

# COMMUNITY NEWS

No. 954 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 1st November 2024



## A FABULOUS COUNTRY FAIR

What a fantastic Country Fair this year! Once again, our community got together to put on a great show, and from all feedback I've had, everyone who came had a terrific time.

Our passionate Country Fair Committee, and active non-committee members, have put in a lot of work all year, and it has paid off. They are all to be congratulated and commended! So much work goes on behind the scenes all year, and each Committee member has an important portfolio which takes time and effort.

This year we brought in a Climbing Wall and swinging Pirate Ship that were both big hits with adults as well as children. The Beezeebo was of great interest, as were the sheep-shearing demonstrations. Everyone fell in love with the baby animals, the Clydesdale horses, Silver Gully's happy, healthy cattle and scene-stealer Flora, the Alpaca. And it wouldn't be a Country Fair with the heart-warming antics of Bob Pankhurst and his performing donkey.



Our food and drink stalls were busy all day, but not swamped, which was great. And of course, everyone put in their usual fabulous effort, working hard all day with smiles on their faces, turning out plate after plate of yummy

food, ice cold drinks and delicious coffee. Well done to you all!

Again the Plant Stall and the Produce stall were FULL of stunning donated plants and vegetables at the beginning of the day, and, being such good value, both had pretty much sold out by the end of the Fair. The quality of the donated plants, fruit and vegetables was truly exceptional this year!

The entertainment was terrific - from our excited local pre-school performers and young musicians, who were followed by the outstanding Central Coast Ukulele Club, to the Coastal Slickers Line Dancing class dancers, who inspired quite a few audience members to get up a learn how to scoot their boots! Then Piper Butcher showed why she made it into the Top 20 of Australian Idol. Walking Cane were also great, as was Exploding Happiness, who really impressed the afternoon audience.

The Arts and Crafts Hall was filled to the brim with entries, and it looked incredible. The creativity and talent shown by all the entrants was truly inspiring. The judges would have had a very hard time deciding on the winners.

This year we also made sure that we had fun things to DO. Our Witches Kitchen was a plate-smashing success, and the Toy-Chicken Races became quite competitive! Our demonstration

and information stalls also did very well. Where else can you go from watching macrame, or learning about Viking lifestyles, or talking plants and environmental management with Local Land Services and the Community

Environment Network, and then see vintage tractors and farm machinery right next to modern tractors, mowers and muscle cars?

At the end of the day, our Fair is not only about providing an affordable family fun-day and is a great time to catch up with old friends, but it is also about raising money for our local community groups. We believe that these community groups add richness and vibrancy to our community, and our active community groups are a great way of meeting new people and helping others. So, while we did not break any records this year, we were very happy with the attendance as we had a lot of people again this year, and financially we were only a little under last year's takings. And given how smoothly the whole day ran, with no incidents, and no parking problems, I think that we should all truly be proud of everyone who worked to make the 2024 Country Fair the fantastic success that it was.

Lastly, I'd like to say Thank You to all our sponsors - a lot of local business who donated money or prizes, or both, to the Country Fair.

And a VERY special Thank You to our vital Platinum Sponsors - Central Coast Masonic Lodge, Andreasens Green Nursery, Bendigo Bank, Eastcoast Juices and Michael Kidd Property - who all understand the importance of supporting community and whose substantial financial support is very much appreciated!

If you want to be part of the enriching experience of helping to put on the Country Fair, please come to any of our Country Fair meetings which are open to everyone. Call me - 0417436529 and I can give you details.

*Shane Eastman, President  
Mangrove Mountain Country Fair*

When small men cast big shadows, it means that the sun is about to set  
Lin Yutang

### STOP!

Next issue Published  
15th November 2024

**\*\* DEADLINE \*\***

**\*\* 8th Nov '24 \*\***

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# New Hope for Fairview Homestead

Fairview is heritage-listed traditional homestead on Ten Mile Hollow Road at Mangrove Creek. Built over 100 years ago, it is a historically significant landmark and one of the last remaining examples of the settlements and farms along Mangrove Creek.

Fairview has an amazing history. Located at the heart of Mangrove Creek, it was the closest homestead to the old St Thomas' church and school. Fairview was the focus of activity for the local community: Sunday races, tennis, picnics. Local teachers boarded there and some children from other parts of the valley would stay at Fairview during the week to go to school and go home at the weekend. However, Fairview wasn't just important to the local community. Before 1930, the only way to drive from Sydney to Gosford was via Ten Mile Hollow and up Mangrove creek to Fairview. At Mead's Bridge just before reaching Fairview, the road crossed the creek before making its way south again and onto Gosford. It was a long and uncomfortable journey



and often drivers would stop overnight at Fairview before tackling the perilous ascent out of the valley at Mangrove.

Fairview has been owned by Council since 1973 and was home to two award-winning landscape painters and their families until 2002. Only four years later the first proposal to demolish Fairview was put to Council. Since then, the Friends of Fairview and the Fairview Homestead Association have been fighting to save Fairview and to protect the heritage and history of Mangrove Creek.

The Fairview Homestead Association has just held its 11th Annual General Meeting and there has been a generational change in the committee. The new team is eager to take on the challenge to ensure that Fairview is preserved and can serve as a lasting memorial of the amazing

history of the valley and its people.

With a new Council in place, we look forward to renewing our drive to ensure that the homestead can again be a resource to the community of the Central Coast.



However, Council will only act if there is a large group of people who want to see action. Join us and make

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## GUESS WHO!

Apparently it is not so easy to recognise people as children. Thank you very much to: Jodie, Jo, Annette, Poppe, Sue, Paul, Peter, Rob and Keith, for contributing their photos to this tricky activity at the Country Fair.

In the end, no one guessed everyone correctly.

If you would like to know the answers, come along to the next Mangrove monthly market on Sunday 3rd November and I can show you who was who.

Sue Douglas

your voice heard. To join us, scan the QR code using your phone or go to <https://www.surveymonkey.com/r/FairviewMembership>. Membership is a token \$5. Come and see us at the Mangrove Mountain Market on Sun 1 December.

The Fairview Homestead Association is a registered charity and new members are always welcome.

Donna Lohmeyer, Secretary  
Fairview Homestead Association

## MEPCC AGM

The AGM for the Mangrove Emergency Planning and Communications Committee will be held on 15th January 2025, 7pm at Mangrove Mountain Hall All Welcome.

Enquiries by Email to [mepccinc@gmail.com](mailto:mepccinc@gmail.com)

K. Aranja,  
Secretary

## MEN'S SHED

On the 1st November at 6pm. anyone interested in attending a men's shed or helping to establish a Men's Shed on the Mountain is invited to come along to the Church Hall at 2154 Wisemans Ferry Road Mangrove Mountain.

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## EPiC Workshop Emergency Preparedness in Community

Saturday November 30th  
9:00-1:00pm

NSW SES Wyong Unit  
Levitt St Wyong

Connect with other women to learn how you can prepare yourself and your household for severe weather events.

Register via the QR code



NSW SES Wyong Unit  
[www.ses.nsw.gov.au](http://www.ses.nsw.gov.au)



# CB Radio Emergency Comms Network

## CB Radio Network Training

A training and information session on the MEPCC Emergency CB Radio Network will be held on 20th November 2024 at Mangrove Hall, starting at 7pm.

User Guides and Quick Reference Cards will be issued to those who already have CB's.

For those who are not already participating but would like to find out more, please come along.

## Communicating During Emergencies

Do you live in an area vulnerable to bushfires, severe storms, floods or other disastrous events?

Are you at risk of being cut off by landslides, floods or road closures?

Do you suffer from loss of power, phone and internet during emergency situations?

Loss of communications and isolation can be a major problem.

By participating in the emergency communications network you will be better prepared when disasters strike. The system uses UHF CB Radios that are provided at no cost. This program is supported by the Commonwealth

## Dr. S. ANANDASIVAM

(ANAND)

MBBS, FRACGP, AMCC

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Government through the Black Summer Bushfire Resilience Grants program. The network includes the rural areas west of the M1 from Mt White through to Wollombi and reaches out west past Gunderman.

Having a network of radios increases the chance that there will be a point of contact during an emergency situation and is a way to communicate and relay critical information.

Use of the 200 odd radios already deployed has proven that the system functions well, even in some of the most radio unfriendly terrain in the region.

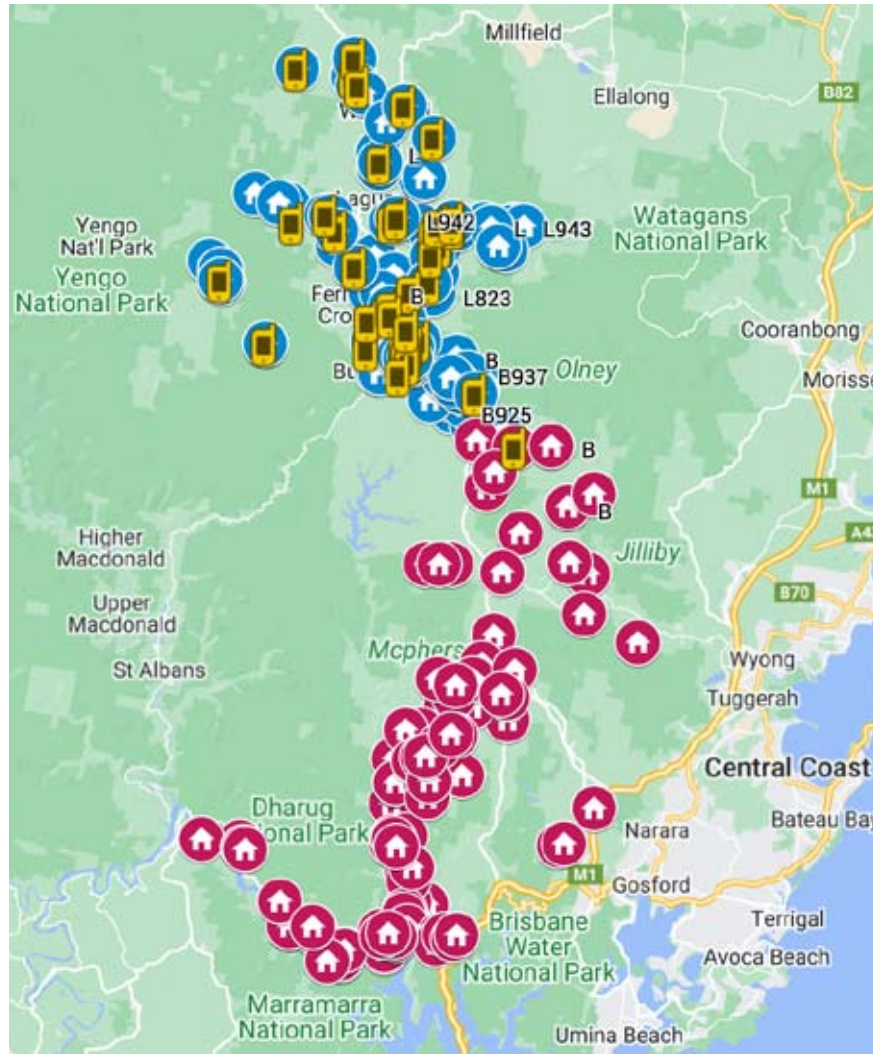
There are however certain areas where more radio sites are required to provide improved coverage and better links between existing areas. These include Yarramalong, Dooralong, the northern part of Kulnura, Calga and Somersby.

The project is overseen by the Mangrove Emergency Planning and Communications Committee Inc. (MEPCC) and is being managed by a project team made up of volunteers from the areas where the system is being deployed.

If you would like more information or would like to be involved please email your details to [mepccinc@gmail.com](mailto:mepccinc@gmail.com)

*Keith Aranjó*  
Secretary, MEPCC

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Map showing radio sites

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# Submissions record broken on Regional Telecommunications Review as independent Committee outlines next steps

The views of regional, rural and remote Australians experiencing connectivity issues have been heard loud and clear with a record-breaking number of submissions received on the Australian Government's Regional Telecommunications Review.

The Regional Telecommunications Independent Review Committee has published all non-confidential submissions today, which the Committee is currently working through to deliver on its recommendations to Government.

The Review – held once every three years – plays a key role in reducing the digital divide between cities and regional Australia, with feedback from the public in previous Reviews leading to policy initiatives and programs such as the Mobile Black Spot Program and the National Audit of Mobile Coverage.

The Review received a total of 3404 submissions, including 306 written submissions – an increase of more than 400 per cent compared to 2021 – before submissions closed 31 July 2024. The easily accessible online survey option – utilised for the first time in a Review – drove most of the

submissions received, with a total of 3098 responses.

Chaired by the Hon Alannah MacTiernan, the Committee has in recent months been undertaking face-to-face consultations and reviewing these submissions as it looks to deliver the report and recommendations to the Minister for Communications, the Hon Michelle Rowland MP, who set the Terms of Reference of the Review in January 2024. The remaining Committee members are Mr Ian Kelly, the Hon Fiona Nash, Dr Jessa Rogers and Ms Kristy Sparrow.

The Committee is now preparing its advice to the government, including recommendations that clearly reflect the needs of regional, rural and remote communities across Australia. These actions will include measures to reduce the digital divide, improve literacy, connect communities during emergencies and disaster responses and action to meet the unique needs of First Nations communities, ahead of delivering a report and recommendations to the Australian Government by 31 December 2024.

To view the submissions visit: <https://www.infrastructure.gov.au/have-your-say/2024-regional-telecommunications-review>

[au/have-your-say/2024-regional-telecommunications-review](https://www.infrastructure.gov.au/have-your-say/2024-regional-telecommunications-review)

For more information on the Review: <https://www.rtirc.gov.au/consultation>

The Hon Alannah MacTiernan said “We are paying great attention to these submissions and to the feedback we have received in our community consultations across the country. Together they are guiding the development of our recommendations to the Minister on how we believe we can improve telecommunication services in the bush, improving regional life and fostering regional development.

“On behalf of the Committee I’d like to thank everyone who has taken the time to have their say – your input will help us shape the report and recommendations to the Australian Government going forward.

Previous Reviews have helped shape important policy changes and we look forward to our report assisting the Minister forge new paths for regional telecommunications policy in a time of rapid change and increased complexity.”

Media Release from the Office of  
The Hon Alannah MacTiernan  
Chair, Regional Telecommunications  
Independent Review Committee  
Department of Infrastructure, Transport,  
Regional Development, Communications  
and the Arts



## Mangrove Mountain

### MEMORIAL CLUB & GOLF COURSE

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**WEDNESDAY**  
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\$18 schnitzels

**THURSDAY**  
MEMBERS BADGE DRAW - 730pm  
\$22 steak night

**FRIDAY**  
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# Diabetic Footcare

Diabetes poses challenges to our foot health due to nerve and vascular damage. The small blood vessels and nerve supply in our feet can become damaged by high blood sugar levels associated with diabetes. Without care feet can become easily damaged and slow to heal, especially if you can no longer feel your feet properly.

Poor footwear and walking patterns can contribute to pressure on the skin and bones of the diabetic foot, causing damage. Ulcers are common, and once an ulcer starts they can be difficult to control and can lead to bigger problems requiring surgery.

Ron can discuss the importance of daily foot checks that you can do yourself, as well as annual screening of the circulation and nerve sensation about the foot. General podiatry care of the nails and skin of the feet can also be important if you are unable to care for your feet at home.

Ron has been treating patients on the Central Coast for over 25 years as a Chiropractor and now a Podiatrist. Ron is focused on helping you to better understand what the issues with your feet may be and what can be done to help you both in the clinic and at home.

He provides diabetic podiatry care for toenails and skin, and is registered under Medicare to provide care under an EPC.

For more information you can visit the Better Health Practices website, or call the clinic for more information.

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# Meals on Wheels helping Senior Citizens - Mangrove Mountain

Have you, a friend, neighbour or family member considered a TRUSTED Meal Service Lately?

Did you know? Meals on Wheels friendly volunteers are in the surrounding suburbs of Mangrove Mountain & Districts weekly between 9am and 12pm delivering healthy subsidised meals to your door. With over 145 meal options, their new 2025 menu is a blend of some new meals and some old-time favourites that we know you love.

Now available to help supplement your own cooking, the menu offers healthy meal choices and helps to tackle the high cost of living. Best of all, offering FREE delivery with no contracts and no minimum orders!

From Mini Roasts, Entree to Mains and Desserts, you will fall in love with the range, variety of cuisine and the

very affordable prices of the meals. Friendly trusted volunteers arriving at your door in their own private vehicles are always up for a chat if you have time offering that companionship, checking on one's wellbeing as we address social isolation and loneliness together as a community.

Offering the ultimate Dining Experience – your own personal Client Services Officer is there to hold your hand at all times with friendly communication to help order meals, delivery requests and social support. Flexible deliveries - we don't charge for meal delivery if you're not home, we will re-deliver at another time that suits. Just a simple phone call away on our local Central Coast assistance and support line.

To make ordering easy and assist with your dietary requests, the community meal suppliers menu key features 13 dietary requirements – ranging from low fat, vegetarian, soft, puree to gluten-free – and listing all allergens, such as onion, garlic and peanut. Menus now available in easy to read A4 booklet size.

The Meals on Wheels Team made the trip up the Mountains earlier in the year to the Wellness Community event at Spencer at the Anchor Café & Foreshore. The local initiative and the amazing community spirit reached out

and encouraged Meals on Wheels and fellow care providers - services to come up for the event to educate and connect with Seniors in need. For over 25 years Meals on Wheels have serviced our beautiful region thanks to the lovely local couple and volunteers Jim & Wendy, with meals distributed from the Mangrove Mountain Memorial Golf Club. Amazingly its only the one piece of road that is the Wisemans Ferry Road that stretches and winds 90km from the Pacific Highway all the way to the Hawkesbury River to get meals and social assistance to our clients as far as Gunderman and Spencer.

The organisation, deeply rooted in the local Central Coast community for over 57 years, has experienced exponential growth and popularity of the meal service to seniors and younger individuals with disabilities, particularly in response to the challenges posed by COVID, ageing in place and now the current high cost of living.

"It's so rewarding to welcome all our lovely new clients this year and to know we're helping more and more people to live a flourishing, independent life." Meals on Wheels Central Coast has been a lifeline for family members struggling to support their loved ones to maintain a balanced diet or prepare home cooked meals and

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to have critical social interaction.

Reflecting on its journey since its post-World War II role dealing with rationing and food shortages, Meals on Wheels has evolved into a comprehensive service that goes beyond the delivery of a meal. In addition to offering over 145 delicious and nutritious meals, the organisation also runs four local Community Restaurants, social support, wellness checks, assisted shopping, and even pre-packaged pet food for your furry friends.

Meals on Wheels Central Coast stands as a testament to resilience, adaptability, and unwavering commitment to the wellbeing of the Central Coast community, proving that they are not just a service but a lifeline for those in need.

Am I eligible? - you are eligible to receive the subsidised meals if you are either:

- 65\* years or older and registered with My Aged Care (supporting you to live at home)
- 65 years or older and registered with a Home Care Package Provider.
- Or Younger with a disability and registered under the National Disability Scheme

*\*50 years or over for Aboriginal and Torres Strait Islander people*



Above: Wellness Community event at the Spencer Café & Foreshore

To organise an information pack, sample menu or the subsidised price list, please contact the friendly Meals on Wheels team on 02 4357 8444 or [admin@ccmow.com.au](mailto:admin@ccmow.com.au)



# COPING WITH GRIEF

at  
*Christmas*

## Helping someone who is grieving

### NALAG Guest Speakers

We invite you to attend an informative session with guest speakers from NALAG - National Association for Loss and Grief (NSW) Inc with us to discuss Coping Strategies, Helping someone who is grieving, Christmas can still be special.

Coping with Christmas has much to do with challenging your expectations of the 'perfect' Christmas.

It is important to acknowledge that you are not totally responsible for others' happiness, but also that they cannot assist you if they are not aware of your pain or concerns.

Be gentle with yourself, trying not to expect too much of yourself or those around you, makes good sense, but often needs planning.

**Saturday 16th November 2024**

**10.00am - 11.30am**

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and Memorial Park, 57 Palmdale Road,  
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# Coasties encouraged to put safety first this boating season

With a busy boating season underway, community members are being encouraged to put safety first by wearing an appropriate lifejacket on the water, check their vessel's mechanical, electronic and fuel systems, and log on (and off) with the Marine Rescue NSW app.

Member for Gosford, Liesl Tesch MP said Coasties executing water safety measures each and every time they went out on the water would help shape a safer Summer.

Across NSW coastline in FY23-24 there were 61 coastal drownings and we thank NSW life savers for undertaking 4,489 surf rescues. Here on the Central Coast people running out of fuel, battery problems and groundings are the most common issues tackled by Marine Rescue NSW.

Boaters are encouraged to 'Log On' via the Marine Rescue NSW app, VHF Marine Radio Channel 16 or calling 4337 9600 before spending a day on the water, to give themselves, their families, and friends peace of mind.

For boating safety tips visit <https://www.nsw.gov.au/driving-boating-and-transport/waterways-safety-and-rules/lifejackets-and-safety-equipment/equipment-checklist>

Media Release from the Office of Liesl Tesch MP

COMMUNITY EVENT SCHOOL FUNDRAISER  
Somersby P&C association

## Cinema Under the Stars HOME ALONE 1

Somersby Public School Oval  
840 Wisemans Ferry Rd, Somersby NSW 2250

**7 p.m Friday  
13th December**

Enjoy a picnic dinner or relax with friends.  
Remember a picnic blanket, chairs/cushions.  
Sing along to some Christmas carols and look out for a special guest!!!!

**8 p.m: MOVIE**

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The property has been carefully developed over the past 20 years and is currently stocking Highland Cattle, are operating a Cat Boarding Service, and the property is also suitable for Horses. A creek gully lined with Hawkesbury Woodland, Ferns, Blueberry Ash and more runs through part of the property providing a lovely place for a walk as does Marlows Gully in the adjoining Popran National Park.

Much thought has gone into the design and construction of the steel framed 5-bedroom Traditional style home which features 3 metre ceilings throughout, dual zone reverse cycle ducted air conditioning, wide wrap around verandahs, is carefully located to provide maximum privacy with views across one of six dams which has an original Southern Cross windmill pump and onto Popran National Park and beyond.

Phone Michael Kidd 0439 761 440 for more information or appointment to inspect.

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DA approval has already been granted for a 300sqm+ 4-bedroom architect-designed contemporary dwelling. The house would overlook a bush valley with a semi-permanent creek and wet gully. Only a CC would be required prior to commencing building works. The approved design comprises a concrete block base, concrete floor, steel framework, and metal wall and roof cladding. All windows are set behind fire-rated shutters so that the building can be 'shut down' for optimal security.

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- 19th and 20th December, from 8am to 4pm
- Reopening on 16th January until school resumes

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### How to book:

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- Email [mountainbasc@gmail.com](mailto:mountainbasc@gmail.com)
- Call or text 0412 280 675

Onsite: Kulnura Public School,  
9 Williams Rd, Kulnura.

*Michael Kidd, Director*  
Mountain Before & After School Care Inc  
ABN 73 709 828 457  
Ph: 0439 761 440  
Kulnura Public School,  
9 Williams Rd, Kulnura, 2250, NSW  
[mountainbasc@gmail.com](mailto:mountainbasc@gmail.com)

## Central Mangrove Students at State Athletics

The Primary Schools Sports Association competition is open to all primary schools in NSW, public, independent and Catholic.

CMPS students (L to R: Cam, Mason, Charlie, Adrian) competed in the small schools 100m relay.

Although they ran their hearts out the boys did not qualify for the final running 21st out of 33 teams.



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# COUNTRY FAIR C.M.P.S. CAKE STALL A SELLOUT!

As in previous years, the Central Mangrove Public School community ran a cake stall at the recent Mangrove Mountain Country Fair.

With parents, carers, students, and teachers baking and with contributions from community members and the CWA, the stall was loaded with a huge assortment of delicious cakes, cup cakes, slices, pastries and sweet treats.

A big Thank You to Coles West Gosford for their generous donation of cake mixes and to Georgia Sidiropoulos for the eggs and the donor of the cake boxes.

The stall was crewed by parents, teachers and students - a great effort by all.

See you all again at next year's Fair.  
*Keith Aranjo, Secretary, CMPS P&C*



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The winners are...



Governor's Prize Michael Snape 'Copse'

2024 WVAC 2325 SCULPTURE AWARD of \$1,000.

The winner of the independently judged award for a local sculpture is Ross Fletcher, for his work 'Lyrebird Portal'. Congratulations Ross.

In the judge's words... "We have chosen the sculpture 'Lyrebird Portal' by Ross Fletcher, for the unique



'Lyrebird Portal' - Ross Fletcher



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# SATURDAY CRAFT GROUP

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Ladies from the CWA in conjunction with the Community Hall in SOMERSBY

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and beautiful quality of the piece, the masterful craftsmanship and the marriage between the sandstone of Laguna and the emblematic nature of the lyrebird in this Country.

The Wollombi Valley Arts Council is also very happy to acknowledge

Ross Fletcher's dedication to the Arts and the community for over 25 years in our Valley."

Wollombi Valley Arts Council Inc  
c/o General Store, Wollombi 2325

Email: [artscouncil@wollombi.org](mailto:artscouncil@wollombi.org)

Web: [www.wollombi.org](http://www.wollombi.org)

# A HERITAGE VENTURES WORKSHOP AUSTRALIAN BIRD WATERCOLOURS

Join us in Spencer on Saturday 30th November with artist and designer Leonie Loewe [www.heritageventures.com.au/birds2024](http://www.heritageventures.com.au/birds2024). Enjoy a day by



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BINGO from 11am  
\$15 Pizza night

#### WEDNESDAY

MEAT RAFFLE drawn at 730pm  
\$18 schnitzels

#### THURSDAY

MEMBERS BADGE DRAW - 730pm  
\$22 steak night

#### FRIDAY

HAPPY HOUR 4-6pm  
COCKTAIL HOUR 6-7pm  
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<b>Barren Riding Keys Duo</b> Friday, 3 October 11:00pm	<b>Sam Woodham</b> Friday, 10 October 11:00pm
<b>Paul Bergagin</b> Friday, 17 October 11:00pm	<b>Open Fire</b> Friday, 24 October 11:00pm

**OCTOBER**

<b>Brandon Duff</b> Friday, 4 October 11:00pm	<b>Paul Bergagin</b> Friday, 11 October 11:00pm
<b>Spank &amp; the monkey</b> Friday, 18 October 11:00pm	<b>Barren Riding Keys Duo</b> Friday, 25 October 11:00pm

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the Hawkesbury River enjoying the wonders of local native birds. Our day begins in the company of a Hawkesbury River bird expert catching a glimpse of the local species along the river - maybe spoonbills, wood duck and plover, followed by a morning tea at the Hawkesbury Duck workshop space.

Learn simple techniques for painting Australian birds in watercolour under the expert guidance of Central Coast artist and designer Leonie Loewe.

Capture the essence of one of our beloved Aussie icons and explore some modern watercolour techniques to create interesting texture, giving a fun twist to our feathered friend.

You will take away your own beautiful artwork and the skills of capturing Australian birds in stunning watercolours. No previous skills needed - watercolour paints and all materials will be provided. Morning tea, lunch, and an afternoon reviver included.

**About the tutor:** Central Coast artist and designer Leonie Loewe has a passion for Australian native Flora and Fauna, and is constantly 'Inspired by Nature'. With a focus on watercolour as her medium of choice, she loves painting what she sees around her.

Her designs have been featured nationally, in magazines including Cleo and NW, and featured on advertising for native products. With over 15 years' experience in teaching adults, she loves sharing her wealth of knowledge with one on one and group classes.

When: Saturday 30th November 9.30am - 3.30pm

Where: The Hawkesbury Duck, Spencer

Cost: \$145 includes all materials, morning tea, lunch and a take home gift

Tickets online: [www.heritageventures.com.au/birds2024](http://www.heritageventures.com.au/birds2024)

or call 0447545271 to book your place

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# APVMA immediately bans herbicides with chlorthal dimethyl

The Australian Pesticides and Veterinary Medicines Authority (APVMA) has cancelled all 12 products containing the herbicide chlorthal dimethyl. This follows the recent United States Environmental Protection Agency (US EPA) emergency order to stop use of chlorthal dimethyl (DCPA), also known as Dacthal, in the US.

Chlorthal dimethyl is a herbicide used in vegetable crops, lawns and cotton that is currently in 12 products available in Australia.

APVMA Chief Executive Officer, Mr Scott Hansen, said the APVMA identified an immediate risk of serious injury or serious illness which could result from use of these products.

“The APVMA has the power to act swiftly where we identify an imminent

risk to human health and we are exercising that authority today with the cancellation of all products containing chlorthal dimethyl,” said Mr Hansen.

“We haven’t taken this decision lightly and are exercising a high degree of caution in cancelling these products and ask those who hold them to cease use immediately. We will issue information on the product recall requirements shortly.”

Mr Hansen said this decision brings Australia into alignment with international counterparts and reiterated that there is no phase out period for the products due to the risk to human health.

“The APVMA considers the risk of continued use to be unacceptable as the risk of exposure cannot be effectively mitigated.

“The primary risk is to pregnant people’s unborn babies, particularly where those people have handled the chemical or re-entered areas where the product has been used within the last 5 days.

“We understand the impact that this regulatory decision will have on industry, but the safety of people is of paramount importance.”

Farmers and retailers may continue to hold product until further notice, but must not use it. The use of chlorthal

# FEEDBACK SOUGHT ON PROPOSED MANAGEMENT ACTIONS FOR THE HAWKESBURY- NEPEAN RIVER SYSTEM

Central Coast Council is inviting local communities to provide feedback on proposed management actions for the Hawkesbury-Nepean River System Coastal Management Program (CMP), as part of the third stage of community engagement for this program.

Community members can attend information pop-up events to learn more and give input or provide feedback online until 24 November 2024.

The extensive Hawkesbury-Nepean estuary system spans the Greater Sydney and Hunter-Central Coast regions, with a large proportion of the study area within the Central Coast Local Government Area (LGA). This includes including Broken Bay, The Brisbane Water Estuary, Patonga

dimethyl as an agricultural chemical product is now illegal.

Stakeholders with questions about the above decision may contact:

Australian Pesticides and Veterinary Medicines Authority  
GPO Box 572  
Canberra ACT 2601  
Australia

## Products cancelled:

Product name	Reg. number
Nufarm Chlorthal-Dimethyl 900 Herbicide	59137
Imtrade Pterodactyl 900 WG Pre-Emergence Herbicide	65212
KDPC Prethal 750WG Herbicide	67445
Novaguard Chlorthal 750 WG Herbicide	68349
Ezycrop Chlorthal 750 WG Herbicide	69085
Farmalinx Dynamo 750 Herbicide	69626
AC Discord 750 WG Herbicide	69680
MacPhersons Chlorthal 900 WG Herbicide	81334
Lawthal 750WG Herbicide	83116
Hemani Chlorthal 750 WG Herbicide	85327
Titan Chlorthal 900 WG Pre-Emergence Herbicide	88705
Dacthal 900 WG Pre-Emergence Herbicide	93154

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Central Coast Council Director Environment and Planning, Jamie Loader said Central Coast Council and five neighbouring Councils (including Hornsby Shire, Hawkesbury City, The Hills Shire, Ku-ring-gai, and Northern Beaches) are developing a coordinated estuary wide Coastal Management Plan for the Hawkesbury-Nepean River, in conjunction with the support from the NSW Government.

“This Coastal Management Program will set a long-term strategy for the coordinated management of this coastal zone, with coastal management issues and opportunities affecting these areas identified and an action plan developed to address these in an integrated and strategic manner.

“This process is providing an opportunity for all Councils involved, public authorities and local communities to identify and balance competing interests, issues, risks and priorities in the coastal zone. We are confident this will ensure that the CMP reflects community values, with a shared sense of direction and facilitates mutual responsibility and collective action,” Mr Loader said.

The community input will be used to help identify, rank, and prioritise management actions for potential inclusion in the CMP. As required by the NSW Coastal Management Manual, this community input will be used in conjunction with other assessment criteria including technical feasibility and financial viability.

Central Coast Council CEO David Farmer said Council is encouraging anyone who is interested in, values, or uses the river system to have a say in how it is managed.

“Your voice really does matter in how we protect the waterways, and this third stage of engagement is a genuine opportunity for local communities to

## ANGLICAN NEWS

Congratulations to all the wonderful volunteers who helped raise money or donated for the Mangrove Mountain Country Fair or entered or judged the many competitions being held. As usual you all did a terrifically good job for the whole community. Also, many thanks to the many people who spent their hard-earned cash in these tight financial times with some people travelling long distances to give their support.

Our group helped out selling the children’s ride tickets again and is now busy organising our usual traditional carol service on Christmas Eve on the 24th of December, starting at 6pm. (Our carol service is held at this time to allow people to drive home in daylight and prepare for Christmas Day) As normal we have readings from the Bible followed by associated carols. This lasts about one hour then is followed by a supplied free supper for those who would like to stay. Every age is welcome.

If the weather is OK, we will hold

provide their suggestions and opinions regarding potential management actions,” Mr Farmer said.

“It is also important to note that an additional round of public feedback will also be sought when the draft Coastal Management Program report has been completed. So, the community will get another opportunity to review the draft.”

There are 12 drop-in sessions being held at Hardys Bay, Umina, Patonga, Woy Woy, Phegans Bay, Erina Gosford, Wisemans Ferry, and Spencer.

Learn more and provide feedback and ideas can also be given on-line by visiting [yourvoiceourcoast.com](http://yourvoiceourcoast.com) by 24 November.

Central Coast Council  
Media Release

it outside again in the bush setting; if not we will move the chairs inside the Scout Hall situated at 153 George Downes Drive Central Mangrove.

For any enquiries, please contact the Reverend Jim on 0407 210 861.

Our normal Christmas Day service will be held at the same place starting at 8am on Christmas Day 25th December.

We held an early end of term Bible discussion video party but did not go into the usual recess but continued over the school holidays into term 4. We have moved on from discussing the book of Hebrews and are now talking about the fruits of the Spirit.


We would love to meet you and welcome you to one of our services or events. You can ring up or just come along.

A reminder that the Rev. Jim has a licence to perform marriages as well as baptisms and funerals.

We would like to wish you all a peaceful and very happy Christmas season and look forward to meeting you soon.

God bless,

Mountain Anglicans



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## REGULAR ACTIVITIES & MEETINGS

### RURAL FIRE SERVICES

Bucketty RFS	Weekend Training Station Maintenance General Meeting	3rd Sat, 9am-12 pm, breakfast 8.30am Every Thurs as required, generally 10am-1pm 3rd Sat in even months, at 1pm, All welcome bucketty@lowerhunterffrs.com.au 4998 8130
Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamtwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Maintenance	2nd Monday of the month Meeting 6.30pm 3rd Monday 6:30pm 4th Monday 6:30pm E: captain-Spencer-vol@rfs.nsw.gov.au 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarramalong RFS		Information: <a href="http://www.facebook.com/YarramalongRuralFireBrigade/">www.facebook.com/ YarramalongRuralFireBrigade/</a> Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarramalongrfs.org.au

### COMMUNITY & SOCIAL

Central Coast Plateau Chamber of Commerce Coastlink Friendship Group	First Tuesday each month 7.00PM MMMC Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)	Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)	Third Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)	2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Union Church, 2154 Wisemans Ferry Rd, MMtn. General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club	2nd Wed each month 11am at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Kulnura & District Garden Club	Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradge@gmail.com
Kulnura Tuesday Tennis	Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Ladies of the Valley Afternoon Tea	1st Tues, 1pm to 2.30 at Angels Sussurri Cafe Yarramalong, Margaret Dale 0411104770
Mangrove Mountain Singers	1st & 3rd Tue, Mangrove Mtn Hall, 6-8pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts Community Group Meeting	1st Thurs of the Month, 7.30pm, Mangrove Mtn Hall.
Mangrove Emergency Planning & Communications Committee	Contact: mepccinc@gmail.com, 0412669649
Mangrove Mountain Country Fair Committee Meeting	3rd Thu of mth except Jan, 7pm, at The Hub of Mangrove Mtn. Pres- Shane 0417 436 529
Mountain Districts Association (MDA)	<a href="http://www.mountaindistrictsassociation.com.au">www.mountaindistrictsassociation.com.au</a> secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting	Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
Probus - West Gosford	2nd Thu. Ph Elaine Burrows 0412988353
River Cares for the Lower Hawkesbury River District	President Marlee Maxwell Email rivercaresinc@gmail.com
Rotary Club Meeting	Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc	President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club	Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
Wisemans Ferry Community Men's Shed	Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

### SPIRITUAL

Anglican Service - Mountain Districts	Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Union Church Trust	Committee Meeting 3rd Monday, 7.30pm at the Mangrove Mountain Union Church Hall
Mangrove Mountain Christian Service	9.30am second and fourth Sundays. Mangrove Mountain Union Church, cnr Bloodtree Rd & Wisemans Ferry Rd

(cont'd next page)

## LIVESTOCK MARKET REPORT



### Maitland Liveweight Cattle Sale 21st October 2024

300 Cattle yarded today at Maitland comprising of 280 trade/yearling cattle and 20 export.

Trade market was firm. Export market was easier

- Restocker steers up to 250kg made 330c/kg to 450c/kg
- 250kg-300kg made 340c/kg to 460c/kg
- 300kg to 380kg made 310c/kg to 382c/kg
- Restocker Heifers up to 250kg made 250c/kg to 320c/kg
- 250kg-300kg made 240c/kg to 310c/kg
- 300kg-380kg made 250c/kg to 315c/kg
- Yearling Steers to Feed made 310c/kg to 370c/kg
- Yearling Heifers to Feed made 290c/kg to 305c/kg
- Butcher Vealers made 330c/kg to 370c/kg
- Cows Made 200c/kg to 280c/kg

### Maitland Liveweight Cattle Sale 14th October 2024

380 cattle yarded today at Maitland with 360 Trade/Yearling cattle and 20 export.

Trade job was firm to easier. Export job was firm.

- Restocker steers up to 250kg made 315c/kg to 420c/kg
- 250kg-300kg made 335c/kg to 442c/kg
- 300kg to 380kg made 300c/kg to 430c/kg
- Restocker Heifers up to 250kg made 240c/kg to 325c/kg
- 250kg-300kg made 245c/kg to 325c/kg
- 300kg-380kg made 250c/kg to 330c/kg
- Yearling Steers to Feed made 350c/kg to 400c/kg
- Yearling Heifers to Feed made 290c/kg to 330c/kg
- Cows Made 170c/kg to 280c/kg

• Bulls made 260c/kg

### Upcoming Sales

#### Tocal Stock Horse Sale

NSW DPI Tocal College Approved  
Australian Stock Horse Online Sale.

Interfaced with AuctionsPlus.

Sale starts Sunday 3rd November at 10 am and will continue through until the timer starts at 6pm Monday 4th November. Catalogue can be viewed at [www.tocal.nsw.edu.au](http://www.tocal.nsw.edu.au)

#### Spring Female Cattle Sale

Annual Spring Female Cattle Sale.

Saturday 2nd November 2024 – 11am. Maitland Saleyards

A friendly reminder that we are often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.

Like and share our Facebook page!

Keep up to date with [bowelidbury.com.au](http://www.bowelidbury.com.au)

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## REGULAR ACTIVITIES & MEETINGS (cont'd)

St Barnabas Christian Service  
Yarramalong  
Serbian Orthodox

Every Sunday, 9.30am. (Easter & Christmas Carols dates to be advised)  
2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20).  
1184 Peats Ridge Rd, Peats Ridge

Kariong Community Baptist Church

Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email [pastorkcbc@outlook.com](mailto:pastorkcbc@outlook.com)

Restitution Ministries  
Independent SDA Church

10am every Saturday, Mangrove Mountain Union Church.

Divine Retreat Centre (Ph 04 6848 6782)  
160 Hensons Road, Somersby  
[www.divineretreatcentre.org.au](http://www.divineretreatcentre.org.au)

Daily Holy Mass 8.00am to 8.30 am  
1st Fri, 5:30pm-8:30pm Divine Mercy Friday  
1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr  
Last Sun, 9am-4pm, One Day Retreat

Catholic Service -Spencer

Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.

- Wollombi

2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.

- Yarramalong

1st Sunday each month, 11.15am St. Barnabas All welcome. Enq 0428 438577

### YOUTH

Junior Girl Guides 5-10

Kooree Guide Cabin, 5.00pm – 6.30pm Mondays in school term,

Girl Guides 10-15

Kooree Guide Cabin, 6.00pm-7.30pm Mondays in school term, Contact 0417451764 for further information

Scouts, Cubs & Venturers  
Peats Ridge Scout Hall

Cubs meet 6.30pm – 8.30pm Wednesdays  
Scouts meet 7.00pm – 9.00pm Tuesdays  
Venturers meet 7.00pm – 9.00pm Mondays  
Contact 0460 696 941

### HISTORICAL

Brisbane Waters Historical Society

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. [www.henrykendallcottage.org.au](http://www.henrykendallcottage.org.au)

Dharug & Lower Hawkesbury  
Historical Society Inc.

Last Sat of month. All welcome, contact Jan Kofron 0405321478 [jankofron@optusnet.com.au](mailto:jankofron@optusnet.com.au)

First Fleeters Central Coast Chapter

2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.

The Pearl Beach Aboriginal History Group

3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 [pbaboriginalhistory@gmail.com](mailto:pbaboriginalhistory@gmail.com)

Wyong District Museum &  
Historical Society

Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email [info@alisonhomestead.com.au](mailto:info@alisonhomestead.com.au) website: [www.alisonhomestead.com.au](http://www.alisonhomestead.com.au)

### ACTIVITY/HOBBY

Central Coast GNU/Linux Users Group  
Coastal Communicators Toastmasters

[www.cclug.org.au](http://www.cclug.org.au) - all most welcome

Craft/scrapbooking

1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952

Saturday Craft Group/Spining  
and bobbin lace

Yarramalong Hall 10am to 5pm, \$12/person. Bring along your projects. Dates & details: [stackm@skymesh.com.au](mailto:stackm@skymesh.com.au) or ph 43561196

Yarn group (knit, crochet etc)

2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305

Last Sunday of month 2pm at Angels Sussurri Cafe Yarramalong. Contact Margaret Dale 0411104770

### HALL BOOKINGS

Kulnura Hall  
Mangrove Mountain Hall  
Mangrove Mountain Union Church & Hall

Contact Central Coast Council.

Hall bookings Ryan Howard 0405416289

Church & Hall bookings 0412669649

[mmucsecretary@outlook.com](mailto:mmucsecretary@outlook.com)

Somersby Hall and Mountain Districts  
Culture and Heritage Centre

Hall bookings: 0413 359 655

or AH 4373 1488

Yarramalong school of Arts / Hall

[enquiries@yarramalonghall.org.au](mailto:enquiries@yarramalonghall.org.au)

<https://yarramalonghall.org.au>

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# Central Coast youth encouraged to develop their skills and become leaders

The Coast's next generation of young people is being called upon to apply for Central Coast Council's Youth for Youth (Y4Y) Leadership program, designed to equip local 15-24 year olds with the skills and confidence to lead and inspire change in their communities.

Applications are now open for this exciting opportunity to be at the forefront of creating and implementing projects that matter to youth in their community.

Council Director Community and Recreation Services, Melanie Smith said the program fosters a generation of informed and confident individuals who can advocate for the needs and interests of their peers.

"Now in its sixth year, the Y4Y Leadership Program strengthens community unity, drives positive social change and ensures that the voices of young people are represented in local decision-making processes," Ms Smith said.

"The program provides participants with practical experience in leadership, project management and event

planning, preparing them for future challenges and opportunities.

"We've seen the current Youth Action Team successfully deliver a diverse range of school holiday programs including skateboard art design, hip-hop workshops and street art sessions. They have also engaged in podcasting and event media, producing content for the Y4Y Instagram channel, and participated in discussions with local and state government representatives regarding youth issues on the Central Coast."

Further key highlights from 2024 Y4Y's Action Team:

- **First aid training:** offered three free first aid courses, equipping young people with vital job-ready skills.
- **Team building:** conducted virtual reality sessions focused on enhancing leadership skills and teamwork.
- **Awareness campaigns:** developed social media content to raise awareness about youth-related issues and promote events and programs.
- **Event hosting:** successfully hosted the Central Coast Council's Youth Awards.
- **Photo competition:** actively participated in judging the Your World Your Way photo competition.

Young people on the Central Coast are encouraged to apply to join the Y4Y Leadership Program and empower themselves with the skills to create

## AGISTMENT

HORSE AGISTMENT AVAILABLE. Full care. Group and individual paddocks with shelters. Full size sand dressage arena, grass jumping arena. Located walking distance to Peats Ridge Village and Café. Call Cameron on 0438695600

## POSITIONS AVAILABLE

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- 1-2 nights approx 4hrs return trip from Mangrove Mountain to Sydney Market (Sunday-Monday, Thursday-Friday)

- 1 longer night approx 4.5hrs driving, load and unload, approx 3hr wait in between (Tuesday-Wednesday)

- Must have fork lift licence/experience
  - Must have semi road ranger experience
- Phone Peter on 0422 082 764

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impactful projects, connect with like-minded peers and make a difference in the community.

Applications for the 2025 Y4Y leadership program open Monday 30 September and close Friday 15 November 2024, with successful applicants announced Saturday 14 December 2024.

To join the Y4Y Action Team search 'Youth for Youth Leadership' at [centralcoast.nsw.gov.au](http://centralcoast.nsw.gov.au)

Central Coast Council, Media Release



## Mountain Medicine

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These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

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GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

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