

Phone: +61 2 4367 4565
Fax: +61 2 4367 3506
senator.o'neill@aph.gov.au

THE DHARUG & LOWER HAWKESBURY HISTORICAL SOCIETY

Invitation to CHRISTMAS AFTERNOON TEA

The Dharug & Lower Hawkesbury Historical Society would like to extend the invitation to the general public to join us

★ Date: Saturday, 28th
November 2020

★ Where: The Chapel
★ Where: 6445 Wisemans Ferry Road, Gunderman at 2.00pm.

Inspired by the TV series 'Further Back in Time for Dinner' on the ABC we will visit The Missions located next door to The Chapel to see & hear about the vintage planes which were featured on this program.

Roy & Primrose Fox will take us on a stroll through history as we hear the narrative of a cross-section of planes from the 1920s to the late 1930s.

We will also channel how The Chapel was built with money raised from similar fund-raisers in the 1850s.

Afternoon tea will be served in The Missions' function room.

Bookings: Essential. Numbers are limited to meet COVID-19 restrictions

★ Contact: secretary@dlhhs.org.



CENTRAL MANGROVE PUBLIC SCHOOL

2021 KINDERGARTEN ENROLMENTS

- Providing quality education for all our students -

Central Mangrove Public School is currently accepting enrolments for their 2021 Kindergarten class. Planning is underway for a transition to school program to be held later this term over four weeks on a Tuesday.

The program has been specifically designed to develop self confidence for our pre-schoolers by building on foundation skills necessary for a successful and smooth transition into our school environment.

All parents and caregivers of children starting Kindergarten next year are invited to bring their child to the transition program on Tuesday 10, 17, 24 November and 1 December from 9:30am-11:00am.

Please contact the school to let us know if your child will be attending and to get further information about these sessions.

**Central Mangrove Public School 4373 1156 or
email: centmangro-p.school@det.nsw.edu.au
1708 Wisemans Ferry Road, Central Mangrove 2250**

au or 0405 321 478

★ Members by Monday 23rd
November

★ Non-Members by Wednesday
25th November 2020.

★ Please advise if you require
vegetarian or gluten-free choice.

Cost: Price includes a ticket in the
raffle to be drawn on the day.

★ Members \$ 15

★ Non-Members \$ 20

COVID Safe Event

We require all participants to observe
the 1.5 metre apart rule (except for
members from the same household) &
practise good hand hygiene.

All participants will be required
to provide their contact details on
arrival.

All welcome.

*Robyn Downham
President/Publicity Officer
Dharug & Lower Hawkesbury Historical
Society*




Supply of: •Rota-mill •Fowl Manure
•Woodchip •Firewood •Sand •Gravel •Road
Base •Removal of Soil

Hire of: •Semi-Tipper •Bogie Rigid-Tipper
•Truck & Dog •Rigid Bogie Tautliner •45ft
semi tautliner •45ft stepdeck •44ft flat-top
•B-Double Prime Mover

◆ Chicken Shed Clean out service available ◆

Dallas J. Fabian
0417-285-047
dallas@djhhaulage.com



Bikes n Motors

Service & Repairs

All Light Vehicles

Cars & Bikes

PH: 0491 622 080

bnm@bikesnmotors.com.au
1154 George Downes Dr, Behind Jerrys'



On The Go Constructions Pty Ltd

Specializing in the building of chicken sheds

Charlie Muscat is well known in the industry,
with over 12 years experience and has a
reputation for quality workmanship.

* New Chicken Sheds * Tunnel Conversions * Roofing
* Machinery/Farm Sheds/Stables/Lofts/Piggeries * Coolrooms
* All Fabricating services - All frames & trusses are fabricated by
On The Go Constructions to Engineer specifications.

Call Charlie on 4374 1114 or 0408 684 719

VISION FOR LIFE...

For all your concrete & pumping services,
call Louis on 0418 409 576



FOR SALE— Somersby

Lifestyle gem \$995,000.

- ◆ Level 1-acre lifestyle property with comfortable 3-bedroom cottage.
- ◆ Good real estate investment is all about location and this delightful 4053m2 (1-acre) lifestyle property is located in the centre of rural Somersby.
- ◆ Comfortable 3-bedroom cottage is in excellent condition for a home built in the 1950's.
- ◆ The kitchen is modern with plenty of light and lovely rural outlook and is a country style kitchen with plenty of space for your dining table.
- ◆ The living area features plenty of natural light with north facing window and large glass sliding door that opens onto the yard.
- ◆ The bathroom is modern and features a full-size bathtub
- ◆ The property is fully fenced with mesh to help keep pets safe.
- ◆ The land is Zoned RU1 Primary Production and allows for a variety of uses including permitted without consent home occupations.

For personal Private Inspection by appointment call Michael 0439 761 440.

**Supporting our local community -
Major Sponsor Mangrove District Football Club
and sponsor of the Mangrove Mountain Country Fair since
1994.**



KIDD
Property Sales.

Over 400 Local Sales
Since 1994.
4376 1440
0439 761 440
Michael Kidd

This information is obtained from various sources and cannot be guaranteed. You must make your own enquiries as to its accuracy.

Cubs and Scouts slowly resume activities

It is great to see things getting back to normal as the Covid restrictions are easing. Well, as normal as Scouting gets.

This weekend the Cubs and Scouts we will be doing their next-day hike led by one of the Old Cubs, Luke, as part of his peak award. Luke has planned, tested and prepared for worst case scenario - a hike in Somersby - although we are confident that it will be a success.

We love being outdoors. The Scout section went for a night hike a few weeks ago to find some caves in Kulnura. The Venturer section (teenagers) are meeting again and are back to their usual tricks; I did notice on their calendar that they had a 'craft night' last week, but I dare say this was a coded message, as I do not see any of the teenagers in our Venturer section sitting down to knit or scrapbook! I also know they are planning to do an Abseiling course in a few weekends' time - hopefully I get an invite for this.

During the Covid period, Scouting played it safe and resorted to online meetings, but the outdoor adventures did not stop. We set the kids up for all sorts of challenges, including a scavenger hunt, kite building and flying, overnight camping at home challenges, online trivia nights, mad scientist night and virtual dress up challenges. For these challenges we awarded "Colonel Points" and at the end of the term we awarded the winner, Eli, a whopping \$250 voucher from Anaconda.

Eli participated in the most challenges; he out-played, out-smarted and won a couple of bonus points to just beat not only his sister, Violet, but also the very committed and focused Oost Brothers, Josh and Mitch. Well done to everyone, it was a tough competition and you all played very well.

If you think that your children would enjoy Scouting, even in the midst of a Pandemic, do not panic, because we would love for them to come along and check us out for a free trial period. Scouting Australia is Covid-safe and we have taken all



Newest Cubs - Emily and Nellie

the right measures to keep everyone not only healthy, but also active, engaged and adventurous.

Section meeting times for Cubs (8-10yrs boys & girls), Scouts (11-14yrs boys & girls) and Venturers (15-18yrs youths) can be found at the back-page listings in the Community News.

For all enquiries please contact myself on 0438 476 562 or by email to jamesrlutwyche@gmail.com

Yours in Scouting,

James Lutwyche, Group Leader, Peats Ridge Scout Group



RURAL INSURANCES

If you're in need of assistance with your insurances give Shortland Insurance Brokers a call!

4324 5244

info@shortlandinsurance.com

Level 2, 27 Dane Drive GOSFORD

Quote the codeword: **"MOUNTAIN"** for special offer



For Sale

459 Kyola Road, Kulnura

New to Market

4 2 10 27 acres



Tony Gilmour
0400 723 193
tgilmour@ccselect.com.au

Gina Gilmour
0424 663 977
ggilmour@ccselect.com.au

Quiet Australian Flora & Fauna Sanctuary!

This elevated, quiet and private 27 acre holding offers approximately 10 acres of beautiful clear to semi-clear flat to gently sloping land, together with an impeccably presented large 4-bedroom home with extensive undercover alfresco entertaining area and pool, all set off by a world class 100% Australian native garden, offering a stunning array of spectacular Australian flora & fauna!

A substantial 12.5m x 12.5m steel shed complete with 3-phase power tops off this unique package and has separate access. Water is plentiful via both rain tanks and bore supply for garden irrigation system.

The area is a mecca for horse enthusiasts with entry opposite this property to the McPherson State Forest riding trails.

The home has a near new quality kitchen, spacious bedrooms, main with ensuite, delightful main bathroom, and multiple large living areas, both formal and informal. Floor coverings and window treatments are all to a high standard. There is air conditioning and a large combustion fire.



Central Coast Select Properties
02 4324 8486

Shop 9, 482 Pacific Highway
North Gosford NSW 2250



STORYBOOK FARM HOUSE! 65 Rosehill Lane, Yarramalong

This picture perfect country abode is the ultimate retreat from urban life

Its white trimmings, lush surrounding paddocks, mountain backdrop and extra four bedroom guest house. Set across 125 acres of fertile land in the Yarramalong Valley, the expansive main home features an airy open-plan design, warm timber features and an alfresco area overlooking landscaped gardens and a sparkling pool.

Drive along the charming country lane and arrive to another world. With kilometers of bush trails at your doorstep, 1 km of river frontage and every window in the house framing gorgeous valley views, here is your excuse to finally make that tree change, or perhaps invest in the perfect weekender.

Architecturally designed main residence set in a commanding position

Cozy lounge with wood fire heater, modern kitchen with island bench

7 acres of cleared and arable land perfect for horses and cattle

Loads of parking, tractor shed and trails perfect for bushwalking, mountain biking or horses

Close to the Yarramalong General Store, Public School and Angel Sussurri café and restaurant Less than 50 minutes to Wahroongah.

Scott Wall
0413 965 616

Shaun Coffey
0437 856 122



ESCAPE TO MISTY RIDGE FARM ! 68 Macadamia Lane, Yarramalong

Dreaming of escaping to your own hobby farm in the countryside? Your excuse has arrived with the listing of this incredible Wyong Creek acreage.

Dreaming of escaping to your own hobby farm in the countryside?

Your excuse has arrived with the listing of this incredible Wyong Creek acreage that includes 100 thriving macadamia nut trees and horse facilities.

Located on a secluded street with absolute privacy, the immaculate country style home includes a charming wraparound veranda, open plan living spaces, a shimmering pool and beautiful views from every room. Set on 25 acres among rolling green mountains, Misty Ridge Farm was once part of a much larger and well-known macadamia farm on the Central Coast. With cleared land that has been perfectly maintained (not a leaf out of place!) and some stunning bush trails, this is what you call a real rural wonderland.

- Thriving macadamia farm with ability to make income, farming equipment can be included
- Room for horses, access to bush and horse trails
- Large fire pit entertaining area overlooking dam
- Outdoor entertaining with barbeque
- Open- plan living spaces, cozy fireplace
- Warm timber kitchen with stone benchtop and gas cooking

Scott Wall
0413 965 616

Shaun Coffey
0437 856 122

Warning signs

This accident on Wisemans Ferry Road on 28th November was extremely serious but thankfully not fatal. Luckily there were no vehicles travelling in the opposite direction. The driver was airlifted to hospital.

This winding downhill stretch of road, between the crossroads and the Popran Creek bridge, is challenging, fully laden B-Doubles have skidded in emergency stops when approaching vehicles turning into driveways.

This latest accident and other near misses bring the 60km/h road speed limit into question, with a truck 40km/h limit on the downhill run a safer option.

Editor

Top left: skid marks form previous incident. Right: 28th Nov accident





 LIC# 227507C
ELLIS
 ELECTRICAL SERVICES PTY LTD
 0411 317 506
 Commercial | Residential | Industrial

LYNWOOD PRESS
 Your local printing service
 ~ Flyers ~ Business Cards
 ~ Booklets ~ Graphic Design
 ~ Stationery ~ Duplicate Books
 Publishers of the "Community News"
 Ph/Fax: 4374 1039 Mob: 0412 669 649
 Email: cnews@k3s.com.au

BARASTOC
 BREEDING & STUD FEEDS

BREED N GROW
 Barastoc Breed N Grow supports your horses from conception through to birth, into the first few years of growth and as a conditioning feed for stallions.

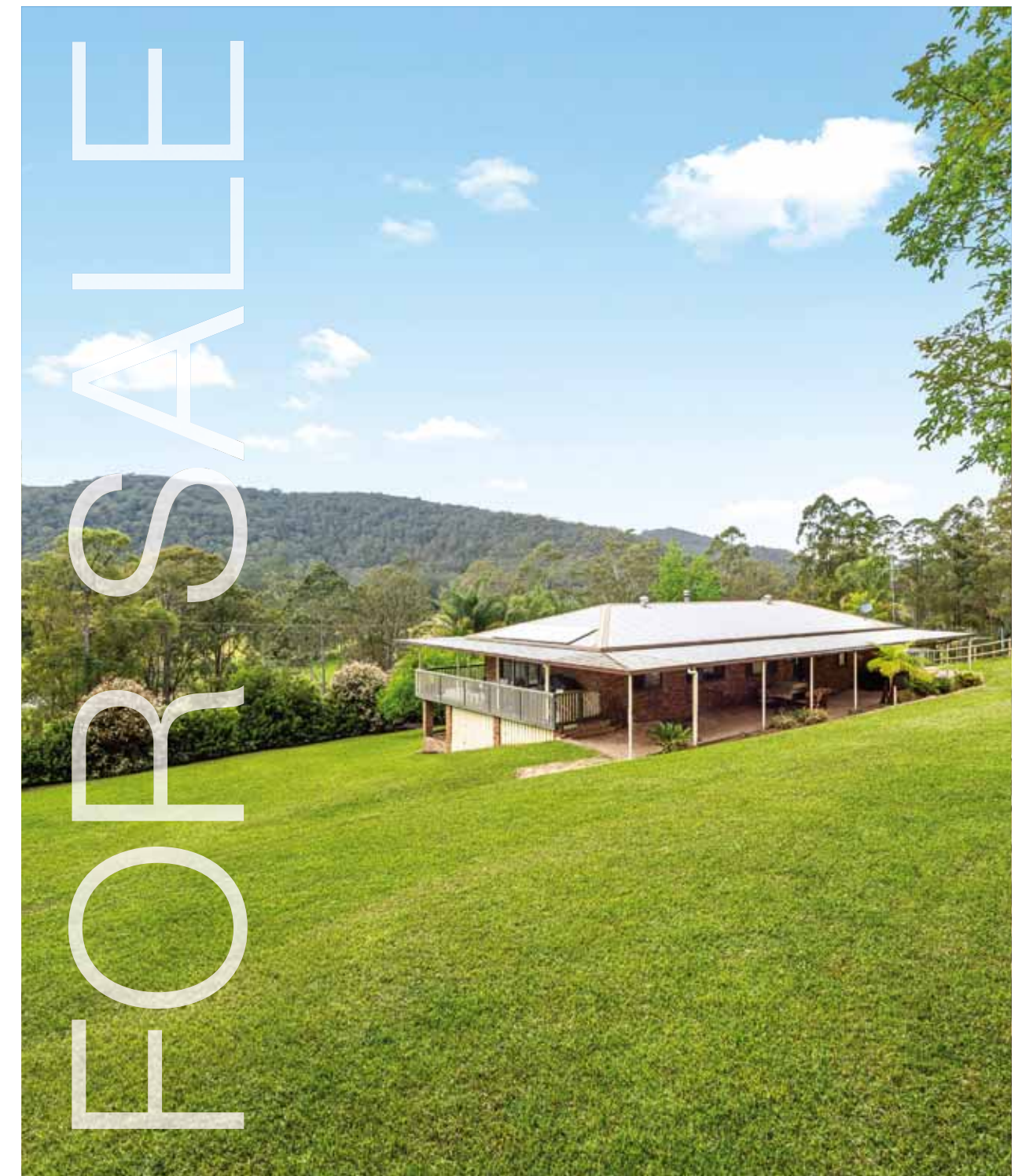
What will it do?
 ✓ Low starch formula to assist in reducing growth and developmental disorders.
 ✓ Fortified with a natural source of Vitamin E to provide greater immunity support in foals.
 ✓ Contains bio-available Silicon and Kentucky Equine Research's premium vitamin and mineral premix ensuring the right balance of nutrients for bone development and density.
 ✓ Ideal for pregnant and lactating mares, weanlings, yearlings and as a conditioning feed for stallions.

Feed delivered just how you like it
 - 20kg bags
 - 500kg bulka bags
 - 1 tonne bulka bags
 - Bulk truck deliveries

20kg bags
 500kg & 1 tonne bulka bags
 Bulk deliveries

horses come first

For more information call Craig Neale: 0467 813 790 or 1300 666 657
 visit: barastochorse.com.au • email: craig.neale@ridley.com.au



YEARNING FOR A RURAL ESCAPE

1350 Yarramalong Rd, Wyong Creek


TalbotPartners
 RealEstate

Jay Talbot - Licensed Real Estate,
 Stock & Station Agent and Auctioneer
 0414 079 220
 jay@talbotpartners.co
 talbotpartners.co

KULNURA AND DISTRICTS GARDEN CLUB

We had another Zoom meeting in October – this time we visited the garden of Ian and Elaine Slade at Peats Ridge. They purchased their 90 acre property in 1968 and built their home and Elaine showed photos of how their garden had evolved over many years into the beautiful showcase of plants, shrubs and trees that it is today. The property is 320 meters



above sea level and the climate with its easterly breeze, cool nights and good soil is ideal and plants brought in from other areas flourish. They only use mulch, no fertiliser. Some of the plants they grow are crab apples,



camellias, flowering cherries and orchids although natives don't grow very well there. Thank you, Elaine and Ian, for an interesting morning!

As it was 20 years since the Sydney Olympics, Elaine related how a group Australian Native Flower Growers and Promoters had been formed a few years earlier to encourage people to grown natives. Some of the members of this group were Nola Parry, locals Elaine, Kay Ezzy and Craig Scott from East Coast Wildflowers and when they became aware that there were insufficient funds to provide flowers for posies for the Para Olympian medal winners, they took it on themselves to take on this mammoth task. It involved sourcing suitable natives, how many bouquets would be needed each day etc. Craig kindly offered the use of his warehouse. Volunteers attended each day to make up the posies.



I was living in Sydney at that time and went along to help and it was to be my introduction to Elaine, Sue and others from the very friendly Kulnura Garden Club which I joined upon moving to the mountain 3 years later. We are proud of the involvement of our Club as without the volunteers, it would not have been possible.

17 of our members have spent 3 days this week in the Moss Vale area this week visiting nurseries and private gardens and dining together and all in all having fun! Hopefully we will be

able to organise more breaks.

A reminder to Members that our Membership Fees are now due.

Our November meeting will be our AGM and will be on Zoom again from Barrita Orchids at Central Mangrove. We have visited this nursery several times over the years and their presentations are always worth watching. So get your cuppa and join us for a chat at 9.30 with the meeting to commence at 10.00.

See you on Zoom!!

Glynis Golsby

Big Jim's Lawnmowing

- **Acreage**
- **Residential**
- **Edging**

James Morgan - 0405 178 197

• EQUINE • BARN • HAY SHEDS • FARM SHEDS • GARAGES • ARENAS • GARAPORTS



02 4351 8573 | THESHEDCOMPANY.COM.AU

OPEN 7 DAYS
40 YEARS LOCAL

VC DENTAL
Care For Life

ACCREDITED

General Dentistry | Emergency Care | Cosmetic Dentistry
Orthodontics & Invisalign | Dental Implants | Oral Surgery
Sleep Dentistry IV Sedation | Wisdom Teeth Removal
3D CT Scanning | CEREC same-day ceramic restorations

NEW PATIENTS
➤ Comprehensive checkup & clean
Includes up to 5 x-rays
No Gap (with health insurance) or \$290

OFFERS (all patients)
➤ Free orthodontic consultation
➤ Free dental implant consultation
➤ Free cosmetic makeover consultation
➤ Sport mouthguards: No Gap or \$99

FINANCE
➤ We bulk bill the Medicare CDBS
➤ Zip Pay & Zip Money payment plans
➤ We partner with SuperCare

02 4323 1933 | www.vcdental.com.au
Suite 10, 36-40 Victoria Street, East Gosford NSW 2250

thinkwater
PEATS RIDGE

AGRICULTURE • COMMERCIAL • RURAL • INDUSTRIAL

Australia's Leading Water Solutions Network

- ♦ Water Treatment
- ♦ Irrigation Systems
- ♦ Mowers & Ride-Ons
- ♦ Fire Protection Systems
- ♦ Water Tanks
- ♦ Pump Systems
- ♦ Fertigation
- ♦ Pipes & Fittings
- ♦ Chainsaws & Generators
- ♦ Repairs

Ph 4373 1466
780 Peats Ridge Road, Peats Ridge

www.thinkwaterpeatsridge.com.au

YOUR NURSERY SUPERSTORE!

24 Burns Road
Ourimbah 2258
beside M1 Interchange
T: 02 4362 2236
W: www.bigflower.com.au
E: c.boes@hotmail.com

The Biggest Nursery on the Central Coast - 10 Acres!

Open 6 days Tuesday - Sunday - 9am - 5pm
Closed Mondays

Looking for plants, shrubs and garden pots to get your gardening under way?

We stock one of the largest ranges of plants and pots on the Central Coast.

Big Flower has a huge plant section with varieties from all over the world. We have our own wholesale nursery with 40,000m² of area which allows us to grow our own plants and give you lower prices.

And you can't go past the 50% discounted section! There are also thousands of artificial flowers and vases.

Visit us today for professional advice.

Mountain community children's centre inc.

Now taking enrolments for 2021

There has been so much happening at the children's centre over the past month. We have all settled into our new routines and are enjoying our new space which we have made our own.



Jack and Eddie reading all about Dinosaurs



The Lizard children experimenting with Bi-Carb Soda and Vinegar to make a volcano in the sand pit.

Baby Rabbits

Thank you to Paris for our beautiful baby bunnies Peter and Pixie. The children have been learning about caring for rabbits and what to feed them. The children love to pat them and watch them as they explore their surroundings. We are also learning to keep quiet so as not to frighten the rabbits.

Silkworms and our Mulberry Tree

We have been raising silkworms now that we are back at Mangrove and have access to our beautiful mulberry

tree. The children go out to the tree each day to collect leaves for the worms and have a feast on mulberries at the same time. We are so lucky to be able to have some much fruit to share and be enjoyed by everyone.

New Turf

We have had our new turf put down to finish off our outdoor environment. We have been incredibly grateful for the rain over the past week to help keep it well watered and alive. The children are now waiting with excitement until it has established so they can run and

play on it.

Traineeship on offer

Please check out the positions vacant section of the news or our Facebook page for a fantastic job opportunity here at out centre.

Now taking enrolments for 2021

Please feel free to give us a call if you would like more information for enrolment now or for 2021. Hannah our very friendly administration officer would be more than happy to post out an enrolment pack or organise a tour of the centre. We look forward to welcoming you to our centre.

Until next time with news from the children's centre.

Louisa Foxford, Director
Mountain Community Children's Centre
2829 Wisemans Ferry Road
Mangrove Mountain, Ph: 43741239
www.mountainchildren.com.au
mountainchildren@bigpond.com

MAITLAND CATTLE SALE REPORT

Sale Held: 26/10/20.
120 cattle yarded. Smaller yarding due to rain. Market firm on the quality.

- Vealer Trend - Firm
- Restocker Trend - Firm
- Export Trend - Firm to 10c/kg cheaper
- Best Vealers - 410 to 445c/kg
- Medium Vealers 400 - 425c/kg
- Restocker Steers 430 - 515c/kg
- Restocker Heifers 420 - 480c/kg
- Export Steers 310 - 320c/kg
- Cows 240 - 290c/kg
- Bulls 240c/kg

Rodney McDonald
Bowe & Lidbury
52 Kyle Street, Rutherford NSW 2320
P: 02 4932 7066



OUR SERVICES INCLUDE:

Custom built homes • Granny flats
Extensions • Carpentry services
Renovations • Decks & Pergolas
Waterproofing & Bathroom
renovations
Disabled modifications
Asbestos removal
Building maintenance

Dane Meredith | Builder

0243513200

0420906499

dane@ebhbuilding.com.au



Herald Spires Carpentry & Construction

General Building & Carpentry inc
Full House & Shed Builds, Repairs & Maintenance.
Interior & Exterior, Rural & Traditional Style.
Renovation & Restoration work inc Bathroom & Kitchen.

DAN SHEPHERD

dan@hsc.net.au 0419 955 595 LAGUNA

JOHN DRAPER & SON ELECTRICAL CONTRACTORS

Licence No. 65229C

Commercial, Industrial,
Domestic, Rural Installation

Serving the Mountain and Districts
for over 50 years

For prompt service and quotes

Peter: 43761141, Mobile 0428 732 623

John: 4376 1346, Mobile 0427 106 859



We are a local, boutique carpentry and joinery business. We pride ourselves on our honest and reliable approach. With an eye for detail, each project is completed to the highest standard.

We specialise in...

- EXTENSIONS & RENOVATIONS
- DECKS, PERGOLAS & CARPORTS
- KITCHEN JOINERY & BATHROOMS
- FRAMING, CLADDING & FIX OUT

CONTACT AUSTIN

M 0468 615 308

E admin@fortressbuilt.com.au

License No. 291653C

WATER BORES

Local drilling company
based at Ourimbah

Contact: Paul Slade

Ph/Txt: 0408 471247

email:

Sladedrill@bigpond.com



Richard Burrell
for complete farm maintenance

620 Oyster Shell Road
Lower Mangrove NSW 2250
ph/fax: 02 4377 1331
mob: 0417 681 511

- stockyards
- 13 ton excavator
- stables
- 100hp 4wd extender backhoe
- dressage arenas
- 100hp 4wd tractors
- all types of rural fencing
- mulcher, slasher, plough
- rural landscaping
- rock drilling
- portable workshop in a trailer
- stick rake
- side shift post driver
- picket post driver

Your LOCAL GUY for:

- Fixed 4G Internet
- CCTV,
- WiFi,
- & more.



HAVING INTERNET ISSUES?

4g internet uses the Optus or Telstra towers in a similar way to your phone, but with a stronger signal. We are getting high speeds for fixed systems then using wifi for your phone & PC connection.

Call 0407 366 444

Master Security License:
101264
Open Cablers License:
55883
Insured PI & PL.
Over 30 years In business.
Techniport Pty Ltd T/A

CLOUD SECURITY
Call WARREN 0407 366 444



REGULAR ACTIVITIES & MEETINGS		
RURAL FIRE SERVICES		
Bucketty RFS	Weekend Training Station Maintenance General Meeting	3rd Sat, 9am-12 pm, breakfast 8.30am Every Thurs as required, generally 10am-1pm 3rd Sat in even months, at 1pm, All welcome buckettyrfs@gmail.com (02) 4998 8130
Calga-Mt. White RFS	General meeting	3rd Monday of the month, 7.30pm at Pacific Hwy Fire Station Mt. White
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS	General Meeting	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Bloodtree Rd	Training / Maintenance	2nd Monday of the month Meeting 6.30pm 3rd Monday Maintenance 6:30pm 4th Monday Training 6:30pm E: captain.spencer@ccrfs.org.au Alison Wade 0415 668953. 4778 Wisemans Ferry Rd
Spencer RFS	General Meeting Training Junior Training	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Somersby RFS	General Meeting Training/Maintenance	First Wednesday of month 7pm start Last Saturday of month 8.30am start 3rd Sunday of month 8.30am start 2nd Wed of even months 7.30pm start Ph: 0409 915060 or 0418 280 764 Email: yarramalongrfs@bigpond.com
Yarramalong RFS	Training: Nights: Morning: Maintenance/Training : General Meeting (GM): Contact:	2nd Tues of the month at Mangrove Mountain Hall 2-4 Waratah Rd Mangrove Mtn. Start 5pm, meeting 7pm. Ph Judy 43771728
COMMUNITY & SOCIAL		
Country Women's Association (Somersby)		2nd Wed each month 7pm at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Country Women's Association (Peats Ridge & District)		4th Tues 11am in Presbyterian Church, West Gosford Contact: Glenis Ph: 0400 586 760.
Country Women's Association (Mangrove Mountain Evening Branch)		Third Tuesday (except Jan.) at Tuggerah Community Hall, ANZAC Rd, 6.30pm - 9pm Second Monday of the month. 9.30 for 10.00 am start. Phone Cynthia Tomkins 43561586
Gosford North Inner Wheel club		Hall bookings contact Annette Stackman 43561196 Committee mtg 3rd Thurs 7:00pm at Hall- Open to all from community.
Gosford World Vision Community Group		First Thursday of the Month, 8pm, Mangrove Mountain Hall. No meeting in January. Hon. Sec Danny Willmott 0407275653
Permaculture Central Coast		Hall bookings Ryan Howard 0405416289
Kulnura & District Garden Club		Third Wednesday bi-monthly, Mangrove Hall
Kulnura Hall		2nd Thur of month except Jan, 7:30pm, Union Church Hall. Pres- Shane 0417 436 529
Mangrove Mountain & Districts Community Group Meeting		Third Tuesday of the month, 2pm Mangrove Mountain Memorial Club New Members welcome. Secretary Keitha Coty 43771773
Mangrove Mountain Hall		1st & 3rd Tue, 7-9pm, Mangrove Mtn Union Church. All welcome. Contact 0425313433.
Mangrove Emergency Planning Committee		Friday 7.15am at Phillip House. 43404529
Mangrove Mountain Country Fair Committee Meeting		Hall Bookings: 0413 359 655 or AH 4373 1488
Mangrove Mountain RSL Women's Auxiliary		President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Mangrove Mountain Singing Group		Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364
Rotary Club Meeting		Articles to: spencercpg2@gmail.com
Somersby Hall and Mountain Districts Culture and Heritage Centre		Tue 9.30am-12.30pm, Kulnura Tennis Courts. Ph Glenys Palmer on 4374 1441 for enquiries.
Spencer Community Progress Group Inc		First Tuesday of the Month 7.30pm at the Mangrove Memorial Club
Spencer Community Ladies Social Club		Every 2nd month. Check website for further details. www.somersbyequestrianclub.org.au
Newsletter		Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781
The Mountain Tuesday Social Tennis Group		
Mountain District Football Club Meeting		
Somersby Equestrian Club Club & Committee Meeting		
Wisemans Ferry Community Men's Shed		
SPIRITUAL		
Anglican Service - Mountain Districts		Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
- Wollombi		2nd & 4th Sun 10am; Holy Eucharist at St John the Evangelist, Wollombi. 0481269 653
SerbianOrthodox		2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$15).
(cont'd next page)		

MARKET IN REVIEW

by Jay Talbot Licenced Real Estate, Stock & Station Agent and Auctioneer

Hi Jay Talbot here from TalbotPartners Real Estate - your local lifestyle property specialists. With all the talk of coronavirus and the impact on the real estate market, particularly regional areas. I thought it might be worth sharing a recently published article from news.com.au. Given the level of activity we are seeing, in my mind the same sentiments expressed could also apply to the Central Coast.

Exodus from Australian cities as coronavirus pushes people to the regions

An irreversible “exodus” is taking place from Australia's largest cities as workers already fed up with high house prices and exhausting commutes – balk at the prospect of spending possible future lockdowns confined to pokey properties. The ability to work from home is rapidly turning into a reality of working from the country.

Real estate watchers had already detected an upswing in online searches for homes in regional towns. Now it's been confirmed prices are shooting up in places like Geelong and Dubbo, just as they go down in Melbourne and Sydney. But while the accidental by-product of the pandemic may bring joy to Aussies looking for a cheaper but enhanced quality of life, it could be disaster for our big cities which may see populations plummet.

“We might be entering into the next significant phase of Australia development,” Griffith University urban planner Tony Matthews told news.com.au.

“The move out of cities is on; we're

not going backward from this.”

Earlier this month, property data firm CoreLogic said house prices in Sydney and Melbourne had fallen by 0.3 per cent and 0.9 per cent respectively during September. While other capital cities had seen modest rises in property values, the drop in Sydney and Melbourne led to a combined capital city market fall of 0.2 per cent. In contrast, regional home values went up by 0.4 per cent in September or 4.3 per cent year-on-year..

“It's absolutely a trend. Something we saw pretty early on in the pandemic was higher levels of research for property in regional Australia,” chief economist at property website realestate.com.au Nerida Conisbee told news.com.au.

“Now we have data over a three-month period to show that research has flowed through to sales as people in lockdown look for more space.”

A creeping movement out of cities is nothing new. Towns within commutable distance of major capitals – Geelong and Wollongong for instance – have been steadily increasing in popularity. However, since the pandemic, regional towns far further away have become magnets for those wanting to leave the big smoke.

“The most important connection had been a train line; now the most important infrastructure is a decent broadband connection,” Dr Matthews said. “The big problem for regional cities was they didn't have the jobs for professional workers. But the revolution in work from home has inadvertently solved that problem as your job can now move with you.” (*Benedict Brook News.com.au)

If you would like to have a chat about your property, with a no obligation appraisal, please feel free to call me anytime on 0414 079 220 or email jay@talbotpartners.co

I look forward to the opportunity of catching up with you soon!

See you next month,
Jay



Antennas - Digital
Hayward Video & Antenna Service
VAST Satellite Service
"Government approved installer"

Phone Ray Hayward
Mob: 0412 685 555

20 Sierra Crescent, Gosford East
Email: rayhay@bigpond.net.au

REGULAR ACTIVITIES & MEETINGS (cont'd)	
Kariong Community Baptist Church	Sun @9.30am, Church & Kid's Program, Kariong Public School Hall, Jonathan Houston 0427 731277
Catholic Service -Spencer	Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.
- Wollombi	2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.
- Somersby	Every Sat. evening vigil – 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby.
- Yarramalong	1st Sunday each month, 11.15am St. Barnabas Catholic Mass All welcome. Enq 4356 1321
Divine Retreat Centre (Ph 04 6848 6782) 160 Hensons Road, Somersby www.divineretreatcentre.org.au Uniting Service	1st Fri, 5:30pm-8:30pm Divine Mercy Friday 3rd Sat, 8:00pm to 12:00am, Night Vigil Last Sun, 9am to 4:30pm, One Day Retreat Union Church 9.00am second, fourth and fifth Sundays. Mangrove Mountain 3rd Sunday each month, 11.00am. (Easter & (Christmas Carols dates to be advised)
St Barnabas Non-denominational Service Yarramalong	Kooree Guide Cabin, every Monday in school term, 5.00pm – 6.30pm Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm
YOUTH Junior Girl Guides 5-10	Cubs meet 6.30pm – 8.30pm Wednesdays Scouts meet 7.00pm – 9.00pm Tuesdays Venturers meet 7.00pm – 9.00pm Mondays Contact 0438 476 562
Girl Guides 10-15	Every Tues (except school holidays) 9am to 11.30am, Kooree Guide Cabin. Bec G, PH: 0421 996 029 Anne, PH: 0412 526 557 Email: becgilmour@gmail.com
Scouts, Cubs & Venturers Peats Ridge Scout Hall	25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au
Mangrove Mountain Playgroup	Last Sat of month. All welcome, contact Jan Kofron 94818478 jankofron@optusnet.com.au
HISTORICAL Brisbane Waters Historical Society	2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact John 43921926 or Jon 43116254.
Dharug & Lower Hawkesbury Historical Society Inc.	3rd Fri each month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com
First Fleeters Central Coast Chapter	Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@alisonhomestead.com.au website: www.alisonhomestead.com.au
The Pearl Beach Aboriginal History Group	Meets first Wednesday of the month www.cclug.org.au - all most welcome
Wyong District Museum & Historical Society	1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952 Yarramalong Hall 4th Sat of the month 10am to 5.00pm cost \$12per person ph 43561196
ACTIVITY/HOBBY Central Coast GNU/Linux Users Group	
Coastal Communicators Toastmasters	
Craft/scrapbooking	
REMINDERS FOR YOUR DIARY	
Mountain Districts Football Club (MDFC) Annual General Meeting (AGM).	Tuesday 10 Nov, 7pm. Please refer to the main notice for the full details.
Mangrove Mountain Sports Association Annual General Meeting (AGM)	Tuesday 10 Nov, 6.30pm at Mangrove Mountain Memorial Club.
Bushfire Recovery Assistance Wyong Neighbourhood Centre	Mangrove Mountain Hall fortnightly on Thursdays from 1st of October and will be at Spencer on alternate Thursdays, fortnightly from 22nd October, from 10am-2pm Call 4353 1750 for more information

.:KSR.:.
NEW
GRAVEL
ROADBASE
\$33/T
DELIVERED

0411 868 437



MAMMOTH
REFRIGERATION AND
AIR-CONDITIONING

- Installation
- Repairs
- Maintenance
- Domestic
- Commercial
- Industrial

♦ 0400 617 737 ♦

POSITIONS VACANT

QUAD BIKE / FARM MECHANIC
\$83k p.a. + super. Full time, permanent role.
Glenworth Valley Outdoor Adventures is a multi award winning adventure tourism business specialising in a range of adventure activities, accommodation, functions and events. We require an experienced, multi skilled person to repair and maintain a large fleet of quad bikes as well as a wide range of plant and equipment used on our 3000 acre property. Extensive mechanical knowledge and ability is vital to this position.

Excellent conditions, working environment and variety of work.

To apply, please download the job description which includes rates of pay and an application form from www.glenworth.com.au

CHILDREN'S SERVICES EMPLOYEE TRAINEESHIP

Full time Contract for 12 months
Must be over 18 years

Desired completed year 12 (Minimum band 3 English). Best suited school leaver. Drivers Licence and own transport recommended due to remote location. Must have computer knowledge. Subject to Working With Children Check.

Closing date: 5pm Friday 13/11/2020
Children's Services Award 2010 conditions apply. TAFE Fees apply

Apply in writing with a detailed COVER LETTER expressing your interest by email with 2 current referees to Louisa Foxford Mountain Community Children's Centre Inc. mountainchildren@bigpond.com
Enquiries to Louisa Foxford on 43741239

KIOSK / CAFÉ COOK

- Either Permanent part time (3 days/25 hours per week) or Permanent full time position (40 hours per week)
- Unique location 15 mins from Gosford and 4kms off the M1 Motorway
- Great Kiosk / Café Cook role in a fun environment
- Excellent conditions, work environment and variety of work

About our organisation

Glenworth Valley Outdoor Adventures is a multi award winning, adventure tourism business specialising in horse riding, kayaking, quad biking, abseiling, laser skirmish and corporate team building activities. We also offer camping and horse agistment services and have recently added an event centre and accommodation to our range of products available on our 3000 acre wilderness property. We have been in business for more than 40 years and employ a team of 25

full time staff and approximately 60 – 80 part time and casual staff.

Glenworth Valley is located 4 kilometres off the M1 Motorway via the Calga/Peats Ridge exit 15 minutes from Gosford. Employment at Glenworth Valley makes for a great lifestyle and ideal work environment due to the magnificent natural surroundings and the enjoyable type of work we do. Best of all you will be joining a high quality, well established business operating in a satisfying and rewarding role. To familiarise yourself with the nature of our businesses, please visit www.glenworth.com.au

Purpose of the role

The purpose of the role is to provide a high quality food service that leaves our customers feeling satisfied and impressed. You will be responsible for ensuring all food preparation, cooking, food safety, hygiene, stock management and ordering takes place in a professional, cost effective and diligent manner.

What we are looking for

We are looking for a motivated person who is passionate, organised and who will quickly become a highly regarded and valued member of our team. Ideal candidates will have a high attention to detail and enjoy taking pride in the food they create for our guests and visitors.

Further information

For further information including rates of pay, position description and application form, please go to www.glenworth.com.au Please ensure our Glenworth Valley application form accompanies your resume.

IMPORTANT - PLEASE READ!

Your resume will not be considered for this role unless it is accompanied by our Glenworth Valley employment application form, located at www.glenworth.com.au/about/employment
Seek: Hospitality & Tourism – Chefs/Cooks

LAVENDER PICKERS required. Paid by the bunch. Experience preferred. Peats Ridge. Ring after 5.30pm 0429150255

REAL ESTATE / FOR RENT / LEASE

PRIVATE REAL ESTATE BUYER

Wanting to buy acreage. Peats Ridge, Central Mangrove, Somersby and surrounding suburbs. Small to Large acreage – Willing to look at anything. READY TO BUY NOW! Agents need not apply. CALL 0450 881 428

1 BR COTTAGE Mangrove Mtn, partly furnished, A/C, carport, no pets allowed, \$330 p/w plus elect., with horse paddock \$360. 0409741047.

FLAT TO LET Carport, kitchen, bathroom, balcony, aircon, for nude man. \$200 pw. c.boes@hotmail.com or 43622236

WANTED

WE BUY going or not going:

Cars / bikes / boats / tractors / lawnmowers / machinery / UTV / ATV / caravans, anything. Call us to remove. 0408028908

CASH PAID – collector of all oil, petrol, automotive, old shop and agri items. Any enamel signs, oil & grease tins, bottles, bowlers, steam & tractor. Mick 0422688670

WANTED TO BUY old motocross or trail bikes running or not, also old cars . Cash paid. Ring Mick Mcmillan 0427330230

PERSON to build sandstone wall & do landscaping 0422624257

CHICKEN PEN AND CHICKENS – I wish someone to build a study pen and establish a chicken pen stocking initially 10 chickens but room for up to 20. I also require the person to source the chickens for me. Based in Jilliby . Please call Sean 0419 846171 or 4355 1491

HANDYMAN/CARPENTER for ongoing building work at Peats Ridge. Contact John 0429150255

SILKY TERRIER puppy 0429150255

WANTED TO BUY - Yellow hybrid lantana, cash paid. Ring Inge 43561041

FOR SALE

GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

MULCH for sale. 10m³ Minimum - \$400.00. Delivery if applicable. David 0418 233595

DRAINAGE MATERIAL, certified crushed roof tiles. Delivery Charge only. Please phone 0438731015.

WATER LICENCE - 8 Ml underground licence available for lease

HELP KEEP OUR AREA CLEAN
REPORT ILLEGAL DUMPING
Phone the RID hotline:
131555
Or lodge an online report to
<https://ridonline.epa.nsw.gov.au/#/home>

CLASSIFIED ADVERTISEMENTS

These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

EDUCATION/LEARNING

WORKSHOP WITH PAT - Healing Herbs grown in your garden. Herbalist, biochemist, naturopath. Somersby 28th November 10-4. \$95 lunch included.

Learn what herbs you should grow in your garden for healing. Practical session will enable you to learn how to use and grow these herbs.

Phone Or message Jill 0488158656

AGISTMENT

HORSE AGISTMENT AVAILABLE. Full care. Group and individual paddocks with shelters. Full size sand dressage arena, grass jumping arena. Onsite instructor, EA qualified and fully insured. Located walking distance to Peats Ridge Village and café. Call Alicia on 0423 828 596.

SERVICES AVAILABLE

8 TONNE EXCAVATOR FOR HIRE
Tilt hitch, Hydraulic grabs, Auger, Blade, Full range of buckets, Multiple other services available. L & L Kerslake. 43741678 - 0427003721

TUTORING - Do you want to build your child's confidence and skills in maths? I'm an experienced and qualified teacher and would love to help your child reach his/her potential. I'm currently taking on tutoring maths students in years K-10. Phone Nila on 4374 1400 or 0404 057 203 Mangrove Mountain

FENCING AND SLASHING.
Also: FIREWOOD For Sale. David Starkey. 4374 1192 or Mobile 042 725 7948

LAURIE DOUGLASS PLUMBING
Plumber, Drainer, Gasfitter, Roofer - Ph 4373 1257 Mob 0407 008 488

SERVICES AVAILABLE

PLANS building design, DA's, council lodgement etc, Peter Gore. 0414 853 823

HORSE RUG REPAIRS - reliable prompt service. Pick-up & drop-off available for large quantities. Ph 0405 620 394

FREE RURAL VERMIN CONTROL- Licensed, safe, humane shooter available to help property owners control feral deer, goat, fox, rabbits etc. Will harvest viable meat onsite, happy to share with owners. Ph. Kieren on 0422 604 555

AIRCONDITIONING, BUILDING, CARPENTRY - Local service, 14yrs experience in aircon, 22yrs experience in building & carpentry. Call Ken 0412 842 920

AG SKYLIGHTS - Brighten your room with sunshine without heat. We install VELUX skylight (fixed & manual opening), Blinds/Solar blinds, Roof window, Sun Tunnel. Also we do replacement. Best Service & Free Quote. Licence# 332547C. Phone Adam: 0422538139 / 0430436643 email: office.agskylights@gmail.com

RIDGEEDIDGE HAIR CUTS MEN LADIES CHILDREN

Wed, Thu, Fri 9am-5:30pm. Sat 8am-1pm
Peats Ridge - No appt necessary **Ph 4373 1223**

STRUT REGASSING, replacement, design and installations to cars, boats, caravans, tool boxes, horse floats and office chairs. Mobile service call Garry 0414 771727 STRUTMAN

ONSITE EVERYTHING

Excavations, Earthmoving, Rural Landscaping & Maintenance. 0412 228718

OOST Painting Contractors - Lic 71725C
Quality & cleanliness assured.

For a free quote call David 4356 1449 or 0417 234 094. Yarramalong Local

HORSE & LIVESTOCK BURIALS
www.horseburials.com.au
Ph Craig 0411 2888 12

PEST CONTROL - Servicing the local area. A.T.S. Pest Control Services Phone Tony 4373 1157 Mob: 0427 731 157

PATRICIA'S HAIR CARE - 15 Woy Woy Road Kariong. Ph 02 4340 1624. Late night Tuesday. Open Tuesday Wednesday Thursday. Ladies/Men/child. Cuts/colours/perms

MISTY MOUNTAIN RURAL CONTRACTORS - Earthworks, Irrigation, all services available Ph 43530990 or 0418221495

GYPROCK FIXING new homes, extensions, renovations and patch work. Lic. No. 9092C. Phone Greg - Mob. 0417 445 796

ANTENNAS - DIGITAL - Specialists with VAST Satellite Service, extra outlets, boosters. Mobile service 4323 6367 or 0412685555

ALL COVERS & CANVAS WORK!
Boats, Vehicles & Horse floats re-trimmed, cover & horse rug repairs, no job too small! Servicing the mountains & the valleys. Call Alan on 0414 993 669 or Louise on 0410 646 200. located at Yarramalong Road Wyong Creek.

BRICKLAYING & Render repairs. Adrian 0408347737. Lic 98665C

RURAL FENCING - Post & rail, wire stock, chainwire, coourbond, paling etc. Also Landclearing Phone Rick 4373 1117

TOWN 'N COUNTRY FLOOR SANDING & POLISHING
New & old floor boards, parquetry, verandahs, stairs, walls ceilings, re-coating, staining & painting etc...free quote ph Stuart 0400076261



For all things septic, call us today

Absoloot Septic

Your local certified AWTS septic agents
Website – www.absolootseptic.com.au
Phone 02 4362 1060 and 0401 397 754

Southern Diesel Services
ROAD, CIVIL AND AGRICULTURAL REPAIRS
Workshop / Mobile 24 HRS Mangrove Mountain
Engine Control Units, Engines, Gearboxes, General Maintenance, Hydraulics

Mitchell Crane
PH: 0431 095 365

WARD Septics
Septic Tank Cleaning
✓ Small Pump Out Truck
✓ 90m Pump Out Hose
✓ Water Tank Cleaning
* And Even Cheaper Rates For You With A Neighbour
Call Paul For More Info
0438 315 514
 **SepticCleaning.com.au**

TRUCK LICENCES
ONE DAY COURSES
LR through to MC
No RTA Test
Phone: 042 88 444 18

OUTLAND Mechanical & Maintenance Service
Licence No. MVR/L54125 ABN 14814837840

Mobile Diesel Mechanic
• Specialising in Small Fleet Diesel Service
• Tractors • Farm Machinery • Mowers
• Earthmoving Machinery
• Welding

John: 0427 660 752 jlhellyer67@gmail.com

Phillip Waterman

0438 617 851

700 George Downes Drive,
Kulnura, NSW 2250

All jobs considered
Fully insured
Owner operated
Free quotes

WATERMAN
EXCAVATIONS Pty Ltd

Excavators
Tipper
Grader
Dozer
Bobcat



CROSSROADS AUTOMOTIVES



Terry Kyriacou

Mon - Fri: 7:30am - 5:00pm

Saturday: 7:30am - 12:00pm

SPARE PARTS

LOG BOOK SERVICES

MECHANICAL REPAIRS

Ph: 4373 1774



Cnr of Wisemans Ferry Rd. & George Downes Drive, Central Mangrove

AUTHORISED INSPECTION STATION (INCL LPG)

**MLS MOUNTAIN
LANDSCAPE SUPPLIES**

SANDS SOILS MULCHES WOOD-CHIPS GRAVELS PEBBLES
PLANT NURSERY - GIFTS - FIREWOOD

DELIVERY AVAILABLE 6 DAYS A WEEK

PH: 4376 1055

988 George Downes Drive Kulnura
mls@live.com.au



• AGRICULTURE • INDUSTRIAL • DOMESTIC

Licence No - 269888C

24 HOUR EMERGENCY CALLOUT SERVICE

Ph: 4322 3333 Fax: 43223433

Email: sales@girrigation.com.au

Web: www.girrigation.com.au

Unit 2 254 Manns Road, West Gosford NSW 2250



K&T PROPERTY CONSULTANTS PTY LTD

Real Estate Valuers & Land Economists

ROBERT MEGGS FAPI CPV

providing independent property valuation advice, including:-

- Stamp Duty, CGT, GST & Retrospective Valuations
- Probate & Estate Valuations • Insurance Valuations
- Valuations for Family Law • Pre-Sale/Auction Advice
- Land Value & Compulsory Acquisition Valuations

500 Kyola Road
KULNURA NSW 2250

Email: ktpropty@ozemail.com.au

Telephone (02) 4376 1451

Facsimile (02) 4376 1452

Mobile 0429 44 33 10

Misty Mountain

**Rural Property
Development Services**



- agricultural consultants
- pasture improvement
- fertilizer spreading
- weed spraying
- all tractor work 4/2WD
- soil conditioning
- irrigation install/design
- fencing & stables
- crop planning & planting & all excavations
- concrete slabs Lic. R94321
- property evaluation & planning & management
- fork lift hire

Ex-Dept. Agriculture Officer with 45 years
experience in the local district.

Greg Koutoulas is the man to call on 0418 221 495



**Stop Water
Shop**

Authorised Dealer

**ONGA, DAVEY and
GRUNDFOS PUMPS**



K. W. & M. E. WEST Pty. Ltd.

1650 Wisemans Ferry Road,
Central Mangrove

Phone 4373 1164 Fax 4373 1049

**PUMP REPAIRS
AND
SERVICE**

Trading Hours

Mon - Fri

7.30 am - 5 pm

Sat 7.30 am - 12 noon

Closed Public Holidays