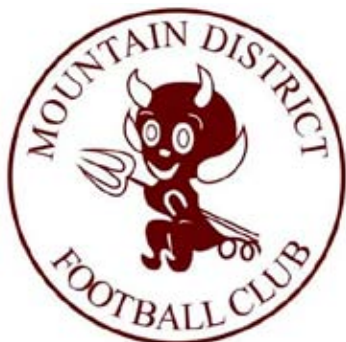


# COMMUNITY NEWS

No. 920 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 5th May 2023



## Our little club needs you...

Around 50 years ago a group of locals started the PKM United Soccer Club to provide an opportunity to put their fleet-footed skills into practice, to get fit and to socialise with others in the community.

Now known as the Mountain Districts Football Club, the club has enjoyed sporting success over the years with many teams taking out premierships. Local children have moved up through the age groups, some becoming coaches and mentors themselves.

The club is now in need of some help, requiring a Club Secretary and General Members to join the existing, very committed committee members and to help out on weekends.

We have meetings monthly on the 2nd Tuesday at the Mangrove Mountain Memorial Club.

If you are interested please contact any of our committee members:

- Tom Seddon - presidentmdfc@gmail.com
- Peter Chin - vicepresidentmdfc@gmail.com
- Geoff Bagnall - registrarmdfc@gmail.com
- Paul Sanfilippo - juniorvpmdfc@gmail.com

More information is available on our website and Facebook page.

We are at the Sports Park on Bloodtree Road oval every Thursday afternoon for training.

Please help our **AWESOME** little soccer club stay strong and active in our local community.

Paul Sanfilippo, MDFC  
<https://www.mdmc.net.au>

## THE DHARUG AND LOWER HAWKESBURY HISTORICAL SOCIETY

The re-scheduled Annual General Meeting to be held on Saturday, 27th May 2023 followed by an afternoon with our Special Guest Marilyn Wood, a previous DLHHS president and long-time member of the Royal Australian Historical Society and the Society of Australian Genealogists (S.A.G.)

The AGM is to take place at the Chapel at 1.00pm and we encourage our members to attend so we can elect a Committee to help the Society to function in 2023. We encourage any member who would like to get involved to nominate for committee or any other position.

An invitation extends to the general public to join us for the afternoon.

After the AGM is conducted Marilyn will be talking about her project with S.A.G. to research and write about the lives of women who lived during Australia's colonial period. The bones of each woman's story will be factual, but their lives will be written in the mode of historical fiction, recreating the sounds, smells, the atmosphere and the social customs of colonial Australia.

Marilyn will talk about her ancestor and some of the highlights (and low lights) of Ann Stephenson's life in the convict society of Paramatta. A woman although small in stature was not afraid to open her mouth, and could only be removed from the courthouse by the vigorous intervention of 2 constables. Marilyn will also talk about another ancestor (from her extended family) Elizabeth Perry, most famous for her marriage to James Ruse, with whom she co-partnered the pioneering of agriculture in the New South Wales colony and how when they moved from Parramatta to the Hawkesbury district where their domestic life took an unconventional turn.

Come along and hear other stories about the strong, feisty and resilient women living during the colonial period that were dismissed as either

### Mangrove Mountain Christian Group

*Inspirational time of music, prayer & personal reflection in the presence of God*

**Sunday 7th May - 9.30 to 11am**

BYO Morning Tea for afterwards Hot drinks supplied.

*Location to be advised (Mangrove Mountain Union Church or Mangrove Mountain Hall)*

**Contact:- Kim on 0401 516 501**

“damned whores or God's police” who worked hard, drank, swore, fought, mocked and survived colonial society.

We will serve afternoon tea after Marilyn's talk.

Cost: \$15 for members and \$20 for non-members.

Bookings essential: enquiries@dlhhs.org.au or 0405 321 478 (leave a message) by Tuesday, 23rd May.

Address:- Wesleyan Chapel, 6445 Wisemans Ferry Road, Gunderman.

All welcome.

Robyn Downham  
 Publicity Officer  
 Dharug and Lower Hawkesbury  
 Historical Society

But then, I would rather be mocked for doing a good thing than to be respected, knowing I have done wrong.

Orson Scott Card

### STOP !

Next issue Published  
 19th May 2023

**\*\* DEADLINE \*\***

**\*\* 12th May '23 \*\***

Send adverts & copy by email, website or post.  
 Email, website, FB or phone for enquiries



## May Meeting Natives as Bonsai



Presenter: Andrew Edge

When: 1.30 for 2.00pm start  
Saturday 13th May 2023

Where: Phillip House  
21 Old Mt Penang Rd, Kariiong

Cost: \$3 Members & visitors  
(with lucky door prizes)

Enquiries: EJ Kydd, 4362 3065  
or see our website:

[austplants.com.au/central-coast-events](http://austplants.com.au/central-coast-events)

## Pasture day for horse owners- Central Coast Wetlands (Pioneer Dairy)

Are you a horse owner/manager who is keen to explore how you can improve your pastures and help with the ongoing health of your horses and your land?

Well you're in luck! Local Land Services is holding a field day in the Central Coast on Friday 12 May - 9.30 - 2.00.

This field day will provide you with the opportunity to learn the ins and outs of good pasture health, based on the principles of the 'Equicentral system'

and will give you some practical experience in soil health, pasture plants and management techniques for optimum pasture health.

Learn from experienced landholder, Helena Warren who has expertise in soils, nutrition and has been involved in various aspects of horse management for many years.

This field day, a combination of indoor presentations and outdoor field walks will provide you with:

- Basic land management techniques



### Mountain Medicine

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for horse owners on small properties.

- An insight into soil health and how this links with pasture health.
- A walk and talk in the field to explore the types of pastures that are good for horses and the environment.
- An opportunity to explore why good ground cover helps to control erosion, including a focus on problem areas when managing horses.
- How to introduce high quality grasses and improve your pastures for optimum horse health.

This field day is essential whether you are just starting out or have been managing horses for many years.

#### Event Details:

Date: Friday 12 May 2023

Time: 9.30 am – 2.00 pm (morning tea and lunch included)

Location: Central Coast Wetlands - Pioneer Dairy

The cost is free, but registration is essential.

Register at : <https://bit.ly/3IOE1zs>

#### Please Note:

Please do not attend this event if you are unwell, are COVID positive or are a COVID close contact.

This project is supported by Greater Sydney Local Land Services through funding from the Australian Government's National Landcare Program

Maree Whelan  
Senior Land Services Officer  
Local Land Services



MANGROVE MOUNTAIN  
COMPUTER CLUB

### Digital Connect - Free Technology Classes for 50 and Over's

Are you 50+ and would love some help with using digital technology? Mangrove Mountain Computer Club has partnered with Central Coast Digital Connect offering free classes for you to develop your skills and knowledge in the digital world!

The digital connect program provides free workshops and a chance to learn and ask questions about using smart phones, tablets and computers in your daily life. Learn how to securely access and use the internet, use and make the most of your device and keep in touch with others online.

These classes will help you make the most of your devices and keep up to date with all the latest improvements and services

#### What is Digital Connect?

Digital Connect is funded through Be Connected, an Australia wide initiative empowering all Australians to thrive in a digital world. Be Connected provides online learning resources as well as a network of community partners - the Be Connected Network - who offer in-person support so you can develop your digital skills and confidence.

Students are asked to please bring along a device of their choice. This may include:

- Smartphones - iPhones & Androids
- Tablets - iPads & Androids
- Laptops - Apple & Windows

Each session will commence with a workshop followed by morning tea, and an opportunity for small group support with our team of volunteer digital mentors.

When: 4<sup>th</sup> Thursday of every month – **NEXT SESSION MAY 25th**

Time: 9.30am – 11.30am

Where: Mangrove Mountain Computer Club  
6 Waratah Road, Mangrove Mountain

Contact: Suzanne - 0408 895 330

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# Mangrove Mountain Truck Show

Held on April 2, 2023, the Mangrove mountain classic truck, car, tractor and machinery show held a display of a range of fantastic old and new machinery.

Although there was a bit of rain about there were many visitors who were able to enjoy the exhibits.

Funds were raised for the RFS Central Coast Bulk water as well as Ronald McDonald house.



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# Proposal for 400 Head Cattle Feedlot at Mangrove Mountain

A DA for a feedlot for 400 cattle has been submitted for a property at 2 Hershon Road Mangrove Mountain.

The cattle are to be housed in two steel framed feedlot sheds of approximately 84 metres by 24 metres with compacted earthen floors and concrete perimeter aprons.

Drainage and retention basins are to be used to ensure all surface water runoff generated within the proposed development footprint is effectively diverted, captured and released, as per the relevant guidelines.

The Statement of Environmental Effects states “Wastes (manure) will be scraped and stockpiled (no longer than two (2) days) within a nominated area of the feedlot pens. Trucks will attend the site and directly load all wastes (manure) onto trucks for removal and transportation off site.

Feed will be delivered daily to the feedlot, directly unloaded into a nominated area of the feedlot shed and distributed directly to feed pens for consumption by the cattle”

The subject property has been previously used for open grazing while nearby properties are used for poultry, small cattle herds, horticultural and rural-residential purposes. Popran National Park lies to the east.

Residents of neighbouring properties are concerned about the noise, smell, effects on the environment. There is additional concern about the well being of the cattle.

Curiously, the Statement of Environmental Effects, clause 4.2.8 Employment, mentions “Upon completion of construction (capacity

of 999 head) ...”

More information at <https://eservices.centralcoast.nsw.gov.au/ePathway> and search for “DA 4247 2022”



Above: Artists view of sheds from Ironbark Rd



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# WARM FELLOWSHIP AND GREAT SPIRIT!

## Three Recent Services a Success At The Mangrove Mountain Union Church

After an absence of worship services at the Mangrove Mountain Union Church for almost 2 years, our prayers were answered. The Good Lord softened the Liquidator's heart to allow casual hirings of the Union Church for Christian worship on 3 recent occasions.

On Good Friday there was a definite feeling that warmth and Christian spirit had returned to the building. The tone was contemplative with extract readings of Christ's Passion from the Gospel of John, a Testimony, prayers, and some music. And it was a good turnout too of 36 people.

The Easter Sunday service was wonderfully joyous, warm and spirit filled as we celebrated the Risen Christ. Some highlights of the service were the live and joyful singing, an Easter Reflection, the scripture readings from the FitzSimons Family Bible, visiting preacher Ian Davidson's sermon on the "Power of Christ's Resurrection", and the participatory prayers. The service was followed by morning tea and chats in the Meeting Hall. Special thanks to Cathy Morrison (nee FitzSimons) who retrieved the Church Bible from the Liquidator's local representative and brought it to the service. There were 44 people in attendance on Easter Sunday (with room for more!).

Last Sunday 23rd of April, we

held another uplifting and engaging service attended by 32 people. There was live music by Pastor Klyde Morris and a great message, themed "Where Are You God?" from the visiting preacher, Dr Gavin Williams. The service was followed with the placing of an ANZAC wreath on the garden memorial beside the Church building by two of our local war veterans.

Did you know the Mangrove Mountain Union Church is a Registered War Memorial site?



Memorial plaque at the Church

A BIG thank you also to the band of volunteers who cleaned both the Church and Meeting Hall buildings, and tidied the grounds prior to the services. Again, it has been demonstrated that the Union Church is an important local facility which our community is working hard to retain.

The Liquidator has been approached to grant more casual hirings of the

Union Church. We are yet to receive his formal approval. Please monitor the Union Church sign board and the Union Church facebook page for updated details. Our next service is on 7th May for an INSPIRATIONAL TIME OF MUSIC, PRAYER & PERSONAL REFLECTION IN THE PRESENCE OF GOD – 9.30am at UC or MM Hall.

We are praying and hoping that an agreement is nearing completion for the appointment of our group as the new Trustee to the Mangrove Mountain Union Church property. Our intention is that the Union Church property is returned to the care of local community minded representatives for the purposes of Christian Worship and Community Use.

Please continue your prayers for a quick and just resolution to this matter. If you support what we are doing, please join us in praying for the success of our efforts.

Thank you to all from within our community and further afield who continue to support our campaign.

We are often encouraged by messages from tourists passing through our local area who read/hear of our unfortunate circumstance. Latest from S. Ireland of Bega, thank you.

Robert Meggs for the Mangrove Mountain Christian Group Inc. (mob) 0429 443 310

Right: Wreath laying for Anzac Day at after the Church service

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# CELEBRATING WOMEN OVER 60

*An Instagram series by Sue Harris*

Meet Linda Rainsford who shares with us what makes her tick:

I guess there are a three main reasons I get out of bed each day. I have always enjoyed mornings, that is when my energy levels are at their best, so early to bed is a habit of mine.

Maintaining a relatively active lifestyle is crucial to aging gracefully. Exercise not only keeps me physically fit but helps me maintain those energy levels I need to keep me going during

the day. What works for me is walking, I enjoy looking at nature, plants and rocks. I am often taking photos as I walk. More recently I have introduced a little Yoga into my weekly program, it's a new experience and one I am enjoying as I do feel it's helping me to relax at the end of the day.

Secondly, maintaining a sense of purpose is vital. I have worked all my life, however, I started a new business in my late 60's, it's a people business, so it's crucial for me to bring a lot of energy to the table each day. I also believe in continuous learning, I am a great believer in professional development, endeavouring to improve the skills I require to operate at the highest level. Someone taught



me this very easy and therapeutic tip - at the end of each day write down 2-3 small wins I have achieved to remind myself of what is possible. It's a great way to start the next day with a positive mindset.

Thirdly, staying connected with family and friends is another motivation to get out of bed each morning. Social connections are critical for emotional well-being, and spending time with loved ones can bring joy and a sense of belonging to your life. Whether it's a phone call, or a quick catch up over coffee, it's important not to get so swept up in your own world and forget friends and family.

Lastly, taking care of yourself is vital at any age, but particularly as you grow older.

Go to:



[https://www.instagram.com/seover60\\_women/](https://www.instagram.com/seover60_women/) for more inspiration



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# Anzac Day at Calga

With blue skies above us and clouds rolling by and the sun shining on us and a slight breeze about 30 people commemorated Anzac Day at the Cenotaph at Calga.

The flag was displayed on top of the Cenotaph with beautiful flowers at the base and what a beautiful sight.

Anne spoke of her fathers life where he served in the WW2 war and afterwards and where he always marched remembering his mates. Thank you Anne in giving us an insight of a soldiers life whereby Anne had discharge documents and other interesting papers as well as photos to share with us. A few CWA ladies were there and many residents coming together to share this special day. On behalf of everyone I want to thank Leis and Karen, Jasper and Wren for welcoming us with a cuppa and Anzac biscuits and chairs for us -we do thank you very much.

At 11 am the Ode was heard then we sang the Anthem. Lest We Forget.

Christine Sanfilippo  
Publicity Officer



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*Dress Code: Bush*

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- Adults: \$20
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# Free workshops



Following disasters (like bushfires, floods and COVID), creative recovery can be a powerful platform for people to express grief, frustration and loss, as well as compassion and connection—supporting communities and individuals on the journey to recovery.

Join us for a FREE workshop series at  
**Walkabout Wildlife Park, 1 Darkinjung Road Calga:**

## Day 1: Tuesday 9 May

Arrive 2.30pm for 3pm start  
Workshop until 5pm  
**Special campfire dinner until 8pm**

## Day 2: Wednesday 10 May

Arrive 9.30am for 10am start  
Workshop until 4pm  
(includes lunch)

## Day 3: Thursday 11 May

Arrive 9.30am for 10am start  
Workshop until 12pm  
Lunch and free time until 5pm

Examples of creative recovery in action are the Yarn Hub at The Hub Café in Mangrove Mountain, and the creation of the 'Why Spencer' artwork by the river at Spencer.

You don't need to be creative to come to the workshops—just open to learning about the approach, and interested in supporting your community and looking to make connections.

### Bookings essential.

To secure your place, call Breanna Pollock on 0419 014 446 or email [breanna.pollock@centralcoast.nsw.gov.au](mailto:breanna.pollock@centralcoast.nsw.gov.au).

**Workshops, resources, park entry, morning tea, lunch, refreshments and campfire dinner all provided (call Breanna for dietary requirements).**



Presented by  
Central Coast Council



Australian Government



Jointly funded by the Commonwealth and NSW Governments  
under the Disaster Recovery Funding Arrangements

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## Liesl Tesch Appointed Parliamentary Secretary

Liesl Tesch MP, Member for Gosford, has been appointed to the role of Parliamentary Secretary for Families and Communities and Parliamentary Secretary for Disability Inclusion.

Ms Tesch said "It is a privilege to be entrusted with such an important portfolio. To say I am excited is an understatement."

Ms Tesch also stated "I wish to thank my community for entrusting me as their local Member for another four years. I will work hard to deliver for you in a Minns Labor Government.

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## SOMERSBY CWA

Our year started with a Australia day breakfast at the home of Jenny and Denis Allen, this was a great way to catch up with members and our friends from Gosford Rotary.

Then it was straight into business with our February meeting also being our handicrafts Judging a busy meeting with some lovely items going on to Group judging.

March was busy with both Group handicrafts and Group cooking judging, we have one cake going on to State. We are very proud of our member Carmen who won Champion piece at Group in handicrafts with her bobbin lace. Well done Carmen.

Somersby CWA supported our local Service Men and Women at the ANZAC Service and laid a wreath made by members at our craft morning.

We have four members going to State Conference in Bathurst and looking forward to seeing all the Craft and Cooking at State level.

Our Wednesday craft morning's are on again this year with numbers growing, so 10am at the hall everyone welcome.

Carmen is also holding a craft day on the second Saturday of every Month at the Somersby Hall, 10am till 2pm, so anyone interested in learning more about Bobbin lace or spinning keep it on your calendar. The March Saturday saw the car park full.

Sue Ward, Somersby CWA



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The house is large and comfortable with high ceilings and multiple spacious living areas, imparting a warm family feel. Numerous sheds, large double carport and separate lockable garage under the roof line, along with permanent spring water, add to the utility of this delightful acreage.

The house has both open and combustion fires and air conditioning in the kitchen/family room. There are 3 bedrooms plus a study/store room. The older style kitchen is in good condition and is large and airy with great outlook across the property. A generously sized main bathroom is featured along with a separate shower and toilet in the laundry, located off the wide north facing covered verandah.

There are substantial exotic shade trees featured within the hobby nursery area, providing a stunning covered outside entertaining area for those hotter days. Cooling North Easterly sea breezes bring relief throughout the summer months.

Access via both Wisemans Ferry Road and Werrinda Road.

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E: [info@ccselect.com.au](mailto:info@ccselect.com.au)

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# KULNURA & DISTRICT GARDEN CLUB

“A garden to walk in and immensity to dream in--what more could he ask? A few flowers at his feet and above him the stars.”—Victor Hugo, Les Misérables

Our April meeting was held in

the stunning gardens of Jacqui and Graham Maxwell, which is a hidden paradise nestled in rocky bushland at Kariong. It is a garden grown from many years of trial and error, learning, and wholehearted commitment. Not

only gardeners, they are also artists, and Graham’s sculptures add elements of surprise and wonder to this beautiful garden. Jacqui and Graham have so many interesting and unusual plants, including an extensive collection of pitcher plants, bromeliads, and other tropical plants. It was the type of



Above Left: Magnolia seeds are stunning Right: A pitcher plant  
Right: Garden wanderings



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garden that you could visit repeatedly and always discover something new. We held a lively meeting and our usual plant competition, which attracts fabulous entries from our members. I didn't realise the beauty of a magnolia seed, and how quirky squash can be if you forget to pick them.

### May in the garden

I'm loving the cool mornings and the beautiful valley mists, and we've been busy preparing our garden for a family wedding this week. We've refreshed the gardens with woodchip, done lots of pruning and tidying, and some autumn planting. The dahlias are still bringing much delight and the roses are full of beautiful blooms. It is my favourite time of the year.

May is a great month in the garden to:

- Plant vegetables including brussels sprouts, cabbage, cauliflower, broccoli, peas, broad beans, radish, turnips, swedes, spinach.

- Add some lemon grass, mint, and chamomile to your herb garden, and

- Sow some pollinator-attracting flowers such as marigolds, cornflower, calendula, dianthus, pansies, viola, snapdragons, stock and ageratum.

- Pop in a green manure crop like cow peas, oats, etc to restore your garden beds. Refresh your mulch, and give your plants a boost with some liquid fertiliser.

### Words for Gardeners

One of my favourite poets is Mary

Oliver, and this poem seems ideal for this time of year.

*“What happens  
to the leaves after  
they turn red and golden and fall  
away? What happens*

*to the singing birds  
when they can't sing  
any longer? What happens  
to their quick wings?*

*Do you think there is any  
personal heaven  
for any of us?*

*Do you think anyone,  
the other side of that darkness,  
will call to us, meaning us?  
Beyond the trees  
the foxes keep teaching their children  
to live in the valley.*

*so they never seem to vanish, they are  
always there  
in the blossom of light  
that stands up every morning  
in the dark sky.*

*And over one more set of hills,  
along the sea,  
the last roses have opened their  
factories of sweetness*

*and are giving it back to the world.  
If I had another life  
I would want to spend it all on some  
unstinting happiness.*

*I would be a fox, or a tree  
full of waving branches.*

*I wouldn't mind being a rose  
in a field full of roses.*

*Fear has not yet occurred to them,  
nor ambition.*

*Reason they have not yet thought of.  
Neither do they ask how long they  
must be roses, and then what.  
Or any other foolish question”*

- Mary Oliver, *House of Light*

***I think I saw Michael J. Fox at the  
garden centre this morning, but I  
can't be sure. He had his back to the  
fuchsias.***

### May Meeting:

We meet on the second Monday of each month at 9:30am for a 10am start. Our next meeting will be on Monday May 8th at ARC Entotech at Somersby, where we will hear about the fascinating world of bugs. This will be a unique and interesting visit, so don't miss it. We'd love you to join us, so please contact us for directions.

The June meeting will actually be held on the first Monday of the month on June 5th, due to the long weekend. We will meet at the Somersby Hall for an interesting conversation with the wonderful Linda Ross.

Guests are always welcome.

Please email [kulnuradgc@gmail.com](mailto:kulnuradgc@gmail.com) for information about meetings, membership, or any other questions, or feel free to call Jacqui on 0455 364 262

Happy gardening!

Karynne Courts  
(KDGC Committee member, 2023)

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or [shop.truevalue.com.au](http://shop.truevalue.com.au)

## REGULAR ACTIVITIES & MEETINGS

### RURAL FIRE SERVICES

Bucketty RFS	Weekend Training Station Maintenance General Meeting	3rd Sat, 9am-12 pm, breakfast 8.30am Every Thurs as required, generally 10am-1pm 3rd Sat in even months, at 1pm, All welcome buckettyrfs@gmail.com (02) 4998 8130
Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Junior Training	2nd Monday of the month Meeting 6.30pm 3rd Monday Maintenance 6:30pm 4th Monday Training 6:30pm E: captain.spencer@ccrfs.org.au Alison Wade 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarramalong RFS		Information: <a href="http://www.facebook.com/YarramalongRuralFireBrigade/">www.facebook.com/ YarramalongRuralFireBrigade/</a> Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarramalongrfs.org.au

### COMMUNITY & SOCIAL

Coastlink Friendship Group		Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)		Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)		First Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)		2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Hall, General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club		2nd Wed each month 7pm at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Gosford World Vision Community Group		4th Tues 11am in Presbyterian Church, West Gosford Contact: Glenis Ph: 0400 586 760. <a href="https://permaculturecc.org.au/">https://permaculturecc.org.au/</a>
Permaculture Central Coast Kulnura & District Garden Club		Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradge@gmail.com
Mangrove Mountain Singers		1st & 3rd Tue, Mangrove Mtn Hall, 6-8pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts Community Group Meeting		1st Thurs of the Month, 7pm, Mangrove Mtn Hall. Contact: mepccinc@gmail.com, 0412669649
Mangrove Emergency Planning & Communications Committee		
Mangrove Mountain Country Fair Committee Meeting		2nd Thur of month except Jan, 7:30pm, Mangrove Hall. Pres- Shane 0417 436 529
Mountain Districts Association (MDA)		<a href="http://www.mountaindistrictsassociation.com.au">www.mountaindistrictsassociation.com.au</a> secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting		Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
River Cares for the Lower Hawkesbury River District		President Robyn Downham 0414248224 Email info@rivercares.com.au
Rotary Club Meeting		Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc		President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club		Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
The Mountain Tuesday Social Tennis Group	Newsletter	Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Somersby Equestrian Club Club & Committee Meeting		Every 2nd month. Check website for further details. <a href="http://www.somersbyequestrianclub.org.au">www.somersbyequestrianclub.org.au</a>
Wisemans Ferry Community Men's Shed		Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

### SPIRITUAL

Anglican Service - Mountain Districts		Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Christian Group		General Meeting 3rd Monday, 7.30pm at CTC (next door to Mangrove Hall) 9.30am second and fourth Sundays. cnr Bloodtree Rd & Wisemans Ferry Rd
Mangrove Mountain Union Church, Christian Service		Every Sunday, 9.30am. (Easter & (Christmas Carols dates to be advised)
St Barnabas Christian Service Yarramalong		2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20). 1184 Peats Ridge Rd, Peats Ridge
Serbian Orthodox		

(cont'd next page)

## WOMEN UP THE CREEKS - A CELEBRATION

Celebrating the women of Mangrove, Popran and Ironbark Creeks. Irish Music and storytelling - prize for best 1800's costume.

By the river, Sunday 21 May 2023  
2.30pm-5pm

Our long awaited celebration - Join us for Splendor on the grass at the Richard Woodbury Reserve beside the river. Irish Music, storytelling and costume parade. Our roving storyteller and rebel rouser entertains with the strange and largely forgotten histories of Irish lasses and women of Ironbark and Popran creeks. Fiona McVicar plays reels and jigs on a lively



Irish fiddle. Join us this May for music and festivity at the Richard Woodbury Reserve. Invitation to wear or display an item from the 1800s. Fashion parade and prize for the best outfit judged by an extraordinary local.

Read More and Tickets: [www.heritageventures.com.au/women](http://www.heritageventures.com.au/women)  
Phone: 0447-545-271

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# COVID-19 Leave Grants To Support Aged Care Workers

The Commonwealth Government has announced COVID-19 leave grants for aged care workers who contract COVID-19 and do not have entitlements available to them to take time off work.

The \$750 grants will come into effect from July 1, 2023, and cover Australian Government funded aged care providers, home care package providers, and aged care workers.

The grants will be per person and per week.

Federal Member for Robertson, Dr Gordon Reid MP says that this is a welcome announcement and will benefit aged care workers on the Central Coast.

“We owe so much to our hard-working and dedicated aged care workers who have cared for our elderly and most vulnerable during the past several years while we have battled a global pandemic”, Dr Reid said.

“What the COVID-19 leave grant will mean is aged workers will not have to worry should they have no entitlements available to them when they are sick”, Dr Reid said.

“This is about protecting our elderly Australians and ensuring our aged care workforce is supported”, Dr Reid said.

Providers will need to apply for COVID-19 leave grants on behalf of an employee and can do so through the Australian Government GrantConnect website.

To find out more information, visit: <https://www.health.gov.au/our-work/aged-care-worker-covid-19-leave-payment-grants>

Media Release from the office of  
Dr Gordon Reid MP  
Federal Member for Robertson

## REGULAR ACTIVITIES & MEETINGS (cont'd)

Kariong Community Baptist Church	Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email <a href="mailto:pastorkcbc@outlook.com">pastorkcbc@outlook.com</a>
Divine Retreat Centre (Ph 04 6848 6782) 160 Hensons Road, Somersby <a href="http://www.divineretreatcentre.org.au">www.divineretreatcentre.org.au</a>	Daily Holy Mass 8.00am to 8.30 am 1st Fri, 5.30pm-8.30pm Divine Mercy Friday 1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr Last Sun, 9am-4pm, One Day Retreat
Catholic Service -Spencer	Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.
- Wollombi	2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.
- Somersby	Every Sat. evening vigil – 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby.
- Yarramalong	1st Sunday each month, 11.15am St. Barnabas All welcome. Enq 0428 438577
<b>YOUTH</b>	
Junior Girl Guides 5-10	Kooree Guide Cabin, every Monday in school term, 5.00pm – 6.30pm
Girl Guides 10-15	Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm
Scouts, Cubs & Venturers Peats Ridge Scout Hall	Cubs meet 6.30pm – 8.30pm Wednesdays Scouts meet 7.00pm – 9.00pm Tuesdays Venturers meet 7.00pm – 9.00pm Mondays Contact 0460 696 941
Mangrove Mountain Playgroup	Every Tues (except school holidays) 9am to 11.30am, Kooree Guide Cabin. Bec G, PH: 0421 996 029 Anne, PH: 0412 526 557 Email: <a href="mailto:becgilmour@gmail.com">becgilmour@gmail.com</a>
<b>HISTORICAL</b>	
Brisbane Waters Historical Society	25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. <a href="http://www.henrykendallcottage.org.au">www.henrykendallcottage.org.au</a> Last Sat of month. All welcome, contact Jan Kofron 0405321478 <a href="mailto:jankofron@optusnet.com.au">jankofron@optusnet.com.au</a>
Dharug & Lower Hawkesbury Historical Society Inc.	2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.
First Fleeters Central Coast Chapter	3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 <a href="mailto:pbaboriginalhistory@gmail.com">pbaboriginalhistory@gmail.com</a>
The Pearl Beach Aboriginal History Group	Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email <a href="mailto:info@alisonhomestead.com.au">info@alisonhomestead.com.au</a> website: <a href="http://www.alisonhomestead.com.au">www.alisonhomestead.com.au</a>
Wyong District Museum & Historical Society	
<b>ACTIVITY/HOBBY</b>	
Central Coast GNU/Linux Users Group	<a href="http://www.cclug.org.au">www.cclug.org.au</a> - all most welcome
Coastal Communicators Toastmasters	1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952
Craft/scrapbooking	Yarramalong Hall 4th Sun. of the month 10am to 5.00pm cost \$12 per person ph 43561196
Saturday Craft Group/Spining and bobbin lace	2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305
<b>HALL BOOKINGS</b>	
Kulnura Hall	Hall bookings contact Annette Stackman 43561196 Committee mtg 3rd Thurs 7:00pm at Hall- Open to all from community.
Mangrove Mountain Hall	Hall bookings Ryan Howard 0405416289
Somersby Hall and Mountain Districts Culture and Heritage Centre	Hall bookings: 0413 359 655 or AH 4373 1488
Yarramalong school of Arts / Hall	David Gillett 0416 097192 <a href="mailto:enquiries@yarramalonghall.org.au">enquiries@yarramalonghall.org.au</a> <a href="https://yarramalonghall.org.au">https://yarramalonghall.org.au</a>

## REMINDERS FOR YOUR DIARY

Mangrove Mountain Country Fair Saturday, 21st October

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# LIVESTOCK MARKET REPORT



## Maitland Liveweight Report 17th April 2023

760 Cattle yarded today at Maitland Saleyards. Quality of the yarding was good and competition was also good.

- Best butcher vealers 320c/kg to 400c/kg
- Steers up to 250kg made 240c/kg to 425c/kg. 250 – 300kg made 210c/kg to 415c/kg. 300 – 350kg made 230c/kg to 412c/kg. 350kg+ steers made 220c/kg to 390c/kg.
- Heifers up to 250kg made 220c/kg to 365c/kg. 250 – 300kg 210c/kg to 385c/kg. 300 – 350kg heifers made 200c/kg to 375c/kg. 350kg+ heifers made 180c/kg to 340c/kg.

In the export market Grown steers made 250c/kg to 280c/kg. Cows made 120c/kg to 280c/kg. Bulls made 200c/kg to 210c/kg.

A friendly reminder that we are

# Some Geese and Turkey Terminology

**Poultry** are domesticated birds that are kept for meat or eggs including birds of the order Galliformes: chicken, turkey, natatorial (swimming) birds: duck and goose.

- Flock is a group comprised of one species of poultry.
- Trio is typically a group of poultry with one male and two females

**Geese** are wild or domesticated water birds of the family Anatidae and of the genera Anser and Branta that typically have a shorter neck than a swan and a shorter, more pointed bill than a duck.

- Gander is a male goose over 1 year of age. (Also referred to as old gander.)

often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.

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- Goose is the singular of geese or a female goose.
- Gosling is a young goose up until feathers have replaced all of their down.
- Old goose is a female goose over 1 year of age.
- Young gander is a male goose under 1 year of age.
- Young goose is a female goose under 1 year of age.

**Turkey** is a large North American bird (Meleagris gallopavo) that is widely domesticated for food and comes in many varieties.

- Hen is a female turkey over one year of age.
- Old hen is a female turkey over one year of age.
- Old tom is a male turkey over 1 year of age.
- Poult is a young domestic (not wild) turkey.
- Tom is a male turkey.
- Young hen is a female turkey under 1 year of age.
- Young tom is a male turkey under 1 year of age.

The Livestock Conservancy  
<https://livestockconservancy.org/resources/animal-terms/>

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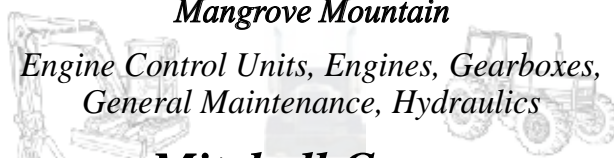
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These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

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HORSE RUG REPAIRS - reliable prompt service. Pick-up & drop-off available for large quantities. Ph 0405 620 394

BRICKLAYING & Render repairs. Adrian 0408347737. Lic 98665C

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**PEST CONTROL - Servicing the local area. A.T.S. Pest Control Services Phone Tony 4373 1157 Mob: 0427 731 157**

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### HORSE BURIALS

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