

COMMUNITY NEWS

No. 922 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 2nd June 2023



Harvest Festival Hub at Mangrove Mountain Hall

Harvest Festival 2023 will be held during the June long weekend. Saturday 10 June – Sunday 11 June 2023.

Mangrove Mountain Hall

Sat, 10 Jun 2023, 8am to Sun, 11 Jun 2023, 5pm Free Entry

Corner of Waratah and Wisemans Ferry Roads, Mangrove Mountain NSW

Enjoy live music, food and refreshments at the alfresco outdoor dining and alcohol-free bar, bring a picnic blanket and enjoy a picnic lunch with the family underneath the gumtrees while the kids play in the playground.

Tantalise your tastebuds with a delicious Devonshire tea with CWA scones fresh out of the oven or join us for lunch with a hearty farmhouse soup from the Mountain Districts association!

Enjoy browsing the historic hall and stalls.

Other Venues

There are a range of unique events and experiences offered across thirty event hubs throughout the Central Coast's hinterland. Take this opportunity to get a glimpse behind the farm gate as you explore rural farming communities and their picturesque heritage villages right here on the Central Coast

Book and plan ahead. Check out the program and determine what activities you wish to visit. Be sure to book ahead so you don't miss out on any of your favourite hubs. There is also limited reception in some locations so plan your trip beforehand, so this doesn't affect your day

ATM and Cash Points

Some of the event hubs have limited access to cash points or ATM facilities



HAVE YOU GOT LIVESTOCK TO DISPLAY?

The search is on for livestock that can be displayed at the Mangrove Mountain Country Fair in October.



When the time comes, will you have some piglets, turkeys, a few ducklings, chickens and any other locally produced stock would be considered for the country fair?

Please contact Steve Raines 0455155075 Livestock co-ordinator.



as they are on farms or remote properties and internet and mobile phone coverage is not good. Plan ahead and bring cash, so you can enjoy the many activities around the region

Please visit <https://www.lovecentralcoast.com/harvestfestival> for more information.

Not only is there often a right and wrong, but what goes around does come around, Karma exists, chickens do come home to roost, and as my mother, Phyllis, liked to say, "There is always a day of reckoning."...

Donald Van De Mark

STOP!
 Next issue Published
 16th June 2023
**** DEADLINE ****
**** 9th June '23 ****
 Send adverts & copy by
 email, website or post.
 Email, website, FB or
 phone for enquiries

THE ARC STORY

Our Hero: The Black Soldier Fly
 Ever dream of the time when we don't have to bury anything in landfill?



Above - Black Soldier Fly
 Below - BSF Larvae



HARVEST FESTIVAL

10th - 11th June

**Somersby CWA and
 Somersby Hall Committee**
 will be at the Somersby Hall

With yummy Devonshire Tea, Crafts,
 Cakes, Plants and Bobbin Lace Demo

All with a smile!

That time could be coming soon!!
 Learn how ARC Ento Tech utilises the eating prowess of the Black Soldier Fly to consume and recover all our food waste and turn them into new sustainable products, from organic fertiliser and insect protein for animal feeds to name a few. There are so many exciting things we are discovering about these very special insects. Find out how ARC is working with nature. Visit us at Ento Park insect Farm and be awed at how we are changing the face of sustainability!

ARC's answer to plastic waste
 Is there really a solution to this plastic problem? Yes there is!
 At ARC, we have developed a technology that converts contaminated plastic (the ones we can't recycle) into a new sustainable product which we call Synthetic Coal. Come and see!

Central Coast Harvest Festival
 10-11 June 2023
 972 Wisemans Ferry Road,
 Somersby



Mountain Medicine

Providing the local community with a collaborative approach to multidisciplinary healthcare.

Dr Christine Wade
 B.Med (Hons) FRACGP

Dr Arsenios Magdas
 MD B.MedSc

Pathology – Douglass Hanly Moir
 Mon & Fri 8.30am to 1.30pm
 Wednesday 12.00pm to 5:00pm
 Ph: 43741942

Torin O' Grady
 Podiatry (Foot Care)



40 Niclins Rd, Mangrove Mountain NSW 2250
ph 4374 1252

All Allied Health Professionals are EPC accredited. Medicare rebates are available if you have a GP Management Plan with Team Care arrangements. Please enquire for more details.

MANGROVE MOUNTAIN PHARMACY



Monday – Friday: 9am-7pm
 Saturday: 9am-3pm Sunday: Closed

Free Flu Vaccine
Now Available
No Bookings Required

- Free webster packing and all your pharmacy needs
- Household goods and gifts
- Milk, cold drinks
- Parcel point outlet

3/1 Waratah Road, Mangrove Mountain, NSW 2250
Phone: (02) 4374 1457 Fax: (02) 4374 1479
Email: mangrovetmparmacy@gmail.com




NSW RURAL FIRE SERVICE

Bucketty & District Rural Fire Brigade will hold its AGM at 1400 hrs on Saturday 17 June 2023 at the Station at 5393 George Downes Drive, Bucketty.

EXPERIENCE...

- Discover the Black Soldier Fly and how they can solve our waste issue
- Learn about ARC's plastic waste process and how it can be turned into resources
- Engage in a hands-on experience with reptiles
- Experience our education hub full of critters and conservation
- Participate in garden tours whilst enjoying the beautiful country experience
- Take part in community and family gardening workshops with bush tucker
- Food and beverages available for purchase

Workshop details are as follows:

Saturday 10th June, 2023
 9:30am- Tim Selwyn of Girri Girra-Acknowledgment to country and Smoking Ceremony
 11:30am- Bush to Bowl- bush tucker experience and tour around property



ECHIDNA Contracting

SERVICES:

- * EARTHMOVING
- * MULCHING
- * ROADS/ DRIVEWAYS
- * SLASHING
- * HORSE ARENAS
- * ONSITE SAWMILLING
- * CLEARING
- * RETAINING WALLS

SUPPLY:

- * ROADBASE
- * DECORATIVE PEBBLES
- * GRAVEL
- * ROUGH SAWN HARDWOOD
- * CRUSHED SANDSTONE
- * SLEEPERS
- * SAND
- * TIMBER FENCE PRODUCTS

CONTACT CARL:
PHONE: 0402939912
EMAIL: admin@echidnacontracting.com.au
WEBSITE: www.echidnacontracting.com.au

Sunday 11th June, 2023
 10:30am- Little People Nutrition and Musical Kitchen- musical kitchen
 1:30pm- Little People Nutrition-

Storytime
 Anna Atayde, Events Manager
 ARC Ento Tech Ltd- Ento Park Insect Farm

WARD Septics

Septic Tank Cleaning

- * New Vaccum Truck that can pump 100 metres away from tank.
- * Plumbers Jetter attached for clearing blockages in sewer pipes.
- * We now have a small Vaccum Truck for those tight difficult pump outs.
- * Water Tank Cleaning.


*** And Even Cheaper Rates For You With A Neighbour**

Call Paul For More Info
0438 315 514

 **SepticCleaning.com.au**

VEGETATION MANAGEMENT & SOLUTIONS

Convert that totally out of control vegetation and scrub into superbly organised landscape




- Underscrubbing
- Land Clearing
- Tree Lopping
- Clear fence lines
- Fire Breaks
- Hazard Reduction
- Paddock Expansion
- Horse arena construction
- Roads / driveway construction
- Dam construction & repairs

Over 33 years industry experience
Free quote / consultation and advice

With our experience and expertise we offer free quotations and advise to you on the best methods and equipment suited to your property.

Fully Insured
 Qualified Arboriculturist & tree surgeon



Call Alistair on 0408 970 848 for a free quotation

1 tree to 100 acres, we can look after the lot. If you treat your trees as an asset and manage them, you not only improve your safety but also you improve the value of your property.

**Mangrove Mountain
Community Hub**
10th & 11th June 2023
Mangrove Mountain Hall
9am ~ 3pm Free Entry
artisan stalls, live music, food,
plants and fresh produce,
CWA Devonshire tea,
Jams and Preserves
and more!

Stall sites available
 Ph 0405416289
 Email mangrovemountainhall@gmail.com



* Post & Rail
 * Fence
 * Painting
 * Repairs
 * Bobcat Hire

**Ricks
Rural
Fencing**

* Chain Wire
 * Wire Stock
 * All types of rural fencing

*Servicing the Mountain
for over 30 Years*

Phone Rick 43731155

**CROSSROADS
CRANES**

** Free Quotes **

**40t All Terrain, Franna
3t Mini Crawler, Crane Truck**

Now serving Mountain Districts & beyond

email: sales@crossroadscranes.com.au
 Web.: Crossroadscranes.com.au

Call Alan 0456607501

Your LOCAL GUY for:

**STARLINK INSTALLATION
CCTV, WiFi,
& MORE**

STARLINK IS HERE
 A free tip from me...
 STARLINK is Awesome but...
 BEFORE ordering STARLINK,
 download their APP to your
 phone, read the instructions
 and do the visibility test.
 If you pass the test, give me
 a call about installation etc.

Master Security License:
 101264
 Open Cablers License:
 55883
 Insured PI & PL.
 Over 30 years In business.
 Techniport Pty Ltd T/A
CLOUD SECURITY
 Call WARREN 0407 366 444

Dr. S. ANANDASIVAM
 (ANAND)
MBBS, FRACGP, AMCC

For Doctor Appointments:
 Monday - Friday 9am- 5pm

*Laverty Pathology Service
Available:
 Monday to Friday 8:00 till 3:30
 Saturday 8:30 till 12*

Medicare Bulk Billing

**1639 Nurses Road
Central Mangrove, 2250
02 4373 1914**

Look out for hitchhiker pests

Imagine opening a new appliance or piece of furniture you've just bought from overseas to discover a cluster of insect eggs inside the packaging. Thinking little of it, you throw the packaging away. You could have just helped an incursion of an unwanted pest.

The problem

Australia is currently free of some of the world's most serious pests that threaten our industries, economy, environment and way of life.



However, the risk of hitchhiker pests entering Australia is increasing due to climate change, intensification of agriculture, increased movement of people and products, and supply chain complexities. Pests are spreading around the world and are being found in increasing numbers on or within sea containers and imported goods.

What are hitchhiker pests?

In simple terms, hitchhiker pests are those that can 'hitch a ride' to Australia within or on shipping containers, imported goods and other forms of transportation. They are not native to Australia but have a specific biology or behaviour that enables them to use or associate with inanimate goods or containers, survive an extended journey, and actively disperse to Australia's environment.



For example, khapra beetle can survive for several years in the cracks and crevices of shipping containers without food. This is due to a biological trait where they can go into a dormant

MANGROVE MOUNTAIN COMPUTER CLUB

Digital Connect - Free Technology Classes for 50 and Over's

Are you 50+ and would love some help with using digital technology? Mangrove Mountain Computer Club has partnered with Central Coast Digital Connect offering free classes for you to develop your skills and knowledge in the digital world!

The digital connect program provides free workshops and a chance to learn and ask questions about using smart phones, tablets and computers in your daily life. Learn how to securely access and use the internet, use and make the most of your device and keep in touch with others online.

These classes will help you make the most of your devices and keep up to date with all the latest improvements and services

What is Digital Connect?

Digital Connect is funded through Be Connected, an Australia wide initiative empowering all Australians to thrive in a digital world. Be Connected provides online learning resources as well as a network of community partners - the Be Connected Network - who offer in-person support so you can develop your digital skills and confidence.

Students are asked to please bring along a device of their choice. This may include:

- Smartphones - iPhones & Androids
- Tablets - iPads & Androids
- Laptops - Apple & Windows

Each session will commence with a workshop followed by morning tea, and an opportunity for small group support with our team of volunteer digital mentors.

When: 4th Thursday of every month – NEXT SESSION JUNE 22nd

Time: 9.30am – 11.30am

**Where: Mangrove Mountain Computer Club
6 Waratah Road, Mangrove Mountain**

Contact: Suzanne - 0408 895 330

state. Once they come across a food source (such as grain), khapra can re-emerge. If in a favourable place, their population can grow rapidly and contaminate nearby goods.

How you can help

Hitchhiker pests may be detected in a wide range of locations and items. We need every Australian and our international trading partners to look out for them.

You can help to look for signs of

hitchhiker pests if you:

- unload, process or transport imported cargo from our ports
- handle or trade imported goods
- have recently purchased imported appliances, furniture or other goods
- deal with imported goods on regional properties or farms
- treat, pack, send or export goods to Australia.

<https://www.agriculture.gov.au/campaigns/hitchhiker-pests>



- Excavator with Buckets, Hammer, Auger & grabs.
- Posi track with 4in1 bucket, forks & spreader bar
- Tipper 6 ton

Excavation - Concrete - Landscape

Facebook, Instagram
Email: blissearthworx@gmail.com
▲ Based in Somersby ▲

0409 456 003

Mangrove Mountain Plumbing

General Plumbing, Renovations, New Homes, Pipe & Cable Locator, Gasfitting, Drainage, Blocked drains, Jet blaster, CCTV

SECOND GENERATION PLUMBER WITH OVER 28 YEARS EXPERIENCE

Steven Zouroudis Ph: 0422302159

Lic-183316C



ARTS NEWS

BRONWYN ALIOTTI
27 August 1945 - 10 April 2023

Our community is mourning the loss of Bronnie, wife of Claude, mother of Gilli, and a true friend and Aunty



to many. Bronnie and Claude were founding members of the WVAC over 25 years ago and have made an amazing contribution to the artistic community ever since. The Wollombi Cultural Centre is testament to Bronnie's devotion to the arts and the people of the valley.

Bronnie held the positions of WVAC Secretary and Old Fireshed Gallery Bookings Officer for many years. Artists always had a warm welcome from Bronnie, which many would appreciate, along with her support for their work. We have all benefitted from Bronnie's devotion to WVAC and her work to maintain the Cultural Centre and keep culture alive and present in the centre of our community. Bronnie will be remembered for her kindness, loyalty,

generosity, grace, style, hospitality and her deep love for her family and friends, with whom we share our condolences.

Our next exhibition...

'The Geometry of Innocence'
An Exhibition by Ilyas Papantoniou
10 - 18 June 2023
Old Fireshed Gallery

The Geometry of Innocence -
"I heard this phrase in a Bob Dylan song and the dissonance of these two words juxtaposed in so incongruous a manner struck me as odd, strange, remarkable, there was something there... Studying for my arts degree I was influenced by many things including the use of colour and the use of shapes geometric or organic; either way I try to express my thoughts and Dylan's phrase, as I thought about it over time, was a call to think and express myself in terms of language and to also in terms of objects. Geometry made me think of cousin Euclid and a long tradition of people drawing lines in the sand across many cultures over periods of time... Drawing shapes fill in a void and allows me to find myself in places I had not imagined possible; it is a liberating experience and a frustrating one, to find a way to make these thoughts and feelings come together in colour and placement. I have also tried in my practice follow the advice of an artist who said "throw

EBH
BUILDING GROUP
PTY LTD

OUR SERVICES INCLUDE:

- Custom built homes • Granny flats
- Extensions • Carpentry services
- Renovations • Decks & Pergolas
- Waterproofing & Bathroom renovations
- Disabled modifications
- Asbestos removal
- Building maintenance

Dane Meredith | Builder
0243513200
0420906499
dane@ebhbuilding.com.au

Soul Speak Healing

Your emotions are the window to your soul.

Soul Speak Practitioner & QHHT Practitioner Level 2

Sharyn Unitt
Email: shazzaunitt@protonmail.com
Mobile: 0408 967 507 (sms/voice message)

TKG Welding & Fabrication

- ✦ Mobile welding ✦ Fully equipped service truck
- ✦ Heavy machinery repair & modifications
- ✦ Air arc gouging ✦ Hard facing
- ✦ Steel horse & cattle yards
- ✦ Sheet metal work, gates and railings

Tim Green 0427 462 717
timdgreen1971@gmail.com
www.tkgweldingandfabrication.com

Kulnura Computers Supplies & Services

4373 1237

- ❖ Custom Built Computer Systems for the Home - Office - Extreme Gaming
- ❖ Computer Repairs - Virus removal
- ❖ Upgrades
- ❖ Software - Accessories
- ❖ Electronic components

PET FOOD Supreme Poultry

Call Now ..Ph. 02 4374 1700

Budget Mince	\$10.00 (10 kilos)
Carcass	\$9.00 (10 kilos)
Necks	\$20.00 (10 kilos)

All stock subject to availability - Min. purch. \$20

Product price subject to change without notification

2598 Wisemans Ferry Rd, Mangrove Mountain
MONDAY to FRIDAY .. BETWEEN 8am and 3pm

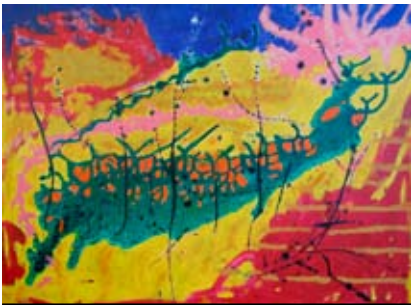


'Bart's Journey'

some paint on a canvass..."

In brief, these influences come to place where three cultures have met and at times clashed- those of the immigrant, white Australia and Indigenous Australia and here I want to acknowledge the traditional owners of this land past, present and emerging."

Ilyas Papantoniou.



'Odysseus and the Sirens'

The Little Yengo Gallery

The Little Yengo Gallery was built and is maintained and run by volunteers to celebrate the rich Aboriginal history and culture of Wollombi and surrounding areas. The non-profit gallery displays an extensive range of Aboriginal paintings, artworks and artefacts. The proceeds from the sale of

Harvest Festival
Central Coast

EntoPark
Insect Farm

SCAN TO BUY TICKETS

Discover how we are changing the face of sustainability

Open June 10 - 11
9am - 4pm

- Insect Farming Facility
- Reptile Exhibits
- Petting Zoo
- Community Garden
- Nutrition Workshops
- and more!

972 Wisemans Ferry Road, Somersby

General Admission \$25 • Group \$80 for (4) people • FREE entry for children under 10 yrs

ARC Ento Tech Ltd | Raptor Reptiles | GIERRI GIERRA | Little People | BUSH BOWL

Share the fun and learning and get a group discount to this year's Ento Park experience. Discounted rates for registered groups (schools, scouts, girl guides, home school groups, Gardening Clubs and the like) of 10 or more are available. Contact Christian on 0479 043 244 or email admin@arcentotechltd.com.au for more details

the works, minus a small administrative fee, go directly to the artists.

Wollombi means 'meeting place', our totem is the waterhen. Please come and learn the waterhen story and meet the artists. New volunteers and artists are welcome.

Visit <https://www.wollombi.org/little-yengo-gallery> for our online gallery.

Wollombi Valley Arts Council Inc
Email: artscouncil@wollombi.org
Web: www.wollombi.org
F/B: <https://www.facebook.com/artscouncilwollombi>

HERFO'S COFFEE COMPOST SOIL

Reinvigorate your garden with pure, clean, organic and chemical free compost. Ready to use.

\$95 per m³ plus delivery and gst
Discount for bulk orders
<https://herfoswoodshed.com.au/>

ph 4373 1316 or 0418 233 595

RURAL INSURANCES

shortland insurance brokers | Steadfast THE STRENGTH YOU NEED

If you're in need of assistance with your insurances give Shortland Insurance Brokers a call!

4324 5244

info@shortlandinsurance.com
Level 2, 27 Dane Drive GOSFORD
AFSL 236739



Showcase



Come down to Walkabout Wildlife Park to see a showcase of the Creative Recovery workshops run for the local community where people gathered to talk, connect and make art—including projects by The Yarn Hub, an artistic collaboration by the Spencer community, plus short documentary films.

Share a yarn (and check out the native wildlife) while exploring the showcase.

Walkabout Wildlife Park
1 Darkinjung Rd Calga

Saturday June 10
10.30am onwards

Free entry and morning tea

For more information, call
Breanna Pollock on 0419 014 446
or email breanna.pollock@centralcoast.nsw.gov.au.

Presented by
Central Coast Council



Jointly funded by the Commonwealth and
NSW Governments under the
Disaster Recovery Funding Arrangements

Mangrove Mountain Hall in final five of “Best Blues Venue” Awards

Our very own historic Mangrove Mountain Hall has been nominated for “Favourite Blues Venue” in the 2023 Blues Awards.

The hall is the only regional venue to make the final five nominated for this year’s award and is in fine company alongside legendary Sydney music venues, The Vanguard and Lazybones, the multi award winning Butchers Brew Bar and trendy Sydney venue, Miss Celie’s.

To reach the final five venues nominated, votes for venues in NSW are taken from the over 4,000 strong Blues music following of The Sydney Blues Society online group, so to be selected in the top 5 finalists is a massive honour and achievement for our community hall and our Blues on the Mountain events.

The final nominees are now voted on by the membership of The Sydney Blues Society of industry professionals and Blues music enthusiasts with the overall Winners of each category to be announced at a special Gala dinner and show



The crowd enjoys a dance at on of the “Blues on the Mountain” events at the Hall

on Thursday the 1st of June.

Several of the artists who have previously performed at Mangrove Hall are among those who have been

nominated eg: Favourite Song Of The Year

Run D.B – Jesse Redwing

Favourite Album Of The Year Stax of Blues – Ray Beadle, Blues Artist Of The Year Frank Sultana, Ray Beadle, Liza Ohlback, Jesse Redwing, Taj Farrant, Lil’ G

AND last but not least, Ryan Howard, the organiser of the “Blues on the Mountain” events, has been nominated in the final group for Biggest Contributor To The Blues Community.



the springs

OPENING Hours

- 5 DAYS -

WEDNESDAY - THURSDAY
DUCK INN BISTRO
11 AM - 3PM

FRIDAY - SUNDAY
THE SITTING DUCK RESTAURANT
11:30 AM - 5PM

Golf - 7 days - 7am - 5pm

www.the-springs.com.au

(02) 4373 1522

1080 Peats Ridge Road, Peats Ridge NSW 2250

thinkwater.
PEATS RIDGE

AGRICULTURE • COMMERCIAL • RURAL • INDUSTRIAL

Australia’s Leading Water Solutions Network

- ◆ Water Treatment
- ◆ Irrigation Systems
- ◆ Mowers & Ride-Ons
- ◆ Fire Protection Systems
- ◆ Water Tanks
- ◆ Pump Systems
- ◆ Fertigation
- ◆ Pipes & Fittings
- ◆ Chainsaws & Generators
- ◆ Repairs

Ph 4373 1466
780 Peats Ridge Road, Peats Ridge

www.thinkwaterpeatsridge.com.au

Community Fight Against Feedlot Continues

On Saturday 27th May, 33 members of the community met in Mangrove Hall to progress their opposition to the proposed feedlot on Ironbark Rd.

Liesl Tesch introduced the session, handing over to Alex Stewart who explained the problems the feed lot would create.

This was the presentation given on the day: <https://docs.google.com/presentation/d/1PnXJHS5OWOalUHifFuAOiqttlYrmmPDUhEjjcb4CZ18I/edit?usp=sharing>

Submissions to Council relating to the feedlot are best lodged online and so a number of people who don't have computers used the facilities of the Mangrove Mountain Computer Club to make their submissions with assistance from Ron Collins.

People can make a submission by quoting the reference DA/4247/2022 and uploading it to the council website. Or can use the animal liberation submission form where they can edit the provided template.

The submissions close on the 6th of June so everyone needs to get in fast to not miss the deadline.

So far there have been hundreds of objecting submissions with the council website not keeping up with uploading them all.



OPEN 7 DAYS
40 YEARS LOCAL



General Dentistry | Emergency Care | Cosmetic Dentistry
Orthodontics & Invisalign | Dental Implants | Oral Surgery
Sleep Dentistry IV Sedation | Wisdom Teeth Removal
3D CT Scanning | CEREC same-day ceramic restorations

02 4323 1933 | www.vcdental.com.au

Suite 10, 36-40 Victoria Street, East Gosford NSW 2250

NEW PATIENTS

> Comprehensive checkup & clean
Includes up to 5 x-rays
No Gap (with health insurance) or **\$290**

OFFERS (all patients)

> Free orthodontic consultation
> Free dental implant consultation
> Free cosmetic makeover consultation
> Sport mouthguards: **No Gap** or **\$99**

FINANCE

> We **bulk bill** the Medicare CDBS
> **Zip Pay & Zip Money** payment plans
> We partner with **SuperCare**



Above: the QR code for the Animal Liberation submission link

The petition on change.org has over 1,800 signatures so far.

Given there have been so many objecting submissions it will be the Central Coast Local Planning Panel (CCLPP) making a decision not the council directly. The council will produce a report to the CCLPP based on their research and the communities' submissions.

There will be public hearings for the community to speak at a CCLPP meeting. We will be given 7 days' notice for when that is to occur.



CUSTOM DESIGN | BUILDINGS | EXTENSIONS | ALTERATIONS | DECKS |

KDF
CONSTRUCTION

0410 100 616 | kim@kdfconstruction.com.au | LIC NO. 267735C

COASTAL TRUCK LICENCES

LR to HC Licences





Paul Viola: 0437 006 060

ABN: 36 659 041 880
 info@coastaltrucklicences.com.au
 Coastal Truck Licences

FOR SALE

Contact Agent

191 Bloodtree Road, Mangrove Mountain

	5
	3
	4
	60 ac

"Ultimate Blank Canvas"

- 60 acres gently sloping
- Deep soils, magnificent pasture
- Good fencing
- Park-like grounds
- Substantial 4 bed plus granny flat
- Substantial water licences
- 3-phase power
- Beautiful, large dam
- Compacted pad for new shed

Office Address:
Suite 1,
2/872 Pacific Highway
Lisarow NSW 2250
P: (02) 4324 8486
E: info@ccselect.com.au

Contact one of our agents | CALL 02 4324 8486

www.ccselect.com.au



THANK YOU SPENCER THAI

The Spencer Thai Restaurant hosted a complimentary Golden Ladies Mother's Day luncheon on Monday 15th May for 25 local grandmothers and great-grandmothers.

It was a glorious sunny day and there was much laughter and smiles all round as everyone enjoyed a delicious Thai buffet. Mr One and Pitam worked so hard to ensure that all the ladies felt spoilt and special by providing delectable Thai food in a friendly and relaxed environment.

As Mr One and Pitman are not able to see their mothers on Mother's Day this is their way of doing something nice for other mothers especially grandmothers and great-grandmothers in our community.

Thank you Spencer Thai for your kindness, generosity and thoughtfulness.

*Robyn Downham
Spencer*



A delicious buffet



A Happy Mothers Day



Mr One and Pitman at work

**.:KSR.:
NEW
GRAVEL
ROADBASE
\$42/T
DELIVERED
0411 868 437**

Big Flower
Pots Statues Fountains
Plants Flowers Gifts
SUPER NURSERY
24 Burns Road,
Ourimbah 2258
beside M1 Interchange
02 4362 2236
c.boes@hotmail.com
www.bigflower.com.au
The Biggest Nursery on the Central Coast - 10 Acres!
Open 6 days Tue to Sun 9am till 5pm Closed Mondays

CELEBRATING WOMEN OVER 60

An Instagram series by Sue Harris

Barbara Mc Caig

There are few things that I require to live a balanced and contented life - my faith, my family and the ability to be creative. After many years of working long hours, my days have finally become less frenetic. Rising early and walking several kilometres each morning before working a twelve to sixteen hour day, the day finally arrived when early mornings gave way to an indulgent coffee before rising and the opportunity to spend a little while writing, planning and thinking.

With the big 8.0. fast approaching, I have reached the stage where there are less claims on my time, leaving me free to pursue old interests and seek out new ones. The importance of my faith and my family is intertwined because my faith keeps me focused and my family keeps me grounded. Both of these play an active role in my creativity and for me the ability to create is as vital as breathing.

Twenty five years of encouraging others to release their imagination into various forms of expression while designing and making large and elaborate quilts in my spare time has now given way to smaller and more manageable quilts that usually end up



in various shelters, and an even smaller pursuit, but almost as time consuming, is a newly discovered passion for bookmaking. I also facilitated a group of ladies in a weekly Bible Study for over twenty years and many of these remain firm friends.

Life today is kinder, gentler, less demanding. The family home became rather empty; downsizing meant thinning out vast quantities of fabrics and books. A recently completed parents' retreat is now home and with one half of my family at the opposite end of the house and the other only fifteen minutes away I am content.

Sometimes it takes courage to face life over sixty, but we've weathered the uncertainties of youth.



Go to: https://www.instagram.com/seover60_women/ for more inspiration.

I created the Instagram page in 2023 with my aim being to celebrate women over 60 who are wanting to connect and hear other women's stories, share ideas, passions and what makes them tick. It is empowering, motivating and beneficial for those who are on the same page.

Sue-Ellen Harris

LONGRIDGE CONTRACTING
EXCAVATION & TRUCK TIPPER HIRE

Services:

- Site Levelling
- Land Clearing
- Horse Arenas
- Roadways
- Certified Fill Material

Machines:

- Excavators / Augers
- Posi Track with Laser Level Grader
- Dozer
- Truck & Trailer Tipper

Michael Schembri
0419 236 788

Follow us  

On The Go Constructions Pty Ltd
Specializing in the building of chicken sheds

Charlie Muscat is well known in the Industry, with over 12 years experience and has a reputation for quality workmanship.

- * New Chicken Sheds * Tunnel Conversions * Roofing
- * Machinery/Farm Sheds/Stables/Lofts/Piggeries * Coolrooms
- * All Fabricating services - All frames & trusses are fabricated by On The Go Constructions to Engineer specifications.

Call Charlie on 4374 1114 or 0408 684 719

VISION FOR LIFE...
For all your concrete & pumping services, call Louis on 0418 409 576

HERFO'S WOODSHED

QUALITY SEASONED FIREWOOD
Cut & split vintage Ironbark & Buloke
Sold via National Measurements Act
Registered Public Weighbridge

More heat for your dollar
Weight ticket with each delivery

call to order:
4373 1316

www.herfoswoodshed.com.au






**Australian
Plants Society
Central Coast**

presents

June meeting

The symbiotic relationships between plants and birds
Plants' vital role in the life cycle of birds



Presenter
Cathie Stubbs

When
1.30 for 2.00 pm start
Saturday, 10 June 2023

Where
Phillip House
21 Old Mt Penang Road
Kariong

Cost
\$3 Members & Visitors (with lucky door prizes)

Enquiries
EJ Kydd, 4362 3065
or see our website
austplants.com.au/Central-Coast-Events



Raptor expert, Cathie Stubbs from Wildlife Arc, is our invited guest speaker for our meeting on the 10th June, 2023. Cathie has been involved in Wildlife Arc for almost 15 years, having coordinated and cofounded the Central Coast branch of Australian Seabird Rescue.

Apart from her passion in gardening, she currently runs a program educating, caring and supporting the wonderful wildlife carers and several rescue organizations, as well as education sessions for the public on a variety of wildlife related matters.

Cathie's topic will be "The symbiotic relationships between plants and birds" where she will expose the vital role between native plants and the life cycle of birds, and especially how changes in urban gardening styles affects their population and dispersal.

E-J Kydd
Publicity Officer



Epacris longiflora
"Fuchsia Heath"



JEREMY AOUN
PLUMBER | GAS FITTER | ROOFER

OVER 30 YEARS EXPERIENCE
SUPPLIER OF RAPIDPLAS TANKS

Mobile: 0424 894 225
Licence: 134701C
Email: aussieplumbing1@gmail.com

The Grass Cutters

- Slashing
- Rock picking
- Farm cleaning and clearing
- Cultivation and more
- Obligation-free quotes



Call **0419 412 993**
Email pat@thegrasscuttersrus.com

See us in action at: thegrasscuttersrus.com

PRINTING SERVICES

Lynwood Press
Your local printing service



- ∞ Flyers
- ∞ Booklets
- ∞ Stationery
- ∞ Business Cards
- ∞ Graphic Design
- ∞ Duplicate Books

Publishers of the "Community News"

Ph/Fax: 4374 1039 Mob: 0412 669 649
Email: enquiries@cnews1.com.au



Your local certified AWTS septic agents
Website – www.absolootseptic.com.au

Phone 02 4362 1060

World Continence Week, 19 to 25 June 2023

Over 5 million Australians - 1 in 4 people aged 15 years or over - experience bladder or bowel incontinence. This World Continence Week we hear the stories of those with lived experience of incontinence and encourage others to seek help to empower them to live confident lives.

"It's important that we share our experiences with other people. Your story will heal you and your story will heal somebody else. When you tell your story, you free yourself and give other people permission to acknowledge their own story."

Iyanla Vanzant, author, lawyer and American inspirational speaker

Incontinence is not just a woman's or an older person's issue, nor is it an inevitable part of ageing. Incontinence is a common condition that can be treated and proactively managed. Incontinence can affect people at any age, but in many cases, it can be prevented, better managed or even

cured. Seeking advice from a health professional is the first step.

Lack of support for incontinence and its associated costs affects thousands of Australians ability to seek and maintain employment. Sharing experiences of this makes the community aware and may motivate greater help and investment strategies for incontinence support and management.

Where to seek help

There are services available to help both you and the person you care for. Where possible, involve them by discussing the reasons and need for seeking help.

The first step is to call the National Continence Helpline on 1800 33 00 66. The Helpline has a team of nurse continence specialists who provide free and confidential advice, resources, details for local services, and information on continence products and funding schemes. An interpreter can be requested. The Helpline is staffed 8am-8pm AEST Monday to Friday.

Treatment or management plans

A specialist health professional will consider what lifestyle changes can help to improve or better manage incontinence, depending on the type of incontinence the person has and their care situation. They will help to set out a treatment plan which could include:

- Adequate fluid intake, including the

timing and types of drinks

- A diet to prevent or manage constipation, faecal incontinence and loose bowel actions
- Pelvic floor muscle exercises
- A bladder retraining or toileting program
- Toileting positioning and posture
- Medications (both prescription and over-the-counter medications such as laxatives)
- Continence products (pads and pants, bed protection, urinary sheath drainage or catheters)
- Equipment (bathroom or toilet grab rails, commode or portable urinal)
- An assessment of toilet accessibility and visibility (especially at night).

For more information and advice:

Talk to your doctor, nurse continence specialist or pelvic floor physiotherapist.

Phone the National Continence Helpline on 1800 33 00 66 and speak with a nurse continence specialist.

The National Public Toilet Map shows the location of more than 19,000 public and private toilet facilities across Australia, including adult change and baby care. toiletmap.gov.au

National Continence Helpline:
1800 33 00 66
continence.org.au
Continence Foundation Australia

MANGROVE PRODUCE AND HARDWARE

1668 Wisemans Ferry Rd, Central Mangrove (just 1km from the Crossroads)

**WINTER IS HERE AND WE HAVE
YOUR HEATING NEEDS COVERED
FIREWOOD & KINDLING
FIRELIGHTERS ETC.
A RANGE OF HEATERS**

PLUS DOG COATS BEDS AND BLANKETS



- | | | |
|----------------|---------------|------------|
| ◆ Horse Feed | ◆ Fertiliser | ◆ Paint |
| ◆ Pet Food | ◆ Timber | ◆ Plumbing |
| ◆ Bird Seed | ◆ Hardware | ◆ Fencing |
| ◆ Vet Supplies | ◆ Hand Tools | ◆ Electric |
| ◆ Chemicals | ◆ Power Tools | Fencing |

Mon-Fri: 7:30am -5:00pm
Sat: 8:00am -2:00pm

Ph: 43731259

SHOP ONLINE AT
www.tuckersstore.com.au
or shop.truevalue.com.au

REGULAR ACTIVITIES & MEETINGS

RURAL FIRE SERVICES

Bucketty RFS	Weekend Training Station Maintenance General Meeting	3rd Sat, 9am-12 pm, breakfast 8.30am Every Thurs as required, generally 10am-1pm 3rd Sat in even months, at 1pm, All welcome buckettyrfs@gmail.com (02) 4998 8130
Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Junior Training	2nd Monday of the month Meeting 6.30pm 3rd Monday Maintenance 6:30pm 4th Monday Training 6:30pm E: captain.spencer@ccrfs.org.au Alison Wade 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarralong RFS		Information: www.facebook.com/ YarralongRuralFireBrigade/ Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarralongrfs.org.au

COMMUNITY & SOCIAL

Coastlink Friendship Group		Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)		Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)		First Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)		2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Hall, General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club		2nd Wed each month 7pm at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Gosford World Vision Community Group		4th Tues 11am in Presbyterian Church, West Gosford Contact: Glenis Ph: 0400 586 760. https://permaculturecc.org.au/
Permaculture Central Coast Kulnura & District Garden Club		Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradge@gmail.com
Mangrove Mountain Singers		1st & 3rd Tue, Mangrove Mtn Hall, 6-8pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts Community Group Meeting		1st Thurs of the Month, 7pm, Mangrove Mtn Hall. Contact: mepccinc@gmail.com , 0412669649
Mangrove Emergency Planning & Communications Committee		
Mangrove Mountain Country Fair Committee Meeting		2nd Thur of month except Jan, 7:30pm, Mangrove Hall. Pres- Shane 0417 436 529
Mountain Districts Association (MDA)		www.mountaindistrictsassociation.com.au secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting		Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
River Cares for the Lower Hawkesbury River District		President Robyn Downham 0414248224 Email info@rivercares.com.au
Rotary Club Meeting		Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc		President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club		Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
The Mountain Tuesday Social Tennis Group		Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Somersby Equestrian Club Club & Committee Meeting		Every 2nd month. Check website for further details. www.somersbyequestrianclub.org.au
Wisemans Ferry Community Men's Shed		Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

SPIRITUAL

Anglican Service - Mountain Districts		Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Christian Group		General Meeting 3rd Monday, 7.30pm at CTC (next door to Mangrove Hall)
Mangrove Mountain Union Church, Christian Service		9.30am second and fourth Sundays. cnr Bloodtree Rd & Wisemans Ferry Rd
St Barnabas Christian Service Yarralong		Every Sunday, 9.30am. (Easter & (Christmas Carols dates to be advised)
Serbian Orthodox		2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20). 1184 Peats Ridge Rd, Peats Ridge

(cont'd next page)

LIVESTOCK MARKET REPORT



Maitland Liveweight Report 22nd May 2023

380 cattle yarded today comprising of 320 trade/vealer cattle and 60 export. Quality of the yarding was mixed with most of the yarding being weaner/restocker cattle with a lot of secondary cattle on offer today. Market was firm today compared to previous sales for all categories of cattle.

- Best butcher calves 290c/kg to 380c/kg.
- Restocker steers up to 250kg made from 150c/kg to 396c/kg.
- Steers 250 to 300kg made from 150c/kg to 390c/kg.
- Steers 300 to 350kg made 130c/kg to 360c/kg.
- Steers over 350kg made 130c/kg to a top of 360c/kg.
- No feeder steers to quote today.

- Restocker Heifers up to 250kg made 120c/kg to 300c/kg.
- Heifers 250 to 300kg made 130c/kg to 325c/kg.
- Heifers 300 to 350 made 125c/kg to a top of 325c/kg. 350kg plus heifers made from 120c/kg to a top of 300c/kg.

Grown heifers made up to 200c/kg. Cows made from 60c/kg for the plainer boner cows and up to 190c/kg for the good heavy cows. A good pen of Charolais bullocks made 260c/kg to return \$2180 No bulls to quote today.

Maitland Liveweight Report 15th May 2023

620 cattle yarded today comprising of 580 trade/vealer cattle and 40 export. Quality of the yarding was good with most of the yarding being weaner/restocker cattle. Market was slightly easier today compared to previous sales for all categories of cattle.

- Best butcher calves 290c/kg to 380c/kg.
- Restocker steers up to 250kg made from 150c/kg to 380c/kg.
- Steers 250 to 300kg made from 150c/kg to 385c/kg.
- Steers 300 to 350kg made 130c/kg to 425c/kg.
- Steers over 350kg made 130c/kg to a top of 380c/kg.
- No feeder steers to quote today.

- Restocker Heifers up to 250kg made 120c/kg to 300c/kg.
- Heifers 250 to 300kg made 130c/kg to 310c/kg.
- Heifers 300 to 350 made 125c/kg to a top of 340c/kg. 350kg plus heifers made from 120c/kg to a top of 340c/kg.

Grown heifers made up to 220c/kg. Cows made from 100c/kg for the plainer boner cows and up to 190c/kg for the good heavy cows. No bulls or grown steers to quote today.

A friendly reminder that we are often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.

Like and share our Facebook page!
Keep up to date with [bowelidbury.com.au](http://www.bowelidbury.com.au)

*Michael Easy & Rodney McDonald
Bowe & Lidbury
52 Kyle Street, Rutherford NSW 2320
P: 02 4932 7066*

**HELP KEEP OUR
AREA CLEAN**

Phone the RID hotline:
131555
or report online: <https://ridonline.epa.nsw.gov.au/#/home>

Antennas - Digital

Hayward Video & Antenna Service
VAST Satellite Service
"Government approved installer"

Ray Hayward
mob: 0412 685 555
email: Ray.Hayward@gmail.com



LIC# 227507C

ELLIS

ELECTRICAL SERVICES PTY LTD

0411 317 506

Commercial | Residential | Industrial

REGULAR ACTIVITIES & MEETINGS (cont'd)

Kariong Community Baptist Church
Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email pastorkcbc@outlook.com

Divine Retreat Centre (Ph 04 6848 6782)
160 Hensons Road, Somersby
www.divineretreatcentre.org.au

Catholic Service - Spencer
- Wollombi
- Somersby
- Yarramalong

YOUTH
Junior Girl Guides 5-10
Girl Guides 10-15
Scouts, Cubs & Venturers
Peats Ridge Scout Hall
Mangrove Mountain Playgroup

HISTORICAL
Brisbane Waters Historical Society
Dharug & Lower Hawkesbury Historical Society Inc.
First Fleeters Central Coast Chapter
The Pearl Beach Aboriginal History Group
Wyong District Museum & Historical Society

ACTIVITY/HOBBY
Central Coast GNU/Linux Users Group
Coastal Communicators Toastmasters
Craft/scrapbooking
Saturday Craft Group/Spinning and bobbin lace

HALL BOOKINGS
Kulnura Hall
Mangrove Mountain Hall
Somersby Hall and Mountain Districts Culture and Heritage Centre
Yarramalong school of Arts / Hall

Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email pastorkcbc@outlook.com
Daily Holy Mass 8.00am to 8.30 am
1st Fri, 5.30pm-8.30pm Divine Mercy Friday
1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr
Last Sun, 9am-4pm, One Day Retreat
Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.
2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.
Every Sat. evening vigil - 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby.
1st Sunday each month, 11.15am St. Barnabas
All welcome. Enq 0428 438577

Kooree Guide Cabin, every Monday in school term, 5.00pm - 6.30pm
Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm
Cubs meet 6.30pm - 8.30pm Wednesdays
Scouts meet 7.00pm - 9.00pm Tuesdays
Venturers meet 7.00pm - 9.00pm Mondays
Contact 0460 696 941
Every Tues (except school holidays) 9am to 11.30am, Kooree Guide Cabin. Bec G, PH: 0421 996 029 Anne, PH: 0412 526 557

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au
Last Sat of month. All welcome, contact Jan Kofron 0405321478 jankofron@optusnet.com.au
2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.
3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com
Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@alisonhomestead.com.au website: www.alisonhomestead.com.au

www.cclug.org.au - all most welcome
1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952
Yarramalong Hall 4th Sun. of the month 10am to 5.00pm cost \$12 per person ph 43561196
2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305

Hall bookings contact Annette Stackman 43561196 Committee mtg 3rd Thurs 7:00pm at Hall- Open to all from community.
Hall bookings Ryan Howard 0405416289
Hall bookings: 0413 359 655 or AH 4373 1488
David Gillett 0416 097192
enquiries@yarramalonghall.org.au
<https://yarramalonghall.org.au>

REMINDERS FOR YOUR DIARY

Central Coast Harvest Festival June 10 & 11, various locations inc Mangrove Hall
Bucketty & District Rural Fire Brigade AGM 2pm Sat 17 June at the Station at 5393 George Downes Drive, Bucketty.
Mangrove Mountain Country Fair Saturday, 21st October, Mangrove Mtn Hall

WRITING FOR PLEASURE...

CONTINUED

In my last article, "Writing for Pleasure" I extolled the virtues of writing which I find is becoming a dying art due mainly to the ease of electronically transmitting all manner of messages. Since that article was so kindly published, I have had a great deal of positive feedback and for that I thank everyone concerned.

Mankind has been communicating by writing for millennia. We have samples of rock art depicting stories of ages long past, not only in Australia but all over the world. We have hieroglyphics and other ancient writings in all manner of languages. Mankind it would seem has an insatiable urge to communicate, to pass on information and to ensure it lives on. With that thought in mind why would modern man fail to continue this practice? Yes, it is a fact that electronic messages do remain forever in some form. Consider the posts on social media you made years ago that now come back to haunt you. I don't condone graffiti but in a way the people who "tag" buildings, underpasses etc are doing what the cavemen did and that is leaving a message. Is it any different from corporate bodies commissioning murals on the sides of buildings or the

Laguna Public School Celebrates Sesquicentenary

What a fantastic day we had at Laguna PS celebrating our 150th Anniversary on Saturday May 6th! We welcomed over 400 visitors who enjoyed live music, food, games and activities on a beautiful autumn day. A photo display in the library was a

dedicated areas of some cities where artists leave their mark? I'll leave it to you to make up your own minds.

It just brings us back to communicating, and with that thought I've decided to give a fountain pen and a small sample of ink as part of continuing the art of writing.

For those who wish to participate in this one time offer I ask you to come up with a reason you should get the pen in 25 words, or less.

The pen in question is a Hongdian Black Forest fountain pen. The pen has a full metal black coloured casing, a black E/F nib and a converter allowing any colour of ink to be used. The pen is well balanced and writes very smoothly.



popular spot for many visitors as they found themselves or relatives in scenes captured from the school's past.

One of the best aspects of the day were the amount of former students who came along – Colleen Andrews perhaps being the oldest at 88 years old, a student back in the 1940s. So many familiar surnames - Sternbeck, Thompson, Nicholls, Andrews to name just a few. Keynote speakers Karen Jones and Chris Davey gave the attendees a sense of what is so special about our school, and for all of us, what is so special about our primary years. It was wonderful to see ex-students marvelling at the changes at the school but still remembering spots where they played, lost a tooth or skinned a knee!

A big thankyou to all of the students, staff and families who came along to support the celebrations on a Saturday, we all felt very lucky to be a part of such a special place as Laguna Public School.

Craig Howe, Principal

Submit your entries to the editor of the Community News and they will be forwarded to me. Entries close at the end of June '23.

The winner will be the best answer in the opinion of the independent judge.

What better time than winter to sit down in front of a roaring fire and write.

I look forward to your submissions.

Stephen Versey

CNS Electrical
Lic No. 214132C



Your local Electrical Contractors on the mountain, specialising in Rural, Domestic, Commercial and Industrial works, including:
Excavation, Trenching, Mains & Sub-mains, Voltage Calculations & Future Planning.

Call Cameron for a quote on: 0438 695 600
Office: 0480 467 894
Email: admin@cnsselectrical.com.au



PTY LTD
DIVERSE
TRADING AUSTRALIA

Resource Recovery | Plant Hire | Site Remediation

Roads | Shed Pads & Sites | Dams | Council Approved Clean Fill

CALL 0408 843 677
admin@diversetradingleaustralia.com.au

JOHN DRAPER & SON
ELECTRICAL CONTRACTORS
Licence No. 65229C

**Commercial, Industrial,
Domestic, Rural Installation**

**Serving the Mountain and Districts
for over 50 years**

For prompt service and quotes

Peter: 43761141, Mobile 0428 732 623
John: 4376 1346, Mobile 0427 106 859

Southern Diesel Services
ROAD, CIVIL AND AGRICULTURAL REPAIRS

**Workshop / Mobile 24 HRS
Mangrove Mountain**

**Engine Control Units, Engines, Gearboxes,
General Maintenance, Hydraulics**



Mitchell Crane
PH: 0431 095 365

CLASSIFIED ADVERTISEMENTS

These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

POSITIONS VACANT

2 SOLAR LADS needed to install 36 x 24 volt panels and connect to new 5KW solar inverter, charger. Mount White area job. Will pay top rate, good Sunday job for 2 lads. Call 0433 161 505

FOR SALE

FIREWOOD \$150/bin phone 0419412993

GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

DRAINAGE MATERIAL, certified crushed roof tiles. Delivery Charge only. Please phone 0438731015.

MULCH for sale. 10m³ Minimum - \$400.00. Delivery if applicable. David 0418 233595

H/D STEEL work benches, various sizes some with doors & shelves. From \$200. Ring Ron 0414980906

ISUZU Dmax 2020 tub, good condition, no dents/rust. Free to person who collects. 0431 093370

AGISTMENT

HORSE AGISTMENT AVAILABLE. Full care. Group and individual paddocks with shelters. Full size sand dressage arena, grass jumping arena. Located walking distance to Peats Ridge Village and Café. Call Cameron on 0438695600.

FREE

FREE FIREWOOD. Cut your own. Mount White area. Phone Chris 0415 970 678

WANTED

SMALL AUTO 4x4, registered, roadworthy, older vehicle acceptable, not overpriced ph 0427066384

OLD BATTERIES, will pickup, phone 0413 975 107

MALE COMPANION 18 to 80 for twice weekly meeting. 0431087281

SERVICES AVAILABLE

KELLY'S KLEANING SERVICES - Servicing the Mountain & the coast. Please call Kelly on 0420541196

HORSE RUG REPAIRS - reliable prompt service. Pick-up & drop-off available for large quantities. Ph 0405 620 394

BRICKLAYING & Render repairs. Adrian 0408347737. Lic 98665C

RURAL FENCING - Post & rail, wire stock, chainwire, colourbond, paling etc. Also Landclearing. Phone Rick 4373 1117

PEST CONTROL - Servicing the local area. A.T.S. Pest Control Services Phone Tony 4373 1157 Mob: 0427 731 157

FENCING AND SLASHING. Also: FIREWOOD For Sale. David Starkey. 4374 1192 or Mobile 042 725 7948

OOST Painting Contractors - Lic 71725C
Quality & cleanliness assured.
For a free quote call David 4356 1449 or
0417 234 094. Yarramalong Local

MISTY MOUNTAIN RURAL CONTRACTORS - Earthworks, Irrigation, all services available Ph 43530990 or 0418221495

ANTENNAS - DIGITAL - Specialists with VAST Satellite Service, extra outlets, boosters. Mobile service 0412685555

AIRCONDITIONING, BUILDING, CARPENTRY - Local service, 14yrs experience in aircon, 22yrs experience in building & carpentry. Call Ken 0412 842 920

LAURIE DOUGLASS PLUMBING
Plumber, Drainer, Gasfitter, Roofer -
Ph 4373 1257 Mob 0407 008 488

HORSE BURIALS

Specialising in the on-site burial of your precious horse. Ph Craig 0411 2888 12

ALL COVERS & CANVAS WORK!
Boats, Vehicles & Horse floats re-trimmed, cover & horse rug repairs, no job too small! Servicing the mountains & the valleys. Call Alan on 0414 993 669 or Louise on 0410 646 200. located at Yarramalong Road Wyong Creek.

PEATS RIDGE HAIR CUTS MEN - LADIES - CHILDREN

Wed, Thu, Fri 9am-5pm. Sat 8am-1pm
Walk in - no appt necessary Ph 0447436558

TOWN 'N COUNTRY FLOOR SANDING & POLISHING

New & old floor boards, parquetry, verandahs, stairs, walls ceilings, re-coating, staining & painting etc. free quote ph Stuart 0400076261

WATER BORES

Local drilling company
based at Ourimbah

Contact: Paul Slade
Ph/Txt: 0408 471247

email:
Sladedrill@bigpond.com



Bikes N Motors

Service & Repairs

All Light Vehicles

Cars & Bikes

PH: 0491 622 080

bnm@bikesnmotors.com.au

1154 George Downes Dr, Behind Jerrys'

OUTLAND Mechanical & Maintenance Service

Licence No. MVRL54125 ABN 14814837840



Mobile Diesel Mechanic

- Specialising in Small Fleet Diesel Service
- Tractors • Farm Machinery • Mowers
- Earthmoving Machinery
- Welding

John: 0427 660 752 jlhellyer67@gmail.com

Contractors Licence No: 367849C

WATERMAN EXCAVATIONS PH: 0438 617 851

Mulching Horse Arenas Certified Fill

Admin@Watermanexcavations.com.au
www.watermanexcavations.com.au

- Excavators - Tipplers - Grader - Dozer - PoziTrack - 6X6 Dump Truck

CROSSROADS AUTOMOTIVES

Terry Kyriacou

Mon - Fri: 7:30am - 5:00pm

Saturday: 7:30am - 12:00pm

SPARE PARTS

LOG BOOK SERVICES

MECHANICAL REPAIRS

Ph: 4373 1774



Cnr of Wisemans Ferry Rd. & George Downes Drive, Central Mangrove

AUTHORISED INSPECTION STATION (INCL LPG)

MLS MOUNTAIN LANDSCAPE SUPPLIES

SANDS SOILS MULCHES WOOD-CHIPS GRAVELS PEBBLES
PLANT NURSERY - GIFTS - FIREWOOD

DELIVERY AVAILABLE 6 DAYS A WEEK

PH: 4376 1055

988 George Downes Drive Kulnura
mls@live.com.au



• AGRICULTURE • INDUSTRIAL • DOMESTIC

Licence No - 269888C

24 HOUR EMERGENCY CALLOUT SERVICE

Ph: 4322 3333

Fax: 43223433

Email: sales@girrigation.com.au

Web: www.girrigation.com.au

Unit 2 254 Manns Road, West Gosford NSW 2250



K&T PROPERTY CONSULTANTS PTY LTD

Real Estate Valuers & Land Economists

ROBERT MEGGS FAPI CPV

providing independent property valuation advice, including:-

- Stamp Duty, CGT, GST & Retrospective Valuations
- Probate & Estate Valuations • Insurance Valuations
- Valuations for Family Law • Pre-Sale/Auction Advice
- Land Value & Compulsory Acquisition Valuations

500 Kyola Road
KULNURA NSW 2250

Email: ktpropty@ozemail.com.au

Telephone (02) 4376 1451

Facsimilie (02) 4376 1452

Mobile 0429 44 33 10

Misty Mountain Rural Property Development Services

- agricultural consultants
- pasture improvement
- fertilizer spreading
- weed spraying
- all tractor work 4/2WD
- soil conditioning
- irrigation install/design
- fencing & stables
- crop planning & planting & all excavations
- concrete slabs Lic. R94321
- property evaluation & planning & management
- fork lift hire

Ex-Dept. Agriculture Officer with 45 years
experience in the local district.

Greg Koutoulas is the man to call on 0418 221 495



Stop Water Shop

Authorised Dealer

**ONGA, DAVEY and
GRUNDFOS PUMPS**



K. W. & M. E. WEST Pty. Ltd.

1650 Wisemans Ferry Road,
Central Mangrove

Phone 4373 1164 Fax 4373 1049

PUMP REPAIRS AND SERVICE

Trading Hours

Mon - Fri

7.30 am - 5 pm

Sat 7.30 am - 12 noon

Closed Public Holidays