COMMUNITY NEWS

No. 910 Ph: 4374 1039 Mo: 0412 669 649 Email: enquiries@cnews1.com.au Web: cnews1.com.au 4th November 2022

Mangrove Mountain Union Church Update

29/10/2022

Still waiting, waiting, waiting for communication from the Liquidator's solicitor. Resolution could be so simple. It is agreed between the parties that the Liquidator of the MMUC Inc can exercise the former Trustee's powers and appoint a new Trustee for the Union Church.

The authority to do this is in the 1914 Trust Deed. There is no requirement in the 1914 Trust Deed, or in the NSW Trustee legislation, that the appointment of a new Trustee must be done through the Supreme Court. It is a straightforward administrative process. There is even a government form for it! Just need to complete the form and register it with the NSW Land Registry Services.

Yes, we accept there are costs involved and we have asked what they are. Should be a bit more reasonable now we know there is no need to go to Court. But still, we wait!

In the meantime, we have approached the Liquidator to allow us access to the Union Church for a Christmas Day Service. We have offered to meet any extra insurance payment that is required (the Liquidator has denied prior requests claiming that this is the obstacle to allowing public use).

A Christmas service will be held at Mangrove Mountain this year – please hope and pray with us that it will be in the Union Church.

Thank you to all who supported our running of the Country Fair Plant and Flower Stall this year – thanks to the local plant nurseries and flower growers for their very generous donations – thanks to the 20+ volunteers who assisted with settingup, 3 shifts of plant sales and packing down – thanks to all our customers wo bought almost everything in the stall.

Plant Stall Coordinator, Ryan Howard did a fabulous job of bringing it all together for an absolute bumper result, three cheers to Ryan!

Our worship services continue in the Mangrove Mountain Public Hall



APS-CC and Phillip House follow standard COVID safe practices

on the 2nd and 4th Sundays of the month. Bible Study is on the 1st, 3rd and 5th Mondays.

Kim de Bruis is leading a restart of the Singing Group from Monday 7th November at 2pm in the Mangrove Mountain Public Hall. All are welcome to every event. Please contact me for further details.

Finally, thank you to all those from within our community, and also those from further afield, who continue to support our campaign to have the Mangrove Mountain Union Church reopened for Christian worship services and use by our community groups.

Robert Meggs for the Mangrove Mountain Christian Group Inc. (mob) 0429 443 310 "We do not have to be mental health professionals to identify the traits of the possible sociopaths among us."

P.A. Speers



Have Your Say On Running Our Local National Parks

The National Parks and Wildlife Service (NPWS) has drafted a plan of management for local national parks and reserves on the Central Coast that is now open for public exhibition and submissions.

The draft plan includes the following parks and reserves:

- Ku-ring-gai Chase National Park
- Lion Island Nature Reserve
- Long Island Nature Reserve
- Spectacle Island Nature Reserve

Member for Gosford, Liesl Tesch, invites locals to make their voices heard in future planning for these areas as visitor numbers swell and putting pressure on the significant natural and cultural heritage values.

"The Central Coast is home to some of the most spectacular natural and cultural sites within all of NSW. Ku-ring-ga Chase National Park now attracts up to four million visitors each year who come experience some of the best that our incredible natural environment has to offer.

"I have spent plenty of time in these areas and understand that we must

COMMUNITY EMERGENCY COMMUNICATION RADIO PILOT ROLLOUT TO COMMENCE

There has been a growing interest in the community emergency communications project and many community members have signed up to participate.

Project team members have been busy meeting with their local communities to explain the project and gather feedback. We had a stall at the Country Fair and the radios came in handy to manage parking and for communication between Fair organisers.

Using computer based modelling to determine radio connectivity and signal strengths, twenty properties have been selected to kick off the pilot implementation.

The CB radios selected are GME

effectively plan so that we can support locals, visitors, and nature alike.

"Central Coast residents are incredibly blessed to be surrounded by all this natural beauty, and the NPWS' draft plan will hopefully help in allowing many future generations to continue to enjoy these protected sites."

Key issues addressed in the draft plan include the management of threatened species and ecosystems, TX4500S 5w units which will be set up as base stations with a 1.85metre 6dBi outdoor antenna and a 240v AC to 12v DC power supply.

Marine deep cycle batteries are incorporated in the power system and will provide a 7 day power source in the event that mains power is lost.

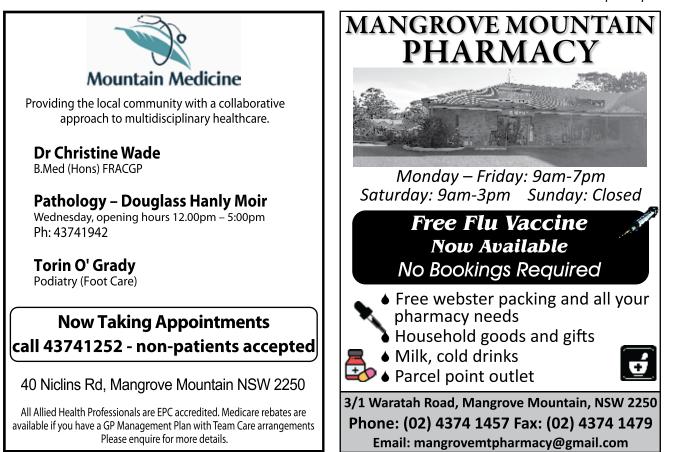
GME TX6160 5w hand held units are also to be deployed at selected locations.

The installations are to be carried out by Karera Pty Ltd, a business based on the Central Coast. Karera are a certified radio services provider and installer and are used by various Government bodies to do comphrehensive communication fit outs including systems in emergency

engaging with Traditional Owner representatives, committing to future precinct planning to improve visitor experiences, and upgrading existing trails and tracks in context of growing visitor numbers.

The public are invited to make written submissions now. The draft plan of management is available at: www.environment.nsw.gov.au/getinvolved/have-your-say.

Liesl Tesch MP Member for Gosford



response vehicles.

The project team is in the process of developing user guide documentation, including safe use practices and communication protocols.

The pilot implementation aims to establish a line of communication between Bucketty and Spencer and will test the functioning of the system in some of the most radio unfriendly terrain we expect to encounter.

The aim of the radio system is to provide backup communications during emergencies such as bushfires, floods and storms, when power is interrupted, roads blocked and access limited. This will help communications between residents and emergency services and ensure that residents needs are addressed and emergency services can better target their efforts. and get warnings through to residents.

If you would like more information or would like to be involved please email your details to mepccinc@ gmail.com

> Keith Aranjo Secretary, MEPCC

This project is an initiative of the Mangrove Emergency Planning and Communications Committee and is supported by the Australian Government.



An Australian Government Initiative

Mangrove Mountain Computer Club

6 Waratah Rd, Mangrove Mountain (The Old Fire Shed)

The club is community based and is open to locals and those from afar

Our aim is to enjoy using computers (not to be afraid of them)

Short list of programs covered over the years:

- Photoshop
- Power Point
- Word
- Excel
- Publisher
- Computer Craft
- Calendars
- Movie Editing
- Slide Shows

Through the club you can gain access to a 3D printer



If you have a computer based

skill and would like to share it

with others please contact

Sue Grist: Mobile 0408

895330

Our classes are mostly group learning with input from all those in attendance. Our aim is for social and friendly learning.

Classes:

Monday: A.M. Beginners Wednesday: A.M. Intermediate Wednesday: P.M. Computer based crafts. Thursday: Q & A.

Contact: Sue Grist 0408 895330 https://www.mmcc.ctcmm.net







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Punk Rock experience at Wollombi

The Wollombi Burlesque Troupe have a new show. "Bur-Roque" is an extremely UNIQUE PUNK ROCK experience!

It is a Punk Rock Restoration Burlesque Show at The Wollombi Hall November 5 with LIVE BAND, The Cunning Stunts!

This event is ALSO a Punk Rock Masquerade DRESS UP party! Doors open at 6pm, show starts at 7pm. Rock on til 11pm.

DJ SOAP is playing pre-show (One hour), at interval (half hour) & after the show (One hour)!

Our PUNK hairdresser Anneka is available for last minute PUNK DOs.

Also- we have local photographer Chris Reid capturing your PUNK ROCK fabulousness...

"Bur-Roque" is mostly general admission, except lucky VIP guests are guaranteed front row seats & a glass of bubbles.

FYI- The Wollombi Hall is accessible but the loos there are not. FYI- This event is BYO.

The 2nd Earl Of Rochester can guarantee every single person that comes will have a night to remember.

Remember remember the 5th of November... Tickets & teaser at *burroque.com*

Sophie Cook

UPCOMING CATTLE AUCTIONS

Maitland Regional Saleyards

- Weekly Monday Liveweight Cattle Sales 9am, followed by Calves, Pigs & Sheep from 12 noon.
- Monthly Store Cattle Sale Saturday Nov 19th from 12 noon.

Gloucester Saleyards

• Fortnightly Thursday Store Cattle Sales 11am Nov 10th, Nov 24th.

Feedlots - Abattoirs - Paddock to Paddock Sales Clearing Sales - Rural Property Sales

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CENTRAL COAST PET OWNERS INVITED TO JOIN FREE MICROCHIPPING DAY

Central Coast Council, in partnership with its contractor Socares Central Coast, is making it easier for you to microchip your pet by hosting a free microchipping day at the Erina and Charmhaven Socares Animal Care Facilities on Saturday 12 November.

Local community members are encouraged to come along and have their pets microchipped, registered and relevant registration details updated on the day free of charge. Those in attendance can also access pet ownership advice, educational material and pet care products.

Microchipping and registrations are an important legal requirement when owning a pet and helps to ensure companion animals can be reunited with their owners, should they become lost. It also assists our Animal Care Facilities to locate owners of animals and rehome lost pets.

The Dharug and Lower Hawkesbury Historical Society Invitation to our CHRISTMAS LUNCH

The Dharug and Lower Hawkesbury Historical Society would like to extend the invitation to the general public to join us on Saturday, 26th November 2022 at the Wombat Café at 6135 Wisemans Ferry Road in Gunderman for a delicious 2 course Christmas Lunch.

Please arrive at 12.00pm to be seated by 12.30pm.

There will be raffles on the day with some great prizes to be won.

Bookings essential: enquiries@dlhhs.org.au or by phone on 0405 321 478 (please leave a message) by Wednesday, 16th November 2022.

Cost: \$35 per head. Coffee and tea are not included.

There will be a cash bar available.

All welcome.

<u>erozero</u>

Robyn Downham, Publicity Officer Dharug and Lower Hawkesbury Historical Society

This is all part of Central Coast's Council's aim to increase the number of microchipped, registered and desexed dogs and cats across the region.

Event details:

• Socares Central Coast Animal Facility, Erina

Pateman Rd, Erina 2250

Saturday 12 November, 9am to 3pm • Socares Central Coast Animal Facility, Charmhaven

2 Depot Rd, Charmhaven 2263 Saturday 12 November, 9am to 3pm No registrations required, walk-ins accepted on the day.

For more information and to get in touch search 'pet microchipping day' at centralcoast.nsw.gov.au

Central Coast Council Media Release





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A Road to the Past

As I take up my pen in this year of grace 20....., I hear a woman cry "Oh, Bert! Oh, my neck!" "My neck is broken - pick me up!"

In the early afternoon of the 23 April 1927, Ron Green left his mother's place, Green mount, at Greengrove Lower Mangrove as a passenger in the back seat of a car, heading up Greens Deviation, bound for Gosford. The colour of the car is not recorded.

The conveyance was an Italian OM (Officine Meccaniche) 20 h.p.,

driven and recently acquired by William Casey, a tobacco worker from Mosman. Also on board was Esther Neal, mother of two and estranged wife of Ernest Charles Neal an engine driver from Stanmore. William and Esther had been staying for five days at Mrs. Green's.

They stopped briefly at Mangrove Mountain Hall where preparations would have been in full swing for the official opening celebrations to take place that evening. Cliff and Edgar Thompson would have been erecting the external lighting.

They are next heard of, a crashing



sound, by Norman Pinkstone who ran to the scene then rang the police. Fred Allen returning home from Gosford on his motor cycle, witnessed the car overturning. Fortunately for Ronald Gilbert Green, he had been thrown out before it overturned. William Casey regained consciousness in hospital with no memory of what happened.

Esther died at the scene. Not the only person destined for such a fate on that corner, an almost 90 degree bend near the old "ten mile" on the Mangrove Road. Now better known as the Dog Trap Road corner on Wisemans Ferry Road, Somersby.

The car hit a small depression in the road, and due to loose soil and gravel, overturned down the incline, somersaulted, and finally landed upside-down. Perhaps the fact "that the week prior had been one of record storms and damage, in which the roads had suffered severely" was a contributing factor. At the opening of the hall, "Mr. and Mrs. Maroney, who were prime movers in the fixture, were depressed during the week at the continued inclemency of the weather."

Inevitably the accident would have been the subject of much talk at the opening celebration. Shire President Cr. Taylor, who officially opened the Hall, would have driven past the site on his way to Mangrove, perhaps the wrecked OM was still on the roadside. Norman Pinkstone attended both



the accident and the Hall opening, and both Fred Pinkstone and Arthur Lillicrapp, local representatives to Council were there.

Council works, or not, in mysterious ways. In May 1927, no doubt prompted by the fatality, Bert Craft was tasked with some road works "and came in for great praise as motorists flew around the newly banked turn at the ten mile peg" on their way to a horse race, The Mangrove Mountain Mile, a month later.

Hastening more slowly, and wisely, young Ron Green, eventually made it to Gosford and, in the fullness of time, remained there for the rest of his life. Had he been getting a ride to Gosford in the OM to visit Margaret Fletcher? Margaret was the eldest daughter of George Fletcher, celebrated contributor to the Gosford Times as "Perong". George, too, was at the opening of the Mangrove Mountain Hall, on that fateful day when a young mother lost her life.

Ron and Margaret were engaged in 1937 and married in 1940. Ron's sister, Nora Comensoli, was bridesmaid (married to Luigi Comensoli, Ric. Comensoli's uncle), so – some happy endings.

But before I lay down my pen in the year of graceetcetera....., I wonder, if those people could revisit us and drive that road again, would anything be recognisable?

The Hall is still there, and the

Church (almost).

Roads are still not fit for current purpose, and council only seems prompted to take action by loss of life. (Even so, poorly planned changes in 2014 to the fatality-prone crossroads at Central Mangrove are still not completed).

Also it would feel a very different community to have no elected representatives in local government to advocate for local interests. (They were a major presence at the opening of the Hall in 1927)

And – people still drive at "break neck" speed around that corner. *Neil Berecry Brown*





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Council Grants Programs to Support Local Community

At the 27 September ordinary council meeting, Council approved the recommendation to allocate \$279,172.82 for the Community Events and Place Activation Grant Program and \$289,860.51 for the Community Development Grant Program. A total of 46 applications were successful across the two programs.

The Community Events and Place Activation Grant Program supports the community to deliver events and activities that activate spaces and places around town centres, foreshores, lakes and open spaces for families and the wider community, including visitors to the region.

The Community Development Grant Program supports community organisations to implement activities that provide community outcomes and enhance the quality of life of residents of the Central Coast as well as strengthening their ability to deliver projects and services that respond to the needs of the community.

Together the programs have a total budget of \$600,000 and are funded through existing and approved 22/23 Operational Plan budgets.

Council Administrator, Rik Hart said funding is important to reconnect our community and support our local organisations.

"I'm pleased this funding will support organisations to deliver a range of exciting, meaningful programs and activities that engage our local community and encourage visitation to our region".

23 Community Events and Place Activation applications that have been endorsed for funding under the program:

- 1. The Rotary Club of Gosford North Incorporated
- 2. Davistown Putt Putt Regatta and Wooden Boat Festival Incorporated
- 3. Symphony Central Coast Incorporated
- 4. Wyong Shire Garden Competition Committee Incorporated
- 5. Gosford Race Club Limited
- 6. Green Point-Terrigal Community Services Incorporated
- 7. Surfing NSW Incorporated
- 8. Central Coast Conservatorium of

- Music Incorporated
- 9. Heritage Ventures
- 10. Words on the Waves
- 11. Eastcoast Beverages
- 12. 5 Lands Walk Incorporated
- 13. Terrigal Trotters Incorporated
- 14. SingleTrack Events Pty Ltd
- 15. Naughty Noodle Fun Haus Incorporated
- 16. Tangerine Events
- 17. Sport Central Coast
- 18. Rotary Club of Kincumber
- 19. Gosford Sister City Association Incorporated
- 20. The Bays Community Group Incorporated
- 21. Permaculture Central Coast (PCC) Incorporated
- 22. National Water Ski Racing Association-Region V Australia
- 23. Business NSW

23 Community Development Grant applications have been endorsed for funding under the program:

- 1. Kincumber and District Neighbourhood Centre Incorporated
- 2. Volunteering Central Coast Incorporated
- 3. Camp Breakaway Incorporated
- 4. Community Environment Network Incorporated
- 5. Volunteer Marine Rescue NSW-Central Coast
- 6. Coast & Country Primary Care Limited
- 7. We Care Connect Limited
- 8. Lions Club of Northlakes Central Coast Incorporated
- 9. 5 Lands Artist Collective Incorporated
- 10. Killcare Surf Life Saving Club Incorporated
- 11. Gorokan Probus Club Incorporated
- 12. Berkeley Vale Rugby League and Sports Club
- 13. The Fathers Table
- 14. Art at Work Incorporated
- 15. Road Safety Education Limited
- 16. Coast Community Broadcasters Incorporated
- 17. The Attic Theatrical
- 18. Central Coast Volunteer Rescue Squad Incorporated
- 19. SparkCC Incorporated
- 20. Diamond Women Limited
- 21. Toowoon Bay Surf Life Saving Club Incorporated
- 22. Five-O Plus Public Radio Association Incorporated
- 23. Surf Life Saving Central Coast Incorporated
- More information is available in the Council meeting agenda documentation on Council's website.

Central Coast Council Media Release

FESTIVAL FAVOURITES HEADLINE BLUES CHRISTMAS PARTY

Two of Australia's most popular Blues and Roots festival acts, 19-Twenty, and Genevieve Chadwick and the Stones Throw are set to return to Blues on the Mountain on Saturday the 3rd of December and will be headlining our biggest Blues and Roots Revival Christmas Party event ever!

On the back of another big year for the high energy band, who were voted as one of the best live acts amongst a star studded lineup at this year's Byron Bay Bluesfest, 19-Twenty are back for another huge blue Billy grass rocking Christmas Party show at Blues on the Mountain! Will drummer Syd be balancing pumpkins on stage again? Or maybe guitarist/frontman Kane will be showing off his guitar skills atop the speaker stack while Johnny G plays the huge double bass upside down! Perhaps brother Heath will join the party for a Rage Against the Machine cameo or a little saxophone playing mayhem! Or maybe all of the above and more! You never know with 19-Twenty, but one thing is guaranteed is their show will be the BEST fun you've had all year!

Genevieve Chadwick and the Stones Throw are another Blues and Roots festival favourite both nationally and internationally, and Genevieve Chadwick will be traveling all the way up from the South Coast just to play for us! Every once in a while an artist emerges who touches the very soul of an audience. Genevieve Chadwick is such an artist. Described as a female John Butler, "Australia's answer to Melissa Etheridge" and likened to the great Janis Joplin, Genevieve Chadwick and her band the Stones Throw are the real deal and not to be missed!

Toby Wells just continues to impress, our most requested local act returns to the Blues on the Mountain stage with his new single Ocean Blues and all your favourites too.

With 19-Twenty, plus Genevieve Chadwick and the Stones Throw and Toby Wells, the Blues and Roots Revival Christmas Party will be one of our best shows ever and offers the audience a rare opportunity to see some of Australia's premier touring acts at such a laid back family friendly venue. Blues and Roots Revival Christmas Party is an All ages, family friendly event, so gather your friends and family and book early for the Christmas Party event of the year! a fantastic afternoon/evening of music, great food, fun and frivolity with your friends and some of our all time favourite acts.



Food and light refreshments will be available for purchase with yummy hot food from the food van. BYO welcome.

Our Blues and Roots Revival Christmas Party will be held outdoor picnic style (BYO picnic rug or fold up chairs) at the picturesque Dooralong Hall and Recreation Reserve with heaps of room and a playground for the kids weather permitting. In the event of wet weather, the event will move indoors to the historic Mangrove Mountain Hall. (All ticket holders will be notified prior to the day if we need to relocate)

Tickets are limited and cost \$45 (Adults), \$15 (Youth 12-16 years), kids Under 12 yrs, free accompanied by a paying adult. Gates open at 3pm. To book visit www.trybooking.com/ BZVDN or phone 0405416289

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Central Mangrove Public School took on the operation of the cake stall at the Country Fair.

The students were guided by the school staff, mixing, baking and icing various goodies.

Many parents, CWA and community members also contributed ingredients , cakes and slices.

We received donations of ingredients from Coles & Woolies - thank you!

We didn't know if we would have enough cakes but on the day the tables were piled high.

School staff and parents managed the stall and were kept very busy all day, selling out completely.

After two years of cancellations due to COVID the Fair was a great success.

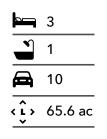
Thanks to the school staff, parents, community members and not to forget, the students for their contributions.





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This property has stunning water availability, with 5 large dams fed from spring flow on the property.

Currently operated as a small scale Macadamia farm, this property is ready and waiting for you to move straight in and enjoy, or use as the ultimate canvas on which to develop your rural paradise.

There is a comfortable and beautifully maintained double brick residence, with views across the dams and to the distant west.

At the heart of the property is a three sided, north facing machinery and nut processing shed. At 17.5m x 12m, there is plenty of space for storage of farming equipment.

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Set on 5 scenic acres of beautiful parklands, quaint garden surrounds the homestead, guest cottage & teenagers retreat flowing down to the boundary creek. Featured previously in "The Country Life" magazine. Taking top prize with "Nouvelle" kitchen.

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LARGE BLOCK WITH HUGE PC this is not one to be missed. The original country home feat dining and kitchen. Located at The second residence is a one I The property is set back from t production) zoning allowing fo Being in such a convenient loca property also makes for a great

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ry Road, Central Mangrove

4 🕮 2 🖷 2 🚔 23 Acres

DTENTIAL - Situated in the heart of Central Mangrove, this 23 acre property has a lot charm. With dual occupancy and a stunning block

tures 3 bedrooms plus a separate study, perfect for working from home. The house opens up to a large living room, with a separate the rear of the home is a spacious covered deck, providing a great spot to enjoy the serenity off the location all year round. bedroom timber cabin, providing a great opportunity for guest accommodation or even generating a rental return.

he road, creating a quiet and peaceful environment. The block features some cleared area, a large dam & RU1(Primary

or a range of opportunities. Also featured is a commercial bore plus a domestic water licence.

ation, local shops & schools are just minutes away. For larger shopping centres, Wyong and Gosford are within a 20 minute drive. This t weekender being just 50 minutes to the North of Sydney.

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Kulnura & District Garden Club – November 2022

A determined bunch of 26 members, in a parade of colourful umbrellas and gumboots, filled the award-winning gardens of Heidi and Angela at Wyong Creek for our October meeting! We were so excited that the local floodwaters had subsided enough to enable us to visit, although a week later than planned. Angela and Heidi shared stories of their gardening journey, and generously offered cuttings and words of wisdom.

We held our monthly competitions for exotic and native blooms, and our lucky raffle winners went home with some beautiful plants to add to their collection. The delicious morning tea in a stunning location encouraged animated conversation and the rain only added to the atmosphere.

November in the garden:

As we enter the last month of Spring, many of us may have forgotten what sunshine looks like. The sudden hot days and warmer winds can take us by surprise, so it's important to protect plants from sun and wind. With the abundant rainfall of recent months we have not had to do as much watering, so limber up those watering muscles, and ensure pots don't dry out.

• Mulch around fruit trees and other plants (remember to keep the mulch away from the stem / trunk of the tree

• Propagate plants by taking soft wood (green) cuttings

• Propagate strawberries from runners

• Place straw underneath strawberry plants to keep the fruit off the ground

• If you have a water garden, thin out existing aquatic plants and fertilise

• This is the last month to plant citrus trees and evergreen shrubs

• Remember to stop and smell the



Captivated members

roses which, in spite of the excessive rain, have bravely bloomed.

Plant vegetables - artichoke (Globe), asparagus, basil, beans, beetroot, broccoli, cabbage, capsicum, carrots, celeriac, celery, chicory, chilli, chives, coriander, cucumber, eggplant, kale, kohlrabi, leeks, lettuce, okra, oregano, parsley, parsnip, potatoes, pumpkin, radish, rocket, rockmelon, silverbeet, squash, sunflower, sweetcorn, tomatoes, turnips, watermelon, zucchini

And flowers – amaranthus, aster, begonia, candytuft, carnation, celosia, hollyhock, linaria, nasturtium, petunia, portulaca, salvia, scabiosa, Sweet William, verbena, wallflower, zinnia

"Your first job is to prepare the soil. The best tool for this is your neighbour's motorized garden tiller. If your neighbour does not own a garden tiller, suggest that he buy one!" - Dave Barry

We are about to harvest our garlic, so I thought I'd share this irresistible recipe for a caramellised garlic and goats cheese tart from Ottolenghi's "Plenty" cookbook.

- Ingredients
- 13 oz/375g all-butter puff pastry
- 3 medium bulbs of garlic, cloves,
- separated and peeled
- 1 tbsp olive oil
- 1 tsp balsamic vinegar
- 1 cup/220ml water
- ³/₄ tbsp caster sugar
- 1 tsp chopped rosemary
- 1 tsp chopped thyme, plus a few whole sprigs to finish
- 4 ¹/₄ oz/120g soft, creamy goats cheese
- 4 ¹/₄ oz/120g hard, mature goats cheese
- 2 free-range eggs
- $\frac{1}{2}$ cup/100ml cream
- ¹/₂ cup/100ml crème fraîche
- salt and black pepper Method





ocal Arbonst, menuly & experienced team. Insured and certified

Tim - 0412 985 422 or tijanotreeco@gmail.com

1. Roll the puff pastry into a circle to line both the bottom and sides of a 28cm fluted tart tin and line with the pastry. On the bottom of the pan, place a large circle of greaseproof paper and fill with a layer of dry baking beans or rice. Place into the fridge for approximately 20 minutes.

2. Preheat the oven to 180°C and bake the pastry case for 20 minutes, remove both the beans and paper and bake for another 5 minutes so the pastry is cooked and golden but not over-browned. Remove from the oven and leave to one side.

3. While the tart case is cooking, place the garlic cloves in a small saucepan. Cover with cold water and bring to a gentle simmer, cook for 3 minutes then drain through a colander or sieve.

4. Wipe the saucepan dry then add the cloves and olive oil and fry on a high heat for 2 minutes and no more. Add the balsamic vinegar, 1 cup of water and bring to the boil. Simmer gently for 10 minutes.

5. Add the sugar, rosemary, chopped thyme and $\frac{1}{4}$ teaspoon salt and continue to cook on medium heat for a further 10 minutes, or until most of the liquid has evaporated and the garlic cloves are coated in a dark caramel syrup. Set aside.

6. To assemble the tart: break both goats cheeses into pieces and scatter in the pastry case and spoon over the garlic and any syrup.

7. Whisk together the eggs, creams, ¹/₂ teaspoon salt and some black pepper. Pour over the garlic and cheeses making sure that you can still see both on the surface.

8. Reduce the oven temperature to 160°C and bake for 35-45 minutes, or until the tart filling has set and the top is golden brown. Remove from the oven and leave to cool a little then take out of tin, lay the remaining thyme sprigs on top and serve warm. There won't be any leftover, but if there is, this reheats beautifully.

Book of the month: Bedside



Companion for Gardeners: An anthology of garden writing for every night of the year, Jane McMorland Hunter (editor)

A mix of fact and fiction, fantasy and experience, the Bedside Companion for Gardeners is a treasure trove of green-fingered inspiration where practical advice blends seamlessly with poetry and prose from intrepid gardeners past and present. Dip in and out of this collection with an entry for every night of the year that draws on writing through the ages and from across the globe.

The Bedside Companion for Gardeners incorporates practical advice from the 17th-century gardening diarist John Evelyn; inspiring prose from Elizabeth von Arnim and John Milton; astute commentary from Horace Walpole on William Kent and Nancy Mitford on the vulgarity of a Surrey garden. Kipling offers practical advice, while Tennyson waxes lyrical on an Arabian night garden.

The perfect gift for any gardener, this magical book is an invaluable source of inspiration and guidance to revisit throughout the year.

https://www.amazon.com.au/ Bedside-Companion-Gardeners-Garden-Enlightenment/ dp/1849947139

What do you get if you divide the circumference of a pumpkin by its diameter? Pumpkin pi.

November Meeting:

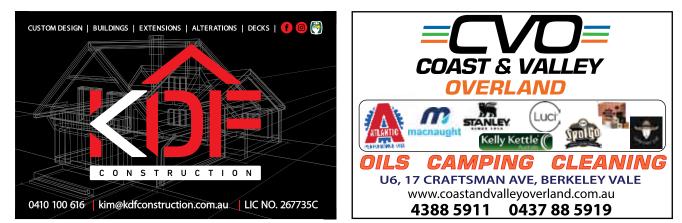
We meet on the second Monday of each month at 9:30am for a 10am start, and our next meeting will be on Monday 14th November. We are visiting the garden of one of our new KDGC members, located at Somersby. Please contact us for further information and venue details.

We'd love to see you there and we welcome guests.

Please email kulnuradgc@gmail. com for information about meetings, membership, or any other questions, or feel free to call Jacqui on 0455 364 262

Happy gardening!

Karynne Courts (KDGC Committee member, 2022)



A NEW SAFE SPACE FOR Marginalised Youth

Rainbow youth rejoice! Naughty Noodle Fun Haus has announced the launch of YAAS! Young, Authentic and Social Program, a transformative arts and culture program for Young People aged 12-24 living on the Central Coast with a focus on diverse identities and abilities.

Supported by the Australian Government Department of Social Services the program aims to empower personal participants, develop resilience, leadership skills and build community ties, friendships and connections through activations, hang outs, events, performance, creative workshops & celebrations as well as ongoing fortnightly drop-ins for 12-17-year-olds. 66% of LGBTQIA+ youth in Australia still experience bullying based on their identity and these kids are 12 times more likely to experience depression due to this harassment. Multiple LGBTIQ Youth suicides across the Central Coast last year alone were directly attributed to bullying and solidified the need for a focused and collaborative federal, state and local approach which focuses on marginalised youth not as a tack on program but as the spotlight for building resilience, connection





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and networks. Working with Police, Headspace, GNL and PCYC - YAAS! Participation will reinforce the transformative impact of empowering regional young people to explore and express their unique creative identity.

Leading the YAAS! Program is Youth Engagement – Senior Youth worker and Producer, Carlee Heise who is returning home to the Central Coast for the role. She is a performance-maker and youth worker, passionate about amplifying young people's voices. Carlee has nurtured young artists through her work at Shopfront Arts in South Sydney, and has supported youth experiencing homelessness in crisis and transitional housing at Project Youth in the Sutherland Shire.

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I FINANCE

"I am delighted to be leading the YAAS! Program, I spent my youth living in Regional NSW, and I know how significant a safe and welcoming space like YAAS! would have been for me. YAAS! is here to uplift and empower young people, proudly shining a light and giving voice to marginalised youth.

Follow YAAS!







💋 think water.

BUTTERFLY MAGIC

by Rhonda Hillyer ©

This is the 11th instalment of a serialised publication of the novel "Butterfly Magic"

CHAPTER XI MICHAEL MEETS WONAMBEE

This time when Michael awakened, he knew he was lying on a soft bed of dry leaves, and he could see the opening in the fork of the tree. He immediately realised, that he had been sleeping in the fork of the tree. It seemed so long ago since he had gone to sleep, but now he was quite free to come or go as he pleased. Relief swept through him, and he laughed at himself as he thought about the nightmare he had experienced throughout the previous night. It couldn't have been real – it had to be a dream!

He crawled out into the warm sunshine, and he found a strangely familiar container of water from which he drank thirstily, and then began to look around for some familiar bush tucker to eat. He walked down towards the river and sat on the bank.

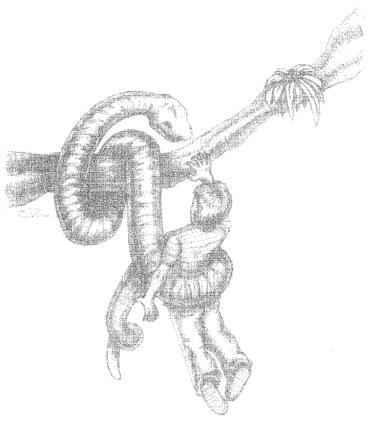
The birds were strangely silent, and the happy little finches who had accompanied him along the river vesterday were nowhere to be seen. All was still. There was, actually, no sign of life and the hairs on the back of Michael's neck began to stand on end. Something was wrong! He forgot that he was hungry. He clambered to his feet and began to run along the bank of the river, then decided he should go to the other side and head in the direction of where Zeb, Rebecca and Fred had gone. By now he was not sure that his dream was not real, and he was frightened. As he crossed the river he slipped and fell into the cold water and scraped his knees on the rocky bed. As he crawled up on to the opposite bank, he could see that both knees were bleeding but, strangely, he felt no pain from them. Then a movement above him caused him to look up. Fear and terror took hold of his entire body, and he froze.

A triangular shaped head with two evil eyes had him mesmerized, and at the apex was a mouth out of which a long tongue kept flicking in and out between sharp teeth. The thick neck behind the head, and a monstrous body, the like of which he could never have imagined, loomed in the background. Michael knew that he was in great danger and it seemed nothing could help him now.

For the first time in his life, the situation which confronted him made him feel helpless and totally unable to save himself, he was at the mercy of a monster.

Seemingly from out of nowhere, the tail of the monster suddenly swirled out and wound around Michael's waist pulling him up on his feet. It felt like an iron cordon around his waist, and was tightening its grip. Then just as suddenly, he was swept off his feet and twirling around high up in the air. The world seemed to be spinning around him, so fast that he could not distinguish the bush from the sky. He could not see the trees, however, he did feel his face being sharply slapped by branches and/or saplings as he flew passed. His face was now covered in blood from the numerous cuts. All the while this was happening he could feel the iron cordon tightening more and more around his waist.

The worst of it was the realisation he had brought this on himself. Now, Michael found he could not



Michael meets Wonambee

breathe and he soon felt everything going dark, it was a blessed relief when he could feel, see and know nothing. However, this was not the end for Michael. Just as all hope seemed to be gone, something happened to save him from what was a certain, horrible death. A bush turkey appeared on the scene, and when it approached the water from which Michael had emerged and began to drink from it, Wonambee saw this as a direct threat to his water. At that moment his attention was directed towards the bush turkey, and he was not going to allow the turkey to take his water. He dropped the boy and went to defend his territory and, with that, the bush turkey became his prey. Thus Michael was spared a doomed fate.

An adventurer, walking through the bush sometime later might have come across the rather peaceful sight of Wonambee lazing sleepily up a tree, very contented with his state of being. He, or she, would have missed the rather gruesome sight of the way in which Wonambee would have encircled the unfortunate bush turkey with his own body, crushing it to death. The body and bones would have been compressed into a shapeless hulk, after which Wonambee would have then prepared it for his dinner by licking it all over, thus coating it with saliva. Once the meal was prepared Wonambee would start eating until the meal was finished and the turkey was completely consumed.

Thus, does the wonambi live and thrive in this magical world. The animals of prey become the food it eats. It kills only in order to survive, and not to derive pleasure from inflicting pain on those helpless and vulnerable animals. However, he is never in any doubt as to his own role in the scheme of "wild".

Michael lay right where he had been dropped. His face and any exposed parts of his body were bleeding and bruised, his clothing dishevelled and even torn. He was a pathetic, broken, crushed helpless creature who could no longer do anything to help himself. If no help came, even though he had been saved from Wonambee by the hapless bush turkey, he would not survive another night in the bush.

School Based Apprenticeships Provide Opportunity In Tightening Labour Market

The tightest labour market in over 50 years has left many local businesses struggling to recruit local talent, with many employers asking for increased investment in skills training and targeted immigration.

The director of O'Brien Plumbing Wyong, Brad Pesavento, knows all too well the challenges faced by local businesses in filling positions.

"It has been very hard – you cannot find anyone really. We have put ads out and hardly get a response, and if we do it is often from someone without the right skills or who does not having working rights.

Recently, Mr Pesavento gained a new employee, Zach Martin, through the school-based apprenticeship and traineeship program (SBAT).

"Zach is really good; he is a hard worker and gets along with everyone. It is definitely something I am going to look more into in finding new people through these school-based apprenticeships."

"Currently we are looking for at least a couple more full-time positions to be filled into the next year."

Member for Gosford, Liesl Tesch MP recognises the ongoing issues faced by local businesses and praises forward thinking initiatives such as SBAT and the Educational Pathways Program in upskilling young workers with vital skills for the Central Coast.

"Initiatives such as the SBAT program are a fantastic opportunity for local businesses to engage with young people at the beginning of their careers, building the workforce of our future."

Ms Tesch encourages local businesses to engage with students as a means to train new talent. The SBAT program combines the skills of education, employment, and vocational training in order to grow the skills of our youth for current and future success.

"For years we have struggled with an underperforming labour market and relied too much on importing talent rather than developing talent locally. We need both, and the current labour shortage has highlighted real challenges that remain in upskilling and for businesses to find new ways to adapt to a modern workforce."

Students interested in this program should contact their school careers advisor to learn more.

Employers are invited to visit https://education.nsw.gov.au/publicschools/career-and-study-pathways/ educational-pathways-program/

Are you holding onto "stuff"?

In previous articles I have explained that our exterior world is a reflection, or mirror, of what is going on in our internal world (our thought/emotions/ beliefs). This means that everything we have around us, eg. our homes, our vehicles, our work places, people and objects represent an 'emotional attachment' to those things.

A good example to use to demonstrate how people can become attached to things, at an unhealthy level, would be hoarding. Many people develop this habit for a multitude of reasons, some a lot more than others, and sadly many can feel helpless in understanding the deeper meanings behind this habit and what they can do to improve their situation.

program-initiatives/enhancing-

sbat-engagement or contact SBAT Engagement Officer, Ms Cecile Oakes at Cecile.Oakes@det.nsw.edu.au to learn more about SBAT opportunities through the Educational Pathways Program.

Photo Caption: Apprentice Zach Martin with O'Brien Plumbing Wyong Director, Brad Pesavento

Liesl Tesch MP Member for Gosford



A concept I have explained to my clients is to imagine how they would feel if everything were to suddenly be taken away, leaving just them, sitting alone with nothing. Most people feel uncomfortable or challenged by this, as they have unconsciously created an environment for themselves (myself included) where they have stuff 'sitting around' just in case they might need them one day. My explanation for why most, if not all, people develop this habit is due to a lack of faith, or trust, that the universe will always provide them with what they need, when they need it. (Note that what the person's ego thinks they need, the universe might know they do not.)

At the end of the day, everything in our surroundings is just energy. Energy is meant to move, it's meant to be fluid, it's meant to be transferred or exchanged, and it's meant to be shared. It is not meant to stay in one spot and 'stagnate'. (This also speaks for the emotions we acknowledge, process and release, which is just the movement of energy through us.)

So, if someone has created an environment outside of themselves that is cluttered, disorganised and unkempt, does this not reflect the emotional state of the person living within this environment? And if a person finds themselves in such a predicament, how do they go about rectifying it?

The most important aspect of the process is to realise that a person might hold onto things, not because they actually need them, but because they have trouble facing the emotions that may rise up by having to let go of them. Unfortunately, some people who have not been prepared to go through the slower, easier process of letting go of certain possessions, will learn the hard way when the universe takes action and forces it to happen. (Eg. many natural disasters such as floods, fires, mudslides, effects of war, or other scenarios, like theft, or misplacing/losing something.) So, one way or another, the outcome will

eventuate if the universe intends it. But most would agree it's easier to do it the slower, less traumatic way, especially when they have the quiet urge to do so.

For those at the 'hoarding' end of the spectrum, it can take a lot of courage to get started, and it may be easier, for some, to have a trusted support person who can be with you to help you get started. (Someone with a lot of patience, understanding and compassion.) I would start very gently, just focusing on items that you don't feel as attached to, so that it helps to get the momentum going. And just take baby steps. For a hoarder, I can imagine that it can be challenging enough just to let go of even one, two or three items. And work from there. At a pace that YOU can handle, in a way that resonates with you.

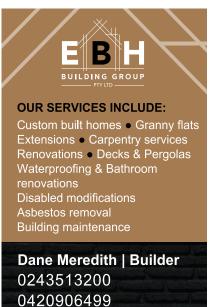
Another important part of the process is to do some self-reflection on how you feel as you remove things from your space. Why did you hold onto them? Do they remind you of someone you have lost? Do you feel like they (in spirit form) would be judging you to know you let go of their stuff? (I can guarantee you they wouldn't.) Do you feel like you will 'forget' them if you don't hold onto their 'stuff'? (Has their stuff become your stuff, without realising it?) Are you concerned you might not be able to come across this item again? How long is it since you actually used it? Do you have belief systems in place that make you believe you cannot manifest this item again if you so desire? How will you feel if you never see this item again? Are you holding onto them because you want to or because others are telling you that you should? There is much contemplation that can take place as a person sifts through things. And if the person becomes emotional during the process, they can take solace in the fact that the process is helping them heal something on the inside.

I guarantee that as a person goes through the process they will begin to feel less burdened, lighter in spirit, more liberated and less 'tethered' to their surroundings. (Think of how 'free' one feels when they offload most of their possessions and travel around, gypsy style.)

And another aspect of course, is whether a person has the means and resources to find new homes for items, or to sell them, or dispose of them. The person may think they can't find a way, but if you have the intention to get rid of something that no longer serves you, the universe will help you find a way...

I am still doing 'free' practise QHHT sessions (2-5hr interview and 2hr hypnosis) to complete my QHHT internship. QHHT = Quantum Healing Hypnosis Technique. For enquiries or bookings, please email me at shazzaunitt@protonmail.com or call 4376 1014. Soul Speak Healing sessions (variable hours) are available for those who are not keen on the hypnosis component, but it can still bring incredible insight as to how one views their spiritual, emotional and physical wellbeing.

Sharyn Unitt, Soul Speak Healer and QHHT Practitioner Level 1 (intern)



dane@ebhbuilding.com.au



S & MEETINGS

R

REGULAR ACTIV	IIIE
RURAL FIRE SERVICES	
Bucketty RFS Weekend Training Station Maintenance General Meeting	3rd Sa Every 3rd Sa
Calga-Mt. White RFS General meeting	bucke 3rd M 7.30p
Kulnura VBFBGeneral meetingat Greta Rd StationTraining	1st W 3rd W
Mangrove Mountain RFS General Meeting Bloodtree Rd Training / Maintenance	Last V All W
Spencer RFS General Meeting Training Junior Training	2nd M 3rd M 4th M
	E: cap 0415
Somersby RFS General Meeting Training/Maintenance	First V Every
Yarramalong RFS	before Inform Yarran
	Phone Email
COMMUNITY & SOCIAL	Wadd
Coastlink Friendship Group	Wed 9 Nurse
Country Women's Association (Somersby)	Secon Wiser Sue, 4
Country Women's Association (Peats Ridge & District)	First M Hall, I please
Country Women's Association (Mangrove Mountain Evening Branch)	2nd T Start
Gosford North Inner Wheel club	2nd W Kario
Gosford World Vision Community Group	4th Tu Gosfo
Permaculture Central Coast Kulnura & District Garden Club	https:/ Secon
Mangrove Mountain & Districts	Maxw 1st Th
Community Group Meeting	Hall.
Mangrove Emergency Planning & Communications Committee	Conta
Mangrove Mountain Country Fair Committee Meeting	2nd T Mang
Mountain Districts Association (MDA)	www. secret
Mountain District Football Club Meeting	Secon Mang
River Cares for the Lower Hawkesbury River District	Presic Emai
Rotary Club Meeting Spencer Community Progress Group Inc	Friday Presic
Spencer Community Ladies Social Club	4377 Last F Comm
Newsletter The Mountain Tuesday Social Tennis Group	Articl Tue 9 Enqui
Somersby Equestrian Club Club & Committee Meeting	Every detail
Wisemans Ferry Community Men's Shed	Tues 4566
SPIRITUAL Anglican Service - Mountain Districts	Every Sunda
Mangrove Mountain Christian Group	Gener (next
Mangrove Mountain Union Church, Christian Service	9.30a cnr B
St Barnabas Non-denominational Service	3rd Si

St Barnabas Non-denominational Service Yarramalong

Serbian Orthodox

Kariong Community Baptist Church

Sat, 9am-12 pm, breakfast 8.30am y Thurs as required, generally 10am-1pm sat in even months, at 1pm, All welcome ettyrfb@gmail.com (02) 4998 8130 Monday of the month, pm at Pacific Hwy Fire Station Mt. White Vednesday of the month, 7.30pm Wednesday of the month 7.00pm Wednesday of the month, 7 pm, Vednesday's except last of month, 7 pm Monday of the month Meeting 6.30pm Monday Maintenance 6:30pm Monday Training 6:30pm aptain.spencer@ccrfs.org.au Alison Wade 6 668953. 4778 Wisemans Ferry Rd Wed of the month 7.30pm at the Station y Wed night 7.30 at the Station (except e Wed general meeting) mation: <u>www.facebook.com/</u> amalongRuralFireBrigade/ ee contacts: 0406 360588 or 0418 280764 il: volunteer@yarramalongrfs.org.au

9.30am-2pm at the Health Centre, es Rd, Central Mangrove nd Wed of each month, at Somersby Hall eman's Ferry Road, Somersby, contact 43721280 or 0407768000. Monday of the month at Community Peats Ridge School. Any enquiries se contact Christine 0419 400163. Tues of the month at Mangrove Mtn Hall 5pm, meeting 7pm. Ph Judy 43771728 Wed each month 7pm at Phillip House in ong. Contact: Glenis Ph: 0400 486 760 ues 11am in Presbyterian Church, West ord Contact: Glenis Ph: 0400 586 760. //permaculturecc.org.au/ nd Monday, 9.30 for 10am start. Jacqui well 0455364262 kulnuradgc@gmail.com hurs of the Month, 7pm, Mangrove Mtn act: mepccinc@gmail.com, 0412669649 Thur of month except Jan, 7:30pm, grove Hall. Pres- Shane 0417 436 529 .mountaindistrictsassociation.com.au tary@mountaindistrictsassociation.com.au nd Tuesday of the Month 6.30pm at the grove Memorial Club dent Robyn Downham 0414248224 il info@rivercares.com.au ay 7.15am at Phillip House. 43404529 dent Brad Maisey, Community Meetings, 1167, spencercpg2@gmail.com Fri of month. 12.00 noon Spencer munity Centre, Jennifer Dayes 4377 1364 eles to: spencercpg2@gmail.com 9.30am-12.30pm, Kulnura Tennis Courts. iiries: Alison Palmer 0427731548. y 2nd month. Check website for further s.www.somersbyequestrianclub.org.au & Sat, 9am-5pm. Contact: Alan Hunt 4626 or Adrian Acheson 0448 833 781

y Sun 8am at Peats Ridge Scout Hall, lay School during school terms eral Meeting 3rd Monday, 7.30pm at CTC door to Mangrove Hall) m second and fourth Sundays. loodtree Rd & Wisemans Ferry Rd 3rd Sunday each month, 11.00am. (Easter & (Christmas Carols dates to be advised) 2nd & 4th Sun. of the month. 10 am, followed by luncheon, tea, coffee, cakes (cost \$20). 1184 Peats Ridge Rd, Peats Ridge Sun @9.30am, Church & Kid's Program, Kariong Public School Hall, Chris Clarke email reverc@hotmail.com

(cont'd next page)

WESTOCK



Liveweight Sale Report 17th October 2022

Total of 450 cattle yarded at today's sale. 415 trade/vealers and 35 export cattle. The majority of the yarding was made up of good quality Euro x weaners and heavier Angus weaners and yearlings. Crossbred weaners steers and heifers up to 70c/kg dearer. Angus weaners up to 30c/kg better. All other areas were firm to 15c/kg better.

- Angus steers up to 250kgs 650 to 810c/kg;
- · Crossbred weaner steers up to 250kgs 600 to 720c/kg;
- Angus steers 250-350kgs 650 to 710c/kg;
- Crossbred Angus steers 250-350kgs 600 to 700c/kg;
- Yearling steers 500 to 620c/kg; No butcher vealers to quote;
- Weaners heifers up to 250kgs 550 to 700c/kg;
- Weaner heifers 250-300kgs 500 to 680c/kg, avg 640c/kg (up 30c/kg);
- Heavier yearling heifers 570c/kg;
- Bullocks 460 to 495c/kg;
- Cows 250 to 396c/kg;
- Bulls 290 to 310c/kg.

Liveweight Sale 10th October 2022

230 cattle yarded. There was a mixed yarding of quality weaner and grown cattle offered today.

- Weaner steers, all breeds, up to 250kgs 550 to 790c/kg, avg 700c/ kg;
- Weaner steers 250-300kgs 520 to 700c/kg, avg 640c/kg;
- No butcher vealers to quote;
- No yearling steers or feeder steers to quote;
- Weaners heifers up to 250kgs 500 to 690c/kg, avg 630c/kg;
- Weaner heifers 250-300kgs 480 to 615c/kg;

- No yearling heifers to quote;
- Grown steers 400 to 450c/kg;
- Cows 280 to 390c/kg;
- No bulls to quote.

Coming Sales

Tocal Horse Sale Sunday, November 6th, 1pm

Gloucester Store Sale Thursday, November 17th, 11am

Maitland Store Sale Saturday, November 19th, 12 noon

A friendly reminder that we are often in the area seeing clients and looking at their livestock and if you would like us to call in be sure to give us a call.

Like and share our Facebook page!

Keep up to date with <u>bowelidbury</u>. <u>com.au</u>

Michael Easy & Rodney McDonald Bowe & Lidbury 52 Kyle Street, Rutherford NSW 2320 P: 02 4932 7066



NEW GRAVEL ROADBASE \$42/T DELIVERED

0411 868 437

REGULAR ACTIVITIES & MEETINGS (cont'd)

Divine Retreat Centre (Ph 04 6848 6782) 160 Hensons Road, Somersby www.divineretreatcentre.org.au

Catholic Service -Spencer

- Wollombi

- Somersby

- Yarramalong

YOUTH Junior Girl Guides 5-10

Girl Guides 10-15 Scouts, Cubs & Venturers Peats Ridge Scout Hall

Mangrove Mountain Playgroup

HISTORICAL

Brisbane Waters Historical Society

Dharug &Lower Hawkesbury Historical Society Inc. First Fleeters Central Coast Chapter

The Pearl Beach Aboriginal History Group

Wyong District Museum & Historical Society

ACTIVITY/HOBBY Central Coast GNU/Linux Users Group Coastal Communicators Toastmasters

Craft/scrapbooking

HALL BOOKINGS Kulnura Hall

Mangrove Mountain Hall Somersby Hall and Mountain Districts Culture and Heritage Centre Yarramalong school of Arts / Hall Daily Holy Mass 8.00am to 8.30 am 1st Fri, 5:30pm-8:30pm Divine Mercy Friday 1st Sat, 5.30pm-9:00pm, Divine Youth Ministry, Young Adults (18-35yrs) Last Sun, 9am-4pm, One Day Retreat Holy Trinty Church, 2nd Sat of the month 4pm, Contact 43771374 or 43771168 as times may change each month. 2nd & 5th Sunday of the month, 4.30pm Mass at St Michael the Archangel, Wollombi. Every Sat. evening vigil – 5.30pm St. Francis of Assisi Centre, 30 Lutana Rd, Somersby. 1st Sunday each month, 11.15am St. Barnabas All welcome. Enq 0428 438577

Kooree Guide Cabin, every Monday in school term, 5.00pm – 6.30pm Kooree Guide Cabin, every Monday in school term, 6.00pm-7.30pm

Cubs meet 6.30pm – 8.30pm Wednesdays Scouts meet 7.00pm – 9.00pm Tuesdays Venturers meet 7.00pm – 9.00pm Mondays Contact 0460 696 941

Every Tues (except school holidays) 9am to 11.30am, Kooree Guide Cabin. Bec G, PH: 0421 996 029 Anne, PH: 0412 526 557 Email: becgilmour@gmail.com

25-27 Henry Kendall St., West Gosford, Ph: 4325 2270. www.henrykendallcottage.org.au Last Sat of month. All welcome, contact Jan Kofron 0405321478 jankofron@optusnet.com.au 2nd Sat of the month, 10.00am for 10.30, Point Clare Hall (except Jan & Dec). Contact Jon 43116254 and Gavin 43404435. 3rd Fri of month 7.30pm Pearl Beach. Peggy 0411754577 pbaboriginalhistory@gmail.com Open Sun to Thurs, 10am-2pm, other times by appt. Contact 43521886 email info@ alisonhomestead.com.au

www.cclug.org.au - all most welcome 1st & 3rd Thurs of month, 6:45pm to 8:45pm at Doyalson-Wyee RSL. Debbie 0421216952 Yarramalong Hall 4th Sun. of the month 10am to 5.00pm cost \$12 per person ph 43561196

Hall bookings contact Annette Stackman 43561196 Committee mtg 3rd Thurs 7:00pm at Hall- Open to all from community. Hall bookings Ryan Howard 0405416289 Hall bookings: 0413 359 655 or AH 4373 1488

David Gillett 0416 097192 enquiries@yarramalonghall.org.au https://yarramalonghall.org.au

REMINDERS FOR YOUR DIARY

Sydney Sandstone Soil Pit Workshop

11 Nov 2022 8:30 am - 4:30 pm, Somersby For more information & to register: <u>https://www.lls.nsw.gov.au/regions/</u>



Mob: 0412 685 555

20 Sierra Crescent, Gosford East Email: rayhay@bigpond.net.au



Weed alert: Leaf cactus

Leaf cactus (Pereskia aculeata) is a spiky, climbing shrub that attaches itself to trees. It has the potential to invade coastal and subtropical areas of NSW.

It was recently found in Umina by a Weeds Officer from Central Coast Council. Be on the lookout for its identifying features such as its vinelike manner, long slender spines, unusually shaped yellow to orange fruit, and its white or pale yellow scented flowers. If you see leaf cactus, alert your local weeds officer immediately.

Leaf cactus is a spiny, perennial,





NEW WOMEN'S CRICKET TEAM SHAKING UP THE COMPETITION

The Brisbane Water Cricket Club has started a brand-new third grade women's team – The Bluetongues – and are already shaking up the competition with recent wins.

Team Captain Kelly Dearing is thrilled with the new team, saying it has allowed many women who have watched their sons and husbands play for years to finally get out onto the field.

"We have a large age range on the team, with the youngest player just 17 years old playing alongside over 50s. It is amazing to see all these women with different backgrounds and experiences get out onto the field and have some fun.

"Having a women's team develops the culture of the sporting club and

climbing shrub that attaches itself to other plants and tangles around trees like a vine. It can reach up to 12 m into the canopy.

For more information go to NSW DPI WeedWise website : <u>https://weeds.dpi.nsw.gov.au/Weeds/</u> LeafCactus.

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provides important opportunities for all females to play a sport they love."

Member for Gosford, Liesl Tesch, enjoyed meeting the team to give them their hat in an official handover.

"I cannot be more excited to see these wonderful women go out and have fun while dominating the wicket at the same time!

"I had the joy of meeting the team, and the sense of community and team spirit was already strong. It is always great to see in whatever context women coming together to have fun and support each other."

This season began early October and will finish up end of March.

To find out more on how to enrol for next season, the Central Coast Cricket Association will distribute more information through social media, community boards, and around Adcock Park in June next year.

Liesl Tesch MP Member for Gosford



Welding

John: 0427 660 752 jlhellyer67@gmail.com



Mitchell Crane PH: 0431 095 365

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