

COMMUNITY NEWS

No. 919 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 21st April 2023

PILE BURNING AFTER BUSH FIRE DANGER PERIOD ENDS

April 1st marks the end of the Bush Fire Danger Period for the Central Coast Region. While this means you are no longer required to acquire a Fire Permit to burn, you are required to notify us of any planned burn, at least 24 hours BEFORE you light up.

Additionally, you will still need to follow the council 'Open Pile Burn Policy', which can be found online. Notifying us of your planned burn can help reduce unnecessary emergency calls and allow help to go where it is needed.

Notifying us is as easy as jumping online to: <https://www.rfs.nsw.gov.au/fire-information/BFDP/burn-notifications> or google RFS pile burn notification.

As mentioned, you are required to notify us of any planned burn, at least 24 hours BEFORE you light up. Then,

all you need to do is:

- Notify your neighbours at least 24 hours BEFORE you light up, so they know that you will be burning.
- Check the weather on the day, avoiding hot and windy weather
- Take all reasonable precautions to ensure you are conducting a safe pile burn.

We also appreciate a quick email or call from residents who will be lighting up just in case we get a fire call.

Alternatively, your local RFS brigade may be able to assist you with your pile burns.

A member of your local brigade will come out and inspect your piles and organise a time to come and light up and manage the piles until they are at a level that is deemed safe. This

is a great training opportunity for brigades and allows us to meet more of our community.

If this option is of interest to you, please contact our Brigade Secretary on secretary.mangrovemountain@ccrfs.org.au. Keep safe.

Tarryn Nester



ANZAC COMMEMORATION SERVICE

**Sunday 23rd April 2023
2pm**

**Afternoon Tea served
afterwards**

All welcome

**Held at
Mangrove Mountain
Memorial Club Limited**

NSW GOVERNMENT NSW RURAL FIRE SERVICE

**PLEASE USE
QR CODE
TO NOTIFY US
WHEN BURNING**

Newcastle Disease Burial Pit Repairs

After the destruction of commercial poultry and pet birds during the 1999 Newcastle Disease outbreak, carcasses and shed litter were buried at three locations in the Mountain District.

The material was placed in shipping containers which were buried or in lined pits that were capped. Both methods are susceptible to producing leachate discharge and releasing

methane gas.

One of the burial pits, located in Waratah Rd, is being recapped due to subsidence and leachate concerns.

Groundwater around all pits is being monitored by the use of a series of bores. The Mangrove Mountain & Districts Community Group is attempting to obtain reports on the results of tests on the water from these bores.

After twenty three years, all the sites continue to pose an ongoing risk to groundwater, the environment and residents and are subject to regular and ongoing monitoring and maintenance by the DPI.

Have you ever lent someone \$20 and never seen that person again? It was probably worth it!

*Maharishi Fattifatbugger's
Guide to Zen*

STOP !
Next issue Published
5th May 2023
**** DEADLINE ****
**** 28th April '23 ****
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Chart topping Blues band set to headline Blues on the Mountain

They've won three Australian Blues Music Awards, performed at some of the biggest music festivals in the country and overseas and their new album is sitting at no.1 on the Australian Blues and Roots airplay chart! To celebrate, Blues Arcadia are bringing their incendiary blend of Blues, Soul and Jazz to the people

touring nationally playing shows in Brisbane, Adelaide, Melbourne, Sydney and.... our very own Mangrove Mountain Hall! on Saturday the 29th of April.

"Impressively accomplished... Blues Arcadia exudes all-round excellence" – Weekend Australian Review
 "A well-oiled soul-machine" – Blues



Magazine (Netherlands)

"Next time they're playing, make sure you see them." SCENESTR Magazine

In our biggest show of the year at the hall, Blues Arcadia will be joined by the stylish gentleman of the Blues and Blues on the Mountain favourites, Tomcat Playground and the Central Coast's own Woodie McClean for a sensational evening of music not to be missed!

Great food and light refreshments will be available to purchase on the night, thanks to the Hub of Mangrove Mountain, BYO welcome. As always, Blues on the Mountain is an all ages family friendly event.

Doors open at 6pm, with music until late. Tickets are limited and pre booking is recommend. book visit www.trybooking.com/CEUGT or phone 0405416289

Blues on the Mountain, Saturday 29th of April Program

- Doors open 6pm
- Woodie McClean 6.15pm – 7pm
- Dinner break 7pm – 7.30pm
- Tomcat Playground 7.30pm – 8.30pm
- Blues Arcadia 8.45pm – 9.30pm (first set)
- Blues Arcadia 9.45pm – 10.30pm (second set)
- 11pm close

All times are approximate.

Ryan Howard



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Dr Arsenios Magdas

MD B.MedSc

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Email: mangrovetmparmacy@gmail.com

CARE FINDER PROGRAM

The Care Finder program offers vulnerable older Australians one-on-one intensive support to help them access aged care as well as health, housing, and community services.

The Care Finder program was launched following a recommendation from the Royal Commission into Aged Care quality and Safety, which called on the Federal Government to provide more support to older Australians.

Federal Member for Robertson, Dr Gordon Reid MP welcomes the Care Finder program and says that vulnerable older people on the Central Coast should take advantage of the service.

“The Albanese Labor Government is committed to improving the quality of life for older Australians. The Care Finder program will help vulnerable older Australians navigate aged care and the services available to them”, Dr Reid said.

“The Care Finder program will especially help people from language backgrounds other than English, people who have no carer or support person, and find it difficult to understand information”, Dr Reid said.

“As a society, we must ensure we look after our most vulnerable communities, and as the Federal Member for Robertson, my office

WISEMANS FERRY MENS SHED

Now that we have recovered from the devastating floods, this is still a great place to be. Where men and women of all ages, from all walks of life, can come together to enhance their health in friendship, enjoy a cuppa, a good yarn & regain that sense of camaraderie that they may feel they lost when they retired, moved home and lost their backyard shed or any number of other reasons.

Our main aim is to unite men and women of all walks of life, ages and

is ready to assist older people in our community”, Dr Reid said.

Care Finders can assist in a range of areas including talking to My Aged Care, attending and providing support at the assessment, identifying and shortlisting aged care providers, completing forms and understanding aged care service agreements, and helping with other challenges.

On the Central Coast, Care Finders include Bungree Aboriginal Association Limited, HammondCare, and Wesley Community Service Limited.

To learn more about the Care Finder program, Care Finders, and eligibility, visit <https://www.myagedcare.gov.au/help-care-finder>

persuasions, provide education to promote good health and assist them to become healthy and satisfied members of our community whilst providing skills, friendship and a sense of accomplishment and someone to talk to should they feel the need. Mental health and stimulation are our goals.

Shed activities include but are not limited to:

- A cuppa.
- A cuppa and a yarn.
- Woodworking and metalwork.
- Bus trips
- Guest speakers.
- Establish Community garden.
- Getting the walking track completed.

We do not have any Government financial support. All funds for our operation are sourced from:

- Annual car show.
- Community work.
- Donations from local business and individuals.
- Sale of products made.

We are desperately trying to build up our membership to enable us to continue our good work in our Community. We lost a lot of good members after the floods due to the displacement of members to other districts. Call Adrian on 0448833781 or Warren on 0421705810 to enquire. We attend the Shed on Tuesdays and Saturdays from 9 a.m. The Shed is located behind Bowling Club.

Warren Lumley

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Notice of 1080 Program

The NSW National Parks and Wildlife Service (NPWS) is conducting an aerial baiting program in Brisbane Water and Popran National Parks from Saturday 6th to Sunday 14th May 2023.

The operation will use 1080 (sodium fluoroacetate) poison for the control of wild dogs and foxes.

The program is designed to minimise predator impacts on wildlife, especially threatened species, and to minimise impact of wild dogs on neighbouring stock.

Signs will be placed at the entry to the baiting location. Domestic pets are not permitted in NSW National Parks managed lands. Pets and working dogs may be affected (1080 is lethal to cats and dogs). Pets and working dogs must be restrained or muzzled in the vicinity and must not enter the baiting location. In the event of accidental poisoning seek immediate veterinary assistance.

Please contact the local Central Coast NPWS area office for more information on (02) 4320 4200.



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EXPLORING DUBBO GULLY AND ENVIRONS

The Dharug and Lower Hawkesbury Historical Society invites all to join us as we explore Dubbo Gully and environs on Saturday, 29th April.

We are fortunate to have Mari Metzke, Chair of the Convict Trail Project as our guide for the day. Mari

grew up on a farm in Dubbo Gully and has extensive knowledge of the area. Mari has explored this region over many years and as a “local” has many anecdotes of the area.

We will firstly drive to Dubbo Gully cemetery – a local landmark on the road. Many original inhabitants of the area are interred here. We have the plans for the site so we can explore the names. We also hope to drive down to the site of Fairview the remaining house in the area and hear a little of its history.

Depending on the current Central Coast Council work we may be able to explore some of the 19th century road construction in the area. Parts of the Great North Road go through this area from Ten Mile Hollow to Gosford. This was the major way to Gosford up to 1930 coming from Sydney.

Date:- Saturday, 29th April 2023.

Time:- 10.00am.

Meeting Location:- To meet at the ‘Hub’ the Mangrove Mountain General Store on the corner of Waratah Road and Wisemans Ferry Road for a quick coffee before we head off.

Cost:- \$5 for Members and \$10 for Non-Members (Cash or contactless credit card payment will be available).

This is an easy to medium walk.

Bookings:- It is essential that you book in for this walk. Please contact Jan Kofron on 0405 321 478 and leave a message with your contact details

LET’S TALK ABOUT HOW TO INCLUDE YOUNG PEOPLE

Young people it’s time to raise your voice with ‘Thinking Out Loud’ Youth Forum returning bigger and better than ever in 2023! Registrations are now open for this exciting and innovative forum which will be hosted by Central Coast Council’s Youth for Youth (Y4Y) Action Team on Wednesday 3 May.

This year the theme of the forum is “Including Us” and Council is calling on young people aged between 12 and 24, businesses, organisations, shopping centre management and event organisers to come together and contribute to important discussions on how to best include, involve, and engage young people in community life, events and initiatives.

and the number of participants or email enquiries@dlhs.org.au by Monday 24th April 2023.

BYO Everything – lunch, snacks, water, sunhat, sunscreen & repellent. Sturdy shoes are suggested. We will have lunch in Dubbo Gully.

All welcome.

Robyn Downham, Publicity Officer
Dharug and Lower Hawkesbury
Historical Society

.:KSR.:

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Council Unit Manager of Leisure Beach Safety and Community Facilities, Phil Cantillon said the free event is designed to address key concerns young people have identified within the Central Coast community about how they are engaged in community life.

“A key finding in the Central Coast Youth Strategy 2019 – 2024 identified that young people felt there are limited opportunities where they can access safe and affordable venues to socialise, meet their friends and hang out,” said Mr Cantillon.

“Our youth also said that while there are a great range of programs, events, and activities on the Central Coast they aren’t regular enough or inclusive enough for them.

“This forum is providing the platform for business stakeholders to hear from a unique perspective on how best to engage with and increase participation from young people.

“I want to particularly encourage student representatives from local high schools, TAFE, and universities to come together to utilise this opportunity and ensure that their voices are heard.”

To help ensure the day addresses these key areas the Y4Y action team have broken the day into two parts:

1. Presentations from guest speakers who will highlight ways to better include young people in community life, events and initiatives. Speakers will include Jahin Tanvir a 2022 Young Australian of the year finalist, Founder of Breathe and Board Director at the Adolescent Health Association of Australia, and Brad Cardis, Owner of Fixx Events and Marketing.

2. Group workshops opening a dialogue directly with young people, businesses, organisations and event organisers.

Council Administrator, Rik Hart said the forum is a unique opportunity to identify and discuss current issues facing young people and it’s crucial that the region’s schools and businesses participate.



Notification of wild dog and fox control program

Greater Sydney Local Land Services will be leading an integrated wild dog and fox control program in the Central Coast with support from National Parks, Central Coast Council and the Forestry Corporation. This coordinated program is part of ongoing work to reduce pest animal numbers and their impact on primary production and native wildlife in these areas.

1080 wild dog and fox ground baits and Canid Pest Ejectors will be used on the listed properties below from **Monday 1st May 2023 to Friday, 2nd June 2023**. Pets and working dogs may be affected (1080 is lethal to cats and dogs). **Please restrain all domestic pets and working dogs and ensure they do not enter the baiting locations during this time.** In the event of accidental poisoning of domestic pets seek immediate veterinary assistance.

Scenic Road Bushland Reserve (Kincumber/MacMasters Beach)	304 Ravensdale Road Ravensdale
Kenmare Road Reserve (Green Point)	625 Ravensdale Road Ravensdale
Kincumba Mountain Reserve (Kincumber-Green Point-Erina-Terrigal)	602 Ravensdale Road Ravensdale
Rumbalara Reserve (Gosford-Springfield-Wyoming-Holgate)	29 Vittasalo Road Somersby
Katandra Reserve (Holgate)	McPherson State Forest, Kulnura
Ferntree Close Reserve (Wyoming-Lisarow-Mount Elliot)	Mangrove Creek Catchment Dam, Kulnura
Triple Springs Bush Reserve (Matcham)	Mangrove Creek Weir (Dubbo Gully), Mangrove Mountain
The Ridgeway Reserve (Matcham)	Moony Creek Catchment Dam
60 Hitchcocks Lane Dooralong	1260 Wisemans Ferry Road Somersby
277 Ravensdale Road Ravensdale	13 Springs Road Kulnura
33 Dunks Lane Jilliby	964 Yarramalong Road Wyong Creek
3653 Wisemans Ferry Road Greengrove	1224 Dooralong Road Dooralong
Central Coast Wetlands – Pioneer Dairy, 1897 South Tacoma Road, Tuggerah	Broken Bay Sport and Recreation Centre, Little Patonga Beach
707 Settlers Road Lower McDonald	1398 Wisemans Ferry Road Somersby
916 Settlers Road Central McDonald	1396 Wisemans Ferry Road Somersby
276 Ravensdale Road Ravensdale	1310 Wisemans Ferry Road Somersby
	15 Murraba Road Kulnura
	145 Beaven Road Jilliby

For further information on the fox baiting program within Central Coast Council Reserves, please refer to: centralcoast.nsw.gov.au/environment/pests-and-weeds/pest-animals

If you would like to participate in a future program or have any questions, please contact Greater Sydney Local Land Services on (02) 4724 2100.

SB0555

“This is a great opportunity for key business stakeholders to hear directly from young people on ways that they can create a space that is both welcoming and engaging for them,” Mr Hart said.

“It is also a chance for young people to have their voice heard and be a part

of positive change that supports all to feel welcome in participating in the wonderful opportunities of community life across the Central Coast.”

Register now at centralcoast.nsw.gov.au/ThinkingOutLoud

Central Coast Council
Media Release

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Mob: 0402 273 858

NSW FARMERS ASSOCIATION CENTRAL COAST BRANCH ANNUAL & GENERAL MEETINGS

Thursday, 27 April 2023 | 7:30pm | Mangrove Mountain Memorial Club

NSW Farmers' Central Coast Branch invites members and non-members to its Annual and General Meetings to be held at the Mangrove Mountain Memorial Club, 18 Hallards Rd, Central Mangrove on Thursday 27 April at 7:30pm.

If you are unable to attend in person but still would like to join the meeting you can do so on line via:

Zoom Link: Central Coast Branch AGM & General Meetings
Meeting ID: 882 4767 7392
Passcode: ccbranch
Dial in : +61 2 8015 6011 Australia

Guest speakers:

- Viki Campbell - Central Coast Rural Fire Service Superintendent

Annual Meeting Agenda

- Submission of Annual Report

[Chair]

- Presentation of Balance Sheet

[Treasurer]

- Election of Office Bearers
- Motion for Capitation Fees
- Nominate Annual Conference Delegates

Following the Annual Meeting a General Meeting will be opened.

General Meeting Agenda

• Motions for Annual Conference/ Executive Council Meeting - An opportunity for members to assist in the direction of your organisation moving forward. Please consider providing proposed motions in your RSVP, this will allow us to check for an existing policy and/or background to the issue.

- General Business

Please note FIVE [5] voting members are required to form a quorum.

The Branch is eligible to send TWO [2] delegates to Annual Conference.

For further information please contact:

• Tim Kemp - Chair. 0400 224 588 | kempt@nswfarmers.org.au

• RoLorraine Wilson - Hon Secretary. 0417 451 764 | wilsonrl@bigbond.net.au

• Tanya Hayes - Regional Services Manager. 0407 533 218 | hayest@nswfarmers.org.au

Draft Operational Plan 2023-24 open for public comment

The draft Central Coast Council Operational Plan 2023-24 continues a focus on delivering services for our community while supporting Council's ongoing financial sustainability.

Together with the draft Fees and Charges for 2023-24, the Operational Plan will be on public exhibition until Monday 1 May at yourvoiceourcoast.com

Administrator Rik Hart encouraged the community to have their say.

"The financial performance of the organisation has turned around and Council's steadfast financial management has increased our financial stability," Mr Hart said.

"This draft Operational Plan shows a continued focus on delivery of services to the Central Coast community through prudent expenditure and incorporates the necessary adjustments to accommodate the increased depreciation trend and rising costs due to inflation.

"This is not a Central Coast Council problem but a challenge facing all councils in the current economic climate, and notably the limitations placed on councils to increase revenue.

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“The draft Operational Plan shows our community that we are making sure our roads, open spaces, water and sewer assets and leisure and waste facilities are repaired and renewed.

“At the 28 March 2023 Ordinary Council Meeting, I amended the resolution to include a table identifying percentage changes in proposed Fees and Charges for 2023-24, compared to the same fee in 2022-23.

“This means the community will be able to easily see which fees and charges are proposed to change in the coming financial year, while providing greater transparency with the community,” Mr Hart said.

Highlights include:

* Road and drainage upgrades and renewals to improve conditions and ensure safety

* Playground upgrades and renewals

* Protection of waterways

View the Draft Operational Plan and Draft Fees and Charges for 2023-24 at <https://www.yourvoiceourcoast.com>

A printed version is available to view at the customer service desks at both the Wyong Administration Building and in the Gosford Service Centre, and across the 10 Library locations at Bateau Bay, Erina, Gosford, Kariong, Kincumber, Lake Haven Toukley, Tuggerah, Umina Beach and Woy Woy.

Central Coast Council
Media Release

SATURDAY CRAFT GROUP

Meeting on the 2nd Saturday of each month (10am -2pm)

Ladies from the CWA in conjunction with the Community Hall in SOMERSBY

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- Work weekends
- Collect and prepare eggs for transport
- Maintain Animal Health & Welfare Standards
- Maintain Product Quality and Food Safety Standards
- Carry out maintenance of shedding, equipment, farm grounds and surrounds
- Liaise with management
- Implement company policies and protocols regarding Quality Assurance, Animal Welfare and Workplace Health & Safety

Skills/competencies that would be advantageous for candidates include:

- MR/HR Licence (Must Have)
- Basic Computer Skills
- Forklift/Tractor Licence
- Chem-Cert Licence
- First Aid

Experience preferred but not essential

All applications must be in writing by email to:

john.k@pirovic.com.au

Applications Close by: Monday 3rd April 2023

CELEBRATING WOMEN OVER 60

An Instagram series by Sue Harris

Susanna from Kulnura shares some of her beliefs and values;

Life for me is full of hope and expectations in my 70's, being a woman of faith I have complete confidence that God is sovereign and I have experienced His kindness, goodness and faithfulness to me, my family and our business so much through the years that I am more than confident about the now and the future.

I am passionate about letting the young women and girls behind me know that growing older is a real privilege and something to be excited

about instead of all the fear that society wants to push upon them.

There are definitely things I can't do as well as I could when I was younger, however there are so many wonderful things I can do now that I couldn't when I was time poor as a younger woman.

I am also very grateful for the wisdom we pick up on our journey of life and to be able to encourage those behind me by listening to their stories and helping them see a light at the end of the tunnel from my own experiences is just precious.

If we haven't walked the miles we aren't equipped to champion on the ones who carry the future in their hands.

I also truly love inspiring and challenging my 13 grandchildren to believe in themselves and get out there and make a difference in this world.

I am a woman with quiet a few passions and they are all around encouraging and inspiring others to reach their full potential.

My family and I are very closely connected to and support a Foundation in Bali who gives hope, purpose and dignity to underprivileged children in Bali.

I just love seeing them grow into amazing young adults having come from such poverty and despair.

To see them grow and become well educated, holding good employment and giving back to their society is just amazing.

Having come to live here at Kulnura from the Coast a few years ago I am really enjoying my garden, I love all the different seasons and the beauty in the garden which each season brings.

There are huge changes each season

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and yet I think they are all as beautiful in their own unique way and that is how I see life.

Getting older brings so much beauty with it, it just depends on where and how we view it.

When the leaves change colour in autumn

they are spectacular, all the different vibrant colours, different shapes and different timing of change creates a wonderful display for us all to enjoy.

As those leaves fall on the ground a carpet of colour appears even when they are transformed into compost to feed the soil, they again bring pleasure to us all as they feed the soil for the next season.

I guess I see myself in the autumn season of life, it's still full of colour, different from my beautiful flowers in Spring and Summer but just as stunning and definitely just as important.

Now is the time for me to feed the younger ones with my experience and my belief in them to succeed and enjoy their Spring and Summer time of life.

I love nature, the beach, bushwalking, gardening, traveling and people.

There is a verse in the Bible that says the best is yet to come and I truly believe that's for us all going into our older years.

I hope that's a bit of what you are looking for Sue, I could rave on for ages because I am passionate to squash the fear of ageing, society views it all negative and yet I believe there is so much beauty in it for us all.

Go to:

https://www.instagram.com/seover60_women/ for more inspiration



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EASTER AT THE MANGROVE MOUNTAIN UNION CHURCH

After an absence of worship services at the Mangrove Mountain Union Church for approaching 2 years, today we had an wonderfully joyous, warm and spirit-filled Easter Sunday service. There were 44 people in attendance and the carpark was pretty-well full. A few highlights were the live and joyful singing, the scripture readings from the FitzSimons Family Bible, visiting preacher Ian Davidson's sermon on the "Power of Christ's Resurrection", the participatory prayers, and the morning tea and chats that followed the service. Special thanks to Cathy Morrison (nee FitzSimons) who retrieved the Bible from the custody of the Liquidator's local representative and brought it to the service.

The Good Friday service also went very well with 36 people attending.

We are so grateful that our prayers were answered, that The Lord softened the Liquidator's heart, and that we are able to use the Union Church for this year's Easter Services.



Please keep praying for the permanent return of the Union Church to our community.

Cheerful blessings, Rob Meggs

Top: Group around the bible donated by the FitzSimons family,
Below left: Hot cross buns in the church hall,
Below right: Sunday service in the Church



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Free workshops



Following disasters (like bushfires, floods and COVID), creative recovery can be a powerful platform for people to express grief, frustration and loss, as well as compassion and connection—supporting communities and individuals on the journey to recovery.

Join us for a FREE workshop series at
Walkabout Wildlife Park, 1 Darkinjung Road Calga:

Day 1: Tuesday 9 May

Arrive 2.30pm for 3pm start
Workshop until 5pm
Special campfire dinner until 8pm

Day 2: Wednesday 10 May

Arrive 9.30am for 10am start
Workshop until 4pm
(includes lunch)

Day 3: Thursday 11 May

Arrive 9.30am for 10am start
Workshop until 12pm
Lunch and free time until 5pm

Examples of creative recovery in action are the Yarn Hub at The Hub Café in Mangrove Mountain, and the creation of the 'Why Spencer' artwork by the river at Spencer.

You don't need to be creative to come to the workshops—just open to learning about the approach, and interested in supporting your community and looking to make connections.

Bookings essential.

To secure your place, call Breanna Pollock on 0419 014 446 or email breanna.pollock@centralcoast.nsw.gov.au.

Workshops, resources, park entry, morning tea, lunch, refreshments and campfire dinner all provided (call Breanna for dietary requirements).



Presented by
Central Coast Council



Australian Government



Jointly funded by the Commonwealth and NSW Governments
under the Disaster Recovery Funding Arrangements

Local Author featured in Words on the Waves Writers Festival

Immerse yourself in a festival of stories and ideas on the scenic Central Coast.

Words on the Waves Writers Festival May 31 – June 5 at Umina Beach.

Patricia Flannery, author of the “She Oak Critters” series will be one of the authors featured at the festival.

Patricia has taken her love of the bush and of all the flora and fauna around her, to create her magical characters, Casa and Rina who take us



into their world and show us the many wonders of the Australian bush.

She and her husband purchased their property on the Central Coast in 1979, so they have had a great deal of time to enjoy this wonderful land and to be part of the changing seasons, fortunately not too extreme.

They are up on the hinterland at Mangrove Mountain, so the mornings can be quite crisp in winter and the days very hot in summer.

The flora and fauna are a delight to explore and Patricia is grateful for having had the opportunity to live in this spiritual land for so long.

Craft Creek is where her She-Oak Critters start their journey. The Creek runs through their property and eventually ends up at Spencer on the Hawkesbury River.

The She-Oak Critters, Casa and Rina, will have many adventures to share.

Words on the Waves is the first writers festival to take place on the Central Coast, and each year over the first weekend in June it offers an array of author talks, workshops, cinema screenings, literary cruises, book launches and more. Over 60 of Australia’s leading novelists,



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journalists and artists come together for fiery debate, brave histories and life-affirming stories. From politics to literature, historical fiction to memoir, there’s something for everyone – past guests include cinema legend Bryan Brown, award-winning writer Charlotte Wood, OzHarvest founder Ronni Kahn, and Children’s Laureate Ursula Dubosarsky. There is even a free day of storytelling and book-inspired play for kids and their families! From a venue boasting 180 degree coastal views to a charming indie cinema, Words on the Waves is hosted at some of the region’s most stunning locations, with one leading writer calling it ‘the most beautiful literary festival in the world’. A full program of events and authors will be released in April 2023, with tickets going on sale at the same time.

THE SPENCER PEOPLE FAREWELL TO DAWN WOODBURY

Dawn was very highly regarded by anyone who had contact with her from Spencer or anywhere else.

Always ready with a smile and kind word and greetings.

Our sympathy and condolences to Phil and all her family.

Old saying: You are not gone as long as a living person remembers you.

Thank you,

John Wells, Spencer

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Mountain Community Children's Centre Inc.

Back to Preschool Afternoon Tea

We welcomed back to preschool all of the children who had gone off to kindergarten this year. We celebrated with a cake, some afternoon tea and a video chat with Rhii one of our educators who moved to Melbourne at the start of the year to start a new job. Thank you to all the children and families who came along to see their friends and teachers. It was wonderful to see you all.

Positions Vacant (Part Time and Casual)

We are currently looking for some new educators to join our team. We have a part time position available as well as casual positions. Please feel free to get in touch with the centre or check out our advertisement in the back of the Community News.

Notice of AGM

We will be holding our Annual General Meeting on Wednesday 26th April at 7pm at the centre. All welcome.

Socks and Soup Drive

We will be supporting a Sock and Soup Drive from the 8th April – 31st May for people without homes on the Central Coast. This cause needs socks and soup to warm the feet and bellies of our homeless community this winter. We will have a collection bin here at the centre so please feel to pop in and drop off some warm socks and or ring pull tin of soup. We are open Monday to Friday 7.30am – 5.30pm or give us a call and we are happy to collect any donated items if you are unable to get to the centre.

Until next time with news from the Children's Centre.



Photos, Above: Our Back to Preschool afternoon tea with all of the children who went off to big school

Right: The Soup And Sock Collection Point for the Homeless community this winter.



Louisa Foxford,
Director

Mountain Community Children's Centre
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French doors open out onto the decks on two sides, and there is a large pool and heated spa complex on the eastern side, all in exceptionally good condition, including an authentic thatched roof over the spa.

Decks are all constructed from merbau timber and the house is steel framed with clad external walls and steel roof all in great condition. All verandah balustrades are in good condition.

Window furnishings are in good condition and the owners have fitted special blinds to control heat and glare and insects at all windows/external doors.

Inside there are three bedrooms, a large main with spacious dressing room and elegant ensuite on ground floor, and on the top floor there is a large second bedroom with its own ensuite and a third bedroom also with ensuite.

A separate bedroom is located on the ground floor, off the kitchen, and has its own storage cupboard.

Another toilet with a wash basin is situated next to the main pool/entertaining area.

A cathedral-like large main living area off the modern and spacious kitchen gives the home a real wow factor, with floor-to-ceiling windows connecting with the external landscape and bringing the feel of the natural bush right into the house. A stunning dining/lounge with sandstone feature walls and a spectacular fireplace set in sandstone provides another, separate living space, opening through three double French doors to the outside covered decks.

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DLHHS Celebrates their 40th Anniversary!

On Saturday 25th March 2023 at the historic former Wesleyan Chapel built in 1855 located in Gunderman, 54 people attended the Dharug and Lower Hawkesbury Historical Society's 40th Anniversary. We were fortunate to welcome our inaugural President Lorraine Banks (who drove up from Canberra) and had the well wishes of Heather Winch, one of the founders of the Society. Also in attendance were previous Presidents of the Society, members from the Dural and Districts Historical Society, the Convict Trial Project and the Hornsby Shire Historical Society.

The name of the Society was chosen at the first meeting in March 1983. The initial assumption was to be the called Wisemans Ferry and Districts Historical Society, but as most people present lived on the north side of the River and as it was believed the Dharug people lived in the area, the original members wanted the historical Society to encompass the first occupants as well as the history of our European settlers so they agreed to be called the Dharug and Lower Hawkesbury Historical Society.

As befitting such an auspicious day we welcomed emeritus Dr Grace Karskens as our guest speaker. Grace has been involved in researching and exploring the Hawkesbury and environs for many years from her earlier work on the history of the Great North Road and its convict builders to the secret history of Dyarubbin, the Hawkesbury-Nepean River which is the subject of her highly acclaimed publication People of the River Lost

Worlds of early Australia. Grace explained this book examines early settler history and the great experiment of settlement, aboriginal history, environmental and flood history and the interactions of all of them.

Grace explained that over the last forty years there has been a revolution in our view of history. Whilst she always wondered growing up in the bushland suburb of Baulkham Hills who lived here before us, schools did



Lorraine Banks - President (left), Liz Roberts - the Convict Trail Project (middle), Dr Grace Karskens (right)

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not mention Aboriginal people in the telling of our history. The submerged history which treated us as if the land was a blank sheet when the Europeans arrived has been revolutionised.

Grace described her study of the river as a humbling but evolving journey in which she was helped by a group of Darug women. The chance discovery of Rev. John McGarvie's list of over 170 Aboriginal place names in geographical order along the Hawkesbury and Macdonald rivers which he documented in 1829 has given rise for further research. The Real Secret River: Dyarubbin became a collaborative project that drew together Darug knowledge holders, artists and educators with historians, linguists and archaeologists to reconnect the names McGarvie collected back to their river places.

These place names list culturally significant locations each name holding a spiritual meaning for Aboriginal people despite many of these indigenous names being forgotten after colonisation. Each name would describe the geography, or landmark or even a cultural event. Wisemans Ferry was called Woolloomoorang and Sackville was called Dorumbolooa which means 'rainbow moves through'.

Of the 170 Aboriginal place names the Darug women have sourced over 90 of the names and it seems there was a whole country of Aboriginal names

SRC SMALL & VITAL GRANTS

The Strengthening Rural Communities (SRC) Small & Vital stream gives small remote, rural and regional communities across Australia the opportunity to access funds for a broad range of initiatives that directly and clearly benefit local communities. Grants up to \$10,000 are available for a broad range of grassroots, community-led initiatives that directly and clearly benefit local communities that strengthen local people, places and climate solutions, with a preference for smaller communities (populations under 15,000). Applications are accepted on an ongoing basis and

hidden (or lost) beneath the place names given by white settlers. This work is still ongoing.

A sumptuous afternoon tea followed to celebrate the 40th Anniversary in the function centre of our wonderful neighbours, Primrose and Roy Fox at the Missions. Many stories were shared and a glass was raised as the Anniversary cake was cut by Lorraine. Many thanks to all who joined us and in particular our guest speaker, Dr Grace Karskens.

*Robyn Downham, Publicity Officer
Dharug and Lower Hawkesbury
Historical Society*

assessed quarterly.

More information at <https://frrr.org.au/funding/place/src-small-vital/>

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Anglican Church News

We pray you had a very happy Easter, and that God will bless you.

We were blessed with a very busy Easter season starting with a pancake night, then our new Rector, the Reverend Christian Ford taking a service, the Parish AGM, a Palm Sunday service (with palm fronds supplied by Phil and special palm crosses made by Lori), a video series at Bible discussion on the Easter season, including a video on the Last Supper traditions. As part of this, our end of term party involved the choice of over 30 different traditional foods that we experienced from the video's accompanying recipe book. As the video described it, it was 'a feast fit for a king'.

Following this the next morning, on Friday we had our normal Good Friday service followed by the traditional hot-cross buns, and the Sunday Easter Day service was followed by an invitation to everyone to choose some Chocolate eggs, just as Christ wants everyone to choose to accept his invitation to follow Him wherever we are.

Just a reminder that the Rev Jim is available for all pastoral services such as baptism, funerals, weddings etc., and can be contacted on 0407210861, or just come to our 8am Sunday worship

LEFT BRAIN VS RIGHT BRAIN

Due to societal, educational and familial influences on humanity we have been encouraged to operate primarily from our left brain in order to 'fit in' with the status quo and function in a largely economy-driven and intellectual society. The left brain is the masculine, logical, analytical (facts and figures) side that likes to feel comfortable knowing what's ahead and likes to understand 'why' things happen. It likes things to make sense. It likes safety, security, predictability and being in the comfort zone. It likes things to be 'in order' and is often averse to sudden changes. It also relies on 'proof' of things before it will believe in something, ie. "needing to

service in the Peats Ridge Scout Hall at 153 George Downes Drive Central Mangrove.

We have started planning for our next events, and hope you will be with us to join in.

Our next load of food donations is now ready to take down to the Samaritan Foundation to help those who are struggling.

For any special prayer requests our group can be contacted via Rev Jim.

God bless,

Mountain Anglicans

see to believe". It fears the unknown. It is associated with our perception of the material, physical reality.

The right brain, in contrast, is the feminine, creative, imaginative and intuitive side that is expansive and open to all potentialities. It accepts things for how they are rather than judging, and is okay about not needing to know or understand things all of the time. It is the risk-taking side, the side where faith in the unseen and unexperienced exists and hence does not require proof in order to believe, ie. "believing in order to see". It is associated with our perception of the spiritual or unseen reality. It embraces the unknown and thrives on spontaneity. It allows for a healthy dose of divine chaos and disruption to bring in necessary changes, as change is always inevitable. Change allows for growth and expansion of the human psyche.

As human consciousness rises across the planet, more people are beginning to bring their right side into balance with the left side, which has resulted in an increase in creative pursuits, exploration of unfamiliar areas of science and technology (in particular quantum physics), an increased interest in holistic, alternative and natural ways of living and interacting with our world, adopting healthier practices, re-creating the way we teach our children, adopting more humane animal husbandry practices

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and ecologically friendly practices, thinking 'outside the box' and critically thinking about the way we've done things in the past to make way for a more naturally aligned and universally supported lifestyle. As more people tire of the 'rat race' lifestyle and feel driven to get closer to nature a trend of relocating to the rural based community lifestyle is becoming more popular (and necessary). One of the benefits of this trend is that moving away from heavily cemented cities and out to the natural landscapes allows for a re-establishment of the human brain to connect telepathically with the environment around them, whether this is recognised or not. This is how we exist in our most natural state. Some refer to this as "nature's internet".

When it comes to quantum healing sessions, the forum of global QHHT practitioners has been noticing changing trends in how clients experience their hypnosis sessions. A few decades ago, it was nearly standard for a client to have little or no recollection of what they experienced under hypnosis due to the conscious mind (left brain) being 'knocked to the side' to allow for universal knowledge (from the right brain) to come through. A client could be under for 2 hours and think they were only under for 30mins – a sign that altered states of consciousness transcend time and space. These days most clients, but

not all, usually have an awareness of most of their session. This shows that more clients have managed to balance the use of both sides of the brain. The left brain is now managing to 'be the observer' during the course of the hypnosis session hence the ability to recall it but without interfering with the flow of universal knowledge (depending on left brain interference).

The other trend being noticed, particularly in the last decade and especially in the last few years is the tendency to revisit memories from the current life as opposed to transgressing to past lives ie. parallel/alternate realities. (But I am always prepared for all possible outcomes.) The main driver behind this is that in previous lifetimes there would only be one lesson for the person in that life, whereas in these current times people are experiencing a life filled with 'chapters' and hence have several lessons to learn, as well as clearing karma, healing ancestral trauma patterns and experiencing a soul remembrance of past lives during their day to day living. This is due to the previously unused "junk" of the 12 strands of DNA very gradually coming online.

The QHHT hypnosis technique is designed to engage the right brain which is more receptive to information coming through, and clients whose left brain is more dominant can bring a set of challenges but with pre-

Dual Naming Resource

Tourism Australia has released a guide for industry to assist when using dual naming. Dual naming is when a confirmed Aboriginal name for a location or geographical feature sits alongside the official English name for the place. Go to:

<https://www.tourism.australia.com> and search for "Dual naming"

DSSN

session guidance from myself these obstacles can be overcome if the client is willing to "let go" and receive what their Higher Self wants to bring to them in the session. One thing I have concluded from all sessions so far is that the session will ALWAYS bring the client exactly what they need for this moment right now.

I am still doing 'free' practise QHHT sessions (2-5hr interview and 2hr hypnosis) to complete my QHHT internship. QHHT = Quantum Healing Hypnosis Technique. For enquiries or bookings, please email me at shazzaunitt@protonmail.com or call 4376 1014. Soul Speak Healing sessions are available for those who are not keen on the hypnosis component, but it can still bring incredible insight as to how one views their spiritual, emotional and physical wellbeing.

Sharyn Unitt, Soul Speak Practitioner and QHHT Practitioner Level I (intern)

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Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Junior Training	2nd Monday of the month Meeting 6.30pm 3rd Monday Maintenance 6:30pm 4th Monday Training 6:30pm E: captain.spencer@ccrfs.org.au Alison Wade 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarralong RFS		Information: www.facebook.com/ YarralongRuralFireBrigade/ Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarralongrfs.org.au

COMMUNITY & SOCIAL

Coastlink Friendship Group		Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)		Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)		First Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)		2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Hall, General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club		2nd Wed each month 7pm at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Gosford World Vision Community Group		4th Tues 11am in Presbyterian Church, West Gosford Contact: Glenis Ph: 0400 586 760. https://permaculturecc.org.au/
Permaculture Central Coast Kulnura & District Garden Club		Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradge@gmail.com
Mangrove Mountain Singers		1st & 3rd Tue, Mangrove Mtn Hall, 7-9pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts Community Group Meeting		1st Thurs of the Month, 7pm, Mangrove Mtn Hall. Contact: mepccinc@gmail.com, 0412669649
Mangrove Emergency Planning & Communications Committee		
Mangrove Mountain Country Fair Committee Meeting		2nd Thur of month except Jan, 7:30pm, Mangrove Hall. Pres- Shane 0417 436 529
Mountain Districts Association (MDA)		www.mountaindistrictsassociation.com.au secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting		Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
River Cares for the Lower Hawkesbury River District		President Robyn Downham 0414248224 Email info@rivercares.com.au
Rotary Club Meeting		Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc		President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club		Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
The Mountain Tuesday Social Tennis Group	Newsletter	Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Somersby Equestrian Club Club & Committee Meeting		Every 2nd month. Check website for further details. www.somersbyequestrianclub.org.au
Wisemans Ferry Community Men's Shed		Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

SPIRITUAL

Anglican Service - Mountain Districts		Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Christian Group		General Meeting 3rd Monday, 7.30pm at CTC (next door to Mangrove Hall)
Mangrove Mountain Union Church, Christian Service		9.30am second and fourth Sundays. cnr Bloodtree Rd & Wisemans Ferry Rd
St Barnabas Christian Service Yarralong		Every Sunday, 9.30am. (Easter & (Christmas Carols dates to be advised)
Serbian Orthodox		2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20). 1184 Peats Ridge Rd, Peats Ridge

(cont'd next page)

ANZAC Day services and road closures

The Central Coast Council is supporting events being held at several locations across the Coast to commemorate Anzac Day.

These services provide community members with the opportunity to come together to pay their respects to our fallen service men and women and acknowledge those who fought to defend our country and protect our way of life.

At the following locations, Dawn Services, Main Services, and Marches will take place:

Davistown

A Dawn Service will be held at Davistown RSL Club, Murra Road, Davistown at 6am.

Doyalson

A Dawn Service will be held at Doyalson-Wyee RSL Club, Pacific Highway, Doyalson at 5am with a Main Service commencing at 9am.

Empire Bay

A Main Service will be held at Empire Bay Cenotaph, Sorrento Road, Empire Bay at 11am.

Gosford

Both ceremonies will take place in Memorial Park Cenotaph, Gosford. A Dawn Service will be held at 6am with a Main Service commencing at 11am.

Ourimbah

A Dawn Service will be held at Ourimbah RSL, Pacific Highway, Ourimbah at 5.30am with a Main Service commencing at 1.30pm.

Terrigal

A Dawn Service will be held at Terrigal Beach and War Memorial, The Esplanade, Terrigal at 5.15am.

The Entrance

A Dawn Service will be held at Memorial Park and Cenotaph, Marine Parade, The Entrance at 5.30am with a Main Service commencing at 11.30am.

Toukley

A Dawn Service will be held at The Ary, Holmes Avenue, Toukley at 5.20am with a Main Service commencing at 10.30am.

Woy Woy

A Dawn Service will be held at Memorial Park and Cenotaph, Brickwharf Road, Woy Woy at 5.30am with a Main Service commencing at 10.30am.

Wyong

A Dawn Service will be held at Wyong Town Park and Club Wyong RSL at 5.45am with a Main Service

commencing at 10am.

In honour of ANZAC Day, Central Coast Council has placed banners in town centres, calling on the locals to come together and pay their respects to our fallen service men and women.

There will be road closures in place at various locations and times across the Central Coast on Tuesday 25 April.

For full information on ANZAC Day events and road closures, visit centralcoast.nsw.gov.au/anzacday "Lest We Forget"

Central Coast Council
Media Release

REVIEW OF RULES FOR MANAGING NATIVE VEGETATION

We want to hear what you think about the rules for managing native vegetation in NSW.

Local Land Services is supporting the statutory review of the native vegetation provisions of the Local Land Services Act and we need to hear from you.

The review will consider if the policy objectives of these provisions remain valid, if the provisions are working to achieve the objectives of the Act, and if any areas need to be improved.

In addition to the public submissions we sought on the Discussion Paper in 2022, we are also carrying out voluntary landholder surveys and interviews over coming weeks to gather your valuable insights and feedback.

To participate, please register your interest by filling out the online form:

<https://www.lls.nsw.gov.au/help-and-advice/land-management-in-nsw/statutory-review-of-the-native-vegetation-provisions-of-the-local-land-services-act>

Local Land Services, NSW

REGULAR ACTIVITIES & MEETINGS (cont'd)

Kariong Community Baptist Church

Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email pastorkcbc@outlook.com

Divine Retreat Centre (Ph 04 6848 6782)
160 Hensons Road, Somersby
www.divineretreatcentre.org.au

Daily Holy Mass 8.00am to 8.30 am
1st Fri, 5.30pm-8.30pm Divine Mercy Friday
1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr
Last Sun, 9am-4pm, One Day Retreat

Catholic Service -Spencer

Holy Trinity Church, 2nd Sat of the month
4pm, Contact 43771374 or 43771168 as times may change each month.

- Wollombi

2nd & 5th Sunday of the month, 4.30pm Mass

- Somersby

at St Michael the Archangel, Wollombi.
Every Sat. evening vigil - 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby.
1st Sunday each month, 11.15am St. Barnabas
All welcome. Enq 0428 438577

- Yarramalong

YOUTH

Junior Girl Guides 5-10

Kooree Guide Cabin, every Monday in school term, 5.00pm - 6.30pm

Girl Guides 10-15

Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm

Scouts, Cubs & Venturers
Peats Ridge Scout Hall

Cubs meet 6.30pm - 8.30pm Wednesdays
Scouts meet 7.00pm - 9.00pm Tuesdays
Venturers meet 7.00pm - 9.00pm Mondays
Contact 0460 696 941

Mangrove Mountain Playgroup

Every Tues (except school holidays) 9am to 11.30am, Kooree Guide Cabin. Bec G, PH: 0421 996 029 Anne, PH: 0412 526 557
Email: becgilmour@gmail.com

HISTORICAL

Brisbane Waters Historical Society

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au

Dharug & Lower Hawkesbury
Historical Society Inc.

Last Sat of month. All welcome, contact Jan Kofron 0405321478 jankofron@optusnet.com.au

First Fleeters Central Coast Chapter

2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.

The Pearl Beach Aboriginal History Group

3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com

Wyong District Museum &
Historical Society

Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@alisonhomestead.com.au website: www.alisonhomestead.com.au

ACTIVITY/HOBBY

Central Coast GNU/Linux Users Group
Coastal Communicators Toastmasters

www.cclug.org.au - all most welcome

Craft/scrapbooking

1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952
Yarramalong Hall 4th Sun. of the month 10am to 5.00pm cost \$12 per person ph 43561196
2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305

Saturday Craft Group/Spining
and bobbin lace

HALL BOOKINGS

Kulnura Hall

Hall bookings contact Annette Stackman 43561196 Committee mtg 3rd Thurs 7:00pm at Hall- Open to all from community.

Mangrove Mountain Hall

Hall bookings Ryan Howard 0405416289

Somersby Hall and Mountain Districts
Culture and Heritage Centre

Hall bookings: 0413 359 655

Yarramalong school of Arts / Hall

or AH 4373 1488

David Gillett 0416 097192
enquiries@yarramalonghall.org.au
<https://yarramalonghall.org.au>

REMINDERS FOR YOUR DIARY

Mangrove Mountain Country Fair

Saturday, 21st October

Antennas - Digital

Hayward Video & Antenna Service

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Ray Hayward

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email: Ray.Hayward@gmail.com



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LIVESTOCK MARKET REPORT



Maitland Liveweight Sale Report 3rd April 2023

380 cattle yarded at Maitland sale yards comprising of 370 trade/weaner cattle and 10 export cattle. The quality of the yarding was mixed with some good butcher vealers, Angus weaners, euro weaners and some secondary cattle on offer.

- Best butcher vealers 320c/kg to a top of 422c/kg with the best pen of butcher vealers returning \$1930
- Restocker weaner steers (all breeds) up to 250kg 280c/kg to a top of 475c/kg
- Steers 250kg to 300kg made from 260c/kg to a top of 460c/kg
- Steers 300 to 350kg made from 250c/kg to 440c/kg
- Yearling/feeder steers made from 240c/kg to 400c/kg
- Restocker Weaner heifers up to 250kg made from 240c/kg to 400c/kg
- Heifers 250kg to 300kg made from

Some Duck Terminology

Poultry are domesticated birds that are kept for meat or eggs including birds of the order Galliformes: chicken, turkey, natatorial (swimming) birds: duck and goose.

- Flock is a group comprised of one species of poultry.
- Trio is typically a group of poultry with one male and two females

Ducks are any wild or domesticated swimming birds of the family Anatidae, typically having a broad, flat bill, short legs, and webbed feet.

- Drake is an adult male duck.
- Duck can refer to a female of the duck family.
- Ducklings are baby ducks.
- Old drake is a male duck over 1 year of age.

- 270c/kg to 400c/kg
- Heifers 300kg to 350kg made from 245c/kg to 380c/kg
- Yearling Heifers 230c/kg to a top of 365c/kg
- Cows topped at 255c/kg and a bull made 240c/kg.

A friendly reminder that we are often in the area seeing clients and

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WANTED TO RENT - caravan to use for 6 months on property. Ph 0456 637 833

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WANTED: Road roller, able to be pulled by tractor, smooth or foot. Ph 0412669649

- Old duck is a female duck over 1 year of age.
- Young drake is a male duck under 1 year of age.
- Young duck is a female duck under 1 year of age.

The Livestock Conservancy
<https://livestockconservancy.org/resources/animal-terms/>

looking at their livestock and if you would like us to call in be sure to give us a call.

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These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

POSITIONS AVAILABLE

PART TIME (1 POSITION) AND CASUAL Educators required for Mountain Community Children's Centre Inc.

Mountain Community Children's Centre is only a 25-minute drive from Kariong.

Essential Formal Qualifications required either Diploma or Certificate III in Children's Services. Or working towards any of these qualifications. Need to be available to work between the hours of 7.30am and 5.30pm. Working With Children Check Reference Number essential. First Aid Qualifications. Experience with working with children under 6 years of age (in a centre based environment) preferred. Email mountainchildren@bigpond.com or call Louisa on 43741239 for enquiries.

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