

# COMMUNITY NEWS

No. 980 Ph: 4374 1039 Mo: 0412 669 649 Email: [enquiries@cnews1.com.au](mailto:enquiries@cnews1.com.au) Web: [cnews1.com.au](http://cnews1.com.au) 6th February 2026

## Community Meals Delivered with Heart

For nearly three decades, local volunteers Jim and Wendy Innes have been quietly making a lasting difference in the lives of their neighbours, delivering more than just meals across Mangrove Mountain and surrounding districts. For the past 28 years, the couple has volunteered with Meals on Wheels Central Coast, dedicating every Thursday to delivering nutritious, affordable meals and friendly conversation to local residents who rely on the service to remain healthy and independent at home.

Each month, Jim and Wendy travel close to 600 kilometres on their delivery route, ensuring clients receive not only a warm meal but also regular social connection, something many recipients value just as highly as the food itself. Their deliveries are made possible with the generous support of the Mangrove Mountain Memorial Club, which donates freezer space and facilities to store and distribute community meals, enabling this vital

service to operate locally.

Each delivery also provides an important point of face-to-face contact, with volunteers offering friendly conversation, help with putting meals away, and a general check-in on clients' wellbeing. This regular contact means volunteers like Jim and Wendy are often an extra set of eyes on the ground, supporting clients socially and reporting any concerns back through appropriate channels when needed.

"It's so enjoyable to help, meet, and talk to the people who need healthy meals delivered in the Mangrove Mountain region," said Jim and Wendy Innes. "Every drive is enjoyable. The landscape is beautiful, and so is the smile on the client's face."

Meals on Wheels Central Coast CEO Neridah McLeod praised the couple's long-standing commitment to the community, highlighting the essential role volunteers play in supporting people at home.

"Volunteers like Jim and Wendy are the heart of Meals on Wheels Central Coast," Ms McLeod said. "Their 28 years of service is an incredible contribution to the Mangrove Mountain community and a wonderful example of the care, connection, and

commitment our volunteers bring to every delivery."

As one of the largest Meals on Wheels services in New South Wales, the organisation supports more than 1,000 clients with the help of around 180 dedicated volunteers, delivering approximately 20,000 meals each month. Through this work, Meals on Wheels Central Coast provides essential nutrition, regular contact, and ongoing support to older people and people living with disability across the region.

The service is available to eligible residents across the breadth of the Central Coast and is designed to support people who may be finding it difficult to prepare meals at home.

Anyone wishing to find out more about the service, eligibility, or volunteering opportunities is encouraged to visit [www.ccmow.com.au](http://www.ccmow.com.au) or call 02 4357 8444.

*Meals on Wheels Central Coast*

### RIDING FOR THE DISABLED (CENTRAL COAST)

**AGM (planned for Tuesday  
17th March from 6pm at  
our Centre in Kangoo Rd  
Somersby)**

"It's amazing how much good you can do if you don't care who gets the credit"

*Harry S. Truman*



(Left to right) – Michael Ekert (CEO, Mangrove Mountain Memorial Club), Wendy & Jim Innes (Volunteers, Meals on Wheels Central Coast), Jason Millers (Relationship Manager, Meals on Wheels Central Coast)

### STOP!

Next issue Published  
20th February 2025

**\*\* DEADLINE \*\***

**\*\* 13th February '25 \*\***

Send adverts & copy by  
email, website or post.  
Email, website, FB or  
phone for enquiries

# Central Coast Veteran & Family Hub

Here for veterans, and their families, every day.



Employment assistance



DVA claims and advocacy



Wellbeing support and financial assistance



Veteran & Family Hubs



Homelessness and housing support



Spur Ranch Equine Program



## We also offer a FREE Program of Activities & Events

<b>Monday</b> 10:00AM	<b>3D Printing</b> Learn how to 3D Print, print Models & paint in Hub!	
<b>Tuesday</b> 10:00AM	<b>'Something for your Brain'</b> Try out puzzles & games that support brain exercise	
<b>Wednesday</b> 9:00AM	<b>Walking Group &amp; Morning Tea</b> Join us for a easy walk, followed by morning tea	
<b>Friday</b> 10:00AM	<b>Exercise</b> Move your body in a beginner friendly class	
<b>Friday</b> 11:00AM	<b>Meditation with Bella Reiki</b> Come along for meditation facilitated by Karina	



Visit us at 31 Hely St.  
Wyong 2259 or Call on  
02 4358 9190

Supported by



## Supporting bushfire preparedness with fire trail upgrades

Central Coast Council has completed a program of upgrades to fire trails across the region, improving access to bushland reserves and supporting community safety this summer.

Council manages 223 fire trails as part of its ongoing support for the NSW Rural Fire Service (RFS).

These trails are a vital part of the Central Coast fire access network, which also includes other fire trails located on land owned by other authorities: NSW National Parks & Wildlife Service, NSW Forestry and NSW Crown Lands.

Upgrading and maintaining fire trails is essential for firefighting operations, hazard reduction and emergency response.

Council Mayor, Lawrie McKinna said the annual fire trail program is a key part of preparing for bushfires.

"Every minute matters when we're trying to protect people and their homes. Improving fire trails helps emergency services get to where they need to go more quickly," Mayor McKinna said.

"I encourage everyone to make a bushfire survival plan and ensure their property is ready during bush fire season."

## Peats Ridge AUTO ELECTRICS

Stephen Andrews Lic. No.: MVRL22840

- Electrical Repairs
- Starter Motors & Alternators
- Lighting
- Electric Brake Controls
- Dual Batteries
- Cars
- 4WD
- SUV
- Agricultural Machinery
- Caravans
- Horse Floats

Plus an extensive range of parts and accessories in stock



We stock quality  
**Century Batteries**  
made in Australia for  
local conditions



All your battery needs at very competitive prices

**Ph: 4373 1137**

1160 Peats Ridge Rd, Peats Ridge 2250

## MANGROVE MOUNTAIN PHARMACY

Monday - Friday: 9am-7pm Saturday & Sunday: Closed

- ♦ Free webster packing & all your pharmacy needs
- ♦ Vaccination
- ♦ Household goods and gifts
- ♦ Parcel point outlet



3/1 Waratah Road, Mangrove Mountain, NSW 2250

Phone: (02) 4374 1457 Fax: (02) 4374 1479

Email: mangrovemtpharmacy@gmail.com



**BEN FANELLI CONTRACTING**



- DAM CONSTRUCTION & REPAIRS • LAND CLEARING & MULCHING
- DRIVEWAY CONSTRUCTION & REPAIRS • HORSE ARENA'S & SHED PAD'S
- SLASHING, MANURE SPREADING, DISCING & ROTARY HOEING
- HAULAGE • LANDSCAPE SUPPLIES/FIREWOOD

EXCAVATOR'S RANGING FROM 5-30 TONNE, POZI-TRAC, BACKHOE, GRADER, DOZER, TRAXCAVATOR, SMOOTH DRUM ROLLER TRUCK & DOG/SEMI TRAILER, 100 HORSE POWER TRACTOR

**0499 780 027**



Over 42,000m<sup>2</sup> of trail works and 18km of vegetation management across 18 fire trails have been completed in the past year.

Major upgrades include Marana Fire Trail at Springfield, MacMasters Ridge Fire Trail at Bensville, Edye Fire Trail at Ourimbah, the Kangy Angy Fire Trail Complex at Kangy Angy, the Brushwood Fire Trail Complex at Kincumber and Andrew's Point Fire Trail in the Mangrove Creek Dam catchment.

The average upgrade includes:

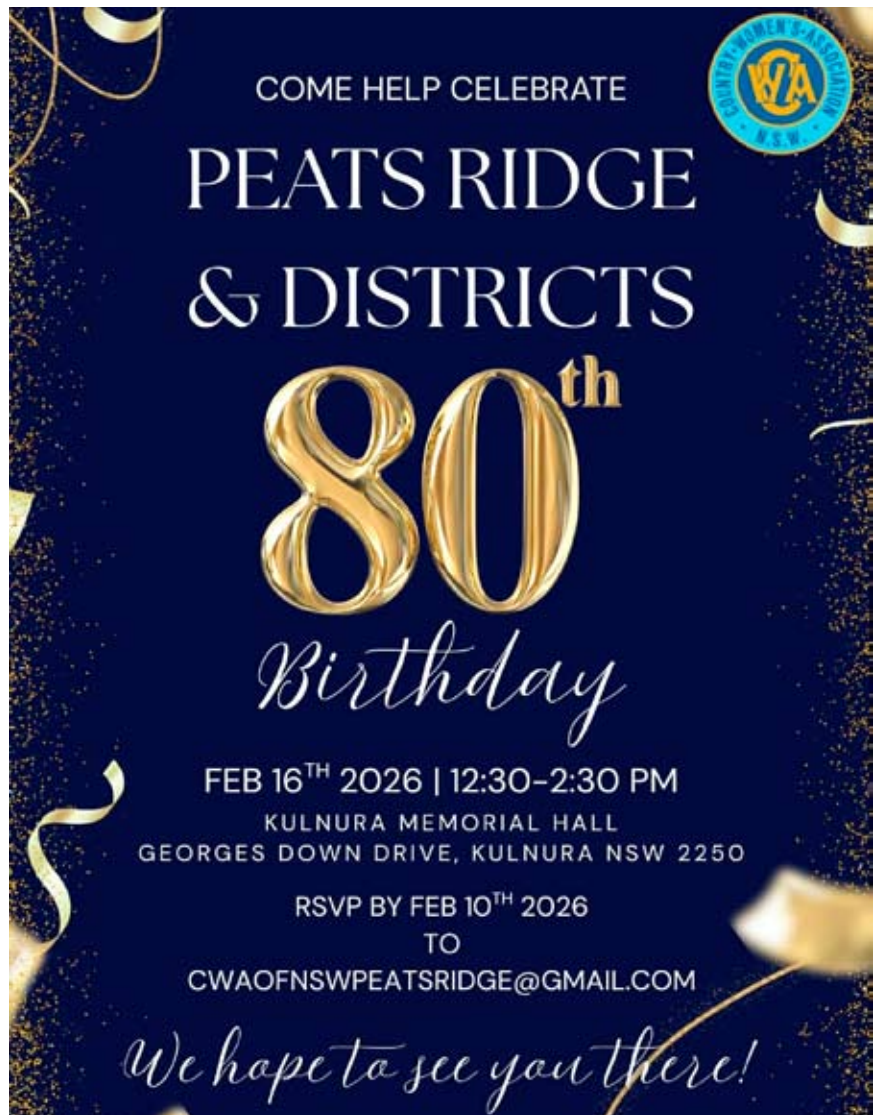
- Vegetation clearance within a 6m wide and 4m high corridor
- Reshaping and importation of trail surface material
- Construction of passing bays and turnaround areas
- Installation of drainage features and signage

All works meet the NSW RFS Fire Trails Standards.

Residents are encouraged to plan and prepare for bushfires by:

- Understanding your risk
- Making a bushfire emergency plan
- Preparing your home
- Preparing yourself and your family
- Paying attention to fire danger ratings and alert levels
- Downloading key emergency apps
- Search 'bushfire preparedness' at [centralcoast.nsw.gov.au](http://centralcoast.nsw.gov.au) for more information.

Central Coast Council  
Media Release



COME HELP CELEBRATE


**PEATS RIDGE  
& DISTRICTS**

**80<sup>th</sup>**  
*Birthday*

FEB 16<sup>TH</sup> 2026 | 12:30-2:30 PM  
KULNURA MEMORIAL HALL  
GEORGES DOWN DRIVE, KULNURA NSW 2250

RSVP BY FEB 10<sup>TH</sup> 2026  
TO  
[CWAOFNSWPEATSRIDGE@GMAIL.COM](mailto:CWAOFNSWPEATSRIDGE@GMAIL.COM)

*We hope to see you there!*



## **Dr. S. ANANDASIVAM**

(ANAND)

**MBBS, FRACGP, AMCC**

For Doctor Appointments:  
Monday - Friday 9am- 5pm

*Laverty Pathology Service  
Available:*

*Monday to Friday  
8:30am till 1:30pm*

**Medicare Bulk Billing**

**1639 Nurses Road  
Central Mangrove, 2250  
02 4373 1914**



## **Local Solar Power Experts**

Living Off Grid  
Has Never Been Easier

Brooklyn Trade Services are your  
local solar electricians, for both  
on and off-grid systems.

Our technicians are certified to  
install state-of-the-art solar and  
battery systems which are great  
for the environment as well as  
your home and or business.

Call us for a chat:

**1300 319 419**

[www.btselectric.com.au/bts-energy](http://www.btselectric.com.au/bts-energy)



## AGM NOTICE

### Mangrove Mountain and Districts Community Group

The MMDCG Inc AGM is to  
be held at

8.00pm  
5th March 2026  
at Mangrove Mountain Hall.

*Many Thanks  
Kaye Pointer  
Secretary MMDCG Inc.*

## Strengthening our regional economy – have your say on three major strategies

Central Coast Council is calling on the community to help shape the future of the region, with three major strategies now open for public feedback.

The Draft Economic Development

Strategy 2026-2030, Draft Destination Management Plan 2026-2029 and Draft Events Strategy 2026-2030 outline a long term vision to create more opportunities for locals and enhance the Coast as a great place to live, work and visit.

Council Mayor, Lawrie McKinna said the three strategies are designed to work together to guide the region's long-term direction.

"These strategies set the direction for economic growth, tourism and events. They show how we can create more local jobs, support lively town centres and build a region that visitors want to explore," Mayor McKinna said.

"We want to ensure we're future focused, creating a region that the



### DIGITAL CONNECT WORKSHOPS FOR SENIORS

Digital Connect Central Coast provides workshops for seniors (50+) and a chance to learn and ask questions about using mobile devices like smartphones and tablets in daily life.

**What to expect:** There is no cost to attend. Our workshops are supported by the federal government initiative, Be Connected.

Workshops focus on mobile devices and what you need to know to make the best use of your device.

Over the year, a range of topics will be covered including choosing the right phone and plan for you, customising your smartphone, using apps, cloud storage, security and password management.

The workshop format includes discussions and activities in small groups catered to Apple and Android devices. Small groups, guided by Digital Mentors, will allow you to ask questions, get support and practise as you learn new concepts and digital skills.

There is an opportunity for 1-1 support following the workshop for any individual issues you may need help with. This includes support for laptops.

**No need to register! Simply turn up with your charged device and a can-do attitude!**

Sessions are held around the Central Coast and here on the Mountain, they are held at Mangrove Mountain Computer Club, 6 Waratah Road, Mangrove Mountain.

**Our first session at the Computer Club for the year will be held on:- Thursday, February 26, 2026, 9.30am - 11.30am.**

Enquiries:- Suzanne - 0412 705 604



Local  
Qualified and Insured Arborist  
Felling, pruning, deadwooding  
Free Quotes

**Contact Asher  
0481 353 982**

[abenvirotrees@gmail.com](mailto:abenvirotrees@gmail.com)

**.:KSR.:**

**NEW  
GRAVEL  
ROADBASE  
\$50/T  
DELIVERED**

**0411 868 437**



next generation is proud to call home. Have your say and help shape our community's future."

About the draft strategies  
Economic Development Strategy – Outlines priority actions to grow sustainable jobs, strengthen local industries and build resilient, thriving communities across the Central Coast.

Destination Management Plan – A blueprint for growing the visitor economy – focusing on enhancing visitor experiences, increasing visitation from key markets, supporting business growth and helping industry adapt and thrive.

Events Strategy – Sets out a plan for the Central Coast to be a leading event destination. It provides a roadmap for how Council, event promoters and the community will work together to grow a diverse, inclusive, and sustainable calendar of events that reflect who we are and where we are going.

Acting Director Community and Recreation Services, Brett Sherar said having these strategies in place will support Council's ability to secure grants and funding that benefit the region.

"These strategies will guide Council's investment, partnerships and future decision making," Mr Sherar said.

"Together, they aim to grow investment and prosperity across the region over the next four years – creating more local jobs, activating our town centres, building a thriving visitor economy and delivering events that celebrate the Coast's unique identity."

The three draft strategies will be on public exhibition until 4 March 2026.

Council staff will also be available at various community events across



## Mobile Library

Library to you



**Fortnightly,  
Tuesdays, 2-2.45pm**  
During school term only

**Upcoming dates**  
13, 27 January  
10, 24 February  
10, 24 March  
21 April

**Yarramalong  
Angel Sussurri Cafe and  
Restaurant  
1-4 Linga Longa Road**

**Monthly,  
Wednesdays,  
10.30-11.45am**  
During school term only

**Upcoming dates**  
21 January  
18 February  
18 March

**Mangrove Hub  
2 Waratah Rd  
Mangrove Mountain**

## About the Mobile Library service

The Mobile Library service is an outreach branch of Central Coast Library Service. It is a branch on wheels and offers many of the services that you will find in our branches.

### Borrow and return library items

Browse books, magazines, audiobooks and DVDs for all ages. Stock is regularly rotated so there is always something new.

### Manage reservations

Library staff can reserve library items for collection at any branch. Alternatively reserve your items online, select Bookmobile as the pick-up location and we will let you know when it is on board for collection.

### Technology on the move

The Mobile Library is fitted out with essential technology to help keep you connected. Access free wi-fi, scan to email or download eBooks and eAudiobooks from the eLibrary.

### Like to know more?

Contact any library branch or send an email to [library@centralcoast.nsw.gov.au](mailto:library@centralcoast.nsw.gov.au)

### Membership

Library membership is free. If you have a Central Coast Library card it will work on the Mobile Library.

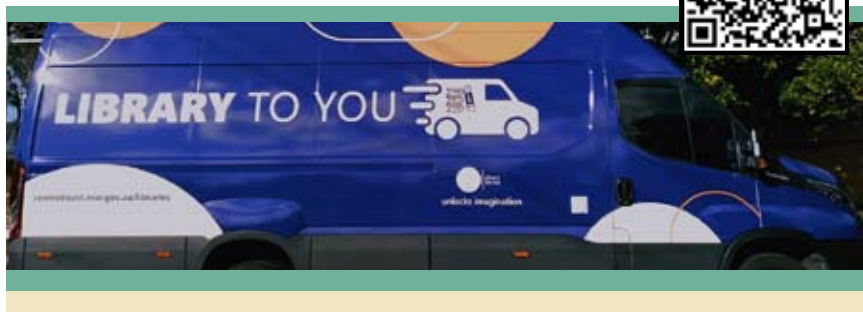
### Don't have a card?

Ask library staff about joining the library, they can sign you up on the spot. There is also the option to join online for instant access to online resources.

### Where does the Mobile Library visit?

All stops are listed on the Mobile Library timetable. Copies are available on board or can be downloaded from the library website at [libraries.centralcoast.nsw.gov.au/services/mobile-library](http://libraries.centralcoast.nsw.gov.au/services/mobile-library)

Scan the QR code to find out more about the service.



January and February for those who prefer to share feedback face to face. Times and locations are available on [yourvoiceourcoast.com](http://yourvoiceourcoast.com), where you can also lodge an online submission.

and join the conversation, search 'strengthening our regional economy' at [yourvoiceourcoast.com](http://yourvoiceourcoast.com)

Central Coast Council  
Media Release

To read the draft strategies

- \* Post & Rail
- \* Fence Painting
- \* Repairs
- \* Bobcat Hire

# Ricks Rural Fencing

*Servicing the Mountain for over 30 Years*

**Phone Rick 43731155**

- \* Chain Wire
- \* Wire Stock
- \* All types of rural fencing

## Valentines weekend plant sale

**February 14<sup>th</sup> - 15<sup>th</sup> 2026**  
**9am - 5pm**  
**2 days only!**

Wholesale Native plant nursery  
Open to the Public

MOBILE 0415 465 162  
EMAIL [Jonathan@sustainablenatives.com.au](mailto:Jonathan@sustainablenatives.com.au)  
WEB [www.sustainablenatives.com.au](http://www.sustainablenatives.com.au)  
ADDRESS 94 Keighley Avenue Somersby

## PEATS RIDGE & DISTRICTS COUNTRY WOMEN'S ASSOCIATION (CWA)

### Why Joining CWA Can Be So Rewarding for Women of All Ages

The Country Women's Association (CWA) has long been known as a place of friendship, community spirit and practical support – but today's CWA is about so much more than many people realise. At the Peats Ridge and Districts Branch, we are proudly welcoming new members of all ages, backgrounds and interest, and discovering just how much women benefit from being part of this vibrant local group.

One of the greatest benefits of joining CWA is connection. In an increasingly busy and digital world, it can be hard to find time and space to build genuine friendships. CWA offers a warm, welcoming environment where women can meet regularly, enjoy conversation, share experiences and feel part of a supportive local network. Many members say the friendships they form through CWA quickly become one of the most meaningful parts of their lives.

Our Peats Ridge and Districts Branch holds a monthly meeting, giving members a chance to catch up, learn about local and statewide initiatives, and have a say in matters that affect women and communities. These meetings are friendly, relaxed and inclusive – there's no pressure to speak up unless you want to, and new members are always supported.

In addition to meetings, we also enjoy monthly group activities such as markets, workshops and social outings. These activities are a great way to try something new, learn a skill, or simply enjoy a fun day out with like-minded women. You don't need to know how to cook, bake, sew or craft to join – those skills are not a requirement. What matters most is a willingness to connect, laugh and be part of a community.

CWA also provides opportunities for personal growth. Members often discover new interests, build confidence, develop leadership skills, or get involved in volunteering and fundraising that makes a real difference. Whether you want to be actively involved or just attend when you can, there is room for everyone.

Women of all ages are welcome at Peats Ridge and Districts CWA. Younger women bring fresh ideas and energy, while long – time members offer wisdom, experience and a strong sense of tradition. This mix creates a dynamic and supportive group where everyone has something to contribute.

If you're looking to meet some lovely local ladies, enjoy new experiences, and have a bit of fun along the way, CWA could be just what you're looking for. We'd love to welcome you.

To find out more or to join, please contact the Peats Ridge and Districts Branch - we can't wait to meet you! [cwaofnswpeatsridge@gmail.com](mailto:cwaofnswpeatsridge@gmail.com) or Facebook messenger

*Donna Hobday*  
President

Peats Ridge & Districts CWA



## FAIRHAVEN AWARDED WOMEN'S WEEK GRANT

An art exhibition by Central Coast women with disability has been awarded \$19,400 by the State Government to celebrate women's achievements and empower them to seize new opportunities during 2026 Women's Week.

Fairhaven Services received the grant for "Voices Unheard: Celebrating Female Artists with Disability", a week-long art exhibition running 2-8 March 2026 at its Op Shopping Village in Point Clare.

Fairhaven's retail manager Hannah Atkin said the concept for the exhibition grew from recognising a persistent challenge in the art world: "That women artists, particularly those with disability, face significant barriers to market access despite their talent and creativity."

Ms Atkin said the exhibition will feature paintings, photography, sculpture, textiles, and mixed media, with each artwork displayed alongside artist statements that share personal stories.

"All works will be available for purchase, giving the artists

### Join the Apunga Native Nursery Crew!



We're looking for 1 x experienced native nursery hand to join our colourful, passionate team – casual, 5 days/week, with the chance for future permanent hours.

We're a crew of social, plant nerds who love collecting, propagating, and caring for native plants – and improving the ecology we grow for. If you're based on the Central Coast (Mangrove Mountain) and love getting your hands dirty for a good cause, this could be your next role!

#### What you'll do: 🌱

- Sow, prick out, and propagate native plants 🌿
- Water, weed, fertilise, and care for stock
- Potting, tubestock prep & nursery maintenance
- Seed collection, cleaning, and record-keeping
- Pack orders & help with deliveries
- Monitor pests/diseases, follow OH&S & sustainability practices

#### What we're looking for: 🌱

- Genuine love for native plants & conservation
- Physically fit and happy working outdoors
- Reliable, punctual, and a team player
- Willingness to learn and take initiative
- Own car & (manual) driver's licence

#### Bonus points if you have: 🌱

- Nursery, horticulture, irrigation or revegetation experience
- Knowledge of local native plants
- Certs in Horticulture, Conservation, White Card, ChemCert, First Aid

#### Why join us:

- Be part of a supportive, fun team
- Learn and develop propagation skills
- Make a real difference for local ecology 🌍
- 📍 Based in Mangrove Mountain – Central Coast preferred
- ❤️ Opportunities for growth for the right person

Interested? Email your resume to [admin@apunga.com.au](mailto:admin@apunga.com.au) today and get ready to grow with us!

<https://apunga.com.au/native-nursery/>



opportunities to generate income and professional recognition,” Ms Atkin said.

“This exhibition powerfully amplifies the voices of women with disability by showcasing their artistic talents as professional contributors and creating direct economic opportunities.”

Member for Gosford, Liesl Tesch MP said Women’s Week Grants have been running since 2018 to fund innovative events that empower women and girls to participate in our communities, to advance gender equality in the longer term.

“There are sure to be some powerful and poignant works on display as these artists raise their voices to be heard.”

It’s not only artistic endeavour that is being realised in the exhibition but also skills learned through professional development workshops on aspects such as pricing, marketing, and customer engagement.

“By presenting women with disability as creative leaders and skilled professionals in a high-traffic retail space, we’re challenging intersectional stereotypes about disability and gender,” Ms Atkin said.

“We anticipate reaching 700-plus visitors across the week, demonstrating to the broader community that gender and disability doesn’t limit creativity, professional capability, or economic contribution.”

NSW Women’s Week, which runs from Monday 2 March 2026

## Celebrating older residents at Seniors Festival 2026

Central Coast Council’s Seniors Festival 2026 is set to be a vibrant celebration of our senior community and the invaluable contributions older residents make every day.

The theme for 2026, ‘Live Life in Colour’, reflects the diversity, creativity and energy that seniors bring to the Central Coast. The program features a wide range of free or affordable events designed to inspire connection, wellbeing, learning and fun.

Key festival details:

**Seniors Festival: 2-15 March 2026, featuring over 80 events across the Central Coast**

• The Seniors Festival program includes activities and events across libraries, theatres, leisure centres and the Regional Gallery. Seniors can enjoy free health and fitness classes, dancing

to International Women’s Day on Sunday 8 March 2026, is an annual showcase of the stories and remarkable achievements of women in our state.

The NSW Government’s Women of the Year Awards will be held in Sydney on Thursday 5 March 2026.

*Media Release from the Office of  
Liesl Tesch Member for Gosford*

and entertainment, library programs, educational seminars and workshops, art activities, author talks, discounted show tickets and much more.

**Seniors Expo: Thursday 5 March 2026, 10am-1pm, Wyong Race Club**

• A highlight of the festival each year, the Seniors Expo is an opportunity for seniors to connect with local services, businesses, groups and organisations, providing valuable information and resources from a range of stallholders. Attendees can explore services and activities designed to support wellbeing, social connection and lifelong learning — and even discover a new passion.

Council Mayor, Lawrie McKinna said the Seniors Festival is our way of saying thank you and is an important celebration of the positive impact seniors have across our region.

“The Seniors Festival celebrates the incredible contributions of older Central Coast residents, as volunteers, mentors, carers, community leaders, neighbours, parents and grandparents. It invites them to connect, explore new activities, and embrace lifelong learning as they ‘Live Life in Colour’ this March,” Mayor McKinna said.

“I encourage all seniors to get involved and try something new.”

View the Seniors Festival 2026 program at [centralcoast.nsw.gov.au/seniorsfestival](http://centralcoast.nsw.gov.au/seniorsfestival)

*Central Coast Council  
Media Release*

## MANGROVE PRODUCE AND HARDWARE

1668 Wisemans Ferry Rd, Central Mangrove (just 1km from the Crossroads)



**HAPPY NEW YEAR  
TO ALL OUR  
WONDERFUL CUSTOMERS**

Wishing you the very best  
for the year ahead!



- |                |               |            |
|----------------|---------------|------------|
| ◆ Horse Feed   | ◆ Fertiliser  | ◆ Paint    |
| ◆ Pet Food     | ◆ Timber      | ◆ Plumbing |
| ◆ Bird Seed    | ◆ Hardware    | ◆ Fencing  |
| ◆ Vet Supplies | ◆ Hand Tools  | ◆ Electric |
| ◆ Chemicals    | ◆ Power Tools | Fencing    |

**Mon-Fri: 7:30am -5:00pm  
Sat: 8:00am -2:00pm**

**Ph: 43731259**

**SHOP ONLINE AT  
[www.tuckersstore.com.au](http://www.tuckersstore.com.au)  
or [shop.truevalue.com.au](http://shop.truevalue.com.au)**

## Flying High - Dreams and Hard Work Pay Off

Abbey Willcox will get to realise her Olympic dream at Milano Cortina 2026. Four years ago, after making a strong recovery from a serious injury, she went agonisingly close to getting a start at the Beijing Games, but Australia didn't qualify enough spots. She would have another four years of hard work. But in that time she has continued to improve and has achieved two World Cup podiums.

At the world championship event in Quebec on Jan 26 Abbey placed 8th and in the Dec 25 event in China she placed 5th, ending the season with a 10th place world ranking.

Raised in Somersby on the New South Wales Central Coast, Abbey attended Somersby Primary School and Henry Kendall High School.

Abbey came to aerial skiing with a foundation in gymnastics and sports acrobatics, skills that would later underpin her take-off power, body control and in-air awareness.

After time on the water ramps in Melbourne and Park City, she stepped onto snow and made her international

debut in 2016 on the Europa Cup in Ruka. By 2019 she was on the World Cup tour, with an early personal best of 13th in Minsk that season, narrowly missing the 12-woman final.

Her breakthrough arrived in 2019-20, highlighted by a bronze medal at the Deer Valley World Cup under lights, and a season-ending ranking inside the world's top 10. The podium confirmed her as a true contender on the world aerial skiing scene.

The following year brought a setback. After a strong qualifying run in Yaroslavl, Abbey crashed in finals training, required surgery and she returned home to rehabilitate, curtailing her 2020-2021 campaign.

Back on tour during the next season, she posted multiple top-15 finishes but, crucially, Australia just missed an additional Olympic quota place in women's aericals, and Abbey was unable to attend the Beijing Games.

She then opted to step away from on-snow competition in 2023 while maintaining skill work at Brisbane's Geoff Henke Olympic Winter Training Centre. A springboard back to competition followed that September with second place at the Brisbane Water Jump Grand Prix behind teammate Airleigh Frigo.

The 2023-24 season was a real breakout season for Abbey. She returned to the Deer Valley podium with another bronze, sharing the

celebrations with silver medallist and teammate Danielle Scott, and then reached the top-six super final on both days in Lac-Beauport, finishing fifth each time.

In January 2025 she helped deliver Australia's first aerial skiing mixed-team World Cup medal since 2017, combining with Laura Peel and Reilly Flanagan to secure bronze in Lake Placid.

A week later came a moment of team history at Deer Valley. On a night of heavy snow and high pressure, Australians swept the women's podium for the first time in any FIS Freestyle World Cup event, with Peel winning, Scott second and Abbey taking bronze as Australians filled the top four places. It was Abbey's third individual World Cup podium and a landmark for the Flying Kangaroos.

Away from competition, Abbey is based in Brisbane and holds a Bachelor of Business, balancing training with work at the Brisbane Broncos. The blend of elite sport and professional life speaks to the persistence behind her late-blooming rise in aericals. With a gymnast's precision and a jumper's courage, she continues to build her degree of difficulty and consistency.

Here's how to watch the 2026 Winter Olympics:

Coverage begins on 4 February with the Let The Games Begin! preview

## UPCOMING CATTLE AUCTIONS

### Maitland Regional Saleyards

- Weekly Monday Liveweight Cattle Sales 9am, followed by Calves, Pigs & Sheep from 12 noon.
- Monthly Store Cattle Sales - Feb 21st, Mar 16th

### Gloucester Saleyards

- Fortnightly Thursday Store Cattle Sales - Feb 12th & 26th

Feedlots - Abattoirs - Paddock to Paddock Sales  
Clearing Sales - Rural Property Sales  
Follow us on Facebook or join our e-list on  
[www.bowelidbury.com.au](http://www.bowelidbury.com.au)



**Bowe & Lidbury Pty Ltd**  
**(02) 49 327 066**

## Atlantic Oil Distributor

We deliver to the Mountain Districts and surrounding Central Coast suburbs for free

Full range of Atlantic Stock in store and online  
Everything from oil, grease, degreaser, truckwash, brake cleaner and much more



**Ring Jenny for trade pricing  
and quotes 0243 88 5911**

**U6, 17 CRAFTSMAN AVE, BERKELEY VALE**  
[www.coastandvalleyoil.com.au](http://www.coastandvalleyoil.com.au)

## Kulnura Computers Supplies & Services

**4373 1237**

- ❖ Custom Built Computer Systems
- ❖ for the Home - Office - Extreme Gaming
- ❖ Computer Repairs - Virus removal
- ❖ Upgrades
- ❖ Software - Accessories
- ❖ Electronic components





Above: At the 2025 event in China  
Right: Wearing the 2026 Australian Olympic uniform



show, before the Opening Ceremony on 7 February (AEDT) signals the start of 16 days of competition.

Events are televised on Nine (free-to-air), 9Now and Stan Sport. Check the schedules for broadcast times.

### Painting & Decorating Services



- All Remedial Works
- New and Repaint
- Wallpaper Installation
- Industrial, Commercial and Residential



email: [admin@sunlanddeco.com.au](mailto:admin@sunlanddeco.com.au)  
website: [www.sunlanddeco.com.au](http://www.sunlanddeco.com.au)

**Call Frank: 0411 185 717**



Follow us  

- Site Levelling, • Land Clearing, • Horse Arenas,
- Roadways, • Certified Fill Material

**Michael Schembri 0419 236 788**



\*With any fuel purchase over \$30  
1 per person per day limited time only



## BP Somersby

51 Smiths Rd, Somersby NSW 2250

Corner of Wisemans Ferry Rd  
Opposite Somersby Primary School

**PH: 1300 105 039 6am - 9pm 7 Days**



### NEW high speed pumps

- Unleaded with Ethanol (E10)
- Diesel
- Ultimate Diesel
- Ultimate 98 Unleaded
- Unleaded 91
- LPG Bottle refills



- Newspapers -
- Cold drinks & Snacks -
- Shop essentials -
- Bags of Ice -
- Pool Chlorine -
- Firewood -
- Trailer hire -

Free bulk deliveries





## PUT YOURSELF IN THIS PICTURE!



Discover how to become a volunteer at our Riding for the Disabled Central Coast Centre Volunteer Information Morning on **SATURDAY 28 FEBRUARY 2026 from 10am-12pm**

We have been providing riding classes to disabled children on the Central Coast for over 45 years and need more volunteers for this valuable work.

No previous experience of working with horses or disabilities is required as you will be trained and supported to confidently undertake your role. There are various roles available including support of our riders and horses, admin. tasks and the maintenance of paddocks, gardens and buildings.

We only operate in school terms (Monday to Wednesdays from 9am to 3pm and Friday mornings 9am-12). Your volunteering hours can be arranged to suit your requirements.

Directions - turn off Central Coast Highway into Kangoo Rd, Somersby (at Worthington BMW) and follow Kangoo Rd for 1.3km then turn right into Frank Rd. You will see the RDA sign on the left. Easiest parking is in Kangoo Road (or in the paddock on the right as you turn into Frank Road).

For more information contact:

President Ann Lawson (0419 429 362) or email: [rdacentralcoast@gmail.com](mailto:rdacentralcoast@gmail.com)

## Native Bees in Watercolours

Ready for creative time? Enjoy a day by the Hawkesbury River painting our local native bee species. Our day begins celebrating the over 1700 species of Australian native bees with a local bee enthusiast. Sample honey of the native stingless bee followed by a superb morning tea.



You will be guided step by step in the use of watercolours, colour mixing and painting techniques under the expert guidance of Central Coast artist and designer Leonie Loewe. With an eye to detail to capture the essence of one of our beloved pollinators, we will



**HUNTER  
EARTHMOVING  
SERVICES**

*"4th Generation of Earthmoving  
on the Mountain"*

**GENERAL EXCAVATIONS & CLEARING  
DAM & CHANNEL CONSTRUCTION, REPAIR & CLEARING  
PRIVATE ROAD/DRIVEWAY CONSTRUCTION & REPAIR**

- 20 TONNE EXCAVATORS
- 25 & 30 TONNE DUMP TRUCKS
- LONGREACH EXCAVATOR (16m)
- SKIDSTEER & ROLLERS
- 30 TONNE LOW LOADER, TRUCK & DOGS

### ATTACHMENTS:

**RANGE OF BUCKETS & AUGERS  
GRAB - HAMMERS - RIPPER  
PULVERISER - MULCHING HEAD  
POWERRAKE - SLASHER**

**Wayne Hunter - 0431 761 338**  
**E [hunterearthmoving@bigpond.com](mailto:hunterearthmoving@bigpond.com)**



- ✓ DA & Council approvals
- ✓ Shed design
- ✓ Earthworks & Concreting

- ✓ Shed Kit supply
- ✓ Shed construction
- ✓ Roofing



Phone: 02 4312 7613  
[info@completesheddevelopments.com.au](mailto:info@completesheddevelopments.com.au)  
[www.completesheddevelopments.com.au](http://www.completesheddevelopments.com.au)



explore modern watercolour techniques to create interesting texture, giving a fun twist to our winged foragers and garden alchemists.

Ideal for beginners, nature lovers and people who enjoy experimenting with watercolours. Morning tea, lunch and all painting equipment provided plus personal take-home gift.

Cost: \$165 plus booking fee  
Location: The Hawkesbury Duck in Spencer  
Date: Saturday 7th March 9am-4pm  
Tickets: [www.heritageventures.com.au/bees](http://www.heritageventures.com.au/bees)  
m: 0447545271

*Heritage Ventures*  
web: [heritageventures.com.au](http://heritageventures.com.au)  
mobile: +61 447545271



**OPEN 7 DAYS**  
**40 YEARS LOCAL**

**VC DENTAL**  
Care For Life

**ACCREDITED**

General Dentistry | Emergency Care | Cosmetic Dentistry  
Orthodontics & Invisalign | Dental Implants | Oral Surgery  
Sleep Dentistry IV Sedation | Wisdom Teeth Removal  
3D CT Scanning | CEREC same-day ceramic restorations

02 4323 1933 | [www.vcdental.com.au](http://www.vcdental.com.au)  
Suite 10, 36-40 Victoria Street, East Gosford NSW 2250

**NEW PATIENTS**  
➤ Comprehensive checkup & clean  
Includes up to 5 x-rays  
**No Gap** (with health insurance) or **\$290**

**OFFERS (all patients)**  
➤ Free orthodontic consultation  
➤ Free dental implant consultation  
➤ Free cosmetic makeover consultation  
➤ Sport mouthguards: **No Gap** or **\$99**

**FINANCE**  
➤ We bulk bill the Medicare CDBS  
➤ Zip Pay & Zip Money payment plans  
➤ We partner with SuperCare



**On The Go Constructions Pty Ltd**  
Specializing in the building of chicken sheds

Charlie Muscat is well known in the Industry, with over 12 years experience and has a reputation for quality workmanship.

- \* New Chicken Sheds \* Tunnel Conversions \* Roofing
- \* Machinery/Farm Sheds/Stables/Lofts/Piggeries \* Coolrooms
- \* All Fabricating services - All frames & trusses are fabricated by On The Go Constructions to Engineer specifications.

Call Charlie on 4374 1114 or 0408 684 719

**VISION FOR LIFE...**  
For all your concrete & pumping services, call Louis on 0418 409 576

CUSTOM DESIGN | BUILDINGS | EXTENSIONS | ALTERATIONS | DECKS | 



**K D CONSTRUCTION**

0410 100 616 | [kim@kdfconstruction.com.au](mailto:kim@kdfconstruction.com.au) | LIC NO. 267735C



**Mental health is as important as physical health**

Looking after your mental health and wellbeing helps you stay strong and resilient for the road ahead.

Staying connected with others, keeping active and reaching out when you need support can help you feel strong, grounded and well – no matter what life brings.



For more information to support your mental health and wellbeing, visit [www.health.nsw.gov.au/support](http://www.health.nsw.gov.au/support) or call the Mental Health line on 1800 011 511.

  
**NSW GOVERNMENT**



# RFS

**BE A PART OF SOMETHING SPECIAL**

## Join your Local Brigade today!

Kulnura, Mangrove Mountain, Spencer and Somersby Rural Fire Brigades are currently seeking dedicated and enthusiastic individuals to join our team as volunteer Firefighters. As a member of our team, you will be part of a community-based organisation that plays a critical role in protecting the lives and property of our community members. Not interested in being a firefighter, but still want to be involved. There are many roles within the RFS. Get in contact to find out more.

### APPLY NOW

Scan here to find out more

Or email your Local Brigade

Kulnura: Secretary-Kulnura-vol@rfs.nsw.gov.au

Mangrove: Secretary-MangroveMountain-vol@rfs.nsw.gov.au

Spencer: Secretary-Spencer-vol@rfs.nsw.gov.au

Somersby: Secretary-Somersby-vol@rfs.nsw.gov.au



[rfs.nsw.gov.au/join](https://rfs.nsw.gov.au/join)

## SKATEPARK SUMMER CIRCUS

Mayor Lawrie McKinna said “Council’s upcoming youth events are all about boosting confidence, connection and wellbeing while bringing young people across the Coast together for safe, positive fun”.

Grab your skateboards! Summer Circus is rolling in for the hottest competition of the season and is the next big stop in the Central Coast Skatepark Series.

This free grassroots skateboard street competition is open to all levels — from first timers to seasoned shredders. Whether you’re nailing your first kickflip or chasing podium glory, this summer showdown is for you.

Skateboard categories include Under 10s (Mixed), Under 13s (Mixed), Under 16s (Male/Female), and Opens (Male/Female).

Expect blazing tricks, sizzling prizes, and a vibrant summer vibe as we turn up the heat at Narara.

- Saturday 14 Feb, 9am-12.30pm
- Narara Skatepark, 19-23 Showground Rd
- Ages: 5+ years • Cost: Free
- Registration is essential

Learn more: Search ‘skatepark series’ at [centralcoast.nsw.gov.au](https://centralcoast.nsw.gov.au)

Central Coast Council  
Media Release

## HEARING LOSS ??

### AUDIOLOGIST VISITING MANGROVE MOUNTAIN

- Micro-Suction, A safe and accurate ear wax removal available.  
Free hearing aids for eligible pensioners and Veterans.

📞 02 43115511



Home visits  
for customers  
who can't travel.

SCAN HERE FOR  
BOOKING



📍 Central Mangrove, Woongarah, Morisset and Wyee

✉ [admin@welfasthearing.com.au](mailto:admin@welfasthearing.com.au)

🌐 [welfasthearing.com.au](https://welfasthearing.com.au)



## "A Secluded Estate at the End of Dooralong Valley" 1780 Dooralong Road, Lemon Tree

Tucked away at the very end of the Dooralong Valley at Lemon Tree within an exclusive and private estate, this elevated dual-occupancy holding spans approximately 36 acres and delivers a rare combination of architectural elegance, rural charm and exceptional lifestyle versatility. Backing directly onto state forest and surrounded by nature, the sense of privacy and seclusion here is truly unmatched, all while being approximately one hour from Hornsby, offering a rare balance of seclusion and city accessibility.

Set proudly on this premium parcel are two completely separate newly built residences, thoughtfully positioned to ensure privacy while offering flexibility for extended family living, guests or additional income potential.



7 3 10 1 1 36 ac

## 62 Orchard Road, Kangy Angy

A private lifestyle retreat set on 6 acres, with the perfect balance of cleared land and natural bush surrounds.

The home offers four spacious bedrooms plus a dedicated office, beautifully updated with a renovated kitchen featuring a gas chef's cooktop, dishwasher, and caesarstone benches. There's a dedicated dining area and two lounge rooms, each with their own wood burning fireplace. Complemented by split system air conditioning, gas outlets and the character of slate and timber flooring throughout. Both the main bathroom and ensuite have been stylishly renovated, with a well appointed laundry completing the picture.



5 3 6 6.29 ac



## Your leaders in lifestyle property.

[stonerealestate.com.au](http://stonerealestate.com.au)

**Lifestyle Central Coast**

**Sales and Property Management**



**Scott Wall**

0413 965 616

[scottwall@stonerealestate.com.au](mailto:scottwall@stonerealestate.com.au)



## Presidents Report 2025

I would like to acknowledge what a pleasure it was to lead an extraordinary group of hard-working community members at the 2025 Mangrove Mountain Country Fair. First year as president showed me



Beauty,  
Cosmetic Tattooing,  
Eyelash Extensions  
& Makeup

Salon service & Mobile

**0437 016 592**

Instagram: @golden\_beauty\_bar\_aus



just how important a good team is. Without Louisa, Neil and Peter, I don't think I'd be standing here speaking about our success in 2025. Thank you all for what you brought to the table. No matter how small you think your contribution is, it makes a big difference to those who make large contributions. Everyone gives what they can; and they do it in the spirit of community service.

Like committees in the past, we're

committed to continuous improvement and are always reviewing and testing our practices to ensure we are meeting the needs and expectations of our community organisations and the visitors. It's important that we provide a fun day for families, while ensuring our volunteer organisations receive what they require to provide the services our community needs.

### Improvements for 2025

A new stage; and I would like to

studio  
gabrielle.

FOR THE LOVE OF HAIR

MEN, WOMEN AND KIDS

HAIRCUTS

COLOUR

STYLING

P | 0419 193 083

I | STUDIO GABRIELLE

L | PEATS RIDGE RD, PEATS RIDGE

SCAN QR CODE  
FOR ONLINE  
BOOKINGS



**thinkwater.**  
CENTRAL COAST

AGRICULTURE • COMMERCIAL • RURAL • INDUSTRIAL

Australia's Leading Water Solutions Network

- ◆ Water Treatment
- ◆ Irrigation Systems
- ◆ Mowers & Ride-Ons
- ◆ Fire Protection Systems
- ◆ Water Tanks
- ◆ Pump Systems
- ◆ Fertigation
- ◆ Pipes & Fittings
- ◆ Chainsaws & Generators
- ◆ Repairs

**Ph 4373 1466**  
780 Peats Ridge Road, Peats Ridge

[www.thinkwatercentralcoast.com.au](http://www.thinkwatercentralcoast.com.au)



thank the volunteers who kept turning up till we got it right.

We also, received 200 chairs from the Mangrove Mountain and Districts Community Group and we were glad to be able to provide extra seating for our visitors on the day. The line-up of entertainment was exceptional. We had a new remote-control truck for the Chicken Races and they were a big hit with the visitors.

Ryan, volunteers in so many of the organisations that make up the Country Fair collective and a thank you seems inadequate for his personal contribution. Thank you, Ryan.

The signage provided by the newly formed Mountain Districts Men's Shed was a welcomed addition to our fair ground and I was grateful for all the other help provided by them.

Acquiring the extra Zeller EFTPOS outlets saved the need for a heavy

ATM on the grounds and I thank Neil for bringing us this option as well as advocating and agitating for the DEFIB project at Mangrove Mountain.

The display of Arts, Crafts and Produce was a wonderful showcase of our Region and it takes a lot of volunteers to organise this aspect of our Show and I would like to thank Jodie and her team.

Sponsorship makes up a large portion of the revenue for our Country Fair and ensures that the Volunteers receive funds for the items required to keep their organisation running and providing services vital to our community. Thank you, Shane, for this work... engaging with the businesses in our region and getting the sponsorship funds vital to our bottom line.

We will be scrutinising the Fair result prior to our next one and ensuring we consider the valuable feedback

received, and making sure we improve incrementally in line with how the fair has developed over 60 years. Please put some thought to how we can improve. I look forward to hearing your ideas.

One of our important issues ...that of parking, has already been addressed by Tony Bennett generously offering his land, close to the Fair Ground. Adding to the existing parking at Eddie Grants and Reg Bennett's. I can't thank them enough for making the land available to us.

The President's award this year is going to Jodie Swan. Her quiet contribution has grown year on year and I don't like to think about how we would manage without her. Thank you Jodie and I look forward to working with you for many years to come.

Steve Raines

President

Mangrove Mountain Country Fair

## ALL ASPECTS OF TREE WORK



- Truck & Chipper
- Cherry Picker
- Excavator
- Forestry Mower

Local Arborist, friendly & experienced team. Insured

Tim - 0412 985 422 or [tijanotreeco@gmail.com](mailto:tijanotreeco@gmail.com)

## WORKHORSE

Building Services

All Aspects of Carpentry & Construction

Decks & pergolas  
Alterations & additions  
Remedial & maintenance work  
Doors, windows & cladding  
Equine structures

Yarramalong & surrounding areas

Call Dan on: 0449 562 664

Lic No: 456764C ABN: 11238149065



## MANGROVE MOUNTAIN

MEMORIAL CLUB LTD.

### WHAT'S ON WEEKLY

#### MONDAY

HAPPY HOUR 4-6pm

#### TUESDAY

BINGO from 11am - \$18 Pizza night

HAPPY HOUR 4-6pm

#### WEDNESDAY

MEAT RAFFLE drawn at 730pm

\$20 schnitzels (kids eat free)

#### THURSDAY

POKER 630pm \$24 steak night

MEMBERS BADGE DRAW 730pm

#### FRIDAY

HAPPY HOUR 4-6pm, COCKTAIL HOUR 6-7pm

MUSICAL BINGO 630pm every fortnight

MEAT RAFFLE drawn at 730pm

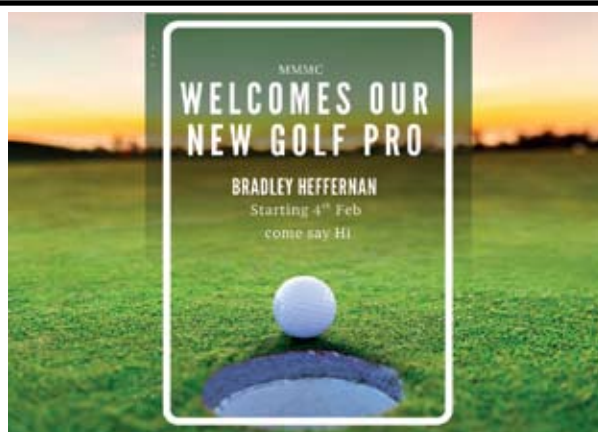
New restaurant specials weekly from 530pm

#### SATURDAY

POOL COMP from 630pm. Entry fee \$5

#### SUNDAY

Kids eat free



Find Us On Facebook & Instagram - 18 Hallards Road, Central Mangrove, 2250 - 02 4373 1129 - [www.mmmclub.com.au](http://www.mmmclub.com.au)

You are invited to a combined  
 'Mangrove Mountain CWA Evening Branch'  
 and 'The Union Church Trust' Event

## POETS' BREAKFAST

Come and enjoy a hearty cooked breakfast with an array of  
 yummy CWA home baked desserts & scones, juice and a  
 bottomless cup of tea or coffee



*With plenty of poetry*



When: Sunday 15th March 2026  
 9am for a 9.30am start

*At Mangrove Mountain Union  
 Church Hall  
 2154 Wisemans Ferry Rd,  
 Mangrove Mountain NSW 2250*



Advance booking required for  
 this event as there is limited seating

Details to be advised

## National Health Reform Deal Finalised – Rural Australians Need to be Prioritised

The National Rural Health Alliance (NRHA) welcomes the agreement between the Commonwealth and States and Territories for the next five-year National Health Reform Agreement Addendum.

The Agreement determines how public hospitals and key health services are funded across Australia. Today's announcement includes an additional \$25 billion nationally from the Commonwealth for public hospitals, including one-off support for the Northern Territory, and signals stronger use of prevention, digital health and workforce support. The National Cabinet has also agreed to an additional \$2 billion to deliver Thriving Kids to be matched by States, a significant win for disability care.

NRHA Chief Executive Ms Susi Tegen said the agreement matters because it directly affects whether people in rural areas can access care close to home.

"Rural Australians are sicker, die younger and rely more on hospitals, yet they consistently receive less

**PRE-PAID  
 FUNERALS  
 AVAILABLE**

**LOCK IN THE PRICE  
 TODAY!**

**DOCUMENT  
 YOUR WISHES**

**100% LOCALLY  
 OWNED &  
 OPERATED**



**CREIGHTONS**  
 FUNERAL SERVICE

**Book an appointment at one of our offices or in the comfort  
 of your own home with our mobile representatives.**

*Office Locations:*

ERINA HEIGHTS  
 376 The Entrance Road

TUMBI UMBI  
 14 Mingara Drive

TOUKLEY  
 2 Viewpoint Drive

PALMDALE  
 47 Palmdale Road

GREEN POINT  
 460 Avoca Drive

PYMBLE  
 1083 Pacific Highway  
 (cnr Telegraph Road)



Award Winning Gardens

KURRI KURRI  
 182-186 Barton Street

EAST MAITLAND  
 120 Melbourne Street

CESSNOCK  
 206 Wollombi Road

**Ph 1300 130 955**

Est. 1843

[creightonsfuneralservice.com.au](http://creightonsfuneralservice.com.au)



# SUNDAY NOONTIME PIANO BARS IN GOSFORD

FunHaus Factory has launched a new monthly Sunday Noontime Piano Bar series, transforming the venue into an intimate daytime piano lounge celebrating live music, long lunches and unhurried afternoons. Running across February and beyond, the series features two distinct piano bar experiences: a Classical Piano Bar on the second Sunday of each month, and

health funding than people in cities,” Ms Tegen said.

“Rural people will judge this agreement on whether it actually changes access on the ground.”

NRHA analysis shows rural Australians miss out on \$8.35 billion in health funding every year, with underspend across hospitals, disability services, aged care and community health.

Ms Tegen said rural people with disability and older Australians are particularly affected.

“The system is designed for cities. In rural areas that means fewer services, higher costs and hospitals becoming the default option when other care simply isn’t available,” she said.

The NRHA welcomes the finalisation of the agreement but said transparency and accountability are critical.

“Until we see exactly how states and territories are required to fix rural underspend, the gap will remain,” Ms Tegen said.

“Rural Australians are being left behind. This agreement must be the start of fair funding, not another delay.”

*National Rural Health Alliance*

a Jazz & Blues Piano Bar on the third Sunday.

This Sunday 8 February, audiences are invited to slow their weekend right down with the Classical Piano Bar, an elegant and easy-going afternoon of live piano performed by accomplished Central Coast pianist Mary-Ellen Wallace. The space transforms into a relaxed pop-up piano bar anchored by FunHaus Factory’s baby grand, filled with some of the most beautiful piano music ever written.

The Classical Piano Bar offers a thoughtfully curated journey through classical and romantic masterpieces, impressionist works and modern favourites — from Chopin, Debussy, Ravel, Liszt, Brahms and Rachmaninoff through to Satie, Einaudi and contemporary composers. This is not a hushed concert hall or formal recital, but a warm, welcoming room where conversation is encouraged, drinks are flowing and the afternoon unfolds at its own pace.

Importantly, the Noontime Piano Bar series operates on a pay-what-you-want model, making live music accessible for any budget and inviting the community to support the artists in a way that feels right for them.

Guests can enjoy two generous live piano sets alongside a full lunch menu,

quality drinks and the unmistakable FunHaus atmosphere — social, unpretentious and full of heart. It’s designed for friends catching up, lingering over lunch, and letting the piano do the heavy lifting.

Creative Director Glitta Supernova says the series is about opening the doors wider to music, connection and community. “Thanks to the support of ABC Classic and Pianos for the People, we now have this gorgeous baby grand at FunHaus Factory. Launching our piano bar series felt like a natural way to invite people in, slow things down, and experience live piano in a relaxed, welcoming space.”

Following the Classical Piano Bar, FunHaus Factory will present the Jazz & Blues Piano Bar on Sunday 15 February, featuring internationally acclaimed jazz and blues vocalist Zoe K, bringing smoky soul, New Orleans spirit and timeless piano classics to the baby grand.

FunHaus Factory’s Sunday Noontime Piano Bars run from 12pm–5pm, with live music from 1pm–3pm, with food and drinks available throughout the afternoon.

Please book online on the Funhaus Factory website.

*Glitta Supernova  
Funhaus Factory*



## OUTLAND Mechanical & Maintenance Service

Licence No. MVRL54125 ABN 14814837840



### Mobile Diesel Mechanic

- Specialising in Small Fleet Diesel Service
- Tractors • Farm Machinery • Mowers
- Earthmoving Machinery
- Welding

**John: 0427 660 752 jlhellyer67@gmail.com**



## JEREMY AOUN

PLUMBER | GAS FITTER | ROOFER

OVER 30 YEARS EXPERIENCE  
ALL YOUR RURAL PLUMBING NEEDS

**Mobile: 0424 894 225**

Licence: 134701C

Email: aussieplumbing1@gmail.com

# Notes from Cllr Jane Smith

**Central Coast Council Meeting  
take-aways - 27 January 2026**

Some take aways from the Ordinary Council meeting held on 27 January..

- Uni of Newcastle in Gosford - a great initiative - but did we need to sell a community asset?
- Umina toilets - finally, Councillors support the reconstruction of toilets in high demand by disability groups
- Is this leadership? - Mayor uses his casting vote to stop himself from meeting with Councillors
- Heritage or potholes - Council should be able to do both

## **Uni of Newcastle in Gosford - a great initiative - but did we need to sell a community asset?**

The good news is that the University of Newcastle is planning to increase their presence in the Gosford CBD - and have indicated that they would like to convert the former Gosford Council building into student accommodation.

Although universities operate very differently to the way that many of us would have experienced 20 or 30 years ago (with a lot of online teaching now) - I am hopeful that this initiative will increase activity in the CBD. This goal, together with recent announcements about a revitalisation of TAFE and the new Gosford Regional Library, is great for the town centre.

But there is a question about Council selling off community assets.

Some might believe that selling off assets is a great way to get a cash injection into Council coffers and more potholes can be filled.

For others, including myself, selling off community assets is short-sighted and unsustainable. Once it's gone -

then it's gone.

A better way is to work on arrangements where Council retains ownership - whether it be joint management, leases or some other option that brings a long term return to our community. Of course, it will not be the sugar hit of a sale - but it would be long term and a more sustainable income stream.

I voted against the sale of the former Gosford Council Building - not because I oppose the University of Newcastle in Gosford - but because I oppose a sale of community assets rather than exploring other options.

## **Umina toilets - finally, Councillors support the reconstruction of toilets that are in high demand by disability groups**

One of the strategies that had a lot of engagement in 2024/2025 was the Public Toilet Strategy. This was a long term plan for renewals, new builds and demolition / rationalisations of facilities.

Staff did a lot of good work on this strategy, there was strong community engagement and Councillors spent time working through the proposals.

So, it is understandable that Council staff didn't want to make changes now after the strategy was adopted.

However, the Umina toilets have deserved special consideration. What came to light in 2025, through the advocacy of local community groups - was that this facility was highly utilised by the Disabled Surfers Association (DSA) - and that facilities are inadequate for that sector and that purpose.

DSA is a truly amazing organisation. Its mission is to put "Smiles on Dials" by taking people of all disabilities surfing in a fun, friendly and safe environment. Being able to do that involves vast numbers of volunteers, policies, procedures and logistics. Council has also previously identified opportunities to promote the Central Coast for accessible tourism - where

we cater to diverse needs including disability.

In raising these issues with staff, it was acknowledged that there had been a lack of awareness of the high usage of the Umina toilet block by the Disabled Surfers Association.

I believe that there was a strong case to bring forward the plans to improve the facilities and have been pleased to support Cllr Neal in advocating this through motions to Council meetings.

It took three attempts (at 3 different Council meetings) to get this motion supported. Although Cllr McWaide previously opposed this initiative, I am pleased that at the meeting on 27 January he changed his vote and supported the motion put forward by Cllr Neal and myself.

## **Is this leadership? - Mayor refuses to meet with Councillors to discuss improving committee structure**

At the January meeting I put forward a Notice of Motion to change the Committee structure. The current structure involves a number of "Standing Committees" which only have a sub-set of Councillors as members.

- Environment & Planning - monthly
- Economic Development - monthly
- Community & Culture - bi-monthly
- Governance & Finance - quarterly
- Infrastructure & Assets - bi-monthly

What has been demonstrated again and again is the inefficiency of this structure. The Standing Committees receive reports and presentations from staff - and then make recommendations to the full Council for adoption. Inevitably, the debate that is held in the Committee meeting is often repeated at the Council meeting.

Many of the Councillors voting on these items have not received the presentations provided by staff and often may not have read the background information provided to the Committee. This raises issues around governance

## **The Grass Cutters**

- Slashing
- Rock picking
- Farm cleaning and clearing
- Cultivation and more
- Obligation-free quotes



Call **0419 412 993**  
Email [pat@thegrasscuttersrus.com](mailto:pat@thegrasscuttersrus.com)

See us in action at: [thegrasscuttersrus.com](http://thegrasscuttersrus.com)

## **WARD Septics and Water Tank Cleaning**

- ✳ Large and Small Vac trucks
- ✳ Licenced plumber and drainer

**Call Paul 0438315514**

 **SepticCleaning.com.au**



and the responsibility of individual Councillors in decision making. Staff service these Standing Committees - which is inefficient and duplication of effort.

One of the initial perceived benefits of Standing Committees was being able to discuss issues more thoroughly - however, this has not eventuated with meetings time limited and full agendas.

So - it would be appropriate for this structure to be reviewed. Motions similar to this have been put to Council before and failed - however, after 12 months of the Committee structure there was hope that Councillors might be willing to reflect on those processes.

At the meeting, it became clear that the motion was likely to fail. In listening to the debate, Clr Neal suggested that there be further discussions amongst Councillors - and so I changed the motion to allow time for further consultation.

I requested that the Mayor - in his leadership role - facilitate those discussions. That is, that the Mayor invite interested Councillors to be part of a discussion about the Committee structure, including options and alternatives that might improve the processes.

Initially the Mayor agreed. This was a welcome response. As the elected leader, he was willing to bring together his fellow Councillors to have a conversation and consider how this process might be improved.

Disappointingly, it appears that after receiving a text message and reading his phone the Mayor flipped his position. Even with prompting, he refused to entertain the idea of having a discussion with other Councillors and used his casting vote to reject the motion - effectively using his vote to avoid meeting with his colleagues to discuss options of how to do it better!

**Is it really a choice between heritage and potholes?**

During 2025, Councillors have advocated for heritage - this has included a workshop with heritage organisations to identify priorities for Council to consider. As a result, a report came to the November meeting of the Environment & Planning Committee (E&P) with a number of recommendations.

### ***Establishment of a Heritage and Culture Subcommittee***

The first item was the establishment of a Heritage and Culture Subcommittee. Clr Eaton nominated himself to chair that committee, and Clrs Neal, MacGregor and myself were nominated to also be on the Committee. There will now be a call for Expressions of Interest from community groups and individuals to participate in the committee.

### ***Outcomes of Heritage Workshop - and a heritage event?***

The next item related to the outcomes of the workshop - and was deferred to allow participants a chance to review. Even with the deferral, I tried to add a recommendation that Council allocate funds to run an event as part of Australian Heritage Week (18 April - 18 May 2026). This is a national period of celebration of heritage across Australia. If left to the February Council meeting then there would be less than 2 months to organise anything.

Unfortunately, the debate was about the allocation of funds for that purpose. I suggested an allocation of \$10,000-\$20,000 should be considered. Clr Wright, who moved the deferral, would only consider a maximum of \$5,000 towards an event because, in his words, the community expectation of Council is to "fill potholes, build footpaths and maintain verges and parklands"- perhaps implying that the community would not want Council to also organise a heritage event.

Clr Wright and Clr Eaton declined to support this addition - so I moved an

amendment to proceed. Unfortunately this was not supported in the vote - with the Liberal / Team Central Coast Councillors voting against it and the Mayor using his casting vote to make the vote fail.

### ***Review of Heritage Conservation Development Controls***

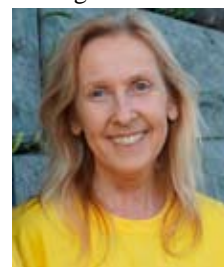
The last heritage item was about the Review of Heritage Conservation Development Controls in the Central Coast Development Control Plan 2022 - to go out on exhibition.

This had been debated at the E&P Committee with Clr Eaton, Clr McNamara and Clr Mouland voting to change the staff recommendation to weaken and reduce the need for proper assessment of aboriginal heritage on a broad category of sites.

There was significant objection to this from a number of Committee members. Staff also highlighted that under the National Parks & Wildlife Act there was still a legal requirement to do the assessment. Unfortunately, Clr Eaton used his casting vote to push through this change.

This is deeply concerning as it has the potential to facilitate the destruction of heritage on sites. The proposed change to the DCP does not remove the obligation under other legislation, and in fact, could be seen as adding red tape due to the inconsistency.

I moved an amendment which was the original staff recommendation to go out on exhibition. Once again, the Liberal / Team Central Coast Councillors voted to block the staff recommendation and instead, support the motion from Clr Eaton and Clr Wright - with the Mayor using his casting vote on both occasions.



*Clr Jane Smith  
Independent*

## **TKG Welding & Fabrication**

- ✦ Mobile welding ✦ Fully equipped service truck
- ✦ Heavy machinery repair & modifications
  - ✦ Air arc gouging ✦ Hard facing
  - ✦ Steel horse & cattle yards
- ✦ Sheet metal work, gates and railings

**Tim Green 0427 462 717**

timdgreen1971@gmail.com

www.tkgweldingandfabrication.com

## **BLISS EARTHWORX**

- Excavator with Buckets, Hammer, Auger & grabs.
- Posi track with 4in1 bucket, forks & spreader bar
- Tipper 6 ton
- Posi track slashing

### ***Excavation - Concrete - Landscape***

Facebook, Instagram

Email: blissearthworx@gmail.com

▲ Based in Somersby ▲

**0409 456 003**

## REGULAR ACTIVITIES & MEETINGS

### RURAL FIRE SERVICES

Bucketty RFS	Weekend Training General Meeting Contact	3rd Sat, 9am-12 pm 4 meetings per year bucketty@lowerhunterffs.com.au 4998 8130
Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Maintenance	2nd Monday of the month Meeting 6.30pm 3rd Monday 6:30pm 4th Monday 6:30pm E: captain-Spencer-vol@rfs.nsw.gov.au 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarralong RFS		Information: <a href="http://www.facebook.com/YarralongRuralFireBrigade/">www.facebook.com/YarralongRuralFireBrigade/</a> Phone contact: 0494 344 030 Email: volunteer@yarralongrfs.org.au

### COMMUNITY & SOCIAL

Central Coast Plateau Chamber of Commerce	First Tuesday each month 7.00PM MMMC
Coastlink Friendship Group	Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)	Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)	Third Monday of the month at the Kulnura Hall. Any enquiries please contact Christine 0419 400 163.
Country Women's Association (Mangrove Mountain Evening Branch)	2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Union Church, 2154 Wisemans Ferry Rd, MMtn. General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club	2nd Wed each month 11am at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Kulnura & District Garden Club	Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradgc@gmail.com
Kulnura Tuesday Tennis	Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Ladies of the Valley Afternoon Tea	1st Tues, 1pm to 2.30 at Angels Sussurri Cafe Yarralong. Margaret Dale 0411104770
Mangrove Mountain & Districts Community Group	1st Thurs of the Month, excl Jan. 7.30pm, Mangrove Mtn Hall.
Mangrove Emergency Planning & Communications Committee	Contact: mepccinc@gmail.com, 0412669649
Mangrove Mountain Country Fair Committee Meeting	3rd Thu of mth except Jan, 7pm, at Union Church Hall. Pres - Steve 0455 155 075
Mountain Districts Association (MDA)	<a href="http://www.mountaindistrictsassociation.com.au">www.mountaindistrictsassociation.com.au</a> secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting	Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
Probus - West Gosford	2nd Thu. Ph Elaine Burrows 0412988353
River Cares for the Lower Hawkesbury River District	President Marlee Maxwell Email rivercaresinc@gmail.com
Rotary Club Meeting	Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc	President Brad Maisey, Community Meetings, 0436482201, spencercpg2@gmail.com
Newsletter	Articles to: spencercpg2@gmail.com
Spencer Sheilas Community Social Club	Last Friday of the month. Eve Leeming - 4377 1116 and/or cedriceve@bigpond.com
Wisemans Ferry Community Men's Shed	Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

### SPIRITUAL

Anglican Service - Mountain Districts	Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Union Church Trust	Committee Meeting 3rd Monday, 7.30pm at the Mangrove Mountain Union Church Hall
Mountain Districts Christian Church	Services 9.30am 2nd & 4th Sundays. Bible Study 4.30pm 1st & 3rd Mondays. Mangrove Mountain Union Church
St Barnabas Christian Service Yarralong	Every Sunday, 9.30am. (Easter & (Christmas Carols dates to be advised)

(cont'd next page)

## LIVESTOCK MARKET REPORT



### Maitland Liveweight Cattle Sale 19th January 2026

400 cattle yarded this week at Maitland. 331 Trade/69 export.

- Restocker Heifers up to 250kg made 241c/kg to 396 c/kg
- 250kg-300kg made 391/kg to 420 c/kg
- 300kg to 380kg made 393 c/kg to 440c/kg
- Restocker steers up to 250kg made 471/kg to 485c/kg
- 250kg-300kg made 476c/kg to 520c/kg
- 300kg-380kg made 463 c/kg to 520c/kg
- Yearling Steers to Feed made 436c/kg to 490c/kg
- Yearling Heifers to Feed made 384 c/kg to 435 c/kg
- Cows made 368 c/kg to 396 c/kg
- Bulls 350/kg to 360c/kg

### Maitland Store Cattle Sale 17th January 2026

- 120 steers weaners 5mths to 12 months \$850 to \$1450 and average \$1200
- 50 yearling steers 13mths to 20 months \$1400 to \$2000 and average \$1600
- 10 yearling steers 2yrs to 3yrs \$2100 to \$2800 and average \$2800
- 150 heifers 5 months to 15 months \$600 to \$1800 and averaged \$995
- 100 cows and calves 2yrs to 10yrs \$800 to \$2550 and averaged \$2000
- 30 PTIC 5yrs to 10yrs \$1350 to \$2375 and averaged \$1850

### Maitland Liveweight Cattle Sale 12th January 2026

600 cattle yarded this week at Maitland. 483 Trade/117 export.

Market felt better with buyers all present from QLD and all over NSW marked showed a positive result of this throughout.

- Restocker Heifers up to 250kg made 261c/kg to 436 c/kg
- 250kg-300kg made 386/kg to 426 c/kg
- 300kg to 380kg made 386 c/kg to 445c/kg



- Restocker steers up to 250kg made 409/kg to 475 c/kg
- 250kg-300kg made 480c/kg to 544c/kg
- 300kg-380kg made 469 c/kg to 435 c/kg
- Yearling Steers to Feed made 432c/kg to 450c/kg
- Yearling Heifers to Feed made 383 c/kg to 415 c/kg
- Cows made 359 c/kg to 392 c/kg
- Bulls 306/kg to 334c/kg

### Maitland Liveweight Cattle Sale 5th January 2026

400 cattle yarded this week at Maitland. 376 Trade/24 export.

Started the year well with the trade job punching 15c dearer than last month.

- Restocker Heifers up to 250kg made 363c/kg to 405 c/kg
- 250kg-300kg made 368/kg to 400 c/kg
- 300kg to 380kg made 376 c/kg to 435c/kg
- Restocker steers up to 250kg made 360/kg to 530 c/kg
- 250kg-300kg made 468c/kg to 535 c/kg
- 300kg-380kg made 422 c/kg to 495 c/kg
- Yearling Steers to Feed made 438c/kg to 470c/kg
- Yearling Heifers to Feed made 347 c/kg to 390 c/kg
- Cows made 346 c/kg to 370 c/kg
- Bulls 325/kg to 354c/kg

A friendly reminder that we are often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.

Like and share our Facebook page!

Keep up to date with [bowelidbury.com.au](http://bowelidbury.com.au)

*Michael Easy & Rodney McDonald  
Bowe & Lidbury  
52 Kyle Street, Rutherford  
NSW 2320  
P: 02 4932 7066*

## REGULAR ACTIVITIES & MEETINGS (cont'd)

Catholic Service - Central Mangrove

- Spencer
- Wollombi
- Yarramalong

Divine Retreat Centre

Serbian Orthodox

Kariong Community Baptist Church

Restitution Ministries  
Independent SDA Church

### YOUTH

Junior Girl Guides 5-10

Girl Guides 10-15

Scouts, Cubs & Venturers  
Peats Ridge Scout Hall

### HISTORICAL

Brisbane Waters Historical Society

Dharug & Lower Hawkesbury  
Historical Society Inc.  
First Fleeters Central Coast Chapter

The Pearl Beach Aboriginal History Group

Wyong District Museum &  
Historical Society

### ACTIVITY/HOBBY

Carnival Glass Club

Central Coast Junior Motorcycle Club Inc.

Coastal Communicators Toastmasters

Saturday Craft Group/Spining  
and bobbin lace

Yarn group (knit, crochet etc)

### HALL BOOKINGS

Kulnura Hall

Mangrove Mountain Hall

Mangrove Mountain Union Church & Hall

Somersby Hall and Mountain Districts  
Culture and Heritage Centre  
Yarramalong school of Arts / Hall

Saturdays 5pm St. Dionysios Greek Orthodox Church, 21 Nurses Rd, Central Mangrove, Contact Nai Hereford 0405 558 669  
Holy Trinity Church, 2nd Sat 4pm, Phone 0412 201 851 as times may change.  
2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.  
1st Sunday each month, 11.00am St. Barnabas All welcome. Enq 0428 438577

Daily Holy Mass 8.00am to 8.30 am  
Last Sun, 9am-4pm, One Day Retreat.  
160 Hensons Road, Somersby Ph 0243721598  
2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20).  
1184 Peats Ridge Rd, Peats Ridge  
Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email [pastorkcbbc@outlook.com](mailto:pastorkcbbc@outlook.com)  
10am every Saturday, Mangrove Mountain Union Church.

Kooree Guide Cabin, 5.00pm – 6.30pm  
Mondays in school term,  
Kooree Guide Cabin, 6.00pm-7.30pm  
Mondays in school term, Contact 0417451764 for further information

Cubs meet 6.30pm – 8.30pm Wednesdays  
Scouts meet 7.00pm – 9.00pm Tuesdays  
Venturers meet 7.00pm – 9.00pm Mondays  
Contact 0460 696 941

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. [www.henrykendallcottage.org.au](http://www.henrykendallcottage.org.au)  
Last Sat of month. All welcome, contact Jan Kofron 0405321478 [jankofron@optusnet.com.au](mailto:jankofron@optusnet.com.au)

2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 0406645842.

3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 [pbaboriginalhistory@gmail.com](mailto:pbaboriginalhistory@gmail.com)  
Sun to Thurs, 10am-2pm, other times by appt. 43521886 or [info@alisonhomestead.com.au](mailto:info@alisonhomestead.com.au).  
website: [www.alisonhomestead.com.au](http://www.alisonhomestead.com.au)

Meetings held every three months. Central Coast, Newcastle, Sydney. Ring 0447723956 or 0448390077 for details.

Meeting dates: [ccjuniormotorcycleclub.org.au](http://ccjuniormotorcycleclub.org.au),  
FB: "Central Coast Junior Motorcycle Club Official". David Smith 0412 506 503

1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952

2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305

Third Sun 2pm, Angels Sussurri Yarramalong. Contact Kerry Watson 0404059167

Contact Central Coast Council.

Hall bookings Ryan Howard 0405416289

Church & Hall bookings 0412669649

[mmucsecretary@outlook.com](mailto:mmucsecretary@outlook.com)

Hall bookings: 0413 359 655  
or AH 4373 1488

[enquiries@yarramalonghall.org.au](mailto:enquiries@yarramalonghall.org.au)  
<https://yarramalonghall.org.au>

## Antennas - Digital

Hayward Video & Antenna Service

**VAST Satellite Service**  
"Government approved installer"

**Ray Hayward**

**mob: 0412 685 555**

**email: [Ray.Hayward@gmail.com](mailto:Ray.Hayward@gmail.com)**



## CNS Electrical

Lic No. 214132C

Your local Electrical Contractors  
on the mountain, specialising in  
Rural, Domestic, Commercial and  
Industrial works, including:

Excavation, Trenching, Mains & Sub-mains,  
Voltage Calculations & Future Planning.

**Call Cameron for a quote on: 0438 695 600**

Office: 0480 467 894

Email: [admin@cnslectrical.com.au](mailto:admin@cnslectrical.com.au)



## Design unveiled for new ambulance station at Lisarow

The new Lisarow ambulance station to be located at 60 Railway Crescent, Lisarow, is part of the NSW Government's \$615.5 million NSW Ambulance Infrastructure Program.

The new ambulance station will significantly enhance emergency care capacity, and support paramedics to deliver timely and high-quality emergency and mobile medical care to local communities.

The purpose-built ambulance station will include internal parking for up to 10 emergency ambulance vehicles, a dedicated vehicle wash bay, a multipurpose area for paramedics, a gym, meeting and training rooms, administration areas, logistics and storage facilities, and on-site parking.

With excellent access to the major road network, the site is ideally situated to complement existing ambulance stations in the network and will help meet the growing health needs of the region.

The planning and design stage for the new Lisarow ambulance station is nearing completion and construction is expected to begin this year.

For more information visit: [www.nsw.gov.au/ambulance-infrastructure-program](http://www.nsw.gov.au/ambulance-infrastructure-program)

Ryan Park & David Harris  
Media Release

### FOR SALE

WATER LICENCE Kulnura Mangrove Mountain Ground water source 30 Megs, open to offers, call 0407761375

GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

HAY FOR SALE Lucerne, Oaten, Wheaten, Rye, Rhodes. Big & Small bales, for Horses & Cattle. Call Mitch 0411562782

9 AUSTRALIAN WHITE X DORPER lambs of varying ages. From 12mths - 5mths old. 6 x male and 3 x female.  
Call Darren - 0417 689 212



### OUR SERVICES INCLUDE:

Custom built homes • Granny flats  
Extensions • Carpentry services  
Renovations • Decks & Pergolas  
Waterproofing & Bathroom renovations  
Disabled modifications  
Asbestos removal  
Building maintenance

**Dane Meredith | Builder**  
0420906499  
[dane@ebhbuilding.com.au](mailto:dane@ebhbuilding.com.au)

### POSITIONS AVAILABLE

#### GARDENER/NURSERY HAND

Large garden in Kulnura seeking a fit & healthy person for garden & nursery work. Duties are many & varied including hand weeding, weed spraying, plant potting & general plant maintenance. Previous nursery experience preferable, but enthusiasm with the ability to work quickly & efficiently are the main requirements. The position is casual to start, with flexible hours to the right person.

Would suit someone local. Resumes &/ or expression of interest, please email [help@paradisepplants.com.au](mailto:help@paradisepplants.com.au)

CAR WASHER / DETAILER wanted to clean limousines and buses as needed in Somersby. Suit retiree or someone in between work. Contact Greg P: 0414 682 306 or E: [lionlimos1@gmail.com](mailto:lionlimos1@gmail.com)

### FARM EQUIPMENT FOR SALE

BIO-BIN \$1000. Absolute bargain.  
Phone 0414777748

### WANTED

OLD BATTERIES, will pickup, phone 0413 975 107

SUBARU FORESTER 2006 for parts only, not smashed. mechanical condition not important.  
Ph 0427066384

RENTAL - (Long-Term) Wanted by PENSIONER - Budget around \$480-\$520 pw

- Clean & Very Quiet
- Single (no Partner, no Kids, no Pets)
- Non-smoker/No alcohol/No drugs

• RENTAL REFERENCE history - EXCELLENT.

2BR + LU Garage wanted (Sunroom/Study would be good). Please phone Paul - Ph: 0461469999



### Mountain Medicine

Providing the local community with a collaborative approach to multidisciplinary healthcare.

#### Dr Christine Wade

B.Med (Hons) FRACGP

#### Dr Sepali de Silva

MBBS

#### Dr Rohan Dissanayake

MBBS

#### Dr Anisa Rouhipour

MBBS

#### Torin O' Grady

Podiatry (Foot Care)

#### Pathology - Douglass Hanly Moir

Mon & Fri 8.30am to 1.30pm

Wednesday 12.00pm to 5:00pm

Ph: 437 41942



Now Bulk Billing.  
Accepting new patients.

40 Niclins Rd, Mangrove Mountain NSW 2250  
ph 4374 1252

## Heaths Rural Fencing

Post & Rail • Chain Wire  
Wire Stock • Repairs  
Animal Security

**Ph: 0492 923 355**



PTY LTD

TRADING AUSTRALIA

Resource Recovery | Plant Hire | Site Remediation

Roads | Shed Pads & Sites | Dams | Council Approved Clean Fill

**CALL 0408 843 677**

[admin@diversettradingaustralia.com.au](mailto:admin@diversettradingaustralia.com.au)



## CLASSIFIED ADVERTISEMENTS

These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

### HEALTH & FITNESS

PILATES MAT CLASS - Wed 6pm and Thur 11am, Union Church Hall, Mangrove Mountain. All levels welcome. Private reformer also offered. Call Melanie 0405 453 374

### AGISTMENT

HORSE AGISTMENT AVAILABLE. Full care. Group and individual paddocks with shelters. Full size sand dressage arena, grass jumping arena. Located walking distance to Peats Ridge Village and Café. Call Bronte 0428603849

### SERVICES AVAILABLE

WALL & FLOOR tiling, ceramic, travertine, limestone, granite. Free quotes. Licenced. Phone John 0411 851 417

BRICKLAYING & Render repairs. Adrian 0408347737. Lic 98665C

#### SLIDING DOOR REPAIR

We fix glass sliding doors; Screen doors, windows, bi-folds; Remesh doors and screens Offer carpentry services. Fully insured. Please call Heath for a free quote. 0494197908

#### ALL TERRAIN SLASHING

Track mounted slasher/mulcher and excavator mounted flail mower. Sloping land, fire breaks, hazard reduction of low vegetation, (lantana, etc) fence line clearing, broad acre slashing. Free quotes. Bliss Earthworx 0409456003

### SERVICES AVAILABLE

#### SMALL ACRE MOWING Excavation, Environmental Remediation 0412 228 718

AIRCONDITIONING, BUILDING, CARPENTRY - Local service, 14yrs experience in aircon, 22yrs experience in building & carpentry. Call Ken 0412 842 920

HORSE RUG REPAIRS - reliable prompt service. Pick-up & drop-off available for large quantities. Ph 0405 620 394

TOWN 'N COUNTRY FLOOR SANDING & POLISHING New & old floor boards, parquetry, verandahs, stairs, walls ceilings, re-coating, staining & painting ect..free quote ph Stuart 0400076261 in services available.

GUTTER CLEANING & DOMESTIC HOUSE PAINTING, call Alan on 0427606303. Call for a free quote

LEVEL 2 QHHT Practitioner, Soul Speak Practitioner and Holistic Household Cleansing Consultant. For further info call Sharyn on 0408 967 507, email to shazzaunitt@protonmail.com or visit [www.soul-speak-healing.com](http://www.soul-speak-healing.com)

#### HORSE BURIALS

Specialising in the on-site burial of your precious horse. Ph Craig 0411 2888 12

EXPERIENCE TRANSFORMATIVE HEALING through energy medicine. Supportive sessions for people & animals to restore balance & explore the root cause of issues. Peta - Spirit Ignition email: [spiritignition77@gmail.com](mailto:spiritignition77@gmail.com)

OOST Painting Contractors - Lic 71725C  
Quality & cleanliness assured.  
For a free quote call David 4356 1449 or 0417 234 094. Yarramalong Local

**PEST CONTROL - Servicing the local area. A.T.S. Pest Control Services Phone Tony 4373 1157 Mob: 0427 731 157**

MISTY MOUNTAIN RURAL CONTRACTORS - Earthworks, Irrigation, all services available Ph 43530990 or 0418221495

#### TRY SOMETHING NEW!

CERAMIC CLASSES AT FOXEY STUDIO- Mangrove Mtn. Slow down, connect and be creative - bond through the clay and enjoy the present moment. BOOK NOW: [foxeystudio.com.au](http://foxeystudio.com.au) or ask any Questions: [foxeystudio@gmail.com](mailto:foxeystudio@gmail.com)

RURAL FENCING - Post & rail, wire stock, chainwire, colourbond, paling etc. Also Landclearing. Phone Rick 4373 1117

HANDYMAN (with own tools) looking for work in the greater Lower Mangrove, Mangrove Mountain, Central Coast area. Also have Forklift licence. Phone 0414 912 423

METAL PATIOS, INSULATED ROOFS & Carport Builder. Custom made awnings, Decks, Carports & Sunrooms 0420906499

LAURIE DOUGLASS PLUMBING  
Plumber, Drainer, Gasfitter, Roofer - Ph 4373 1257 Mob 0407 008 488

#### ALL COVERS & CANVAS WORK!

Boats, Vehicles & Horse floats re-trimmed, cover & horse rug repairs, no job too small! Servicing the mountains & the valleys. Call Alan on 0414 993 669 or Louise on 0410 646 200. located at Yarramalong Road Wyong Creek.

# WATER BORES

**Local drilling company  
based at Ourimbah**

**Contact: Paul Slade**

**Ph/Txt: 0408 471247**

**email:**

**[Sladedrill@bigpond.com](mailto:Sladedrill@bigpond.com)**



# Bikes n Motors

**Motor Vehicle Repairer  
Service & Repairs**

**Motorcycles ★ Light Vehicles  
Cars ★ ATVs ★ Buggies ★ Quads**

**Call & Book Now**

**PH: 0491 622 080**

1154 George Downes Drive,  
Kulnura, NSW, 2250.  
★ Behind Jerrys' Cafe ★  
[bnm@bikesnmotors.com.au](mailto:bnm@bikesnmotors.com.au)  
[www.bikesnmotors.com.au](http://www.bikesnmotors.com.au)

**PINK & BLUE  
SLIPS**

Licence No:  
MVRL56584

Contractors Licence No: 367849C

# **WATERMAN EXCAVATIONS** **PH: 0438 617 851**

Mulching - Horse Arenas - Certified Fill

Sands - Soils - Mulches - Woodchips  
Gravels - Pebbles - Rotomill

Excavators - Tippers - Grader - Dozer - Pozi Track - 6x6 Dump Truck

## **CROSSROADS AUTOMOTIVES**



Terry Kyriacou

Mon - Fri: 7:30am - 5:00pm

Saturday: 7:30am - 12:00pm

SPARE PARTS

LOG BOOK SERVICES

MECHANICAL REPAIRS

**Ph: 4373 1774**



Cnr of Wisemans Ferry Rd. & George Downes Drive, Central Mangrove

**AUTHORISED INSPECTION STATION (INCL LPG)**

## **ON THE SPOT AUTOGLASS** **0408 433 790**



Vehicle glass repairs & replacement for:

- Cars
- Trucks
- Heavy machines

[www.onthespotautoglass.com.au](http://www.onthespotautoglass.com.au)



• AGRICULTURE • INDUSTRIAL • DOMESTIC

Licence No - 269888C

**\*24 HOUR EMERGENCY CALLOUT SERVICE\***

**Ph: 4322 3333**

**Fax: 43223433**

Email: [sales@girrigation.com.au](mailto:sales@girrigation.com.au)

Web: [www.girrigation.com.au](http://www.girrigation.com.au)

Unit 2 254 Manns Road, West Gosford NSW 2250



## **K&T PROPERTY CONSULTANTS PTY LTD**

Real Estate Valuers & Land Economists

### **ROBERT MEGGS FAPI CPV**

*providing independent property valuation advice, including:-*

- Stamp Duty, CGT, GST & Retrospective Valuations
- Probate & Estate Valuations • Insurance Valuations
- Valuations for Family Law • Pre-Sale/Auction Advice
- Land Value & Compulsory Acquisition Valuations

500 Kyola Road  
KULNURA NSW 2250

Telephone (02) 4376 1451

Mobile 0429 44 33 10

Email: [ktpropty@ozemail.com.au](mailto:ktpropty@ozemail.com.au)

## **Misty Mountain**

Rural Property

Development Services



- agricultural consultants
- pasture improvement
- fertilizer spreading
- weed spraying
- all tractor work 4/2WD
- soil conditioning
- irrigation install/design
- fencing & stables
- crop planning & planting & all excavations
- concrete slabs Lic. R94321
- property evaluation & planning & management
- fork lift hire

Ex-Dept. Agriculture Officer with 45 years  
experience in the local district.

Greg Koutoulas is the man to call on 0418 221 495



## **Stop Water Shop**

Authorised Dealer

**ONGA, DAVEY and  
GRUNDFOS PUMPS**



## **K. W. & M. E. WEST Pty. Ltd.**

1650 Wisemans Ferry Road,

Central Mangrove

Phone 4373 1164 Fax 4373 1049

## **PUMP REPAIRS AND SERVICE**

### **Trading Hours**

Mon - Fri

7.30 am - 5 pm

Sat 7.30 am - 12 noon

Closed Public Holidays