

COMMUNITY NEWS

No. 957 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 20th December 2024

Central Coast Strategic Conservation Plan Under Review

The draft terms of reference for the strategic assessment of the Central Coast Strategic Conservation Plan are on public exhibition.

We are making a plan for the Central Coast that creates more land for jobs and homes and protects native plants and animals.

The plan will identify where development can happen and areas that need to be protected. It aims to balance development and biodiversity on the Central Coast.

Around 3,069 hectares of land will be included in the plan. The plan is aligned to the priorities in the Central Coast Regional Plan 2041, and includes land owned by Darkinjung Local Aboriginal Land Council.

The NSW Government and the Commonwealth Government have entered into an agreement to progress the plan.

The first stage of the plan is to exhibit the draft terms of reference.

The terms of reference outlines the process that the Department will follow



to complete the strategic assessment report. It does not include details of the plan or information on individual landowner property mapping.

We are exhibiting the draft terms of reference under section 146(1B)(b)(ii) of the Commonwealth Environment Protection and Biodiversity Conservation Act 1999. It sets out how the impacts of development on biodiversity protected under the Act are assessed.

This information will inform the strategic assessment report. The draft terms of reference do not include details of the plan or information on individual landowner property mapping.

The draft terms of reference are on

exhibition for public feedback until 5pm 10 January 2025.

Go to <https://www.planning.nsw.gov.au/policy-and-legislation/strategic-conservation-planning/central-coast>

and click on "Have your say"

Your feedback will help inform how the strategic assessment report is prepared.

The Central Coast Regional Plan 2041 as well as the Darkinjung LALC Development Delivery Plan can be accessed via the link above.

The draft conservation plan will be exhibited next year. It will then be submitted to both state and federal governments to be considered for approval.

For more information, see our webpage or email ccscp@dpie.nsw.gov.au

Department of Planning, Housing and Infrastructure
Resilience and Sustainability

Carols on the Mountain

Community Christmas Carols

Saturday, Dec. 21, 6.30pm



MMUC HALL

Mangrove Mountain
Union Church



**Catch up with friends & acquaintances
& put your vocal chords to good use!**



All Welcome

Sing along to words on the screen

Treats for the kids!

The ability to know one's limitations, to recognize the bounds of one's own comprehension - this is a kind of knowing that approaches wisdom.

Leah Hager Cohen

STOP!

Next issue Published
7th February 2025

**** DEADLINE ****

**** 31st Jan '25 ****

Send adverts & copy by email, website or post.
Email, website, FB or phone for enquiries



GET READY FOR A BUSH FIRE
FOUR SIMPLE STEPS TO MAKING
YOUR BUSH FIRE SURVIVAL PLAN

Getting ready for a bush fire is easier than you think. By taking 20 minutes with your family to discuss what you'll do during a fire, you could save their lives, as well as your home.

STEP 3 - KNOW



KNOW

KNOW THE BUSH FIRE ALERT LEVELS

If there is a fire in your area you will find its alert level on the NSW RFS website and in the 'Fires Near Me' app. You need to keep track of the alert level so you know what you should do.

STEP 4 - KEEP



KEEP

KEEP ALL THE BUSH FIRE INFORMATION NUMBERS, WEBSITES AND THE SMARTPHONE APP

In a bush fire, it's important that you stay up to date on conditions in your area.

It's a fact. If you and your home are well prepared, you stand a better chance of surviving a bush fire.



STEP 1 - DISCUSS



DISCUSS WHAT TO DO IF A BUSH FIRE THREATENS YOUR HOME

DISCUSS

Many households find that having a discussion over dinner works best as everybody is together and focussed.

Don't wait until it's too late, start preparing now

https://www.rfs.nsw.gov.au/data/assets/pdf_file/0020/106814/Farm-Fire-Plan.pdf

STEP 2 - PREPARE



PREPARE

PREPARE YOUR HOME AND GET IT READY FOR BUSH FIRE SEASON

There are simple things you can do around your home to prepare it for a bush fire, like keeping the grass low and having a cleared area around your home.

Get ready for bush fires, prepare a Bush Fire Survival Plan.

Getting ready for a bush fire is easier than you think. By taking 20 minutes with your family to discuss what you'll do during a fire, you could save their lives, as well as your property and livestock.

Better Health Practices
 Kariong Chiropractic & Wellness Centre

20 Langford Drive, KARIONG

4340 5154

Chiropractic Massage
Health Coach Acupuncture
Counsellor Podiatrist

HICAPS available
 Medicare EPC & Workers Comp accepted
 After hours appointments available

Like us on social media for the latest clinic news

Caring for Kariong & the Mountain District for over 20yrs.

MANGROVE MOUNTAIN PHARMACY



Monday - Friday: 9am-7pm
 Saturday - Sunday: Closed

Free Shingles Vaccine
Now Available for over 65's
No Booking Required

- Free webster packing and all your pharmacy needs
- Vaccination
- Household goods and gifts
- Parcel point outlet

3/1 Waratah Road, Mangrove Mountain, NSW 2250
 Phone: (02) 4374 1457 Fax: (02) 4374 1479
 Email: mangrovemtpharmacy@gmail.com

Names Revealed

The photo, circa 1930, of the ladies at a Mangrove Mountain Tennis club event and the request to identify them drew several responses.

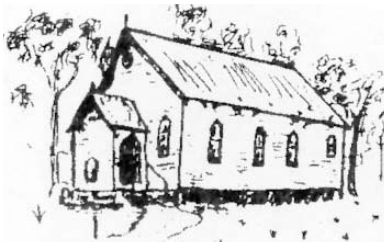
Thank you to those who made the effort to research the answers.

The internet and services like "Flickr" enable historical photos to be easily stored, shared and saved for posterity.



264 Tennis party at Telopea Back Row l-r Mrs Rita Madsen, Mrs Marion Mackenzie, Miss Giles, Mrs Jean Thompson, Mrs Hope Hunt, Miss Margie. Front row l-r Mrs Vic Williams, Mrs Waltr Black, Miss Elsie Harris, Miss Lil Collins.

Also 51. MACI 9



Mangrove Mountain Union Church

2154 Wisemans Ferry Road
Mangrove Mountain

Christmas Day Service 9.30am

With the Mountain Districts Christian Church

Christmas hymns
and live guitar
accompaniment,
followed by morning tea
in the hall

Come along and join in
this happy occasion

All Welcome



044Tennis party at Telopea. At rear: Frank Giles. Back row l-r Lil Collins (later Mrs McClean), Elsie Harris (later Mrs Bill Black), Mrs Rita Madsen (nee Harrison), Miss Giles (sister of Frank, Mimi Bastide, Mrs Walter Black (nee Williams), Jean Glennie (later Mrs Edgar Thompson), Miss Bertha Margie. Front row l-r Edgar Thompson, Mrs Vic Williams, Reg Phelps, Cliff Thompson. MACB13



AB ENVIRO TREE SERVICES

Local
Qualified and Insured Arborist
Felling, pruning, deadwooding
Free Quotes

Contact Asher 0481 353 982
abenvirotrees@gmail.com

MAINLINE BATHROOM RENOVATIONS

Lic: L2101

We supply all licenced, qualified trades required to complete your bathroom renovation

Steve Karczmarz
0419 999 054

steve@stvemr.com
www.mainlinebathroomrenovations.com



Archery Christmas Party

Known for their unwavering commitment to the longbow, The Erina Archery Longbower's Band still believe in keeping things old school—no fancy sights, no high-tech gadgets, just pure skill and the occasional muttered curse when an arrow lands wide of the mark.

The group shoots at 20, 30, 40, and 50 meters, distances that separate the skilled from the merely optimistic.

Yet despite the challenges, the longbow remains their weapon of choice, offering a unique sense of accomplishment when everything lines up perfectly—or at least when the arrow doesn't vanish into the bushes.

The usual suspects attended the festive gathering: Jon Wilmott, Neil Stanford, Darren Clements, Tom Ferguson, Michael Graham, Frank Farrugia, Barry Palmer (captain), and Tony Mahony (bowyer extraordinaire). Each plays a key role in the group, whether crafting bows, organising events, or keeping spirits high with good humour and friendly banter.

The lunch was a fitting end to a fantastic year of camaraderie,





OUR SERVICES INCLUDE:

Custom built homes • Granny flats
Extensions • Carpentry services
Renovations • Decks & Pergolas
Waterproofing & Bathroom renovations
Disabled modifications
Asbestos removal
Building maintenance

Dane Meredith | Builder
0420906499
dane@ebhbuilding.com.au

competition, and plenty of arrows that (probably) hit the target. Here's to another year of keeping the longbow tradition alive—and maybe investing in a few brighter arrow fletching to make retrieving them a little easier!

The club range is located at Fred Pinkstone Oval, Peats Ridge. Members can shoot on Saturdays from 9 to 12am and practice during the week.

For more information go to <https://www.erinaarcheryclub.com.au/>
Frank Farrugia

Dr. S. ANANDASIVAM

(ANAND)

MBBS, FRACGP, AMCC

For Doctor Appointments:
Monday - Friday 9am- 5pm

*Laverty Pathology Service
Available:*

*Monday to Friday 8:00 till 3:30
Saturday 8:30 till 12*

Medicare Bulk Billing

**1639 Nurses Road
Central Mangrove, 2250
02 4373 1914**



STORAWAY SELF STORAGE

- 15 Kangoo Rd. Somersby
Ph 4311 3685
- 30 Arizona Rd. Charmhaven
Ph 4306 4608

**Personal & Business Self
Storage Options**

www.storaway.com.au

**mention this ad for 50% off your
first 2 months storage fees**

2024-2025 VOLUNTEER GRANTS EXPRESSIONS OF INTEREST OPEN

The Volunteer Grants Program supports the work of local community organisations by reducing barriers for volunteers and increasing participation in volunteering.

Grants of between \$1,000 and \$5,000 will be available to assist eligible not-for-profit community organisations that rely on volunteers.

Grants can be used to purchase communication or insurance items and/or purchase items or services to assist volunteers or volunteer-run activities that support the well-being and development of children (under 18).

Quotes attributable to Federal Member for Robertson, Dr Gordon Reid MP:

"I am pleased to announce that the 2024-25 Volunteer Grants Program Expression of Interest period is now open.

"The program supports not-for-

profit community organisations, and its volunteers undertake their activities.

"Last year, 19 local community organisations were able to share in a total funding allocation of \$66,225.

"This year, I am encouraging as many community organisations as possible to apply, so we can determine where the most need is.

"Eligible organisations can visit my website for further information, and to access the EOI form, which will need to be returned to my office once complete.

The 2024-25 Volunteer Grants Program Expression of Interest period

commenced Monday November 25, 2024, and will finish on Monday January 13, 2025.

Access Grant Opportunity Guidelines and EOI form here: <https://drgordonreidmp.com.au/community-support/2024-2025-volunteer-grants-round/>

Completed applications must be returned to Dr Reid's office via Gordon.Reid.MP@aph.gov.au

Contact Dr Reid's office on (02) 4322 2400 if you have any questions.

Media Release from the Office of
Dr Gordon Reid MP
Member for Robertson



MANGROVE MOUNTAIN SINGERS

CASUAL SING ALONG
LIKE KARAOKE
TO BE ORDERED
BY THE MUSIC
ALONG WITH THE
AUDIENCE

**WE'VE PAUSED OVER
THE HOLIDAY PERIOD
NEXT MEET IS 21ST JAN**

**7pm till 9pm
1st and 3rd Tuesdays
of the month
Mangrove Mtn Hall
2 Waratah Rd (opp. The Hub)**

Further info:
Kim 0401 516 501

NO PRESSURE OR JUDGEMENT
ALL ABILITIES AND AGES
INSTRUMENTALISTS ALSO
WELCOME

SOLICITORS & ATTORNEYS

Solving Coastal and Mountain legal problems
effectively and efficiently for over 27 years

- * Conveyancing
- * Wills & Probate
- * Work Place Insurance Claims
- * Personal Injury Insurance Claims



NSW Law Society Accredited Specialists

98 Mann Street, Gosford Tel: 4322 6666
25 Alison Road, Wyong Tel: 4353 1248

Land Surveyors

Surveying the mountain and districts for 100 years.
Detail, Boundary, Identification, Construction and
Volumetric Surveys, Subdivisions and more.

For a free quotation call us on 02 4324 2566
or email us at admin@bannisterhunter.com.au



100 years
Surveying the
Coast since 1924

Peats Ridge

Est 1981

AUTO ELECTRICS

Stephen Andrews Lic. No.: MVRL22840

- Electrical Repairs
- Starter Motors & Alternators
- Lighting
- Electric Brake Controls
- Dual Batteries

- Cars
- 4WD
- SUV
- Agricultural Machinery
- Caravans
- Horse Floats

We wish all our customers a very Merry
Christmas and a Happy New Year. Thank you
for your support this year and we look forward
to your custom next year. *Steve and Dianna*



We stock quality
Century Batteries
made in Australia for
local conditions



All your battery needs at very competitive prices

Ph: 4373 1137

1160 Peats Ridge Rd, Peats Ridge 2250



Your support keeps us flying 24/7

DONATE TODAY

Westpac Rescue Helicopter



Christie's Rescue Story

For Christie Dawes, the sudden passing of her father started a year that would change her Life forever.

Just 11 months later in April 1990, 10-year-old Christie set off from Marmong Point on Lake Macquarie on an Easter holiday with mum Roslyn and 17-year-old sister Kylie, heading to a friend's house in Evans Head.

At Rainbow Flat, a notorious part of the Pacific Highway near Taree, a dog ran onto the road in front of them, with the wet and greasy conditions resulting in a head-on crash with another car. Christie, in the backseat wearing a lap

belt, was violently thrown back and forth. Roslyn was seriously injured, and Kylie sustained multiple injuries.

Christie was taken by ambulance to Manning Base Hospital with multiple spinal fractures and serious spinal cord damage.

The Westpac Rescue Helicopter was tasked to transfer Christie to Royal North Shore Hospital and in-flight, Christie's condition deteriorated, diagnosed with life threatening internal bleeding.

In the following weeks, Christie underwent multiple surgeries,

remaining immobilised on her back for almost a month before beginning rehabilitation and learning how to live as a T12 paraplegic and full-time wheelchair user.

In total she spent four months in hospital, where during rehabilitation, she was introduced to wheelchair sport.

She tried various sports, but eventually settled on Wheelchair Track and Road. Today, at 44, Christie has attended seven consecutive Paralympic Games — 1996 in Atlanta, Sydney 2000, Athens 2004, Beijing 2008, London 2012, Rio 2016 and Tokyo 2021, winning three Paralympic medals - silver in Beijing and Rio and bronze in London.

Christie competed internationally for three decades, earning a reputation as a fierce competitor. She pursued a dual career, successfully combining sport with study and work, as well as raising a family with husband Andrew, the current Paralympic Wheelchair Track and Road coach. She is a small business owner, keynote speaker and disability advocate, with her proudest role being a mum to her children Charlie 13 and Sophie 6 — a journey that has taught her vital lessons in



Kulnura Computers Supplies & Services

4373 1237

- ❖ Custom Built Computer Systems for the Home - Office - Extreme Gaming
- ❖ Computer Repairs - Virus removal
- ❖ Upgrades
- ❖ Software - Accessories
- ❖ Electronic components

Antennas - Digital

Hayward Video & Antenna Service

VAST Satellite Service
"Government approved installer"

Ray Hayward

mob: 0412 685 555

email: Ray.Hayward@gmail.com



UPCOMING CATTLE AUCTIONS

Maitland Regional Saleyards

- Weekly Monday Liveweight Cattle Sales 9am, followed by Calves, Pigs & Sheep from 12 noon.
- Monthly Store Cattle Sales

Gloucester Saleyards

- Fortnightly Thursday Store Cattle Sales

Feedlots - Abattoirs - Paddock to Paddock Sales
Clearing Sales - Rural Property Sales

Follow us on Facebook or join our e-list on
www.bowelidbury.com.au



Bowe & Lidbury Pty Ltd
(02) 49 327 066

preparation, self-discipline, resilience and teamwork.

“I pride myself on being a leader and a positive role model, particularly for people with disabilities. My lived experience has provided a platform to connect and engage with both the community and business, and sharing my Rescue Story is an opportunity to continue to do this,” Christie said.

“I was very fortunate to have had the Rescue Helicopter there for me that day. I’m grateful for the chance that I have been given and I aim to make the most of every minute, gaining new skills and experiences, continually learning and challenging myself to improve and develop.”

Today, the Service operates under a ten year contract with NSW Health and NSW Ambulance. Through this contract the NSW Government is the major funding partner of the Service. The Service is a registered charity and heavily reliant on community funding to support its operations each and every year. Leading our community funding, the Westpac Bank has been our naming rights sponsor since the Service began in 1975. And it is people throughout our communities that proudly and passionately support our mission every day.

To make a donation go to:
<https://rescuehelicopter.com.au/appeal/>

Mangrove Mountain Farmers and Artisans January market

It’s five days into the new year and the kids are bored, the pantry is looking empty and you’re exhausted from cooking over the festive season and the only thing on the telly is the Cricket!

Mangrove Mountain Farmers and Artisans Market to the rescue! Enjoy a picnic lunch under the gumtrees with great food available from our food stall vendors and have some fun with the family in our free outdoor games area.

Come and discover an amazing selection of artisan and cottage industry stalls, plus farm fresh fruit and vegetables, honey, eggs, jam’s and preserves plus award winning Pastries, Cheeses and gourmet chocolate and more at the historic Mangrove Mountain Hall and Recreation Reserve.

9am till 2pm on Sunday the 5th of January at the historic Mangrove Mountain Hall and Recreation Reserve. Entry is free.



MANGROVE PRODUCE AND HARDWARE

1668 Wisemans Ferry Rd, Central Mangrove (just 1km from the Crossroads)

**MERRY CHRISTMAS TO ALL
 OUR WONDERFUL CUSTOMERS!**

**WE WILL BE CLOSING AT 3PM ON CHRISTMAS
 EVE AND REOPENING 7.30AM ON FRIDAY
 27th DECEMBER.**

**BEST WISHES TO EVERYONE FOR A SAFE
 CHRISTMAS AND NEW YEAR.**



- ◆ Horse Feed
- ◆ Fertiliser
- ◆ Paint
- ◆ Pet Food
- ◆ Timber
- ◆ Plumbing
- ◆ Bird Seed
- ◆ Hardware
- ◆ Fencing
- ◆ Vet Supplies
- ◆ Hand Tools
- ◆ Electric
- ◆ Chemicals
- ◆ Power Tools
- ◆ Fencing

Mon-Fri: 7:30am -5:00pm
 Sat: 8:00am -2:00pm

Ph: 43731259

SHOP ONLINE AT
www.tuckersstore.com.au
 or shop.truevalue.com.au

CENTRAL COAST YOUTH WEEK AWARDS

Central Coast Council is proud to recognise and celebrate the outstanding achievements of our local young people. The Central Coast Youth Week Awards honour and celebrate young people aged 12-24 who have made significant contributions to our community.

By aligning with the Community Strategic Plan and Youth Strategy, these awards celebrate diversity and inclusion, empowering young people to be active contributors to our community's future.

Nominations can be submitted by anyone in the community via this link.

The award categories are:

- Arts and Entertainment Award
- Community Service and Activity Award
- Environment and Ethical Sustainability Award
- First Nations Cultural Award
- Social Impact in Education / Community Award
- Youth Sportsperson Award
- Youth Entrepreneur Award
- Youth Leadership (Individual) Award
- Youth Leadership (Group) Award
- Youth Volunteer Award

Mountain Medicine Summer 2024 Update

In the busy run up towards Christmas, the team at Mountain Medicine are all working hard to ensure that all of our patients are organised with their regular medications and immunisations prior to the holiday break. We are here working in the community, with our doors open 5 days a week.

As the number of cases of Covid being diagnosed each week continues to rise as we approach the predicted Covid surge over Christmas, we encourage all those patients who are

Additionally, there is a Nominator Award category. Central Coast schools and services that nominate at least one young person for an award have the chance to win a \$1,000 grant to implement a program that benefits young people.

A panel of six judges, including a young person, a Council representative and four youth service representatives will assess the entries. Winners will be selected based on their applications and adherence to the specified criteria.

Nominations close on Sunday 23 February 2025. To be eligible, nominees must be Australian citizens

at risk to have a booster dose, if it has been more than 6 months since your last booster. Anyone over 18 years of age is eligible for a free booster, and those over 75 years are actively encouraged to be boosted, as well as anyone with underlying chronic illnesses that place them at increased risk.

Whilst the summer season is not as busy with respiratory illnesses generally, it is a great time to think about having your regular skin check with our skin doctor Dr Sepali de Silva. The testimonials of our patients and an audit of her pathology results confirm how fortunate we are to have such a skilled clinician join our team.

Mountain Medicine is also pleased to announce that our team is growing, and we welcome Dr Rohan Dissanayake to the Mountain community. Dr Rohan is a very popular clinician in his current

residing in the Central Coast Local Government Area.

Award winners will be announced at the Central Coast Youth Week Awards night on Thursday 10 April 2025.

The Central Coast Youth Week Awards is an initiative of Central Coast Council, partially funded by the NSW Department of Communities and Justice.

For further information, visit <https://www.judgify.me/youthweekawards2025>

Central Coast Council Media

WARD Septics

Septic Tank Cleaning

- * New Vaccum Truck that can pump 100 metres away from tank.
- * Plumbers Jetter attached for clearing blockages in sewer pipes.
- * We now have a small Vaccum Truck for those tight difficult pump outs.
- * Water Tank Cleaning.

*** And Even Cheaper Rates
For You With A Neighbour**

Call Paul For More Info

0438 315 514

 **SepticCleaning.com.au**



Local Solar Power Experts

**Living Off Grid
Has Never Been Easier**

Brooklyn Trade Services are your local solar electricians, for both on and off-grid systems.

Our technicians are certified to install state-of-the-art solar and battery systems which are great for the environment as well as your home and or business.

Call us for a chat:

1300 319 419

www.btselectric.com.au/bts-energy





role as Registrar, and from the New Year 2025 will be working Mondays and Fridays regularly. Dr Rohan has an interest in Men's Health and Mental Health, which will complement the interests of Dr Sepali de Silva and Dr Christine Wade. Our combined medical workforce will mean that there are 2 doctors working 3 days of the week, with only 2 solo days, Wednesday and Thursday. Torin O'Grady our lovely and lively podiatrist will continue to provide service to the hard-working feet of the mountain once a fortnight.

Mountain Medicine has been a steady adopter of advances in technology, starting with the myHealthRecord, and sending out reminders and recalls via SMS, and then utilising telehealth

and eScripts. Our latest technological innovation is the use of HotDoc whereby selected appointments can be made on line. We also have updated our website and FaceBook pages so like and follow us to keep up with timely updates on progress at Mountain Medicine.

All the members of the team here at Mountain Medicine send a shout out to our loyal and wonderful patients who make working here not only a pleasure, but help us create an atmosphere of mutual respect. We all agree that working here is made easy by how kind and understanding the people of the Mountain are towards us during busy times. Our aim is to repay this kindness by providing you with

the best service on the Mountain and Valley and down into the Lowlands!

Our last day of consulting for 2024 will be Friday 20 December 2024, and we will reopen on Monday 6 January 2025. Remember to keep yourself and your littlies safe by wearing footwear whilst outside, and put on protective eyewear and gloves when using machinery. These are the commonest reasons for people needing to seek medical care during the holiday break.

Have a very Merry Christmas and Happy New Year from the whole team here at Mountain Medicine. We wish you and your families a safe holiday, and look forward to seeing you all back here in 2025 as partners in your wellness journey.



Services:

- Site Levelling
- Land Clearing
- Horse Arenas
- Roadways
- Certified Fill Material

Machines:

- Excavators / Augers
- Posi Track with Laser Level Grader
- Dozer
- Truck & Trailer Tipper

Michael Schembri
0419 236 788

Follow us  

FABIAN FARM
Cell Grown Seedlings

**"OUR SEEDLINGS ARE SECOND TO NONE
THERE IS NO SECOND CHOICE"**



OVER 50 YEARS GROWING EXPERIENCE
Elwyn and Dallas Fabian

Office: 02 4374 1281
Fax: 02 4374 1011
Elwyn: 0418 432 477
Dallas: 0417 285 047

191 Waratah Road, Mangrove Mountain, 2250

Mangrove Mountain & Districts Community Group

Meeting held on Thursday, 5th December

We had thirteen members, and one guest attend this last meeting for 2024.

After the meeting we shared some snacks and cheers for Christmas. Our next meeting will be on Thursday, 6th February.

What was discussed :-

- Our letter to Council regarding the upgrade of the toilet block was also sent to the three new West Ward Councillors. Belinda Neale was the only one that acknowledged receipt.... disappointing.
- Margaret Pontifex has written to Council about weeding on Council Reserves. The reply stated that it was not a priority.

- The working bee held on 16th November was successful in giving the hall a good clean and tidy up. Thanks to the four who attended.

- The last market was the biggest ever, with 56 stalls and displays! We noticed that the markets have been a great place for friends and neighbours to catch up, and its very rewarding seeing people chatting and enjoying the stalls, food and music.

- Our community group has had a very successful year with the start of the markets; world class music events such as The Whitlams; improvements to the hall including a new deck, toilets upgrade and new outdoor seating.... as well as lobbying Council for improvements to our districts. We have a wish list for the new year, 2025, and our biggest wish is for more members to join us so that we grow stronger and are able to keep improving the Mountain Districts...our home.

- We are following up to support the community of Peats Ridge to reduce the speed limit on the section of Peats Ridge Road near the shops.

- Poppe presented two large, framed photos featuring the Coal Seam Gas celebrations, and asked if they could be displayed in the Hall's meeting room. It was agreed that they would be a valued contribution showing an



Beauty,
Cosmetic Tattooing,
Eyelash Extensions
& Makeup

Salon service & Mobile

0437 016 592

Instagram: @golden_beauty_bar_au

important part of our region's history.

- Kaye also had a beautiful, framed photo of a waratah that would also be displayed in the meeting room.

- We discussed the need for a Protection Plan for this community so that we are prepared for disasters such as bush fires.

- We looked at the "Central Coast Strategic Conservation Plan", which plans for major development including in Somersby. We are not pleased that NSW Department of Planning, has given us only to 5pm on 10th January to comment on the terms of reference! We will be writing to them and Council to object this short (over Christmas) timeframe and ask for a decent extension.

REMEMBER TO COME ALONG TO OUR NEXT MEETING ON THURSDAY, 6TH FEBRUARY – 7.30PM AT THE MANGROVE MOUNTAIN HALL.

*Poppe Zouroudis
Committee member*



ALL ASPECTS OF TREE WORK



- Truck & Chipper
- Cherry Picker
- Excavator
- Forestry Mower

Local Arborist, friendly & experienced team. Insured

Tim - 0412 985 422 or tijanotreeco@gmail.com



LR to HC Licences

Paul Viola: 0481 409 309

ABN: 36 659 041 880

info@coastaltrucklicences.com.au

Coastal Truck Licences

KIDD
Property Sales.

Wishing ALL in our Community A Very Happy, Healthy & Safe Christmas.



Thank you to those that have supported
Michael Kidd Property Sales not just through 2024,
But over the past 30 years.

Without this support from our community
I would not have been able to give back to
Community organisations every year -



30 years 1994 to 2024

P **4376 1440** - M **0439 761 440**

W **www.michaelkidd.com.au**

 realestate.com.au


Domain

SUPPORTING YOUR LOCAL COMMUNITY
Major Sponsor Mangrove District Football Club,
& the Mangrove Mountain Country Fair since 1994.
Real Estate agent since 1992, Experienced in marketing since 1982.

Michael Kidd Property Sales Pty. Ltd. T/as Kidd Property Sales Corp. License No.1062876 ABN 91 091 596 600
Michael C Kidd Class 1 Licensed Real Estate, Stock & Station Agent, Licensee in Charge.

Vale Warren Andrews

Warren Richard Andrews passed away on Sunday December 8, 2024, only a day after his 85th birthday. He was a dedicated champion of Mangrove Creek's history and heritage.

The son of Herb and Thelma Andrews, and grandson of Alfred and Amanda Andrews, Warren had a deep connection to his family's legacy and to Fairview Homestead.

A founding member of the 'Dubbo Gully Heritage Committee' and 'Friends of Fairview', Warren played a pivotal role in protecting Fairview from demolition in 2007, 2008, and 2011. He established the Fairview Homestead Association in 2012 and was its President until 2020.

Fairview achieved local heritage listing in 2014. His vision to bring Fairview and the heritage of Dubbo Gully back to life drove his tireless efforts over decades.

Warren's passion and determination to preserve this invaluable local treasure never wavered, despite the many challenges he faced. His legacy



of commitment to community, history and the preservation of heritage will be long remembered. Rest in peace, Warren.

Warren's funeral will be held at Palmdale Lawn Cemetery at 11.30am Thursday 19th December.

For those unable to attend, the link

below provides access to a livestream of the service and a means to leave a condolence message to be read out during the service.

<https://www.creightonsfuneralservice.com.au/scheduled-funerals/>

Fairview Homestead Association

On The Go Constructions Pty Ltd
Specializing in the building of chicken sheds

Charlie Muscat is well known in the Industry, with over 12 years experience and has a reputation for quality workmanship.

- * New Chicken Sheds * Tunnel Conversions * Roofing
- * Machinery/Farm Sheds/Stables/Lofts/Piggeries * Coolrooms
- * All Fabricating services - All frames & trusses are fabricated by On The Go Constructions to Engineer specifications.

Call Charlie on 4374 1114 or 0408 684 719

VISION FOR LIFE...
For all your concrete & pumping services, call Louis on 0418 409 576

CUSTOM DESIGN | BUILDINGS | EXTENSIONS | ALTERATIONS | DECKS |

KDF
CONSTRUCTION

0410 100 616 | kim@kdfconstruction.com.au | LIC NO. 267735C

HUNTER EARTHMOVING SERVICES

"4th Generation of Earthmoving on the Mountain"

GENERAL EXCAVATIONS & CLEARING
DAM & CHANNEL CONSTRUCTION, REPAIR & CLEARING
PRIVATE ROAD/DRIVEWAY CONSTRUCTION & REPAIR

- 20 TONNE EXCAVATORS
- 25 & 30 TONNE DUMP TRUCKS
- LONGREACH EXCAVATOR (16m)
- SKIDSTEER & ROLLERS
- 30 TONNE LOW LOADER, TRUCK & DOGS

ATTACHMENTS:
RANGE OF BUCKETS & AUGERS
GRAB - HAMMERS - RIPPER
PULVERISER - MULCHING HEAD
POWERRAKE - SLASHER

Wayne Hunter - 0431 761 338
E hunterearthmoving@bigpond.com

\$5000 REWARD

For information that leads to the identification and conviction of the individuals responsible for a local theft.

Time: Approx 11pm on Tuesday night 3rd December 2024.

Location: Wisemans Ferry Rd, Lower Mangrove.

Stolen: 1970 Ford XW sedan (metallic green) project and body panels including spare pair of guards and three XW/XY station wagon quarter panels. **2 Husqvarna chainsaws were also taken.**

This vehicle was a project car with a missing front windscreen.

The vehicle was flat-towed out of the property and either taken somewhere nearby or was loaded onto a trailer. A local person reported seeing a vehicle with a trailer parked near the corner of Wisemans Ferry Rd and Oyster Shell Rd Lower Mangrove.

Fingerprints have been recovered and a woman's scarf containing hair found at the scene was taken by Police for DNA testing.

Did you see an unregistered car without lights being flat towed on Wisemans Ferry Rd, Lower Mangrove late on Tuesday night, Dec 3rd? Did you see a car on a car trailer being towed on Wisemans Ferry Rd or anywhere in the area that night?

If you saw anything or have information about the persons responsible please contact 0408 771 800.

If your information leads to the apprehension and conviction of the individuals responsible, \$5000 cash will be yours.



This is the model and colour of vehicle but not the actual vehicle, which was an unfinished project.

What's on at the Old Fireshed Gallery

‘Our current exhibition is...
‘NATURE IN MOTION’
 By local artist, Glenda Mellows
 7th - 22nd December. Open 10am - 3pm Friday, Saturday & Sunday

“As an artist I like to portray the



beauty of the created natural environment on canvas using various mediums. I have been painting for over 40 years & am inspired by the beauty of nature in whatever form it presents itself.

Trying to capture the magnificence of a sunset, the smile of a person or the majesty of the ocean on canvas can be challenging. I like to allow the awe I feel to inspire me & let it guide my



OPEN 7 DAYS
40 YEARS LOCAL



General Dentistry | Emergency Care | Cosmetic Dentistry
 Orthodontics & Invisalign | Dental Implants | Oral Surgery
 Sleep Dentistry IV Sedation | Wisdom Teeth Removal
 3D CT Scanning | CEREC same-day ceramic restorations

02 4323 1933 | www.vcdental.com.au

Suite 10, 36-40 Victoria Street, East Gosford NSW 2250

NEW PATIENTS

Comprehensive checkup & clean
 Includes up to 5 x-rays

No Gap (with health insurance) or \$290

OFFERS (all patients)

- Free orthodontic consultation
- Free dental implant consultation
- Free cosmetic makeover consultation
- Sport mouthguards: **No Gap** or **\$99**

FINANCE

- We bulk bill the Medicare CDBS
- Zip Pay & Zip Money payment plans
- We partner with SuperCare



Mangrove Mountain

MEMORIAL CLUB & GOLF COURSE

WHATS ON WEEKLY

TUESDAY

BINGO from 11am
 \$15 Pizza night

WEDNESDAY

MEAT RAFFLE drawn at 730pm
 \$18 schnitzels

THURSDAY

MEMBERS BADGE DRAW - 730pm
 \$22 steak night

FRIDAY

HAPPY HOUR 4-6pm
 COCKTAIL HOUR 6-7pm
 MEAT RAFFLE drawn at 730pm
 New restaurant specials every week from 530pm

SATURDAY

POOL COMP from 630pm
 entry fee \$5

SUNDAY

Sunday Roast - available all day

ADVERTISE YOUR BUSINESS HERE!
 CHOOSE FROM
 In house Advertisement All day 7 days a week
 In house Advertisement plus a golf cart advertisement
 FOR MORE INFORMATION & COST
 CALL 4373 1125 OR EMAIL CEO@MMCLUB.COM.AU

PLAY FOOTGOLF HERE
 OVER THE SCHOOL HOLIDAYS
FAMILY PASS \$45 only
 2 Adults and 2 Kids including Ball Hire
 Kids Party Packages and Adults Social Group Packages available
 Bookings essential. Call our Pro Shop to book: 4373 1129

Happy HOUR
 EVERY FRIDAY
 BETWEEN 4PM TO 6PM

WARATAH
 Dining
 Open 6 days

Find Us On Facebook & Instagram - 18 Hallards Road, Central Mangrove, 2250 - 02 4373 1129 - www.mmmclub.com.au

interpretation of my visual senses.

Nature is never boring, it is never stationary, it is never constant - it is always in motion."

Our next exhibition...

'THE DREAMING'

An exhibition by Peter and Katie Williams. 4th January - 9th February 2025

You are invited to the opening of Peter and Katie's exhibition on Saturday 24th January from 6pm. There will be traditional dancing and

light refreshments. All welcome.

The Little Yengo Gallery

The Little Yengo Gallery was built and is maintained and run by volunteers to celebrate the rich Aboriginal history and culture of Wollombi and surrounding areas. The non-profit gallery displays an extensive range of Aboriginal paintings, artworks and artefacts. The proceeds from the sale of the works, minus a small administrative fee, go directly to the artists.

Wollombi means 'meeting place',



'Red-tailed Black Cockatoo' - Katie Williams



Silver Panel with River Country Elements' - Gavin Barlow

our totem is the waterhen. Please come and learn the waterhen story and meet the artists. New volunteers and artists are welcome.

Visit <https://www.wollombi.org/little-yengo-gallery> for our online gallery.

Wollombi Valley Arts Council Inc
c/o General Store, Wollombi 2325
Email: artscouncil@wollombi.org
Web: www.wollombi.org



AGRICULTURE • COMMERCIAL • RURAL • INDUSTRIAL

Australia's Leading Water Solutions Network

- ◆ Water Treatment
- ◆ Irrigation Systems
- ◆ Mowers & Ride-Ons
- ◆ Fire Protection Systems
- ◆ Water Tanks
- ◆ Pump Systems
- ◆ Fertigation
- ◆ Pipes & Fittings
- ◆ Chainsaws & Generators
- ◆ Repairs

Ph 4373 1466
780 Peats Ridge Road, Peats Ridge

www.thinkwatercentralcoast.com.au



MOUNTAIN TOP TRANSPORT

Call PETER on 0422 082 764
for all your market transport needs

Sydney markets daily

Horse Vet

Somersby - Mangrove & Central Coast area

Brett Warren

Mobile: 0428 215 599
Home: 4374 1640

Email: brettvet@ozemail.com.au
www.centralcoastequine.com.au

Consultations by appointment

Mobile X-ray, endoscopy, purchase and insurance exams



Central Mangrove Public School End of Year News

As the Christmas season comes to a close and excitement looms for next year we wanted to look back on the year that we've had here at Central Mangrove. 2024 has been a big year of change globally speaking leading many to feel it's gone by quite quickly. But we've had our own bit of change here at the school as we've welcomed a few new faces like Miss Kay who has done an amazing job stepping in as relieving principle to nurture a stellar learning environment, Miss Shaw who has brought a sweetness and enthusiasm so beneficial for our CM1 Class, Miss Cunningham who's return from maternity leave has been met with endless joy and I myself (Caleb the school chaplain)



A talk in the library

We had a wonderfully active group of students this year that really enjoyed engaging with the different sporting opportunities that we've had, from soccer, to swimming, gymnastics, hockey and of course we cannot forget relay running. Our students have given it to their very best and we couldn't be more proud. And again a special shout out to our boys relay team who made it all the way to the state athletics

carnival at Sydney Olympic Park.

The students have also worked really hard over the course of this year with the support of our Chaplain and Miss Shaw to bring to life a wonderful school garden that is now blossoming in this gorgeous summer season. They've really loved It! Stating it as a highlight in their day every time they get to get hands-on in the garden. They have shown an amazing green thumb



Students planning & recording in the Garden Club



Incoming and outgoing school captains



Sustainable Natives
(wholesale production nursery)
94 Keightley Avenue, Somersby - Sales by appointment.
Contact Jonathan Steeds on 0415465162
jonathan@sustainablenatives.com.au
or Olga@sustainablenatives.com.au
web: www.sustainablenatives.com.au

We produce a large range of Australian Natives including local species. We supply retail nurseries, landscapers, bush regeneration projects, developers and local property owners with tubestock to semi advanced plants.
We offer a design (landscape architecture drawings)/consultation service for your property to add more natives to your landscape.



SOMERSBY ANIMAL HOSPITAL
Dr. Robin Crisman & the SAH veterinary team
79-b Howes Road, Somersby

- A full service, purpose built veterinary hospital.
- Large and small animal consults incl. horse repro.
 - House and farm visits.

Call us on: 4372 1799
www.sahvet.com.au
visit us on Facebook



Music lessons



The 4 x 100m relay team at PSSA State Championships



Some of the teaching staff

and fascination with nature.

Some of the biggest memories of the year would have to come from some of the special days we've been able to have, stage 3 would fondly remember their Canberra trip from early this year which allowed them to see and experience core of leadership in Australia. Stage 2's Zoo Snooze would be very fresh in their minds as a wonderful opportunity to learn and see about many of the world's creatures. The PNC's Disco was a joyous evening of dance and laughter. And I don't think we could ever express how amazed and grateful we were to see absolutely everyone get involved in The Country Fair whether it was being there on the day or the many, many wonderful treats that were made we felt incredibly blessed. NAIDOC, Easter, Mother's Day, Father's Day, and a few more could round out the list of endless memories that we've gathered.

In the classroom great things too have taken place. This year we moved further forward with looking for ways to further improve the teaching of students in the area of phonics and early reading phonological awareness skills. Mrs Shaw and Mrs A have worked tirelessly to get the PreLit and InitialLit programs up and running and implemented with the classroom with excellent success. Spending over \$20000 in NSW Department of Education allocated funds has helped us not only implement these research

based systematic explicit teaching programs but has also supplied CMI with a massive variety of new decodable readers that align to the sounds being taught, posters, workbooks and various other resources.

CM2 students this year have also begun the journey of new syllabus implementation. These changes have focussed on developing critical thinking, creativity, and a deeper understanding of language. Students are now exploring texts in more interactive and dynamic ways, using a blend of traditional and modern approaches to reading, writing, and communication. The emphasis being on building stronger literacy skills, while also encouraging students to think independently and express themselves more confidently.

In mathematics all students are now working with the new NSW Syllabus and have been exploring concepts in an interconnected way. The coordinated development of these processes has already shown promising results for our students in that they are becoming increasingly mathematically proficient. Through the use of new departmental units, our students are being encouraged to reflect on how they use their thinking to solve problems and thus we are improving and developing their 'mathematical habits of mind'. These units of work give students a wide variety of experiences that require them to relate their knowledge

to the conceptual frameworks of mathematics.

In Term 3 students in Years 3 – 6 sat the NSW DoE Check In Assessment. This is an annual assessment, similar to NAPLAN however for all students in Years 3 right through to 9 in NSW Public Schools.

Just like Naplan All students complete a reading and a numeracy test. These assessments support the identification of students' performance in literacy and numeracy and informs next steps in teaching and learning. For Check In student and school results are usually compared to both state and SSSG statistically similar school group. Often for small schools such as ours, making comparisons to state results can be difficult due to our small cohort sizes. SSSG however is often the best guide to compare how we are travelling in comparison. I am very proud to say that every cohort 3-6 at Central Mangrove achieved above the SSSG scores in both math and reading and in over half of the areas we were also above state averages. On top of this, we also had a number of students who achieved 100% in various concept areas in maths including statistics and probability, number and algebra and in reading comprehension.

So as this year comes to a close we wanted to say thank you from the little school on the mountain we're so excited to do it all again next year.

Caleb Gorringer
School Chaplain

OUTLAND Mechanical & Maintenance Service

Licence No. MVRL54125 ABN 14814837840



Mobile Diesel Mechanic

- Specialising in Small Fleet Diesel Service
- Tractors • Farm Machinery • Mowers
- Earthmoving Machinery
- Welding

John: 0427 660 752 jhellyer67@gmail.com



JEREMY AOUN

PLUMBER | GAS FITTER | ROOFER

OVER 30 YEARS EXPERIENCE
ALL YOUR RURAL PLUMBING NEEDS

Mobile: 0424 894 225

Licence: 134701C

Email: aussieplumbing1@gmail.com

Tom's legacy: Turning heart-breaking loss into transformative change

One mum's decade-long journey to stop child pedestrian deaths highlights cost of traumatic grief for thousands of Australian families; new report examines support services available.

It was January 6, 2014, when the lives of Michelle McLaughlin and her family were irreversibly changed. While on holiday, four-year-old Tom suddenly stepped away from his family onto the road and into the path of an oncoming car. Tragically, Tom died before help arrived.

The grief left in the wake of Tom's traumatic death is still felt by the family a decade later, with the hidden cost echoing far beyond the initial impact. Michelle and her husband David used their grief as a powerful force for change, undertaking a decade-long push to make Aussie roads safer for child pedestrians through the Little Blue Dinosaur Foundation (LBDF).

Since 2014, LBDF has been campaigning for effective road safety initiatives and community education, including installation of colourful LBDF safety signage around playgrounds and busy roads. Currently, 76 Australian Local Government Areas have installed LBDF signage.

While the not-for-profit has raised significant awareness, Michelle warns more must be done to save Australia's children from violent death on our roads.

In Australia, road trauma remains the leading cause of death for children between 1-14[1], with 29% of deaths occurring when children are pedestrians[2]. On average, one child



dies in a crash on our roads every week[3].

"Our studies show educational interventions like LBDF safety signage increase awareness of child pedestrian safety in the community. Yet those with

the ability to make a difference at a policy level are not acting fast enough to prevent this ongoing tragedy," says Michelle.

"Meanwhile, children continue to die. In the ten years since our Tom passed,



McLaughlin family [credit Narrative Post]

BLISS EARTHWORX

- Excavator with Buckets, Hammer, Auger & grabs.
- Posi track with 4in1 bucket, forks & spreader bar
- Tipper 6 ton • Posi track slashing

Excavation - Concrete - Landscape

Facebook, Instagram

Email: blissearthworx@gmail.com

▲ Based in Somersby ▲

0409 456 003

ROAD BASE AND DRAINAGE AGGREGATE

Ex Yard or Available For Delivery

Please call Jake 0409923155 for a free quote

131 children aged 0-16 have died in a pedestrian road trauma incident, 28 of them in the last 12 months.”

Michelle also believes more must be done to support families who experience traumatic bereavement. A nurse at the time of Tom’s passing, Michelle assisted many families going through similar hardships. Her experience facilitated recognition of the ongoing impacts complicated grief had on her family.

“We continue to navigate the mental and physical costs. My husband’s business has been significantly impacted and my inability to process high stress meant I couldn’t continue my job as a nurse. The damage of our grief has extended to physical concerns, likely contributing to life-altering health issues. Financial impacts are also significant including long-term counselling costs and medical bills.”

Michelle’s first-hand experience struggling to navigate her way through grief, particularly in the first year after Tom’s death, inspired her to develop plans for the LBDF Road Trauma Grief Support Packages for families suffering the tragedy of losing a child to road trauma. The packages will contain vouchers for services like childcare, cleaning and cooking. Michelle is seeking assistance for delivery of these packages through community donors and partnerships with service providers.

For more information on The Little Blue Dinosaur Foundation or to make a tax-deductible donation, please visit here.

<http://www.littlebluedinosaur.org/>

References:

- 1] Australian Institute of Health and Welfare (2020). *Australia’s children. Cat. no. CWS 69. Canberra: AIHW*
- 2] Australian Institute of Health and Welfare (2021). *Deaths in Australia. Cat. no. PHE 229. Canberra: AIHW*
- 3] Australian Road Deaths Database: *Fatalities, Current October 2024*

LEGAL TOPICS FOR SENIORS DIARY 2025

From staying safe from social media scams to reverse mortgages and tenants’ advice, the free Legal Topics for Seniors Diary 2025, produced by LegalAid NSW, is available now.

A diverse range of legal issues are covered in the diary, including driving and fines, disputes between neighbours, wills and planning ahead – and elder abuse.

Member for Gosford, Liesl Tesch MP encourages all community members to head down to her office, at 20 Blackwall Road, Woy Woy to secure a free copy.



“The Legal Topics For Seniors Diary is ever popular, so I encourage seniors to visit during business hours to take home a copy. They tend to disappear off the front counter quite quickly!”

“To the Department of Communities and Justice, Attorney General, the Hon. Michael Daley MP and the Minister for Seniors, the Hon. Jodie Harrison MP for their support in producing this vital resource, I thank you.”

“Accessing difficult to find important information needed to access government services, legal topics and seniors’ rights, this diary brings together many important topics in one place in an easy to navigate diary.”

Diaries are also available from local libraries, local Legal Aid NSW offices, some community legal centres and Aboriginal Legal Service offices. Diaries are also available to order online here.

Seniors are also encouraged to bookmark the NSW Seniors Festival web page to be alerted to the both the latest NSW Seniors Festival announcements and to find out when free tickets become available to the 2025 Premier’s Gala Concerts.

In 2025 the Premier’s Gala Concerts will be held on Wednesday 12 March and Thursday 13 March.

Important website links include the Premier’s Gala Concerts and the NSW Seniors Festival website.

“Seniors make a valuable contribution to our communities and providing complimentary concert tickets is a way of saying thanks.”

*Media Release from the office of Liesl Tesch MP
Member for Gosford*

CNS Electrical
Lic No. 214132C

Your local Electrical Contractors on the mountain, specialising in Rural, Domestic, Commercial and Industrial works, including:
Excavation, Trenching, Mains & Sub-mains, Voltage Calculations & Future Planning.

Call Cameron for a quote on: 0438 695 600
Office: 0480 467 894
Email: admin@cnelectrical.com.au

DURABILITY CONSTRUCTIONS & EXCAVATIONS PTY LTD
Lic: 228069C

Bricklaying - Blocklaying
Retaining Walls - Concreting
Renovation - Extensions - Repairs
Property Maintenance

Do you have a challenging problem?
Then call us.

M: 0450 639 524

REGULAR ACTIVITIES & MEETINGS

RURAL FIRE SERVICES

Bucketty RFS	Weekend Training Station Maintenance General Meeting	3rd Sat, 9am-12 pm, breakfast 8.30am Every Thurs as required, generally 10am-1pm 3rd Sat in even months, at 1pm, All welcome bucketty@lowerhunterffrs.com.au 4998 8130
Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamtwite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Maintenance	2nd Monday of the month Meeting 6.30pm 3rd Monday 6:30pm 4th Monday 6:30pm E: captain-Spencer-vol@rfs.nsw.gov.au 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarralong RFS		Information: www.facebook.com/ YarralongRuralFireBrigade/ Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarralongrfs.org.au

COMMUNITY & SOCIAL

Central Coast Plateau Chamber of Commerce	First Tuesday each month 7.00PM MMMC
Coastlink Friendship Group	Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)	Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)	Third Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)	2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Union Church, 2154 Wisemans Ferry Rd, MMtn. General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club	2nd Wed each month 11am at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Kulnura & District Garden Club	Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradge@gmail.com
Kulnura Tuesday Tennis	Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Ladies of the Valley Afternoon Tea	1st Tues, 1pm to 2.30 at Angels Sussurri Cafe Yarralong. Margaret Dale 0411104770
Mangrove Mountain Singers	1st & 3rd Tue, excl Dec. Mangrove Mtn Hall, 7-9pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts	1st Thurs of the Month, excl Jan. 7.30pm, Mangrove Community Group Meeting Mtn Hall. Contact: meppcinc@gmail.com, 0412669649
Mangrove Emergency Planning & Communications Committee	
Mangrove Mountain Country Fair Committee Meeting	3rd Thu of mth except Jan, 7pm, at The Hub of Mangrove Mtn. Pres- Shane 0417 436 529
Mountain Districts Association (MDA)	www.mountaindistrictsassociation.com.au secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting	Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
Probus - West Gosford	2nd Thu. Ph Elaine Burrows 0412988353
River Cares for the Lower Hawkesbury River District	President Marlee Maxwell Email rivercaresinc@gmail.com
Rotary Club Meeting	Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc	President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club	Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
Wisemans Ferry Community Men's Shed	Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

SPIRITUAL

Anglican Service - Mountain Districts	Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Union Church Trust	Committee Meeting 3rd Monday, 7.30pm at the Mangrove Mountain Union Church Hall
Mangrove Mountain Christian Service	9.30am second and fourth Sundays. Mangrove Mountain Union Church, cnr Bloodtree Rd & Wisemans Ferry Rd

(cont'd next page)

LIVESTOCK MARKET REPORT



Maitland Liveweight Cattle Sale 9th December 2024

550 cattle yarded today at Maitland.
520 trade/yearling cattle and 30
export.

Trade job was stronger. Export job
was firm.

- Restocker steers up to 250kg made
350c/kg to 460c/kg
- 250kg-300kg made 330c/kg to 438c/
kg
- 300kg to 380kg made 335c/kg to
424c/kg
- Restocker Heifers up to 250kg made
245c/kg to 330c/kg
- 250kg-300kg made 260c/kg to 328c/
kg
- 300kg-380kg made 250c/kg to 325c/
kg
- Yearling Steers to Feed made 300c/
kg to 384c/kg
- Yearling Heifers to Feed made 290c/
kg to 325c/kg
- Butcher Vealers made 320c/kg to
360c/kg
- Cows Made 210c/kg to 278c/kg
- Bulls made 200c/kg to 250c/kg
- Bullocks made 290c/kg
- Grown heifers made 270c/kg to
280c/kg

A friendly reminder that we are often
in the area seeing clients and looking
at their livestock and if you would like
us to call in be sure to give us a call.

Like and share our Facebook page!
Keep up to date with bowelidbury.com.au

Michael Easy & Rodney McDonald
Bowe & Lidbury
52 Kyle Street, Rutherford NSW 2320
P: 02 4932 7066

Central Coast Campus Project Progress

The new Central Coast Campus under construction in Gosford has achieved significant milestones throughout 2024.

During the year, the project saw the demolition of the old Mitre 10 site, completion of bulk excavation and ground floor slabs, finishing structural first-floor slab and lift/fire stair cores to roof level, and the start of timber installation.

Next year, the project team will be busy with the next phases of the project, including façade & roof installation.

The \$67 million Central Coast Campus project is jointly funded by the Australian Government, NSW Government, and the University of Newcastle.

Federal Member for Robertson, Dr Gordon Reid MP said "Central Coast Campus in Gosford is an exciting project that will provide a range of study options to our community once completed."

State Member for Gosford, Ms Liesl Tesch MP said "Looking around Gosford, it is clear to see the significant growth of the area, and this is a fantastic opportunity to have the University right in the heart of our city."

Located at 305 Mann Street, just 450 metres from the Clinical School and close to Gosford train station, this world-class campus will be a hub for students to study, build skills, and connect with the heart of the city, community, business, and industry.

The new campus is designed to achieve a six-star 'Design and Built' Green star rating, featuring versatile teaching and learning spaces.

Dr Gordon Reid MP

Federal Member For Robertson

Liesl Tesch MP

State Member For Gosford

REGULAR ACTIVITIES & MEETINGS (cont'd)

St Barnabas Christian Service
Yarramalong
Serbian Orthodox

Every Sunday, 9.30am. (Easter & Christmas Carols dates to be advised)
2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20).
1184 Peats Ridge Rd, Peats Ridge

Kariong Community Baptist Church

Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email pastorkcbc@outlook.com

Restitution Ministries
Independent SDA Church

10am every Saturday, Mangrove Mountain Union Church.

Divine Retreat Centre (Ph 04 6848 6782)
160 Hensons Road, Somersby
www.divineretreatcentre.org.au

Daily Holy Mass 8.00am to 8.30 am
1st Fri, 5:30pm-8:30pm Divine Mercy Friday
1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr
Last Sun, 9am-4pm, One Day Retreat

Catholic Service -Spencer

Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.

- Wollombi

2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.

- Yarramalong

1st Sunday each month, 11.15am St. Barnabas All welcome. Enq 0428 438577

YOUTH

Junior Girl Guides 5-10

Kooree Guide Cabin, 5.00pm – 6.30pm Mondays in school term,

Girl Guides 10-15

Kooree Guide Cabin, 6.00pm-7.30pm Mondays in school term, Contact 0417451764 for further information

Scouts, Cubs & Venturers
Peats Ridge Scout Hall

Cubs meet 6.30pm – 8.30pm Wednesdays
Scouts meet 7.00pm – 9.00pm Tuesdays
Venturers meet 7.00pm – 9.00pm Mondays
Contact 0460 696 941

HISTORICAL

Brisbane Waters Historical Society

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au

Dharug & Lower Hawkesbury
Historical Society Inc.

Last Sat of month. All welcome, contact Jan Kofron 0405321478 jankofron@optusnet.com.au

First Fleeters Central Coast Chapter

2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.

The Pearl Beach Aboriginal History Group

3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com

Wyong District Museum &
Historical Society

Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@alisonhomestead.com.au website: www.alisonhomestead.com.au

ACTIVITY/HOBBY

Central Coast GNU/Linux Users Group
Coastal Communicators Toastmasters

www.cclug.org.au - all most welcome

Craft/scrapbooking

1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952

Saturday Craft Group/Spining
and bobbin lace

Yarramalong Hall 10am to 5pm, \$12/person. Bring along your projects. Dates & details: stackm@skymesh.com.au or ph 43561196

Yarn group (knit, crochet etc)

2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305
Last Sunday of month 2pm at Angels Sussurri Cafe Yarramalong. Contact Margaret Dale 0411104770

HALL BOOKINGS

Kulnura Hall
Mangrove Mountain Hall
Mangrove Mountain Union Church & Hall

Contact Central Coast Council.

Hall bookings Ryan Howard 0405416289

Somersby Hall and Mountain Districts
Culture and Heritage Centre
Yarramalong school of Arts / Hall

Church & Hall bookings 0412669649 mmucsecretary@outlook.com

Hall bookings: 0413 359 655

or AH 4373 1488

enquiries@yarramalonghall.org.au
<https://yarramalonghall.org.au>

MDS
MOUNTAIN DEVELOPMENT
SOLUTIONS

SCREW PILING

RURAL: TRACK LOADER & EXCAVATOR HIRE

ROAD & DRAINAGE REPAIRS
ROCK & BLOCK RETAINING WALL
SUPPLIED & BUILT

0417 479 525

John White

PRINTING SERVICES

Lynwood Press

Your local printing service



∞ Flyers

∞ Business Cards

∞ Booklets

∞ Graphic Design

∞ Stationery

∞ Duplicate Books

Publishers of the "Community News"

Ph/Fax: 4374 1039 Mob: 0412 669 649

Email: enquiries@cnews1.com.au

.:KSR.:

**NEW
GRAVEL
ROADBASE
\$50/T
DELIVERED**

0411 868 437

FOR RENT / LEASE

AVAILABLE TO RENT as storage space or run a business - 5 x chicken sheds 1100m² each. Somersby 10 minutes to Kariong and M1. Phone Jim for any enquires 0414777748

HOUSE SHARE: 10 minutes to Kariong/ 2 to M1. Private bedroom, and office/ guest room, bathroom, separate toilet, fully furnished plus large outdoor area. Built in wardrobes. Dog yard. Garage. ph: 0431901929.

WANTED

OLD BATTERIES, will pickup, phone 0413 975 107

AGISTMENT

HORSE AGISTMENT AVAILABLE. Full care. Group and individual paddocks with shelters. Full size sand dressage arena, grass jumping arena. Located walking distance to Peats Ridge Village and Caf . Call Cameron on 0438695600

ACCOMODATION WANTED

YOUNG PROFESSIONAL male looking for a property or space to rent in the mangrove mountain area to set up a caravan or canvas tent. Non smoker no kids no pets.

Work at a marina in Brooklyn, have spent alot of time in mangrove mountain hoping to call it home. 0416341839

Wanted to Rent - Small House or Separate Granny flat. In Upper Hawkesbury/Brooklyn/ Mooney Mooney Area. Single Guy. Full Rental History available in area. Contact Tim at oztralien@gmail.co

FOR SALE

GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

WATER LICENCE Kulnura Mangrove Mountain Ground water source 45 Megs, open to offers, call 0407761375

PLASTIC CRATES - Perfect for Growing crops or used as Benches. Lots of other uses, large quantity available. Stackable, 60cm x 40cm. From \$1.00. Ph 0408 432 999

8X5 DUAL AXLE HEAVY DUTY TRAILER with hydraulic brakes. Has home made canopy and frame which is removable. 2 ton GVM. November 2025 registration. \$2500 Ph 0407847263

1 x 450 kg John Deer TPL COUNTER WEIGHT \$400; 1 x Jonens-way Ind Pedestal BAND SAW \$500; 1 x As New Toyota V8 Land'C EXHAUST SYSTEM \$800; 1 x As New Toyota SNORKEL \$100; 1 x As New Toyota BUMPER BAR assembly complete \$350; 2 x New FUEL TANKS 1x80Lt \$200 - 1x20lt alum \$100; 1 x 8Ft TPL Spring Tyne CULTIVATOR/STICK RAKE \$500; 1 x 200lt Trailable SPRAY RIG with hoses etc \$1,200
Phone 0418 221 495

MEPCC AGM

The AGM for the
Mangrove Emergency Planning and Communications
Committee

will be held on 15th January 2025, 7pm at
Mangrove Mountain Hall

All Welcome.

Enquiries by Email to mepccinc@gmail.com

K.Aranjo, Secretary



Mountain Medicine

Providing the local community with a collaborative approach to multidisciplinary healthcare.

Dr Christine Wade

B.Med (Hons) FRACGP

Dr Sepali de Silva

MBBS

Pathology – Douglass Hanly Moir

Mon & Fri 8.30am to 1.30pm

Wednesday 12.00pm to 5:00pm

Ph: 43741942

Torin O' Grady

Podiatry (Foot Care)



NOW BULK BILLING: Children under 16, Health Care Card Holders and Pensioners

40 Niclins Rd, Mangrove Mountain NSW 2250
ph 4374 1252

All Allied Health Professionals are EPC accredited. Medicare rebates are available if you have a GP Management Plan with Team Care arrangements
Please enquire for more details.



Bikes n Motors

Motor Vehicle Repairer

Service & Repairs

Motorcycles ★ Light Vehicles
Cars ★ ATVs ★ Buggies ★ Quads

Call & Book Now

PH: 0491 622 080

1154 George Downes Drive,
Kulnura, NSW, 2250.

★ Behind Jerrys' Cafe ★

bnm@bikesnmotors.com.au

www.bikesnmotors.com.au

**PINK & BLUE
SLIPS**

Licence No:
MVRL56584

CLASSIFIED ADVERTISEMENTS

These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

POSITIONS AVAILABLE

HC DRIVER WANTED for easy runs 2-3 nights per week

- 1-2 nights approx 4hrs return trip from Mangrove Mountain to Sydney Market (Sunday-Monday, Thursday-Friday)

- 1 longer night approx 4.5hrs driving, load and unload, approx 3hr wait in between (Tuesday-Wednesday)

- Must have fork lift licence/experience
 - Must have semi road ranger experience
- Phone Peter on 0422 082 764

ADMINISTRATOR / BOOKKEEPER, part time, flexible hours, Mangrove Mountain. Ph 0411 185 717

GROUNDS MAINTENANCE, Land care & Animal Husbandry:

2 days per week, casual, 30.00 per hr. plus Super. The days are flexible. MUST be physically fit. Must have the ability to lift & carry heavy objects, bend, squat, kneel and stand for extended periods. Willing to work out doors in various conditions. We provide all necessary tools and equipment. Ph 0480254743

SERVICES AVAILABLE

KELLY'S KLEANING SERVICE. Cleaning the mountain & the coast. Call Kelly on 0420541196

LOCAL CLOTHING ALTERATIONS AND REPAIRS - Contact Yolanda on 0408733243

LAURIE DOUGLASS PLUMBING
Plumber, Drainer, Gasfitter, Roofer -
Ph 4373 1257 Mob 0407 008 488

SERVICES AVAILABLE

AIRCONDITIONING, BUILDING, CARPENTRY - Local service, 14yrs experience in aircon, 22yrs experience in building & carpentry. Call Ken 0412 842 920

BRICKLAYING & Render repairs. Adrian 0408347737. Lic 98665C

TOWN 'N COUNTRY FLOOR SANDING & POLISHING New & old floor boards, parquetry, verandahs, stairs, walls ceilings, re-coating, staining & painting ect..free quote ph Stuart 0400076261 in services available.

HANDYMAN (with own tools) looking for work in the greater Lower Mangrove, Mangrove Mountain, Central Coast area. Also have Forklift licence. Phone 0414 912 423

RURAL FENCING - Post & rail, wire stock, chainwire, colourbond, paling etc. Also Landclearing. Phone Rick 4373 1117

ALL TERRAIN SLASHING

Track mounted slasher/mulcher and excavator mounted flail mower. Sloping land, fire breaks, hazard reduction of low vegetation, (lantana, etc) fence line clearing, broad acre slashing. Free quotes. Bliss Earthworx 0409456003

HORSE BURIALS

Specialising in the on-site burial of your precious horse. Ph Craig 0411 2888 12

ROOF AND GUTTER CLEANING, call Alan on 0427606303. Call for a free quote

METAL PATIOS, INSULATED ROOFS & Carport Builder. Custom made awnings, Decks, Carports & Sunrooms 0420906499

OOST Painting Contractors - Lic 71725C
Quality & cleanliness assured.
For a free quote call David 4356 1449 or
0417 234 094. Yarramalong Local

PEST CONTROL - Servicing the local area. A.T.S. Pest Control Services Phone Tony 4373 1157 Mob: 0427 731 157

HORSE RUG REPAIRS - reliable prompt service. Pick-up & drop-off available for large quantities. Ph 0405 620 394

CERAMIC CLASSES & OPEN CERAMIC STUDIO (By appointment-Ph: 0411870090)

JOIN me in an unforgettable journey with clay & artistic exploration!! Reserve your spot today SIMPLY BOOK on foxeystudio.com or email me foxeystudio@gmail.com

LEVEL 2 QHHT Practitioner and Soul Speak Practitioner. Also offering:

- Group Regression Sessions
- Personalised dowsing sessions
- Pendulum dowsing classes
- Holistic Household Cleansing Consults
- Magna Carta 1215 group tutorials
- Crisis Counselling Phone Service

For enquiries call Sharyn on 0408 967 507, email to shazzaunitt@protonmail.com or visit www.soul-speak-healing.com

**SMALL ACRE MOWING
Excavation, Environmental
Remediation 0412 228 718**

MISTY MOUNTAIN RURAL CONTRACTORS - Earthworks, Irrigation, all services available Ph 43530990 or 0418221495

ALL COVERS & CANVAS WORK!
Boats, Vehicles & Horse floats re-trimmed, cover & horse rug repairs, no job too small!
Servicing the mountains & the valleys. Call Alan on 0414 993 669 or Louise on 0410 646 200. located at Yarramalong Road Wyong Creek.

WATER BORES

Local drilling company based at Ourimbah

Contact: Paul Slade

Ph/Txt: 0408 471247

email:

Sladedrill@bigpond.com

Your LOCAL GUY for Communications and Security

BEFORE YOU ORDER STARLINK:

ONE MONTH FREE SAVE \$139.00.

Use the QR Code below.



STARLINK:

1. Download the Starlink App and do the scan. 2. Call me.

Multiple buildings:

WiFi link to multiple buildings, sheds etc, call for info.

VAST Satellite TV:

We supply and also install

Master Security License:
101264
Open Cablers License:
55883
Insured PI & PL.
Over 30 years In business.
Techniport Pty Ltd T/A

CLOUD SECURITY
Call WARREN 0407 366 444



Contractors Licence No: 367849C

WATERMAN EXCAVATIONS PH: 0438 617 851

Mulching - Horse Arenas - Certified Fill

Sands - Soils - Mulches - Woodchips
Gravels - Pebbles - Rotomill

Excavators - Tipplers - Grader - Dozer - Pozi Track - 6x6 Dump Truck

CROSSROADS AUTOMOTIVES

Terry Kyriacou

Mon - Fri: 7:30am - 5:00pm

Saturday: 7:30am - 12:00pm

SPARE PARTS

LOG BOOK SERVICES

MECHANICAL REPAIRS

Ph: 4373 1774



Cnr of Wisemans Ferry Rd. & George Downes Drive, Central Mangrove

AUTHORISED INSPECTION STATION (INCL LPG)

The Grass Cutters

- Slashing
- Rock picking
- Farm cleaning and clearing
- Cultivation and more
- Obligation-free quotes



Call 0419 412 993

Email pat@thegrasscuttersrus.com

See us in action at: thegrasscuttersrus.com



GIWS

GOSFORD IRRIGATION
& WATER SOLUTIONS

- AGRICULTURE
- INDUSTRIAL
- DOMESTIC

Licence No - 269888C

24 HOUR EMERGENCY CALLOUT SERVICE

Ph: 4322 3333

Fax: 43223433

Email: sales@girrigation.com.au

Web: www.girrigation.com.au

Unit 2 254 Manns Road, West Gosford NSW 2250



K&T PROPERTY CONSULTANTS PTY LTD

Real Estate Valuers & Land Economists

ROBERT MEGGS FAPI CPV

providing independent property valuation advice, including:-

- Stamp Duty, CGT, GST & Retrospective Valuations
- Probate & Estate Valuations
- Insurance Valuations
- Valuations for Family Law
- Pre-Sale/Auction Advice
- Land Value & Compulsory Acquisition Valuations

500 Kyola Road
KULNURA NSW 2250

Telephone (02) 4376 1451

Mobile 0429 44 33 10

Email: ktpropty@ozemail.com.au

Misty Mountain Rural Property Development Services



- agricultural consultants
- pasture improvement
- fertilizer spreading
- weed spraying
- all tractor work 4/2WD
- soil conditioning
- irrigation install/design
- fencing & stables
- crop planning & planting & all excavations
- concrete slabs Lic. R94321
- property evaluation & planning & management
- fork lift hire

Ex-Dept. Agriculture Officer with 45 years
experience in the local district.

Greg Koutoulas is the man to call on 0418 221 495



Stop Water Shop

Authorised Dealer

ONGA, DAVEY and
GRUNDFOS PUMPS



K. W. & M. E. WEST Pty. Ltd.

1650 Wisemans Ferry Road,

Central Mangrove

Phone 4373 1164 Fax 4373 1049

*Wishing everyone a
happy and safe
Christmas & New Year*

Trading Hours

Mon - Fri

7.30 am - 5 pm

Sat 7.30 am - 12 noon

Closed Public Holidays