

COMMUNITY NEWS

No. 917 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 17th March 2023

Election Polling Booth

Mangrove Mountain Public Hall will be used as a polling booth for the State election on March 25th

The Community Group will be holding a sausage sizzle and cake stall so everyone can get their democracy sausage.

Donations of cakes/sweets would be welcome - ph 0405 416 289 or 0408 610 106 or 0412 669 649

CWA - MANGROVE MOUNTAIN EVENING BRANCH

Mangrove Mountain Evening Branch attended the Group Cookery, Handicraft presentation, Recycled article award and international display and awards last Thursday and were very successful.

In cooking we received four firsts, for Jaffa cake, Karen Dryden, Zucchini and Capsicum Pickle, Catherine Sottaz, Seeded Biscuits, Almond Biscuits, Judy Betteridge, a second in Almond Biscuits, Catherine Sottaz a third in Fruit Cake and Lemon and Carrot Marmalade, Judy Betteridge.

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Catherine's recycled article is going to State competition for making a dog lead out of old wool out of a broken lead.

In International, Karen Boskos received second in International for her knitted Latvian head band.

To practice for our state competition and as a display for those wanting to learn, at our activity night on Tuesday 28th March, we will be cooking Almond Bread (biscotti). If you would like to join us please come along at 4 p.m. to 8 p.m. There will be a small charge for non members.

We are a fun group who meet regularly and enjoy our different activities.

Judy Betteridge



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Riding For the Disabled AGM

The 2023 Annual General Meeting for Central Coast Riding For the Disabled will be held from 7pm on Monday 20th March at the Kangoo Road (corner of the new Frank Road) Somersby centre.

SO A NEIGHBOUR
KNOCKED ON MY
FRONT DOOR AT 3AM.

3AM!!!

Luckily I was already up
playing the bagpipes.

STOP !

Next issue Published
7th April 2023

** DEADLINE **

** 31st March '23 **

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GOATS

Animal Husbandry - Management - Resources

WORMS:???

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I have kept goats for forty years on the mountain, I now have experience and interest in micronutrients and disease. Soil, weather conditions contribute to the goats health and wellbeing.

Goats naturally browse not graze. The grasses if grazing should be kept long so the goats are not ingesting the worm larvae and eggs.

“Natural Goat Care, by Pat Coleby” I purchased to learn about keeping goats.

Years later I purchased “Natural Goat & Alpaca Care, by Pat Coleby,” Second Edition. I organised a two day presentation at Il Cador’e Equestrian Centre for

Natural Goat & Alpaca Care.

It was a great success and I use Pats goat care today.

The wet weather we have had caused added management for Barber’s Pole Worm - haemonchus contortus - infestation always anaemia.

1) Contact a local Vet. A livestock Faecal Egg Count.

2) I have added to my management a Liquid Iron supplement ad lib.

3) Anaemia kills the goat.

VOICES FROM THE RIVER

SAVE THE DATE
SUNDAY 30TH APRIL 2023



All aboard for two unforgettable tours into the past cruising Dyarubbin to alight at secret locations, abandoned sites and islands of mystery. Be entertained and entranced by the voices of historians, geologists, astronomers, and storytellers evoking the magic of the Secret River.

4) Wormy goats – picky appetite – lowered milk yield – scouring – bottle jaw.

5) My goats look great this year, Pat was a great lady.

Hope this helps you.

Dianne

If you’ve ever wanted to set foot on those tantalizing places along the Lower Hawkesbury and find out about the hidden histories these tours are for you

Upstream : 9-12.30

Step aboard and be taken back in



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Dr Arsenios Magdas

MD B.MedSc

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TOMCAT PLAYGROUND





time as you explore convict routes and the most important wharf on the Lower Hawkesbury River in the days of the mosquito fleet. Pulling up at the Governors Halt, hear indigenous historical fiction evoking the 1830s and visit the site of the infamous Green Man Inn to delve into stories of hauntings, murders and mayhem with our expert tour guide. Our historical immersion continues in the company of Emeritus Professor Grace Karskens as we travel upstream in conversation about the old land, people of Dyarubbin and sacred country.

Downstream : 1.30-5pm

Gliding between steep sandstone bluffs, hear from a sandstone and rock art researcher about Gondwana and how this magnificent landscape was formed. Further down river take a unique tour of Mud Island to delve into the unusual and bizarre stories from our entertaining history teller. We travel on to visit the beautifully located Bar Island, once a hub for Aboriginal people and early river traders, now with an abandoned midden, church and cemetery. Our cruise meanders back to Spencer to hear about Australian indigenous astronomy and connections to the

Harvest Festival Call for stalls



Mangrove

Mountain Public Hall will be a hub in this year's Harvest Festival which is being held on the Saturday and Sunday of the June long weekend (10th & 11th of June).

There will be several different musical performances and other entertainment, plant sales, CWA tea room and jams & pickle sales, animal displays and market stalls.

If you are interested in holding a stall please phone Ryan on 0405 416 289.



songlines associated with Dyarubbin.

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2nd Prize: Golf for 2 including shared carts (Worth \$130)
3rd Prize: Bistro Voucher (Worth \$40)

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1080 Peats Ridge Road, Peats Ridge

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The Springs, 1080 Peats Ridge Road, Peats Ridge



MANGROVE MOUNTAIN
COMPUTER CLUB

Digital Connect - Free Technology Classes for 50 and Over's

Are you 50+ and would love some help with using digital technology? Mangrove Mountain Computer Club has partnered with Central Coast Digital Connect offering free classes for you to develop your skills and knowledge in the digital world!

The digital connect program provides free workshops and a chance to learn and ask questions about using smart phones, tablets and computers in your daily life. Learn how to securely access and use the internet, use and make the most of your device and keep in touch with others online.

These classes will help you make the most of your devices and keep up to date with all the latest improvements and services

What is Digital Connect?

Digital Connect is funded through Be Connected, an Australia wide initiative empowering all Australians to thrive in a digital world. Be Connected provides online learning resources as well as a network of community partners - the Be Connected Network - who offer in-person support so you can develop your digital skills and confidence.

Students are asked to please bring along a device of their choice. This may include:

- Smartphones - iPhones & Androids
- Tablets - iPads & Androids
- Laptops - Apple & Windows

Each session will commence with a workshop followed by morning tea, and an opportunity for small group support with our team of volunteer digital mentors.

When: 4th Thursday of every month – commencing February 23rd.

Time: 9.30am – 11.30am

Where: Mangrove Mountain Computer Club
6 Waratah Road, Mangrove Mountain

Contact: Suzanne - 0408 895 330



CHAMBER OF COMMERCE UPDATE

Federal Member Visit.

We will be hosting Dr Gordon Reid, Member for Robertson at our next meeting on April 4. This will be an excellent opportunity to talk to our relatively new representative in Canberra on a number of issues affecting residents west of the M1 on a federal basis. Issues will include, but not restricted to, roads (which we raise at all levels of government), federal government death duties proposal and more. Not surprisingly Gordon has some strong ideas about health and indigenous issues and will share his reasons for becoming a politician. Gordon has a refreshing approach to politics. Invitations have been sent to all 2022/23 financial members. If you thought you were a member and didn't receive an invitation please contact us.

Divided Electorally No Longer!

On March 25 every Kulnura resident will be able to vote at the Kulnura

Horse Vet

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& Central Coast area

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election booth as a member of the Gosford state electorate. The Central Coast Plateau Chamber of Commerce made strong representations to the Australian Electoral Commission in 2019 following an outpouring of anger when a former double booth was relegated to being a single one for Dobell and residents living in the former Gosford City Council LGA were told to vote absentee for the Gosford electorate. Around 350 signatures were forwarded with the request to look more carefully at the natural geographical identity when making electoral boundary decisions. Previously the odd boundary line was easily explained tied to Gosford City or Wyong LGAs. It was simply unnecessary to divide a small rural community at the ballot box on the basis of voter numbers when the number of voters in the previous Wyong LGA did not make a significant impact on why there had to be a split community. The Chamber has begun work on a similar change at the federal level.

Central Coast Council.

Business Chambers meet on a regular basis with the general manager and department heads. These Integrated Business Chamber meetings began in an ad hoc fashion when Ric Hart took over as Administrator and now happen bi monthly when possible. We take every opportunity to raise

the importance of regional roads (including with the Premier at a breakfast meeting) especially the fact that state and federal funds are required to assist local government with the cost of maintenance and especially major repairs as has been experienced from flooding. Following representations made by River Cares (Robyn Downham) and our Chamber, a healthy \$8.5 million (CCC has advised \$10m) will make some inroads into Wiseman’s Ferry Road repairs.

Affordable housing, CCC’s Pile Burning policy, land use, green corridor (E to C zones are an emerging concern), rural lands and agricultural productivity, noxious weeds have all been discussed with Rik Hart and many others.

We were part of Hawkesbury Harvest’s concerted efforts from April, 2022 when a Proposed Standard Instrument (LEPs) Amendment (Agritourism) Order which would have effectively restricted either the open days or customer numbers to an Agritourism element to their farm business to an extremely small operational level. There were numerous Zoom and face to face meetings at all levels to achieve a workable option.

Pleasing to see a tourist walking through an orange orchard promoting Central Coast tourism. Prior to the start of the Chamber’s Harvest Trail project, which we began in 2015, CC Tourism

Storage Space Required

The Mangrove Mountain & Districts Community Group has been offered some furniture that can be used at Mangrove Mountain Hall and in the adjacent reserve during events but there is a lack of space to store it.

So if you have some unused shed space that you could donate please call Ryan on 0405 416 289.

had ignored the tourism value of the Central Coast Plateau and adjoining Valleys. We remain disappointed that the council’s main initiative remains the Harvest Festival at a time of low agricultural productivity instead of a year round option which the Harvest Trail incorporates. That will evolve in time – the option is there to join and populate the CC Plateau Harvest Trail on the Hawkesbury Harvest website which has a large exposure to the Sydney consumer base.

*Lorraine Wilson
Chairman*

*Central Coast Plateau Chamber of
Commerce
Ph 0243 761218
Mobile 0417451764
Email: wilsonrl@bigpond.net.au*

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(ANAND)

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**POSITION AVAILABLE
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We are currently seeking a part -time driver/ farm maintenance person for our farm, Mangrove Mountain Free Range.

The successful applicant will be required to:

- Work weekends
- Collect and prepare eggs for transport
- Maintain Animal Health & Welfare Standards
- Maintain Product Quality and Food Safety Standards
- Carry out maintenance of shedding, equipment, farm grounds and surrounds
- Liaise with management
- Implement company policies and protocols regarding Quality Assurance, Animal Welfare and Workplace Health & Safety

Skills/competencies that would be advantageous for candidates include:

- MR/HR Licence (Must Have)
- Basic Computer Skills
- Forklift/Tractor Licence
- Chem-Cert Licence
- First Aid

Experience preferred but not essential

All applications must be in writing by email to:

john.k@pirovic.com.au

Applications Close by: Monday 3rd April 2023

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Mangrove Mountain & Districts Community Group

March Report

We held our general meeting followed by our Annual General Meeting on 2nd March.

During the general meeting we discussed: -

- Our next working bee which will be at the Mangrove Mountain Hall on 11th March at 9am – 12 noon. ALL HELPERS WELCOME

- Our Hall will be used as a polling booth for the State election. We will be holding a sausage sizzle and cake stall. Donations of cakes/sweets would be welcome.

- Harvest Festival- We would like to invite all community and sporting groups to join our hub.

- The terrible state of Wisemans Ferry Road. We will write to

28th March, we will be cooking Almond Bread (biscotti). If you would like to join us please come along at 4 p.m. to 8 p.m. There will be a small charge for non members.

We are a fun group who meet regularly and enjoy our different activities.

Judy Betteridge

Council and ask for our share of road improvement work.

- We have had six quality timber tables and matching chairs donated to the hall. These will be excellent for upcoming functions such as weddings. Unfortunately, we don't have the space to store them. IF ANYONE HAS SPACE EITHER IN A SHED OR CONTAINER, PLEASE CONTACT US.

We then held our AGM.

We would like to sincerely thank our returning officers who were Mr.J. and Mrs.W. Innes

The committee for 2023 is:

President/Chairperson: Keith Aranjo

Vice President / Chairperson: Ryan Howard

Honorary Secretary: Claire Podlich

Treasurer: Pam Howard

Ordinary Committee Member 1: Kaye Pointer

Ordinary Committee Member 2: Neil Harvey

Ordinary Committee Member 3: Poppe Zouroudis

Public Officer: Claire Podlich

Please join us for our next meeting which will be held at the Mangrove Mountain Hall at 7.00pm on Thursday, 6th April. All community members are welcome and needed if we are to have a vibrant and active community group that works for us all.

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ANGLICAN CHURCH NEWS

May God continue to bless you and all you do for him.

Last month, most of us went down to Gosford to join in the service when our special new rector – the Reverend Christian Ford, was commissioned as our parish priest by the bishop of Newcastle, the Most Reverend Dr. Peter Stewart. As well as other parish members and his wife Brenda, there was also a large contingent from his previous parish of Lismore and family members who had travelled great distances to support him. Also, there was a contingent of various clergy, other VIP's including the state member for parliament, the Honourable Liesel Tesch, who gave a welcome speech.

We look forward to Rev. Christian and Brenda visiting us up here, and pray that you might also come along so we can have the privilege of meeting you with a Christian country welcome.

The church season of Lent has begun so Easter events have been planned and our Bible discussion group has started a Lenten video, with a chat and free supper provided afterwards.

If you would like to join our friendly group, just give the Rev. Jim a phone call on 0407210861 for details or just turn up at the Peat's Ridge Scout Hall at 153 George Downes Drive Central Mangrove for our 8am Sunday worship service.

The Rev Jim or visiting clergy conducts these services (about 1 hour) following the Anglican prayer book, (A Prayer Book For Australia), which is open for any Christian faith to join in.



Reverend Christian Ford (left) with Reverend Jim

A copy of the easy-to-follow service is provided as is the morning tea afterwards, if you choose to stay and chat.

Hope to see you soon, God bless,

Mountain Anglicans



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A FAREWELL TO SUE ELLISON

23 March 1938 - 15 February 23

Hi everyone,

Thank you so much for coming here today, to celebrate my mum, Sue Ellison's wonderful life.

I look forward to sharing Mum's wonderful life.

Susan Jean Ellison OR Sue as we all knew her. Her nickname whilst at school was 'boggy' as in marsh/ Marshall, mum would end her emails to all of us as;

M.S.G. for Mum Sue Granny

Mum was born in Harrogate Yorkshire, her Parents were Harry John and Mary Charlotte Marshall. Mum was the eldest of 3 children. Her twin brothers Chris and Tim came along 18 months later. They have both passed on now. Which Mum would jokingly say – that made me the winner!

Given that she was older, it gave her the upper hand, coercing them into mischief as often as she possibly could. She loved to tell the story of how she talked her brothers into stealing all her mums clothes pegs and then dressing up with all the rags as gypsies and then getting them to come with her down to the street corner to sell the pegs at the traffic lights. Her parents found out and mum blamed the boys saying it was all their idea. They twins both copped it. Mum did this sort of stuff as often as she could and because it was always 2 against one, she loved it when she got them back!

My favourite story of mum being naughty when she was little (I'm only up to about 9 years of age here!!), was when mum actually started chaos at Bettys Tea House – a very famous tea house that founded in 1919 in Harrogate, England that is still thriving. It was a very fancy birthday

party for a little boy turning 10. Mum didn't like little Charlie and thought he was a bit of a pain ... so thought the best option was to let rip and chuck a custard tart across the room at Charlie and see what happened. Well ... it went off, all hell broke lose and all the kids at the party got into it. All the parents were there having high tea so on this occasion, mum didn't get away with anything and she was never allowed to go back to Bettys. Her parents were mortified.

Mum had a wonderful childhood and grew up through the war years. She went to boarding school when she was 10 and developed many life long friends, who she always kept in contact with. There were 4 of them that were thick as thieves. Hi Suzanne, I know you are watching from Lincolnshire. And hi to all mums family and friends in Leeds.

Over the years, they have got together often and when they all turned 70, off they went to Tuscany for a reunion. They were staying in a beautiful villa having a fabulous time, but had to be told more than once by management that they needed to keep the noise down because they were disturbing all the other guests – and dancing on the table was forbidden!

While at school, mum had many sporting achievements, including Captain of the School Hockey team and playing in the Yorkshire County Rep team, highest batting average in cricket and winning a cricket bat as her trophy. Also, while still at school she enjoyed playing tennis and one year qualified for Junior Wimbledon doubles and made it to the quarter finals of Wimbledon.

Mum always loved to sneak up and have midnight feasts on the rooftop of the boarding house and throw eggs at the older students that she didn't like very much!

When I was in primary school, she would win the mums 100m sprint against the other mums – I was always so proud. And I would always encourage her to join in the three-

legged races as well. I was so lucky to have her help me navigate growing up.

Mum met my father Bob in 1963 and migrated to Australia and married him in December 1964. They were married for 36 years till 2000. I was born in 1966 and have nothing but glorious happy memories of mum. Life was one big adventure and she always made everything fun.

Mum never liked to big note herself – she always just wanted to get on with what needed doing. But today, is my chance to share with you some of these amazing accomplishments because I have always been so proud of my mum.

Mum was always involved with important matters that involved her community. I'm sure all the local politicians on the eastern side of Australia will be pleased they no longer need to deal with 'That Sue Ellison' who was always fiercely determined to get what was needed for the community.

Mum sorted out the land grant for the North Shore Amateurs Bee association, fighting with Ku-ring-gai Council until they got part of the golf course. She was instrumental in starting the foundation of this association and was a keen apiarist and more than once, she won the small producers award at The Royal Easter Show.

She also helped a lot with education of bees and their environment. Mum often visited schools and also ran workshops, she also taught how to manage hives, how to deal with swarms – and I remember for many years our home phone number was the Bee Swarm hotline and then in spring time, mum would be off chasing the swarms.

She was President of the North Shore Amateurs Bee Association for many years and was in constant contact with Bruce White, the Minister for Agriculture. She attended International Bee Conferences in Tasmania and Queensland and was

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the Australian correspondent for the British Bee Keeping Association.

Mum quickly settled into life at Lower Mangrove and was soon involved in local Spencer community Group and was president for a number of years. She received an award from the Spencer Community Progress Group in Appreciation for her services.

She was also strongly involved with the Local Rural Fire Brigade and always loved helping in any way possible to raise much needed funds. Her skills at not only rallying local polties, but playing them against each other to up what they got was legendary.

Mum received a Certificate of Life Membership from the NSW Rural Fire Service for all she has done.

In 2001 mum received a Certificate of Recognition for International Year of Volunteers for her extraordinary contribution to her community and Australia.

She never stopped helping others and she was quick to offer to be my land crew or road crew on any of my kayak or cycle fund raisers.

Next..... Coal Seam Gas..... where would you start on that one? She was so proud to be part of the committee and did not stop fighting fiercely and as she would say: "I'm not stopping until we can keep those bastards out and SHUT THE GATE". Thanks to the tireless work of everyone on the committee, we can all be grateful for having clean drinking water today.

Believe it or not, mum had time for some hobbies, including painting, silver jewelry making, playing and listening to music, beekeeping and last but not least, mosaics. This happened every Tuesday with her beautiful friends at Wisemans Ferry and we all knew never to try and make any plans with mum on a Tuesday. Those girls all got up to a lot of mischief as you'll see that in the photos. I will never know what really went on because mum would always say "what happens with the girls, stays with the girls". We have brought with us today some of her mosaic pieces that she created. She just loved mosaics so much and the other crafts they did there together.

Mum really loved dancing – especially to ABBA and she would take her hearing aids out and crank up the music so she could feel it too. Sorry not sorry to all the neighbours in the valley. Especially the bloke directly across the



water who said he never wanted to hear ABBA played again.

I know she can't be busted now but mum got her boat license not all that long ago so she could go down to the Dunkirk for a few bevvies with her friends and not be a danger on the road getting herself home – what could possibly go wrong?

Her greatest joy were here 3 grandchildren. Rosie, Fred and Molly.

(look at them 😊) you know how proud of you she was and how much she loved you and I know how much you all adored your granny. There's nothing else to say

Everyone here in some way or other has benefitted by something that mum achieved. She would hate this, but could everyone please be upstanding and give my mum a round of applause for all she has done for her communities.

Shelley Ellison

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Central Mangrove – Kooree Guides are pictured in the Bell tent they had just put up while camping with other Brisbane Water Guides from Terrigal



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Photos:
Far left: cooking is always popular
Centre: camping fun with Terrigal & Blackwell Guides
Top: Enjoying a break at camp
LEFT: learning new skills

and Blackwall at Camp Chapman recently.
 Outdoor skills will be continued in the lead up to the next Australian Jamboree in 2025 at Byron Bay.
 Lorraine Wilson
 Kooree District Manager




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CWA Northumberland Group

CWA Northumberland Group hosted the annual Land Cookery Competition on the 9th March at Erina Leagues Club.

Northumberland area stretches from Hornsby through to Morriset and west to Spencer.

We had close to 200 entries across all categories. This competition is open to all public, children and men included. You don't need to be a CWA member, just a keen cook.

It was a busy morning with all the entries arriving and being placed onto the judging tables.

While cooks eagerly waited with anticipation for the results with a cuppa outside the judging room, inside was respectfully quiet for the judges.

Two Land Cookery Judges were

Photos:

Top: Many of Judy's items placing.

Bottom: Judy Betteridge receiving the award for the highest individual point scorer of the day.



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given the ardent task of judging with the aid of 8 Stewards eagerly listening to their comments and remarks on each item, all hoping to improve their skills ready for next year's competition.

The Sultana Cake and Ginger Fluff Sponge were the stand out items of the day. Both representing an excellent example of their kind.

After Group Cookery day comes the State Cookery day. Where all the first place winners from every group around the state are invited to enter

their items. This year it will be at Bathurst (dates). This is the pinnacle of the Land Cookery Competition of the year.

Umina CWA Branch was the most successful point scoring branch.

If you are interested in the 'Land Cookery Competition' come along to your local CWA and start the journey!

Donna Hobday

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Enjoy watching the kids play in the above ground pool and expansive house yard from the covered entertaining deck.

Admire your horses grazing on the fertile river flats, while you contemplate a session on the 40 metre x 20 metre equine training arena or a trail ride along shared private bush tracks that lead into the Jiliby State Conservation Area.

The comfortable and easy-care home offers three bedrooms, all complete with built in robes, a large open kitchen/living



room with a slow combustion stove, and a separate sun kissed lounge and dining area which opens to the north facing entertainment deck. The kitchen has quality appliances, ample storage space and a large island bench. With reverse cycle air conditioning, ceiling fans, solar panels and room to expand, this home surely ticks your boxes! Only a short trip to schools, popular cafés, transport and the M1 motorway, this feature packed property is just waiting for you to move on in!

Rose Cottage Splendour – 2 Leewood Cl, Yarramalong

3 2 2 952sqm

Set amongst lovely cottage gardens that are newly landscaped, this beautiful classic country home has been recently renovated to a high standard and consists of three bedrooms with built-in wardrobes, ceiling fans & window shutters, a master bedroom with renovated ensuite, a centrally located kitchen with a built-in pantry, gas cook top and electric oven.

This home offers it all, with open plan living and dining, a wood fireplace and reverse cycle air conditioning.

Enjoy your morning cup of tea on the sunny front veranda or entertain out on the large outdoor deck overlooking manicured gardens with a peaceful setting.

Sitting on just under quarter of an acre block (approx.) with views to the mountains and an easy walk to Yarramalong shops and park.



This home is sure to impress, with a brand new colorbond roof, solar panels and includes a single car garage, carport and is fully fenced.

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WVAC

Arts News

The Wollombi Valley Arts Council encourages and fosters all kinds of artistic and cultural expression within the Wollombi Valley in order to support and promote artists and our community.

Please visit our website www.wollombi.org

EMERGING ARTIST AWARDS

We proudly announced the winning entries at the exhibition opening. Congratulations to all award winners.

All entries can be viewed on the Emerging Artist Awards page of our website www.wollombi.org



Highly Commended \$100: Eloise Taylor - 'Pa Cec' Charcoal & conti 53x73cm

Notice of The 2023 WVAC Annual General Meeting 3pm Sunday 19th March

The Annual General Meeting (AGM) of the Wollombi Valley Arts Council will be held at 3pm on Sunday 19th March 2023 in the courtyard behind The Little Yengo Gallery, followed by a General Committee Meeting.

All welcome. Refreshments will be served after the meeting.

We would love to see some new members to help us support and promote arts in our community.

Wollombi Valley Arts Council
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Many Hands

Did you notice the hoop of Happy Hands at the last Country Fair? It was a lot of fun collaborating on this project with fellow yarn-bomber, June. Actually I just crocheted the hands, and June came up with the design ideas. We were delighted when

our efforts won Third Prize in the Contemporary Art (with the theme of Heal in 2022).

The Yarn bombing group meets on Mondays at The Hub, from 2 till 4pm. A combination of refreshments, chatting and all sorts of handicrafts, make for a very pleasant afternoon. Anyone is welcome to come and join in any time.





Sue Douglas



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Nestled beautifully on the side of Mangrove Creek Valley is this well maintained and presented, comfortable lifestyle property of approximately 26 acres, with over 5 acres of flat and gently sloping clear acres with good pasture. There is direct access to Mangrove Creek for boating, via a right of way easement over the adjacent property.

Access to the property is along the all-weather sealed road to the front gate with a beautiful post and four rail hardwood fence making an impressive statement on arrival.

This 3-bedroom home has been tastefully updated with smart kitchen including Bosch convection hot plate and oven and large centre island. There is wonderful flow through the adjacent large informal living area out to the wide covered entertaining spaces on both sides of the house, and on to the sparkling concrete, heated salt-water pool. Elevated views are enjoyed from most rooms in the house.

The bathroom is roomy and offers a spa bath facility and was updated approximately 10 years ago. An additional external adjoining structure includes shower, toilet and laundry facility and is accessible directly from the covered patio.

The home has a combustion fire and a reverse cycle ducted air conditioning system, installed approximately 5 years ago, for all year round comfort. A separate 12-volt system has been installed in the house to provide backup power, including for lighting.

Water is plentiful with multiple tanks holding 99,000 litres of rainwater in total and has provisions for gravity feed should there be a power outage. Water can be pumped from the permanent creek to a top tank to provide gravity flow for irrigation.

A two-car garage and separate 7m x 12m lockable steel shed on concrete slab provide great storage options. There is also a shade house for the keen gardeners. Fruit trees include quince, plum, pomelo, mandarin, lime, lemon, apricots and more and there are well set up vegetable garden beds for continued supply of fresh produce.

Trails through the bush zone lead to the adjoining Darug National Park with its many beautiful and unique features.

Your boat can be launched at the end of the right of way to Mangrove Creek, allowing maximum enjoyment of this unique and picturesque water way.

This is a beautifully balanced acreage property offering a delightful view over the lower levels across the valley and excellent internal and external living areas from which to enjoy this special environment, year-round.

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CELEBRATING WOMEN OVER 60

I first met Deborah over a decade ago. She was inspirational then and now. Enjoy Deborah's honesty about life before and after turning 60....



My name is Deborah I am turning 62 in March this year. I have just retired from a busy business I owned and ran for 30 years. My life has so far been a journey of many ups and downs , challenges and moments of uncertainty and heartache, but most of all many joys and much love given and received. I am so excited to step

Tocal's Trainees continue to impress in 2023!

Tocal College (NSW DPI) was very excited to recently welcome its first block of trainees for 2023. "We have an excellent group of young people here improving their skills and knowledge and investing in their agricultural careers. Their trainers

back and intend to have more fun and adventures along the grey nomad path, absorb the happy moments with my family, especially grandchildren. Being over 60 means you care more but less. There is a freedom in saying at my age - I give myself permission to do whatever pleases me. Where do I go from here? Wherever the wind takes me.

Go to https://www.instagram.com/seover60_women/ for more inspiration



Sue Harris

have all been very impressed with their attitude and commitment" said Principal, Mr Darren Bayley. "It's fantastic to see the continued, strong support of employers and trainees, right across New South Wales, for Tocal's Traineeship Program".

During the week the group trained in a variety of machinery related units including Precision Agriculture and Safe Operation of Tractors and Quad bikes. A Biosecurity unit incorporated Machinery Hygiene. They were from a mix of enterprises including beef, dairy, thoroughbreds, and rural and environmental management. This year Tocal's Paterson campus has trainees from as far afield as Bodalla and Cooma in the South; Narromine, Parkes and Cowra in the West; and Bowraville in the North. The majority therefore stayed at the College's main residential campus at Paterson (Hunter Valley) for the week, though some local trainees travelled in daily.

"Tocal has long been at the forefront of vocational education in agriculture" said Darren. "Our fulltime, residential program began at CB Alexander campus in 1965 and has continued to evolve with the needs of its students and industry". An example of this was the creation of the NSW Dairy Apprenticeship Program at Tocal in 1981. "In fact, one of this week's trainees is employed by one of those

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Tocal welcomes its first Trainees for 2023.

original apprentices. It is rewarding to have that generational support, as well as many employers repeatedly enrolling their workers with us”.

The significance of Tocal’s Traineeship Program to individual young, farmers cannot be underestimated either. Alix Elliot is a recent graduate of the program and proudly says “I was asked recently what my greatest achievement is, and I truly believe completing my traineeship in agriculture. I learnt so much from the experience and made so many new

friends”.

The ongoing strength of the Tocal’s Traineeship program mirrors a recent resurgence in employer commitment to vocational training with a 21.6% increase in the number of Trainees and Apprentices in Australia since 2021 (NCVER Statistical Report).

Tocal also has a flexible Traineeship Program at its Yanco campus in the Riverina and is developing customised programs with valuable youth groups such as ShoreTrack. The College’s Traineeship Coordinator, Ms Jill

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Clayton, has also been recognised for her contribution to our Trainees by being awarded the NSW Training Awards, Regional VET Trainer of the Year.

For more information on Tocal’s Fulltime and Traineeship courses please go to www.tocal.nsw.edu.au/courses/youth-education or call 1800 025 520.

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Kulnura and District Garden Club

Member Spotlight – March – Ross Morrison

If you've enjoyed the photos of previous gardens we have visited, then it's highly likely that they were taken by Ross. Ross and Helen joined garden club just a year ago and are both the kind of people who are the first to jump in and help make things happen. I discovered recently just how delicious their home-grown tomatoes and cucumbers are, and I was lucky to get Ross to stay still just long enough to answer our questions for this month's member spotlight.

1. How long have you been a member of KDGC and why did you join?

About a year. Helen and I saw the articles about KDGC in the local newsletter. We thought it would be a good way to meet like-minded people in the local community, and a good place to find inspiration for the gardens we plan to create at our place.

2. Who or what first sparked your love of gardens / gardening?

I have always loved gardening and had a fascination for nature, and growing plants in particular. Some of my earliest and happiest childhood memories are of working in the garden with my father.

3. What do you most like about being part of KDGC?

It's a great opportunity to speak with other gardeners, see the gardens that they have created and swap ideas. Everyone approaches gardening differently and I find that I learn something new every time, and usually come home full of inspiration to create something new in my own garden.

4. What do you enjoy most about gardening / gardens?

There's something fascinating about watching plants grow, especially if you start with a seed or cutting, and a sense of anticipation which becomes a sense of satisfaction when they reach their full potential. It's about being creative, of being deeply involved with nature.

5. Who inspires you?

My father was a very passionate gardener. He started with a new house on a virtually empty block and landscaped it all himself. He created a magnificent vegetable garden that kept us supplied with vegies all year round, and a bush garden with a collection of native plants that he mostly propagated himself.

6. What's a key piece of wisdom

you'd share with a new gardener?

A garden is a dynamic thing, so don't be afraid to change things around and try something new. If a plant is past it's best or just isn't doing what you had in mind, it's okay to pull it out and replace it with something else.

7. What have you learned since joining KDGC?

I have learned many things in the short time I have been a member. Most significantly, I'm now familiar with many plants that I hadn't previously seen, and I've gained a lot of ideas about garden design from visiting gardens and talking with the people who created them.

8. What's your favourite plant / flower / veggie / herb?

I don't have one particular favourite, but I like to grow a lot of the more common vegetables such as tomatoes, cucumbers, lettuce and corn, because they taste so much better straight from the garden. I also like growing flowering annuals such as zinnias, asters and strawflowers, because of the explosion of colour they produce in such a short time.

9. What is one thing that you can do / have done that not many people know about?

A couple of years ago I left my "real" job selling laboratory equipment and started a gardening business. Now I get paid to do something I really enjoy. My son has seen how much fun I'm having, and he has just started his own



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Ross in the sunflowers

gardening business as well.

10. If you could write a book, or a song, or make an artwork that represents your life, what would the title be?

“Creating a breeze”. Certain family members reckon I’m always buzzing around and I’m never still for more than a few minutes. “What are you doing?” they say. “Creating a breeze?”

Thank you so much Ross.

We are a friendly and happy bunch, and new members and guests are always welcome.

We meet on the second Monday of each month at 9:30am for a 10am start, our next meeting will be on Monday 10th April at a very interesting private garden at Kariong. For specific location details please contact us.

Please email kulnuradgc@gmail.com for information about meetings, membership, or any other questions, or feel free to call Jacqui on 0455 364 262

Happy gardening!

Karynne Courts
(KDGC Committee member, 2023)

Roads, Rates & Representation

Another wonderful day in the People’s Republic of Gosford where the roads are stuffed but the Council is staffed.

All hail our fearless Dictator handed power in a State Government coup to undo a financial hiccup of its own making. Like the Dictators of history: ours has doubled the taxes and ignores dissent.

So next time you’re bumping along Wisemans Ferry Road be sure to remember that it’s a reward from our leader for the huge increase in rates you’re paying him to cover up the mistakes of elected representatives.

After all, it’s always better for the State Government to kick out elected Councillors rather than leave it to ratepayers who would have done the same at the ballot box.

Who knows: we might now have a Council to approach about our roads but, alas, then we wouldn’t be the sunny People’s Republic of Gosford. All hail the fearless Dictator!!!

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Calga-Mt. White RFS	General meeting Training Information & updates Contact	3rd Mon of the month, 7.30pm all welcome Every Monday 6.30 except public holidays Facebook.com/calga/mtwhiteruralfirebrigade/ Captain.calgamwhite@ccrfs.org.au - Zack Winslade.
Kulnura VBFB at Greta Rd Station	General meeting Training	1st Wednesday of the month, 7.30pm 3rd Wednesday of the month 7.00pm
Mangrove Mountain RFS Bloodtree Rd	General Meeting Training / Maintenance	Last Wednesday of the month, 7 pm, All Wednesday's except last of month, 7 pm
Spencer RFS	General Meeting Training Junior Training	2nd Monday of the month Meeting 6.30pm 3rd Monday Maintenance 6:30pm 4th Monday Training 6:30pm E: captain.spencer@ccrfs.org.au Alison Wade 0415 668953. 4778 Wisemans Ferry Rd
Somersby RFS	General Meeting Training/Maintenance	First Wed of the month 7.30pm at the Station Every Wed night 7.30 at the Station (except before Wed general meeting)
Yarramalong RFS		Information: www.facebook.com/ YarramalongRuralFireBrigade/ Phone contacts: 0406 360588 or 0418 280764 Email: volunteer@yarramalongrfs.org.au

COMMUNITY & SOCIAL

Coastlink Friendship Group		Wed 9.30am-2pm at the Health Centre, Nurses Rd, Central Mangrove
Country Women's Association (Somersby)		Second Wed of each month, at Somersby Hall Wiseman's Ferry Road, Somersby, contact Sue, 43721280 or 0407768000.
Country Women's Association (Peats Ridge & District)		First Monday of the month at Community Hall, Peats Ridge School. Any enquiries please contact Christine 0419 400163.
Country Women's Association (Mangrove Mountain Evening Branch)		2nd & 4th Tues of the month, 4-8pm at Mangrove Mtn Hall, General meeting 6pm 2nd Tues. Ph Judy 43771728
Gosford North Inner Wheel club		2nd Wed each month 7pm at Phillip House in Kariong. Contact: Glenis Ph: 0400 486 760
Gosford World Vision Community Group		4th Tues 11am in Presbyterian Church, West Gosford Contact: Glenis Ph: 0400 586 760. https://permaculturecc.org.au/
Permaculture Central Coast Kulnura & District Garden Club		Second Monday, 9.30 for 10am start. Jacqui Maxwell 0455364262 kulnuradgc@gmail.com
Mangrove Mountain Singers		1st & 3rd Tue, Mangrove Mtn Hall, 7-9pm Contact Kim & Leila 0401516501
Mangrove Mountain & Districts Community Group Meeting		1st Thurs of the Month, 7pm, Mangrove Mtn Hall. Contact: mepccinc@gmail.com , 0412669649
Mangrove Emergency Planning & Communications Committee		
Mangrove Mountain Country Fair Committee Meeting		2nd Thur of month except Jan, 7:30pm, Mangrove Hall. Pres- Shane 0417 436 529
Mountain Districts Association (MDA)		www.mountaindistrictsassociation.com.au secretary@mountaindistrictsassociation.com.au
Mountain District Football Club Meeting		Second Tuesday of the Month 6.30pm at the Mangrove Memorial Club
River Cares for the Lower Hawkesbury River District		President Robyn Downham 0414248224 Email info@rivercares.com.au
Rotary Club Meeting		Friday 7.15am at Phillip House. 43404529
Spencer Community Progress Group Inc		President Brad Maisey, Community Meetings, 4377 1167, spencercpg2@gmail.com
Spencer Community Ladies Social Club		Last Fri of month. 12.00 noon Spencer Community Centre, Jennifer Dayes 4377 1364 Articles to: spencercpg2@gmail.com
The Mountain Tuesday Social Tennis Group	Newsletter	Tue 9.30am-12.30pm, Kulnura Tennis Courts. Enquiries: Alison Palmer 0427731548.
Somersby Equestrian Club Club & Committee Meeting		Every 2nd month. Check website for further details. www.somersbyequestrianclub.org.au
Wisemans Ferry Community Men's Shed		Tues & Sat, 9am-5pm. Contact: Alan Hunt 4566 4626 or Adrian Acheson 0448 833 781

SPIRITUAL

Anglican Service - Mountain Districts		Every Sun 8am at Peats Ridge Scout Hall, Sunday School during school terms
Mangrove Mountain Christian Group		General Meeting 3rd Monday, 7.30pm at CTC (next door to Mangrove Hall)
Mangrove Mountain Union Church, Christian Service		9.30am second and fourth Sundays. cnr Bloodtree Rd & Wisemans Ferry Rd
St Barnabas Christian Service Yarramalong		Every Sunday, 9.30am. (Easter & (Christmas Carols dates to be advised)
Serbian Orthodox		2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20). 1184 Peats Ridge Rd, Peats Ridge

(cont'd next page)

LIVESTOCK MARKET REPORT



Maitland Liveweight Sale Report 27th February 2023

A total yarding of 500 liveweight cattle that was made up of 470 trade/weaners and yearlings and 30 export cattle. What we saw of the market it was firm to slightly strong on the weaner and yearlings and the export market was firm on last week sale.

There was a good run of Angus and Angus X weaners yarded. Those weaners firmed up to 15c/kg stronger. All regular buyers operated with strong competition.

- Restocker steers up to 280kgs 340c/kg to 485c/kg to average 395c/kg
- Restocker steers 280kgs to 350kgs 270c/kg to 455c/kg to average 380c/kg
- Restocker heifers up to 280kgs 290c/kg to 400c/kg to average 360c/kg
- Restocker heifers 280kgs to 250kgs 265c/kg to 390c/kg to average 340c/kg
- Yearling steers 300c/kg to 418c/kg
- Yearling heifers 290c/kg to 398c/kg
- Mixed 2nd Grade cattle 180c/kg to 270c/kg
- Euro heifers suitable for feed 375c/kg to 390c/kg
- Angus Milk and two teeth feeder steers 365c/kg to 418c/kg
- Steers 4 and 6 teeth 250c/kg to 350c/kg
- Cows 160c/kg to 260c/kg
- Bulls 160c/kg to 200c/kg

Coming Sales:

Macka's Pastoral Inaugural Angus Verified Female Sale, Gloucester Saleyards

Friday 24th March 2023 – 11am

Maitland Store Cattle Sale
March 18, 2023, 12pm

A friendly reminder that we are often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.

Like and share our Facebook page!
Keep up to date with bowelidbury.com.au

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52 Kyle Street, Rutherford NSW 2320
P: 02 4932 7066

Some Horse & Rabbit Terminology

Horse is a domesticated large single hoofed mammal (Equus caballus).

- Colt is a male horse under 3 years of age.
- Filly is a female horse under 3 years of age.
- Foal is a young equine under 1 year of age.
- Gelding is a castrated male horse.
- Mare is a female horse after her 4th birthday.
- Stallion is an intact male horse.

Rabbit is a mammal of the family Leporidae or the domesticated Old World species Oryctolagus cuniculus.

- Buck is a male rabbit.
- Doe is a female rabbit.
- Fryer or "young rabbit" is a rabbit that is 2 months old and weighs 1.7kg to 2kg.
- Kit is a baby rabbit.
- Rabbitry is where owners keep their herd of rabbits in separate cages.
- Stewer or "mature rabbit" is a rabbit 3 months of age or older averaging 6 pounds or more.
- Warren is where owners keep their herd of rabbits as a group in a large cage or enclosure.

The Livestock Conservancy
<https://livestockconservancy.org>

REGULAR ACTIVITIES & MEETINGS (cont'd)

Kariong Community Baptist Church

Sun @9.30am, Church & Kid's Program, Philip House, Mt Penang Gardens, Chris Clarke email pastorkcbc@outlook.com

Divine Retreat Centre (Ph 04 6848 6782)
160 Hensons Road, Somersby
www.divineretreatcentre.org.au

Daily Holy Mass 8.00am to 8.30 am
1st Fri, 5.30pm-8.30pm Divine Mercy Friday
1st Sat, 5.30pm-9pm, Youth Ministry 18-35yr
Last Sun, 9am-4pm, One Day Retreat

Catholic Service -Spencer

Holy Trinity Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month.

- Wollombi

2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi.

- Somersby

Every Sat. evening vigil - 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby.

- Yarramalong

1st Sunday each month, 11.15am St. Barnabas All welcome. Enq 0428 438577

YOUTH

Junior Girl Guides 5-10

Kooree Guide Cabin, every Monday in school term, 5.00pm - 6.30pm

Girl Guides 10-15

Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm

Scouts, Cubs & Venturers
Peats Ridge Scout Hall

Cubs meet 6.30pm - 8.30pm Wednesdays
Scouts meet 7.00pm - 9.00pm Tuesdays
Venturers meet 7.00pm - 9.00pm Mondays
Contact 0460 696 941

Mangrove Mountain Playgroup

Every Tues (except school holidays) 9am to 11.30am, Kooree Guide Cabin. Bec G, PH: 0421 996 029 Anne, PH: 0412 526 557
Email: becgilmour@gmail.com

HISTORICAL

Brisbane Waters Historical Society

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au

Dharug & Lower Hawkesbury
Historical Society Inc.

Last Sat of month. All welcome, contact Jan Kofron 0405321478 jankofron@optusnet.com.au

First Fleeters Central Coast Chapter

2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Margaret 0409467710 or Gavin 43404435.

The Pearl Beach Aboriginal History Group

3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com

Wyong District Museum &
Historical Society

Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@alisonhomestead.com.au website: www.alisonhomestead.com.au

ACTIVITY/HOBBY

Central Coast GNU/Linux Users Group
Coastal Communicators Toastmasters

www.cclug.org.au - all most welcome

Craft/scrapbooking

1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952
Yarramalong Hall 4th Sun. of the month 10am to 5.00pm cost \$12 per person ph 43561196
2nd Sat of the month Somersby Hall (10am to 2pm) cost \$5 per person Carmen 0434071305

Saturday Craft Group/Spining
and bobbin lace

HALL BOOKINGS

Kulnura Hall

Hall bookings contact Annette Stackman 43561196 Committee mtg 3rd Thurs 7:00pm at Hall- Open to all from community.

Mangrove Mountain Hall

Hall bookings Ryan Howard 0405416289

Somersby Hall and Mountain Districts
Culture and Heritage Centre

Hall bookings: 0413 359 655
or AH 4373 1488

Yarramalong school of Arts / Hall

David Gillett 0416 097192
enquiries@yarramalonghall.org.au
<https://yarramalonghall.org.au>

REMINDERS FOR YOUR DIARY

Mangrove Mountain Country Fair

Saturday, 21st October

Antennas - Digital

Hayward Video & Antenna Service

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Ray Hayward

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email: Ray.Hayward@gmail.com



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spend a day celebrating at the races. What follows is a comedy of drinking, gambling and a lot of secret sharing.

Wyong Drama Group will present the play “Ladies Day” by Amanda Whittington in April at the Red Tree Theatre, Tuggerah. Following on in the vein of their sell-out seasons of Calendar Girls and Steel Magnolias in previous years, this play shows how ordinary women come together to support each other, share dreams and confess deep dark secrets.

Directed by popular WDG actor

Cathy De Vries in her directorial debut, Ladies Day is an amateur production performed by arrangement with Origin Theatrical on behalf of Nick Hern Books. It is the second play of an exciting calendar of events for the Company's 71st year of productions.

The season runs from 21 to 29 April, with 8 performances. Opening night is a Gala event with wine and nibbles. Bookings are open now. Check www.wyongdramagroup.com.au for details.

Don't miss this warm-hearted mix of earthy working class humour, unexpected twists and some reflective moments. As described by the Yorkshire Post – “With its Yorkshire heart and soul it has all the warmth of a Calendar Girls or a Full Monty”.

April Performances: Friday and Saturday evenings, 7.30pm, 21st - 29th April, with matinees at 2pm on Saturday 22nd, Sunday 23rd Wednesday 26th and Saturday 29th.

Adults \$30, Concession/Group 10+ \$27, Wednesday Matinee \$25.

Online tickets www.wyongdramagroup.com.au

Phone bookings available via Red Tree Theatre

For more information please go to www.wyongdramagroup.com.au

Kate Clark



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These columns will be set aside each issue for residents to advertise inexpensively and effectively in their own local paper. If you have anything you wish to sell, buy, swap, etc., ring 4374 1039 or 0412 669 649 during office hours. Rates start at \$4.00.

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GALE'S CITRUS - Bagged Citrus trees in various sizes available ph. 4372 1408 or mobile 0421 196 631

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