

COMMUNITY NEWS

No. 930 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 6th October 2023



October 21, 9am to 3pm
Mangrove Mountain Hall &
Mangrove Mtn Reserve
Cnr Wisemans Ferry & Waratah Rds

GET YOUR TOES TAPPING & BOOTS SCOOTING!

To celebrate the 60th anniversary of the Mangrove Mountain and Districts Country Fair (Saturday October 21st, Mangrove Mountain Recreation Reserve, Wisemans Ferry Road), we have a bumper lineup of entertainment

across three stages.

Hearts will be warmed when the littlies from the Mountain Community Children's Centre sing up a storm on the Main Stage.

Everyone's toes will be a-tapping at 10:25am when "Blues Award" nominated young guitarist, LilG takes to the Main Stage. Only 11 years old, LilG has a wisdom and talent way beyond her years, and is back performing for us by popular demand.

Then, if LilG doesn't get you into your boogie shoes kicking up little clouds of dust, you won't be able to sit still when our local Coastal Slickers Line Dancers on the Main Stage at 11:00am, showcase a variety of different modern line dances, at both beginners and intermediate levels. Then it's your chance to have a go when Lyn Booth, one of Australia's

premier instructors, will teach you how to do Boot Scootin' Boogie so that you can join in the fun.

Central Coast Country starlet, Meagan Jane, with her full band will start up 11.40am – 12.20pm), and we are really thrilled to have her perform at this year's Fair.

But wait, there's more! Did I mention that this is the 60th Anniversary Country Fair? Yes it is! And to celebrate we have (drum roll please) on the Main Stage at 12:30pm is Country Music legend, Bill Chambers. Yes, you read that right - Bill Chambers. Hot diggity! Bill Chambers giving all you lucky music lovers his 100% for sixty red-hot minutes (one minute for every year the Country Fair's been held).

But we're not done yet, because as well as Bill Chambers, LilG, and Meagan Jane we have performances from perennial favourites the Central Coast Ukelele Club and country singer Mick Gandy, and much more! How much more? Only one way to find out; come along to the 60th anniversary of the Mangrove Mountain and Districts Country Fair on Saturday October 21st and get down, get back up again, and get dancing!

Simon Perry

Australian Red Cross

**FREE Nutrition & Cooking Class
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Workshop**

Strengthen community connections as connected communities are more resilient during times of adversity

Location: Mangrove Mountain Hall

Date: 11th October

Time: 6pm - 7.30pm

Wisemans Ferry Rd

FOR MORE INFORMATION OR TO BOOK, CONTACT:

Shannon O'Connor
soconnor@redcross.org.au
 0451 969 926

Save the Date

Kulnura Rural Fire Brigade's 75th Anniversary Celebration is to be held on the 28th of October.

Details will be advised in coming issues.

Alicia Douglas, Secretary

REMINDERS FOR YOUR DIARY

Peats Ridge and Districts CWA - AGM
 Mon 9th October 2023 10.30am at Peat's Ridge School and Community Hall

Up Armidale Road film & music event -
 MMtn Union Church Hall 19th Oct from 6pm Book at: www.graceandhugh.com/tour

Mangrove Mountain Country Fair -
 Saturday, 21st October, Mangrove Mtn Hall

STOP!

Next issue Published

20th October 2023

**** DEADLINE ****

**** 13th October '23 ****

Send adverts & copy by

email, website or post.

Email, website, FB or

phone for enquiries

Yarramalong Rocks! concert set to rock with blues & roots

On Sunday 15th October Yarramalong's historic Old School site will rock and resonate with a blues & roots spectacular featuring internationally acclaimed Americana & alt country blues duo Rory Ellis and harmonicas genius Christian Marsh as the headline act.

The program also includes funky

blues and cowboy reggae from popular Rhythm Riders trio Healy Butler & King with guitarist Paul Eagle, folky blues & roots from Dave Stone, and indi rock, ballads and blues from MusTwangSally with Libby Keating, Alan Hargreaves and Rob Wilding.

Sponsored by Stone Real Estate and Brackets & Jam, this family friendly concert in its shady, park-like setting, will run from 11am till 4pm with admission by donation in aid of the venue's heritage stone buildings and surrounds at Yarramalong School Community Centre, 1560 Yarramalong Rd, Yarramalong Village.

Also on offer will be ample parking, superb coffee and street food (or byo picnic). It's byo chairs, with some



Fundraising for the Union Church

A social group recently had the opportunity of buying and selling orchids while dining on home cooked soup and dough boys, sitting around the camp fire on a very pleasant spring afternoon. Our intention was to raise funds for the Little White Church and we raised \$200!

Judy Betteridge & Sue Harris



seating available for early birds and in the unlikely case of adverse weather, the concert will run under cover just up the road at Yarramalong Hall.

Full information available at <https://yarramalongcommunitycentre.org.au>

Libby Keating



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YARRAMALONG SCHOOL COMMUNITY CENTRE - AGM

The Annual General Meeting of Yarramalong School Community Centre Inc. will take place at 11am on Sunday, 29th October 2023 at the Yarramalong School Community Centre, 1560 Yarramalong Road, Yarramalong in the covered outdoor stage area.

This is a great opportunity to find out all about your community centre, meet committee members and neighbours, hear about and contribute to plans for the future, have your say about community needs and explore the beautiful grounds and historic 1890's buildings. Young families are especially welcome – there's a play gym close by and a free sausage sizzle afterwards!

Business will include Confirmation of the Minutes of the last preceding Annual General Meeting; to receive from the committee reports on the activities of the Association during the last preceding financial year; to elect *office bearers of the Association and ordinary committee members; to receive and consider the financial statements of the Association for the year ended



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30 June 2023. *Nomination forms for election of Committee members may be obtained from the Secretary by emailing keatingfamily@bigpond.com. These must reach the Secretary

on or before 6pm on 22.10.32, being seven clear days before the date of the meeting.

Libby Keating



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KULNURA AND DISTRICT GARDEN CLUB

Our Garden Club had a wonderful opportunity, for our September meeting, to attend the bi-annual Gardens Club of Australia convention this month, as it was held in Lake

Macquarie area.

The convention opened with an outdoor concert and welcome speeches followed by complementary nibbles and drinks.

Then followed a week full of wonder and delight as we visited a variety of beautiful gardens. These ranged from Botanic gardens, elaborate waterfront landscapes, large native gardens, award winning mulch to survive gardens to corner suburban gardens that felt like an adventure to explore, with paths

that led to secluded water features.

Another day was a visit to the local Landcare group. The full front feature wall for the building was made from local native plants. This was not only beautiful but served as a sustainable natural insulation. Well done to the many volunteers who support Landcare to care for our environment.

All this and more. A short walk from Fassifern train station, tucked away amongst the bushland, was a private Art Gallery, Tinkat Alley Art Studio. This was a delight to meet the artist in residence, view the paintings, handmade jewellery, and various sculptures around the gardens.

Another interesting stop off was seeing Cherie Platen Glass Art studio, where we had a guided tour and demonstration of glass art in the artist's workshop and studio. There were some very unusual and eclectic pieces you could purchase.

The cruise on Lake Macquarie was a highlight as it gave everyone time to relax, chat and showcase the stunning area.

To top off a full week of meeting people with shared interests and making new friends we were able to hear from some well-known speakers. These included Costa Georgiadis, David Fripp and Angie Thomas. They spoke from the heart and shared with passion their knowledge on various topics.

Congratulations to the Toronto and



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DEEPEST THANKS

Sending out a big thank you to everyone who attended the Wake for Phil Williams in July. Phil was a big man with a big impact and has left a big hole in our lives. I would like to thank the ambulance officers and police detectives who attended on the night of Phil's passing. They were so kind and respectful. It made such a hard situation that little bit easier. Unfortunately I do not remember their names but I remember their kindness and want them to know it was so appreciated.

Also a big thank you to Craig Scott from East Coast Wildflowers and Joan Grant from Central Coast Florist for all the beautiful flower arrangements and support.

Thank you to Ian Bartholemew and

the Mobile Canteen from the RFS who provided tables, chairs, marquees and their mobile facilities on the day of the wake. Their kind support allowed us to concentrate on being with family and friends on the day.

Thank you to James Brigden who helped direct traffic at the wake and supplied a beautiful lemon myrtle to mark Phil's resting place. With Phil's influence we are sure it will grow to be big and strong.

Thank you to Keith from Lynwood Press for his kindness and support in getting word out to the community.

All of the immediate family were in attendance for the wake. With both his brothers and sisters in law making the trip down. His nieces and nephew also made the trip with one flying all the way from Darwin to be there.

And to the many who attended the wake and/or passed on their condolence,



2023 AGM Notice

7.00pm Tuesday,
November 14, 2023

Mangrove Mountain
Memorial Club

thank you. The outpouring of love and support has been overwhelming and heartwarming. One thing is for sure, it was a good party and Phil would have enjoyed himself immensely. Thank you all.

Sue Williams

district garden club for all the preparation and planning to provide such a successful event.

October Meeting

We meet on the second Monday of the month at 9.30 for 10am start. Our next meeting is in a members garden in Kulnura. Please contact us for more details.

Please email kulnuradgc@gmail.com for information about meetings, membership, or any other questions. Feel free to call Jacqui on 0455 364 262.

You might even like to offer your garden to us for a visit next year.

Happy Gardening!

Margaret Dale (KDGC Member)

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NSW NATIONAL PARKS & WILDLIFE SERVICE

Notice of 1080 Baiting

NSW National Parks and Wildlife Service (NPWS) is conducting an aerial baiting program in Popran and Brisbane Water National Parks.

Aerial baiting is scheduled for 7th Oct 2023 to 15th Oct 2023.

The operation will use 1080 (sodium fluoroacetate) poison for the control of wild dogs and foxes.

The program is designed to minimise predator impacts on wildlife, especially threatened species, and to minimise the impact of wild dogs on neighbouring stock. Signs will be placed at the entry to the baiting location.

 Domestic pets are not permitted in NPWS National Parks managed lands. Pets and working dogs may be affected (1080 is lethal to cats and dogs). Pets and working dogs must be restrained or muzzled in the vicinity and must not enter the baiting location. In the event of accidental poisoning seek immediate veterinary assistance.

Landlords, please notify tenants or visitors to your property of the proposed operation.

Please contact the NPWS Central Coast Area Office on (02) 4320 4200 for more information or check the NPWS web page alerts.

Hey Ho, Come to the Fire (or it will come to you)

The 2019/20 Bushfires were a lesson. Have we learned enough to engage proactively with the next one?

The wildfires that approached the Central Coast from the west stopped at the western edge of Mangrove Mountain and Kulnura.

According to RFS staff, it was only fortuitous wind shifts that prevented the fire progressing further towards the coast.

“I’ll do it myself said the little red hen”, well perhaps not alone. The RFS and Emergency Services are the go-to agencies with legislated responsibility.

But as Inspector Ben Shepherd NSW Rural Fire Service said on 10 July 2023 “there’s going to be an onus very much back on property owners to ensure that their level of preparedness is at the highest level.”

So come to the Mountain Districts Bushfire Resilience Alliance (BRA) stall at the Country Fair and chat about a project for which we are currently seeking funding, and share your ideas about the best way forward. You can also register your interested in participating.

BRA Inc. is a group of local residents that has been working on strategies for bushfire harm mitigation since 2020 and has prioritised a project to assist property owners as first responders for small scale fire suppression.

Come and see full details of the project at the Fair.

Neil Berecry-Brown



KINDERGARTEN 2024



ORIENTATION DATES

Tuesday 7 November 9:30am – 11:00am

Tuesday 14 November 9:30am – 12:00pm

Tuesday 21 November 9:30am – 12:00pm

Enrol now to be part of our transition to school program.

840 Wisemans Ferry Road Somersby NSW 2250

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Mountain Community Children's Centre Inc.

Mountain Community Children's Centre News

Donations of Produce for The Country Fair

We are calling for donations of produce from members of our community. This will be sold at the Country Fair on Saturday 21st October. Donations would be greatly appreciated either dropped off on the day of the fairgrounds if possible. Alternatively, they can be dropped off at the centre on the Friday before the fair or we can collect them from you. Please phone the centre on 43741239 or email mountainchildren@bigpond.com if you can contribute to the produce stall. Your assistance is greatly appreciated.

Father's Day Afternoon Celebrations

Thank you to all the dads, grandfather's, and poppy's who came along to our afternoon tea. The children had a great time sharing their learning experiences with you all. We have shared just a few photos with you from the afternoon.

Now taking enrolments for 2024

We are now taking enrolments for 2023. Please feel free to give us a call on 43741239 if you would like more information for enrolment in January 2024 or in the future. Erin our very friendly administration officer would be more than happy to post out an enrolment pack or organise a tour of the centre. We look forward to welcoming you to our centre.

Positions Vacant – Casual Educators

We are currently looking for some casual educators to join our team. Do you have a Certificate III or Diploma or are working towards these qualifications? Please give Louisa a call at the centre on 43741239 or send through



an email to mountainchildren@bigpond.com.

Until next time with news from the Children's Centre.

Louisa Foxford, Director
Mountain Community Children's Centre
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www.mountainchildren.com.au

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Somersby CWA

Our Branch has had a busy few months, first was our Fun day shared with members from other Branches, the theme for our day was "Underwater Garden Party" with lots of fun quizzes and a great guest speaker Jacqui who gave a great presentation about water plants, keeping with the theme of the day, of course there is always a lovely lunch with these days.

Next was our Annual Long Table lunch, very enjoyable day with our members and community members enjoying a ploughmans lunch.

While we were planning all this our ladies were also rehearsing for the Group Culture day, which was 19th September, each year we are given a Culture theme this year it was



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"Underwater" this is always a fun day with lots of laughter .

Our Wednesday craft ladies have been very busy crafting ready for the Country Fair with some lovely articles coming in. Craft mornings are every Wednesday 10am to about 1pm and everyone is welcome. We also have three members who hold a Bobbin Lace workshop second Saturday of every Month. It has been wonderful watching the numbers for the lace lessons growing and all the ladies seem to enjoy there time.

We may have been busy but lots of fun and friendship also.

Sue Ward, Somersby CWA.



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Saturday 21th October 2023

**Mangrove Mountain Recreation Reserve and Public Hall
Wiseman's Ferry Road, Mangrove Mountain**

Commencing 9am, till 3pm

- Pony rides
- Clown classes
- Farm animals
- Childrens' Activities & Games
- Reptile display
- Face Painting
- Jumping castle
- Vintage steam farm machinery
- Live Music



Contestants from Battle of the Bands 2009

- Performing pony
- Chocolate Wheel
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Facebook: Mangrove Mountain Districts Country Fair

Competition Schedule

Sections A to F Adults - (16 years and over)

SECTION A – ART

Entries close 11am Friday!!

Category (2 entries per category):

- 1 Painting
- 2 Drawing
- 3 Collage
- 4 Photography (Enlarged)
- 5 Digital Imagery - manipulation
- 6 Sculpture / ceramics

SECTION B – CRAFT

Category (2 entries per category allowed):

- 1 Patchwork, appliqué
- 2 Lace
- 3 Quilting
- 4 Sewing Machine article
- 5 Knitting ** (prize donated by CWA)
- 6 Crochet
- 7 Embroidery, tapestry, cross-stitch
- 8 Toys, incl dolls, teddies ** (prize donated by CWA)
- 9 Fabric incl fabric painting & dyeing
- 10 Woodwork
- 11 Metalwork ** (prize donated by CWA)
- 12 Pottery / Glass
- 13 Article made from mostly recycled materials
- 14 Other

SECTION C – COOKING, JAMS & PRE-SERVES

Category (2 entries per category allowed):

- 1 Man Cake (must be cooked by a male 16 & over)
- 2 Slices (4)
- 3 Muffins or Cupcakes (4)
- 4 Biscuits (4)
- 5 Scones (4) ** (prize donated by CWA)
- 6 Other Cake, not iced
- 7 Cooking for a Special Diet
- 8 Chocolate cake ** (prize donated by CWA)
- 9 Bread
- 10 Baked item where HONEY is the hero!
- 11 Marmalade
- 12 Jams, jellies
- 13 Lemon, Passionfruit Butter
- 14 Pickles, Relish, Chutney
- 15 Sauces
- 16 Preserved fruit or vegetables.

SECTION D – FLOWERS

Category (only 1 entry per category):

- 1 Arrangement based on a book, TV or movie theme
- 2 Three colour arrangement
- 3 Small arrangement (under 15cm tall)
- 4 Unusual arrangement
- 5 Native flower arrangement
- 6 Arrangement Full of Fragrance
- 7 Collection of Wildflowers (4-8 varieties)
- 8 Rose (1)

- 9 Roses (3)
- 10 Orchid/s
- 11 Any other bloom
- 12 Cut of shrub

SECTION E – PHOTOGRAPHY

Entries close 11am Friday!!

NO bigger than Postcard size!!

Category (only 1 entry per category):

- 1 People / Portraits
- 2 Life on the mountain
- 3 Landscape / Weather
- 4 Animals
- 5 Flowers
- 6 Fun
- 7 Action / Sport
- 8 Travel / Urban
- 9 Other

SECTION F – PRODUCE

Alan Unitt Memorial Trophy awarded for Best Produce point score. More than 1 Entry per Category Allowed.

Category:

- 1a. Lemon (6) 1b. Lime (6) 1c. Orange - Navel (6) 1d. Orange - Valencia (6) 1e. Mandarin (6) 1f. Mixed citrus (6) 1g. Citrus – Other (6) 1h. Grapefruit(6)
2. Stonefruit (6)
3. Nuts, Berry fruits (punnet)
4. Other fruit (6)
5. Basket of Salad Greens
6. Herbs (bunch)
7. Homemade Beverages
8. Honey
9. Fresh Eggs (6)
10. Basket of combination of produce

Sections G to M Children - (15 years and younger)

SECTION G – ART

Entries close 11am Friday!!

Category:

- 1 Painting
- 2 Drawing
- 3 Collage
- 4 Photography (Enlarged)
- 5 Digital Imagery - manipulation
- 6 Sculpture or ceramics

SECTION H – CRAFT

Category:

- 1 Sewing (by hand)
- 2 Sewing Machine article
- 3 Knitting / Crochet
- 4 Embroidery
- 5 Soft Toy
- 6 Fabric painting / dyeing
- 7 Woodwork
- 8 Metalwork
- 9 Pottery / Glass

- 10 Painted eggs (4 eggs)
- 11 Other

SECTION I – COOKING

No Packet Mixes!!

Category:

- 1 Rock cakes (4)
- 2 Biscuits (4)
- 3 Slices (4)
- 4 Muffins or Cupcakes (4)
- 5 Cake (not iced)
- 6 Cake (iced)
- 7 Decorated Cake
- 8 Baked item where HONEY is the hero!
- 9 Other Baking

SECTION J – INVENTION / CREATION

Category:

- 1 Working Invention or model, incl drawings & plans
- 2 Article made from recycled objects
- 3 Article made from nature
- 4 Vegetable / Fruit Creature
- 5 Creation with egg/s
- 6 Self designed working creation made with Lego
- 7 Lego Animal or Bird (own creation only)
- 8 Lego landscape or building (own creation only)

SECTION K – FLOWERS

Category

- 1 Arrangement based on a book, TV or movie theme
- 2 Three colour arrangement
- 3 Small arrangement (under 15cm tall)

- 4 Pretty posy
- 5 Native flora display
- 6 Miniature arrangement (under 5cm tall)
- 7 Decorated saucer (arrangement in wet sand)
- 8 Arrangement in a boot/shoe
- 9 Single Flower

SECTION L – PHOTOGRAPHY

Entries close 11am Friday!!

No bigger than postcard size!!

Category

- 1 Family / Friends
- 2 Life on the Mountain
- 3 Places
- 4 Weather /sky
- 5 Animals
- 6 Things
- 7 Fun
- 8 Other

SECTION M – PRODUCE

Trophy awarded for Best Produce point score

(Combined Age Group)

Category

- 1 Basket of vegetables
- 2 Basket of fruit
- 3 Basket of fresh eggs (6)
- 4 Collection of herbs
- 5 Basket of combination of produce
- 6 Most interesting vegetable from your garden

14th Annual Mangrove Mountain Contemporary Art Award

The theme for 2023 is “Dynamic Living Systems”. Work may be in any medium. It must be delivered to Mangrove Mountain Hall from 3pm to 6pm on Thursday, 19th October or from 8am to 11am on Friday, 20th October. Entry is free. The winner will receive a cash prize of \$200 and the honour of the award.

Helen FitzSimons Memorial Family Aggregate Award

When entering, a family may nominate 8 items for the Family Aggregate Competition.

Family definition: should include at least 2 family members, one of whom must be a parent.

Points: 1st place – 10 pts, 2nd place – 5 pts, 3rd place – 2 pts. A tied score is decided by number of 1st places.

Adult Sections: ONE entry per person in each category unless stated otherwise.

All work should be labelled with name, section and category please.

Art & Photography Entries close 11 am Friday 20th October. All other Entries close 3pm Friday 20th October.

Children Sections: ONE entry per person in each category.

All work to have name, class/year, school, section and category clearly marked on entry.

Art & Photography Entries close 11 am Friday 20th October. All other Entries close 3pm Friday 20th October.

Childrens Sections Age Groups:

a. Preschool

b. Kindergarten – Year 2

c. Years 3 – 4

d. Years 5 – 6

e. High School up to & incl 15 years

Example:

Jane Citizen
Year 3
School
Section J
Category 2c

GENERAL RULES OF SHOW

- 1 Entries accepted from 3pm till 6pm Thursday 19th October. Entries accepted from 8am Friday 20th October.
- 2 Art & Photography Entries close 11am Friday 20th October.
- 3 All other Entries close 3pm Friday 20th October.
- 4 All entries are Free and must remain on display until 3pm Saturday.
- 5 Entries must be collected by 5pm Saturday. Entries not collected will be disposed.
- 6 Articles exhibited in previous Mangrove Mountain Country Fairs cannot be shown.
- 7 Judges' decisions are final. While all care is taken, no responsibility will be accepted for damage or theft.
- 8 Children's Prize Money must be collected at the Fair. 1st, 2nd and 3rd will be awarded \$3, \$2 and \$1 respectively.



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Union Church - Back in our Community

As the newly appointed Trustee for the Mangrove Mountain Union Church, we have hit the ground running. Since the return of the Union Church property to management by a local group, the 2nd and 4th Sundays of the month regular services have continued. We have also received enquiries from several other Christian and local community groups. Coming up on the evening of 19th October, the Meeting Hall will be the venue for a film and music event, the cost is \$10 – all welcome. Overdue items of building maintenance are also being attended to as our resources and offers of assistance permit.

Our short-term borrowing of \$40,000 is close to being entirely repaid. Lots of thank-yous for the many generous contributions from our community and supporters. At the time of writing, we have just \$5,720 to repay. If you haven't already, would you please consider making a financial contribution to help finish paying off the short-term loans. No amount is too small! Donations can be made to the Mangrove Mountain Christian Group Inc. at Bendigo Bank, BSB 633-000, A/c 185477965.

Our Sunday service on 24th September was again well attended with 28 people. Our guest preacher



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was Pastor Dr Gavin Williams. Gavin preached on “Jesus and his Church” with a clear message to us that our church is actually our people. We were also blessed with live music thanks to Colleen Harris, her friend, and a borrowed keyboard.

This coming Sunday we will be visited by Pastor Hayden Smith. When Hayden spoke to us last year, he was about to leave with a team from “Catch the Fire, Sydney” to undertake a charitable project in Pakistan. Hayden will give us an update on the Pakistan Project, and also a great

Christian message to take away for the week ahead.

Please keep our Union Church, and the people who use and care for it, in your daily thoughts and prayers. Now that it is back in our community, every one of us is challenged to sustain it as place for Christian Worship, community engagement and shared use. Thank you to all in our community and from wider places for your continuing support.

Robert Meggs for the Mangrove Mountain Christian Group Inc. (mob) 0429 443 310



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When These Mountains Speak

Images by Jeremy Hudson and stories by Adrienne Ferreira

Eastcoast Juice, Kulnura

3rd generation citrus farmers & juice makers The Lentini Family (or, Samuel. J. Lentini)

Samuel J. Lentini, Managing Director of Eastcoast, tells his family story:

‘My grandfather, Salvatore, started the business here almost sixty years ago as a market garden, picking and packing fruit and vegetables and sending them down to Sydney markets.

When he first decided to move up to Kulnura from Cabramatta, everyone said, “Are you mad, going all that way in the bush?” but it was only an hour and a half away. He bought this farm first, then a farm down the road, and worked seven days a week, with mum and my uncles and aunties, living in the original homestead, which is now our office. They lived and worked the farm out of there.

Around that time, the government lifted the tariffs on imported concentrate, which meant it was cheaper to import an orange concentrate from overseas than it was to squeeze it here in our own country. So that’s when Dad and his two brothers started to diversify, squeezing their own fruit and bottling spring water.



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Nonno came here from Italy with nothing, pretty much, and he was able to give his eight children a house of their own before he passed away.

I grew up here on the farm. It was awesome. I don’t know how I’m alive! Driving cars when I was about eight years old, motorbikes, roof surfing; all kinds of stuff. It was unreal?

This place was always in my blood, but I wasn’t sure I was going to be part of it when I grew up. I started just bringing a couple of juices to some friends at school. I noticed there was a bit of a demand and realised I could make a thriving business out of it. So, then I took all of the books from my school bag and started filling it with frozen juices. I was making a handsome weekly profit by doing that - I was known as Juice Boy! It got so big that the canteen tried to shut me down, so I had to employ fruit juice runners on the school bus; I’d unpack all the juices from my bag and put it into their bags, and then we’d distribute it throughout

the school yard. I did that until year 12. I had teachers on the payroll – I’d give them a two-litre bottle of juice to keep them quiet!

Then, I had to decide whether to go to the Conservatorium and study music - I was a guitarist - or work in the family business, but because I was so used to being Juice Boy, it was hard to go down the route of not earning money and studying?

Dad made me do a diploma at TAFE. I wanted to go out and sell straight away, but Dad said “No, learn everything in the factory first.” I did that for two years, and from there we started tapping into Coles, Woolworths, the major retail outlets and distributors, and the business grew to where it is today.

We’re into our 3rd generation now. Dad and his two brothers are semi-retired, they all live onsite. It’s a family affair, so they’re always popping their heads in. I’ve taken over the business, alongside my two cousins, Sammy



and Dom, and we've just come off our biggest production week - in March, which is unusual for this time of year - 1.4 million litres of juice in the month.

'It's home, business, and family. There are challenges that come with that, but it's home for us; it's all we know. It's beautiful. I think we really are in God's country and it takes leaving this area to know how lucky we are to be in this region.'

Samuel Lentini.
Eastcoast Juice

It's genuine, what we're doing here. There aren't many juice companies where you can go and see the trees onsite or see that the family lives onsite and that we're a vertically integrated business as well. It's unique.

It's home, business, and family. There are challenges that come with that, but it's home for us, it's all we know. It's beautiful. I think we really are in God's country, and it takes leaving this area to know how lucky we are to be in this region.'

More Stories

The featured images and stories from the "When These Mountains Speak" exhibition can be viewed on the website www.waysofseeing.au

Ways of Seeing: When These Mountains Speak, is an inter-cultural project in the form of an innovative series of pictures and stories which share the stories of seven farming families who live in the valleys and mountains of the Central Coast, NSW. They represent a range of cultures and generations from diverse backgrounds.

The Central Coast is a community built on cultural diversity. The human connection that exists between locals

and visitors to the beautiful region is further enriched by the cultural heritage of many of the local and diverse business owners. This series reflects and shares stories of those businesses between the valleys and mountains from the perspective of established and first generation farmers. These are the untold stories where human determination and care for the land take place.

*Photography by Jeremy Hudson
& Stories by Adrienne Ferreira
Madalyn Trypas
Community Development Worker
Community Programs
Central Coast Council*

HELP KEEP KESBYS POINT ROAD OPEN

NSW Crown Lands has received a Road Closure application for a part of Kesbys Point Road at Kulnura, from an adjoining landowner. This public way existed before the adjacent private lands were created. Kesbys Point Road was originally a European Settler route into the Kulnura area. Before that, it is thought to have been an indigenous peoples travel line, following a spur up from Mangrove Creek. The road gives access to a beautiful and pristine area of native bushland in the northwest part of McPherson State Forest. It leads to a sublime lookout over Mangrove Creek.

If your view is that Kesbys Point Road should remain open for public use, then please make a submission to Crown Lands NSW requesting that Kesbys Point Road not be closed.

Submissions by 14/10/2023 to: Crown Lands NSW, PO Box 2215, Dangar NSW 2309 and using File Reference: "23/05099, Cluster:641685" (mention road and suburb also)

Contact Kesbys Point Road Historical And Preservation Society for more information:
email: KPRHAPS@gmail.com
or on (02) 4376 1463.

YOU ARE INVITED TO

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"SIP AND CHAT"

FIRST TUESDAY OF THE MONTH | 10AM - 12PM

You are all welcome to come along and enjoy a tea/coffee, chat and catch up.

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3RD OCTOBER 2023, TUESDAY

WHERE: Angel Sussurri Cafe - Yarramalong
(A range of beverages and delicious cakes to purchase)

FOR MORE INFORMATION CONTACT
MARGARET DALE 0411104770

Membership Opportunity

Attention ladies, you are invited to join our Mangrove Mountain Evening Branch. We are open to all age groups and welcome you to visit us and see the engagement and contribution we offer to community groups. Contact Judy on 4377 1728.

Activities

We are starting up our handicraft with lessons on crocheting, ribbon embroidery and knitting for those who would like to join us. On Tuesday the 26th we welcomed along two visitors who both enjoyed learning to crochet. Lessons will be held at the Mangrove Mountain Hall on the 4th Tuesday of the month. Come along anytime after 4pm and we finish 8pm.

News

Spencer RFS – Community Fete / Car Boot Sale- ‘Bushfire Get Ready Day’ on the 17/9

Karen, David and I spent the day at Spencer which is always a friendly day. The weather was lovely. Our preserves were received well and we had plenty of conversation with new and old friends.

Upcoming events

Mangrove Mountain Country Fair on the 21st October

Our branch works all through the year collecting fruit and vegetables from around the mountain to turn into our delicious jams, pickles, butters and sauces. Over the next few weeks, we will be cooking our butters to go with the preserves we have ready to sell. On the day we will be manning the kitchen with lovely Scones, homemade Plum Jam and Cream, Sandwiches and our slices. Come and say hello and if you wish to volunteer for an hour, we would appreciate your help on the day.

Mangrove Mountain Church fundraiser on the 19th October

Mangrove Mountain Evening CWA will be serving supper at the church on Thursday night for music event and screening of ‘Up Armidale Road’. We

look forward to you joining us and tasting our CWA delights. We will be serving our homemade sausage rolls on the night.

Branch AGM 10th October

At our October meeting, from 4 to 6 pm, we will be preparing sausage rolls to be ready for the fund raiser at the church on the 19th October. This will be followed by a quick meeting and then our AGM at 7pm.

We would like to thank the community for helping Mangrove Mountain Evening Branch have another successful and friendly year.

Kind regards,

Judy Betteridge
President of Mangrove Mountain Evening Branch, CWA of NSW



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OUTING TO CIRCUIT FLAT BRIDGE

Dharug & Lower Hawkesbury Historical Society invites you to join them on Sunday 29 October for a walk to Circuit Flat Bridge and to explore the convict works in the area.

We will be led by Elizabeth Roberts and Rob Cunneen.

Where: We will meet at the intersection of George Downes Drive (Great North Road) and St Albans Road at the Bucketty precinct

When: Sunday 29 October at 10.00am. We will have morning tea and explore the convict workings around the Bucketty precinct. We will then drive in along the road towards Circuit Flat Bridge. We will carpool if required into the site.

We will then explore the Circuit flat Bridge site and environs including the engravings on site. Elizabeth will

explain the construction of the Bridge.

We will have lunch around the site. The wildflowers are in bloom so it is a wonderful time to explore before the really hot weather.

We will be looking for the quarry site in the area. If time permits we will walk out to Sampson's Pass which is a 3 klm walk.

It is a BYO everything day. Please bring sunscreen and insect repellent and wear sturdy shoes. Cost: \$10.00

Bookings: essential to secretary@dlhs.org.au or 0405 321 478. We must be able to contact everyone coming along in case of either wet weather or a Fire warning

Bookings to be received by 24 October.

All welcome.

Jan Kofron

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MEMORIAL CLUB & GOLF COURSE**

WHATS ON WEEKLY

TUESDAY
BINGO from 11am
Pizza & Pasta specials starting from \$10

WEDNESDAY
MEAT RAFFLE drawn at 730pm
\$15 schnitzel night from 530pm

THURSDAY
MEMBERS BADGE DRAW drawn at 730pm
\$15 roast night from 530pm

FRIDAY
HAPPY HOUR 4-6pm
COCKTAIL HOUR 6-7pm
MEAT RAFFLE drawn at 730pm
New restaurant specials every week from 530pm

SATURDAY
POOL COMP from 630pm
entry fee \$5

Melbourne Cup
2023

7TH NOVEMBER
JOIN US FOR A
BUFFET LUNCH \$55PP

BOOKINGS REQUIRED

Limited spots - Book today
TAB & SWEEPS from 8am
Prizes for Best Dressed & Best Hat
\$10 Cocktails
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\$5 Standard Tap Beers
ENTERTAINMENT FROM 12pm

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November 3rd
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REGULAR ACTIVITIES & MEETINGS

RURAL FIRE SERVICES

Bucketty RFS	Weekend Training Station Maintenance General Meeting	3rd Sat, 9am-12 pm, breakfast 8.30am Every Thurs as required, generally 10am-1pm 3rd Sat in even months, at 1pm, All welcome bucketty@lowerhunterffrs.com.au 4998 8130
Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Junior Training	2nd Monday of the month Meeting 6.30pm 3rd Monday Maintenance 6:30pm 4th Monday Training 6:30pm E: captain.spencer@ccrfs.org.au Alison Wade 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarralong RFS		Information: www.facebook.com/ YarralongRuralFireBrigade/ Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarralongrfs.org.au

COMMUNITY & SOCIAL

Coastlink Friendship Group		Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)		Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)		First Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)		2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Hall, General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club		2nd Wed each month 7pm at Phillip House in Karingong. Contact: Glenis Ph: 0400 486 760
Gosford World Vision Community Group		4th Tues 11am in Presbyterian Church, West Gosford Contact: Glenis Ph: 0400 586 760. https://permaculturecc.org.au/
Permaculture Central Coast Kulnura & District Garden Club		Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradgc@gmail.com
Ladies of the Valley Morning Tea		1st Tues, 10am to 12 at Angels Sussurri Cafe Yarralong. Margaret Dale 0411104770
Mangrove Mountain Singers		1st & 3rd Tue, Mangrove Mtn Hall, 6-8pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts Community Group Meeting		1st Thurs of the Month, 7pm, Mangrove Mtn Hall. Contact: mepccinc@gmail.com , 0412669649
Mangrove Emergency Planning & Communications Committee		
Mangrove Mountain Country Fair Committee Meeting		3rd Thu of mth except Jan, 7pm, at The Hub of Mangrove Mtn. Pres- Shane 0417 436 529 www.mountaindistrictsassociation.com.au secretary@mountaindistrictsassociation.com.au
Mountain Districts Association (MDA)		Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
Mountain District Football Club Meeting		
River Cares for the Lower Hawkesbury River District		President Robyn Downham 0414248224 Email info@rivercares.com.au
Rotary Club Meeting		Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc		President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club		Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
Newsletter		
The Mountain Tuesday Social Tennis Group		Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Somersby Equestrian Club Club & Committee Meeting		Every 2nd month. Check website for further details. www.somersbyequestrianclub.org.au
Wisemans Ferry Community Men's Shed		Tues & Sat. 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

SPIRITUAL

Anglican Service - Mountain Districts		Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Christian Group		General Meeting 3rd Monday, 7.30pm at CTC (next door to Mangrove Hall) 9.30am second and fourth Sundays. cnr Bloodtree Rd & Wisemans Ferry Rd
Mangrove Mountain Union Church, Christian Service		Every Sunday, 9.30am. (Easter & (Christmas Carols dates to be advised)
St Barnabas Christian Service Yarralong		

(cont'd next page)

LIVESTOCK MARKET REPORT



Maitland Liveweight Sale Report 18th September 2023

A Total of 450 cattle yarded this week at Maitland, quality and condition was very mixed.

- Best vealers made 220c/kg to 270c/kg
- Light vealers made 120c/kg to 200c/kg
- Restocker Angus Steers 200c/kg to 280c/kg
- Restocker Angus Heifers 120c/kg to 204c/kg
- Hereford restocker steers 100c/kg to 165c/kg
- Euro Yearlings 220c/kg to 230c/kg
- Plainer quality cattle sold from 40c/kg to 110c/kg
- Best cows made 180c/kg to 210c/kg
- export heifers 130c/kg to 204c/kg
- Grown Steers 2 tooth and 4 tooth 215c/kg to 238c/kg
- Light cows 60c/kg to 130c/kg
- Bulls 175c/kg to 216c/kg

Maitland Liveweight Sale Report 11th September 2023

A total of 355 cattle yarded this week made up of 30 export cattle and 325 trade and restocker cattle.

Export cattle remained firm on last weeks sale with the best cows making 190c/kg to 200c/kg and plainer cows 115c/kg to 170c/kg.

Restocker cattle this week was up to 50c/kg easier in places.

- Light weight Angus steers 220c/kg to 290c/kg
- Angus steers 250kg to 350kg 220c/kg to 290c/kg
- Other breed of restocking steers 160c/kg to 265c/kg
- Euro Heifers suitable to feed 200c/kg to 220c/kg
- Angus restocker heifers 125c/kg to 270c/kg
- Yearling heifers 140c/kg to 270c/kg
- Yearling Steers 160c/kg to 320c/kg
- No 2 draft non described cattle 25c/kg to 75c/kg
- Bulls up to 210c/kg

A friendly reminder that we are often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.



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REGULAR ACTIVITIES & MEETINGS (cont'd)

Serbian Orthodox

2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20). 1184 Peats Ridge Rd, Peats Ridge

Kariong Community Baptist Church

Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email pastorkcbc@outlook.com

Divine Retreat Centre (Ph 04 6848 6782)
160 Hensons Road, Somersby
www.divineretreatcentre.org.au

Daily Holy Mass 8.00am to 8.30 am
1st Fri, 5:30pm-8:30pm Divine Mercy Friday
1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr
Last Sun, 9am-4pm, One Day Retreat

Catholic Service -Spencer

Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.

- Wollombi

2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.

- Somersby

Every Sat. evening vigil - 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby.

- Yarramalong

1st Sunday each month, 11.15am St. Barnabas All welcome. Enq 0428 438577

YOUTH

Junior Girl Guides 5-10

Kooree Guide Cabin, every Monday in school term, 5.00pm - 6.30pm

Girl Guides 10-15

Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm

Scouts, Cubs & Venturers
Peats Ridge Scout Hall

Cubs meet 6.30pm - 8.30pm Wednesdays
Scouts meet 7.00pm - 9.00pm Tuesdays
Venturers meet 7.00pm - 9.00pm Mondays
Contact 0460 696 941

HISTORICAL

Brisbane Waters Historical Society

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au

Dharug & Lower Hawkesbury
Historical Society Inc.

Last Sat of month. All welcome, contact Jan Kofron 0405321478 jankofron@optusnet.com.au

First Fleeters Central Coast Chapter

2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.

The Pearl Beach Aboriginal History Group

3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com

Wyong District Museum &
Historical Society

Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@alisonhomestead.com.au website: www.alisonhomestead.com.au

ACTIVITY/HOBBY

Central Coast GNU/Linux Users Group
Coastal Communicators Toastmasters

www.cclug.org.au - all most welcome

Craft/scrapbooking

1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952
Yarramalong Hall 10am to 5pm, \$12/person. Bring along your projects. Dates & details: stackm@skymesh.com.au or ph 43561196

Saturday Craft Group/Spining
and bobbin lace

2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305

Yarn group (knit, crochet etc)

Last Sunday of month 2pm at Angels Sussurri Cafe Yarramalong. Contact Margaret Dale 0411104770

HALL BOOKINGS

Kulnura Hall

Contact Central Coast Council.

Mangrove Mountain Hall

Hall bookings Ryan Howard 0405416289

Somersby Hall and Mountain Districts
Culture and Heritage Centre

Hall bookings: 0413 359 655
or AH 4373 1488

Yarramalong school of Arts / Hall

enquiries@yarramalonghall.org.au
<https://yarramalonghall.org.au>

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Celebrate the reopening of the Little White Church

Film Screening and Live Music Event to celebrate the reopening of the historic Little White Church

Mangrove Mountain Union Church Hall - 2154 Wisemans Ferry Rd, Mangrove Mountain
Thursday evening the 19th of October from 6pm.

‘Two adventurous songwriters, a well-travelled piano, a village full of talented bushfire survivors...and a song from the ashes.’

Come experience Up Armidale Road, the international award-winning feature film. The film will be followed by a wonderfully joyous set of live music by Grace and Hugh.

Doors open 6pm, the CWA Mangrove Mountain Evening Group will be serving tea/coffee and a light supper from the hall kitchen. The film will screen from 7pm (run time 1 hour 20 min), followed by a short intermission and a dynamic live band performance.

Don't forget to bring some cash for the intermission fundraiser raffle!

Tickets are \$10 pp. All proceeds go to the not-for-profit Mangrove Mountain Christian Group Inc to help with the costs associated with regaining the Mangrove Mountain Union Church property back from liquidation for community use.

Seats are extremely limited! Secure yours by booking now via www.graceandhugh.com/tour

ABOUT THE FILM

This journey to a song takes place in the aftermath of the firestorm that decimated Nymboida in November

AGISTMENT

HORSE AGISTMENT AVAILABLE. Full care. Group and individual paddocks with shelters. Full size sand dressage arena, grass jumping arena. Located walking distance to Peats Ridge Village and Café. Call Cameron on 0438695600.

WANTED

OLD BATTERIES, will pickup, phone 0413 975 107

MALE COMPANION 18 to 80 for twice weekly meeting. 0431087281

2019. Up Armidale Road is the culmination of two years filming and production, chronicling a unique collaboration between the community of Nymboida, songwriters Grace and Hugh, and the musicians of the Clarence Valley. What is the most that a song can do? Watch this film to find out

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These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

POSITIONS AVAILABLE

WESTY'S PLACE has an opportunity for a hard-working all-rounder who would like to work locally. Westy's focus is pumps and irrigation however we also do metal work and general farm engineering. To start this will be 3 days a week with an opportunity to increase this over time. Previous experience in pumps, general farm maintenance and/or welding would be beneficial.

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WATER LICENCE Kulnura Mangrove Mountain Ground water source 45 Megs, open to offers, call 0407761375

GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

MULCH for sale. 10m³ Minimum - \$400.00. Delivery if applicable. David 0418 233595

FREE RANGE EGGS \$5/doz ph 0412 669649

GARAGE SALE

GARAGE SALE SATURDAY 14TH OCTOBER - Huge variety of items for sale. Vintage, camping, clothing, crockery, books, kids items, homemade preserves, vegies etc. Grab a bargain. 8am to 4pm, 139 George Downes Drv, Central Mangrove.

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